



The "Pass It On" is available online at:

<http://carson.armymwr.com/us/carson/programs/community-ne>

27 OCTOBER 2016

---

**ADVISORY: DMV HOLIDAY CLOSURES**

The Fort Carson DMV will be closed on the following holidays: Veteran's Day, Nov.11; Thanksgiving Day, Nov. 24; the day after Thanksgiving Day, Nov. 25; Christmas Eve observance, Dec. 23; Christmas Day observance Dec. 26; New Year's Day observance, Jan. 2; and Martin Luther King Jr. Day, Jan. 16.

**ADVISORY: DMV VOTER SERVICE**

The Department of Motor Vehicles (DMV) office at Fort Carson will serve as a voter service center (VSPC) from Oct. 24 to Nov. 8, including two Saturdays - Oct. 29 and Nov. 5. Saturday hours are from 8 a.m. to 1 p.m. For Election Day, Nov. 8, public hours are 7 a.m. to 7 p.m. for voting services.

**ADVISORY: FORT CARSON TRICK OR TREAT HOURS**

Trick or Treat hours in the Fort Carson Housing Area is on 31 October from 1800-2000

**HALLOWEEN MUSEUM TOUR**

The 4th Infantry Division Museum will have spooky, flashlight-led history tours Oct. 31 from noon to 5 p.m. The tours are appropriate for all ages. Nothing is more fun and mysterious than the eerie tales of history. Get some chills at the museum, building 6013, just outside Gate 1. Call 524-0915 for more information.

## ALPINE TOWER PROGRAMS (FLYER)



# ALPINE TOWER PROGRAMS

AT THE OUTDOOR  
RECREATION COMPLEX

## Prices:

**1.5 Hours:** \$5 per person  
*(must choose between climbing  
or team building)*

**2-3 Hours:** \$10 per person  
*(can be both climbing and team building)*

**4 Hours:** \$15 per person  
*(2 hrs. climbing and 2 hrs. team building)*

**6 Hours:** \$25 per person  
*(3 hrs. climbing and 3 hrs. team building with  
a 30 min. lunch break; lunch not provided)*

• *Groups must have a minimum of 10 people*

• *To create your own adventure,  
contact (719) 526-5176*



More Events and Info at  
[carson.armymwr.com](http://carson.armymwr.com)



FortCarsonAPE  
CarsonDFMWR



Follow us!  
@FortCarsonAPE



Outdoor Recreation Complex  
7093 Specker Ave, Bldg. 2429

## ARMY EMERGENCY RELIEF FORT CARSON (FLYER)

ARMY COMMUNITY SERVICE (ACS)  
FINANCIAL READINESS PROGRAM

### ARMY EMERGENCY RELIEF FORT CARSON



HELPING THE ARMY TAKE CARE  
OF IT'S OWN SINCE 1942

## WHAT IS AER?

AER is a private nonprofit organization incorporated in 1942 by the Secretary of War and Army Chief of Staff to provide emergency financial assistance to Soldiers and their Families.

### HOW CAN AER HELP YOU WITH YOUR EMERGENCY FINANCIAL NEEDS?

- Rent/Mortgage
- Utilities/Deposits
- Food
- Dental Medical
- Emergency Travel
- Vehicle Repair
- Funeral Expenses
- And much more...

For more information on how AER can assist with your financial emergency, please contact your unit Command Finance NCO, or give us a call here at ACS at (719) 526-4590. Also, visit the ACS website at [www.carson.army.mil/acs](http://www.carson.army.mil/acs) for additional information







Join DFMWR & BOSS at

# BATTLEFIELD

## COLORADO

Outdoor laser tag adventure park!

**Nov. 10**  
2 p.m.-5 p.m.

Food and beverages for purchase!  
Prizes for the top finalist in laser tag!  
Admission will include 2 hours of play time!

**FREE for the first 40 to register!**  
Admission fee is \$35 after the first 40.  
Sign up at the BOSS office.

Open to single Active Duty Soldiers  
**Questions? Call (719) 524-2677**

 More Events and Info at [carson.armymwr.com](http://carson.armymwr.com)

 Fort Carson BOSS  
CarsonDFMWR

 Follow us!  
@CarsonBOSS

 Battlefield Colorado  
120 W. Castilla St,  
Colorado Springs, CO

---

### **CASA VOLUNTEERS NEEDED**

CASA offers a volunteer opportunity like no other. As appointed representatives of the court, CASA Volunteers are empowered to make a lifelong difference in the lives of abused and neglected children. Find out how you can become a CASA and lift up a child's life. Join us Thursday, November 10, from noon - 1:00 pm, for our 4-1-1 hour at the CASA office, 701 S. Cascade Ave., CSC 80903. Please RSVP to Kelly, (719)447-9898, ext. 1033 or visit our website, [www.casappr.org](http://www.casappr.org)

---

### **COLORADO SPRINGS CONSERVATORY SCHOLARSHIPS FOR MILITARY MUSIC CLASSES (FLYER)**

**REGISTER**  
[coloradospringsconservatory.org](http://coloradospringsconservatory.org)

*Guitar, piano, voice, song writing, and recording arts classes. Concluded by a student-performed concert at the Mezzanine.*

**LOCATION:**  
Colorado Springs Conservatory  
415 South Sawatch St.  
Colorado Springs CO 80903

**COST:**  
\$100 for 10-week session  
Scholarships available from Citizen Soldier Connection.  
Visit [citizensoldierconnection.org](http://citizensoldierconnection.org) to apply.

**REGISTER:**  
Register online at [coloradospringsconservatory.org](http://coloradospringsconservatory.org).

**CITIZEN SOLDIER CONNECTION**  
www.citizenconnection.org

Since 1994  
**COLORADO SPRINGS CONSERVATORY**  
CULTIVATING YOUNG PERFORMING ARTISTS

EVERY WEDNESDAY FROM 8 — 10 PM  
10 WEEK SESSION FROM OCT 5 — DEC 14

**MUSIC CLASSES  
FOR THE MILITARY**

---

**COMPANY COMMANDER AND FIRST SERGEANT SPOUSE COURSE (FLYER)**



## Company Commander & First Sergeant Spouse Course



***If your spouse is currently or newly assigned as a Company/Troop/Battery Commander or First Sergeant to Fort Carson, you are cordially invited to attend this two day course designed especially for you.***

***This course provides spouses of Company/Troop/Battery Commanders and First Sergeants with an excellent opportunity to meet with your peers, share experiences, and receive current information from professional subject matter experts on multiple areas of interest.***

***The class is held at Army Community Service, Bldg 1526, located next to the library. Limited childcare is available for children registered with CYSS on a space available basis by calling 526-4028***

**Upcoming Class Dates:**

**21&23 May 2016**

**19-20 September 2016**

**10&12 December 2016**

***To register for the course, please visit <http://www.carson.army.mil/acs/> and click on the EventBrite calendar.***

ACS Inclement Weather Policy: If the installation is on a 2 hour or less delay, ACS events will be adjusted to a 9:30 a.m. start time with the exception of the Family Enrichment events (i.e., AFTB, FRG, ITC, Rear D), those will start at their regular start time. If the installation is closed (2 or more hours), ACS classes will be canceled and rescheduled. For installation weather notifications, visit [www.carson.army.mil](http://www.carson.army.mil) or call (719) 526-0096. We apologize for any inconveniences that this may cause.

Army Community Service (ACS), ACS Center, Building 1526, 6303 Wetzel Avenue, Fort Carson, Colorado 80913-4104 / TEL: (719) 526-4590 / TOLL FREE 1-866-804-8763 / TTY: (719) 526-1949  
DSN: 691 / FAX: (719) 526-2637 / WEB SITE: [www.carson.army.mil](http://www.carson.army.mil) (Click on Services) / Facebook Username: Fort Carson Army Community Service / Twitter Username: Fort Carson ACS



---

**DOMESTIC VIOLENCE SUPPORT GROUP (FLYER)**



## DOMESTIC VIOLENCE SUPPORT GROUP

**Are you a man or woman who  
is a victim or survivor of  
domestic violence?**

**Let's talk...**

- Personal Safety
- Healing from Anger
- Healthy Relationships
- Setting Boundaries
- Coping Skills
- And Other Topics



"You are **stronger** than you know  
**braver** than you believe,  
and **smarter** than you think you are."

**When: Fridays from 7:00 – 8:30pm**

**Where: 4198 Center Park Drive** (on the southwest corner of Murray Blvd. and Fountain Blvd.)

**If interested, please call 719-464-6676  
for more information.**



"Life has many chapters. One bad chapter doesn't mean it's the end of the book." ~ Anonymous

---

**EVANS ARMY COMMUNITY HOSPITAL NEEDS YOU! (FLYER)**

DO YOU CARE ABOUT YOUR HEALTHCARE? DID YOU KNOW that WE NEED YOU and YOU CAN MAKE A DIFFERENCE?

Evans Army Community Hospital's Patient- and Family-Centered Care initiative needs more patients who care about the quality of their healthcare to participate on our Patient and Family Advisory Council (PFAC). Please consider becoming a part of this opportunity to guide patient care and services. We especially need more representation from young men and women from our active duty and civilian population. This council consists of TRICARE beneficiaries (Service & Family Members and Retirees) and hospital leaders and staff. The council assesses current policies, operations, programs and practices that affect the care and services patients and Families receive and it designs, implements, and evaluates changes when necessary. The monthly meetings last about 1 to 1 ½ hours and council members should be able to attend a minimum 8 meetings per year. INTERESTED? Pick up an application within the Patient Advocate Office; located by the Main Entrance (West Side; use Parking Lot A) of the hospital (Room 1011). HELP US improve the care Evans delivers. Join the Patient and Family Advisory Council (PFAC) today! For more information call (719) 526-7225.



**“Patient and Family Advisory Council”  
(PFAC)**

**WE WANT YOU!** Your valuable knowledge and interactions makes you a potential candidate! You know how it feels as a patient or family member when things work well. You also know when things don't work so well. If you can give 1½ hours per month, please contact: Cynthia Brisby, Chief, Patient- and Family Centered Care at (719) 526-7225, or come into the Patient Advocate Office (Rm 1011) within Evans Army Community Hospital!!!



**EXCEPTIONAL FAMILY MEMBER (EFMP) TRICK OR TREAT (FLYER)**



The flyer features a dark purple background with a large, glowing pink full moon in the center. Silhouettes of trees and houses with lit windows are visible. In the foreground, four cartoon characters dressed as a Frankenstein monster, a vampire, a ghost, and a skeleton are holding jack-o'-lanterns. The text is primarily in yellow and white.

**EFMP**  
Exceptional Service  
Exceptional Families  
SUPPORTING MILITARY FAMILIES WITH SPECIAL NEEDS

Exceptional Family Member Program  
**Trick-or-Treat**  
Oct. 31st • 3-5pm  
ACS Center, bldg. 1526

*Come with your EFM for Trick-or-Treating, a holiday arts & crafts activity, and pictures.*  
*Parents must be present at the event to ensure that non-edible toys provided to participants are appropriate for their child.*

Contact the ACS EFMP Team for more information.  
(719) 526-4590 • [carson.army.mil/acs](http://carson.army.mil/acs)

ARMY COMMUNITY SERVICE ACS  
f t a MWR

**FAMILY FALL FESTIVAL AT PRUSSMAN CHAPEL (FLYER)**

Come out and join us for some fun in a Christian way with fellowship, food and fun!  
This is a FREE event! All is welcome



**Family FALL FESTIVAL**

Free Admission All Welcome!

**When:** Saturday, October 29  
**Where:** Prussman Chapel  
**Time:** 10:00 am – 3:00 pm

**FREE Lunch**  
Hotdogs, chips and drinks

**Activities:** Carnival Games, Popcorn, Snowballs, Candy Bags, Cotton Candy, Cake Walk, Face Painting, Bouncy Houses, Prizes

For more information, please email Sisters Gloria Harlan @ [gloriaharlan@yahoo.com](mailto:gloriaharlan@yahoo.com) or Ursula Pittman @ [prussmanchapel@gmail.com](mailto:prussmanchapel@gmail.com)

## FORT CARSON DMV OPEN (FLYER)

### Fort Carson Office

El Paso Clerk and Recorder proudly serves our military. Our offices provides services to Active Military and their families, Veterans, and Civilians which include: Motor Vehicle transactions, Elections, Recording and limited Driver's License services.



#### Helpful Tips!

Do you have a title or registration from another State?  
DR2698 Vin Verification required. This is completed by Colorado licensed automobile dealers or law enforcement

Are you active duty, stationed in Colorado but not a resident?  
Current orders and LES required for the Specific Ownership Tax exemption

Processing title/registration for someone else? Spouse? Friend? Family?  
A Power of Attorney required to complete the transaction

Transferring your out of State Driver's License to Colorado?  
The following documents are required:  
A) State or County issued birth certificate or US Passport  
B) Original Social Security card, W2 or SSA-1099  
C) Two proofs of address. Acceptable documents listed at: <http://car.elpasoco.com>



El Paso County Clerk and Recorder  
Chuck Broerman  
<http://car.elpasoco.com>

650 Wetzel Ave Phone: 719-520-8240  
Building 1525 Fax: 719-444-8277  
Email: [kellyindgren@elpasoco.com](mailto:kellyindgren@elpasoco.com)



## EL PASO COUNTY CLERK AND RECORDER

Fort Carson Branch Office  
650 Wetzel Ave Building 1525  
Fort Carson, CO 80913



Motor Vehicle/Driver's License/Recording/Elections  
Open Mon-Fri 8:00-17:00  
Closed All Major Holidays

Tel: 719-520-8240  
Fax: 719-444-8277  
<http://car.elpasoco.com>

## Motor Vehicle

- Renewals
- Title Transfers
- Liens

All five of our Motor Vehicle locations provide all services:

Citizens Service Center  
1675 W Garden of the Gods RD  
Colorado Springs, CO 80907

Union Town Center (Open Saturday's 8am-1pm)  
8830 N Union Blvd  
Colorado Springs, CO 80920

Powers  
5650 Industrial Pl  
Colorado Springs, CO 80916

Centennial Hall  
200 S Cascade Ave  
Colorado Springs, CO 80903

Fort Cars on  
6351 Wetzel Ave Building 1525  
Fort Carson, CO 80913

Please see our website for more information:  
<http://car.elpasoco.com>

## Driver's License

### Limited Services

- Colorado DL/ID Renewals
- Colorado DL/ID Replacements
- Out of State Transfers
- MVR'S
- Motorcycle Endorsements

Note: All other Driver's License services can be done at any State Office.

Department of Revenue  
2447 North Union Blvd  
Colorado Springs, CO 80909  
719-594-8701

1881 Pierce St  
Lakewood, CO 80214  
303-205-5600

## Recording

- Marriage License
- Recording Documents
- DD214

## Elections

- Voter Registration

719-575-VOTE (8683)

Email: [elections@elpasoco.com](mailto:elections@elpasoco.com)

### Fort Carson Branch

650 Wetzel Ave  
Building 1525  
Fort Carson, CO 80913  
Phone: 719-520-8240  
Fax: 719-444-8277  
Email: [kellyindgren@elpasoco.com](mailto:kellyindgren@elpasoco.com)

# 2016 FORT CARSON Housing Yard Sale

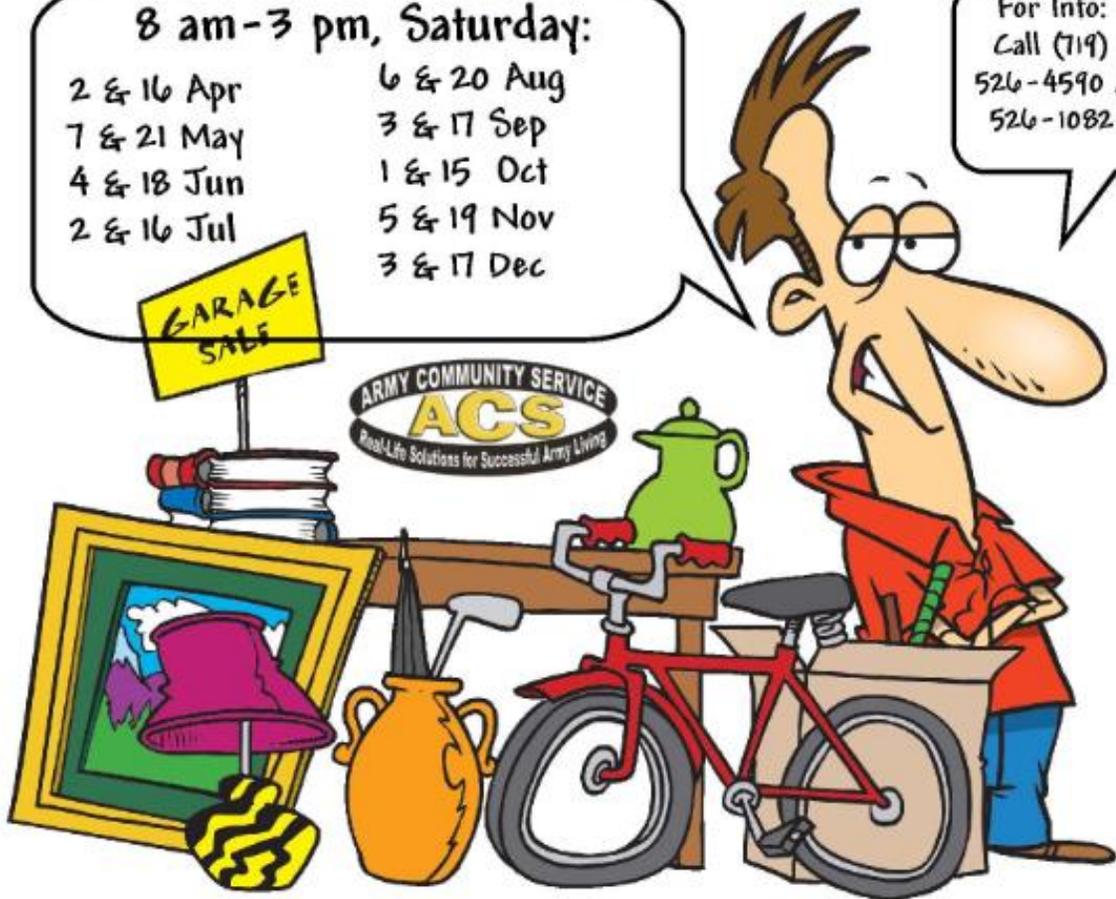


8 am - 3 pm, Saturday:

2 & 16 Apr  
7 & 21 May  
4 & 18 Jun  
2 & 16 Jul

6 & 20 Aug  
3 & 17 Sep  
1 & 15 Oct  
5 & 19 Nov  
3 & 17 Dec

For Info:  
Call (719)  
526-4590 /  
526-1082



Located in all on-post housing areas. Single soldiers & off-post residents can set up in the BBC Community Center parking lot - Building 4355 by Gate 3



**Every 1st & 3rd Saturday**  
**April through December 2016**

## FORT CARSON NEW PARENT SUPPORT PROGRAM (FLYER)

Fort Carson Army Community Service Soldier & Family Readiness

# New Parent Support Program

The Army Community Service New Parent Support Program (NPSP) is a professional team of social workers and nurses that provide supportive and caring services to military Families. Our trained and supervised home visitors have extensive knowledge of the issues confronting military parents and are sensitive to the unique challenges they face. The NPSP will help you learn to cope with stress, isolation, post-deployment reunions and the everyday demands of parenthood. A variety of classes are offered to meet the schedule and needs of our Fort Carson Families.

Class Frequency	Class Name	Times	Description	Location
Weekly	<b>Infant Massage &amp; Baby Nurturing</b>	Tuesday: 10 a.m. to Noon	Pregnant moms and parents with babies are encouraged to attend. Systematic infant massage strokes alleviate colic, create strong bonds, increase the communication between baby and parent and provide a foundation of unconditional love and attachment. Topics pertaining to infant development and health are discussed. The first Tuesday of each month will feature a nurse and lactation specialist to discuss nutrition, growth and development of babies. No registration required, walk-ins welcomed.	ACS Family Nurturing Center, Building 1354
Weekly	<b>Playgroup</b>	Friday: 10 a.m. to Noon	A fun-filled interactive get together for parents and children. Activities help children improve their social, cognitive and motor skills. No registration required, walk-ins welcomed.	ACS Family Nurturing Center, Building 1354
Weekly	<b>Toddler Time</b>	Thursday: 9:30 to 11 a.m.	Participants interact on topics such as gross motor enhancement through songs and dance, sensory enrichment through arts and crafts, and nurturing the child as well as the parent. Open to parents with toddlers 18 months or above. No registration required, walk-ins welcomed.	ACS Family Nurturing Center, Building 1354
Monthly	<b>Basic Training for New Moms</b>	3rd Tuesday of the month: 9 a.m. to Noon	Topics include becoming a new mom, caring for your baby and caring for yourself. Register online at <a href="http://www.carson.army.mil/acs">www.carson.army.mil/acs</a> or call (719) 526-8747	ACS Building 1526
Monthly	<b>Boot Camp for New Dads</b>	1st Tuesday of the month: 9 a.m. to Noon	Topics include becoming a new dad, caring for your baby and caring for mom. Register online at <a href="http://www.carson.army.mil/acs">www.carson.army.mil/acs</a> or call (719) 526-8747.	ACS Building 1526
Quarterly	<b>Nurturing (0 to 5 years)</b>	Call (719) 649-3860 for the next session and to register.	This 12-week class teaches parents how to be nurturing to their children as well as themselves. Topics include communication with your child, how to build your child's self-esteem, behavior management techniques and much more.	ACS Family Nurturing Center, Building 1354
Quarterly	<b>Nurturing (5 to 12 years)</b>	Call (719) 649-3860 for the next session and to register.	This 12-week class includes topics of communication with your child, how to build your child's self-esteem, behavior management techniques and much more.	ACS Family Nurturing Center, Building 1354
One on One	<b>Home Visitors</b>	Call (719) 524-1991 to schedule an appointment	A voluntary home visitation program for families expecting a child or with children from birth up to 3 years of age. Services are provided free of charge by NPSP staff. Appointments are available Monday thru Friday from 8 a.m. to 5 p.m., evenings are available on a limited basis.	N/A



Fort Carson ACS  
Family Nurturing

**FORT CARSON YOUTH CENTER PROGRAMS (FLYER)**



# **FORT CARSON YOUTH CENTER**

**(6181 Ware St., Bldg. 5950)**

## **BEFORE SCHOOL PROGRAM:**

**Monday-Friday**  
**5:45 a.m.-7:30 a.m.**  
**Grades 6-8**  
Youth are walked to school by CYS personnel.  
**Breakfast provided!**  
Fees are based on income category.  
Seasonal camps provided during school breaks.

## **OPEN RECREATION:**

**Monday-Thursday: 3 p.m.-8 p.m.**  
**Friday: 3 p.m.-10 p.m.**  
**Saturday: 2 p.m.-10 p.m.**

- Experiential learning programs
- Service learning clubs
- Special events & field trips

**Open recreation is FREE for all those with current CYS registration.**

**Register at Youth Center**  
**Open to all DOD ID holders**  
**Questions? Call (719) 526-2680**



More Events and Info at  
[carson.armymwr.com](http://carson.armymwr.com)



[carsonCYSSteen](https://www.facebook.com/carsonCYSSteen)  
[CarsonDFMWR](https://www.facebook.com/CarsonDFMWR)



[@carsonmwr](https://twitter.com/carsonmwr)  
[#CarsonMWR](https://twitter.com/CarsonMWR)



For Carson Youth Center  
6181 Ware St., Building 5950  
Fort Carson, CO 80913

## FREE CAR CARE CLASS (FLYER)

**COST:** Free for military members and their families

**DATE:** 5 NOV 2016

**TIME:** 10:00am - 12:00pm

**LOCATION:** Autosmith, 528 E. Pikes Peak Avenue



*presents...*

# CAR CARE CLASS

*by Autosmith Professional Auto Service*

Do you ever feel anxious about your car breaking down or are worried you have been taken advantage of by a mechanic? Put those fears to rest with this **FREE** event. You will walk away with automotive knowledge and communication skills that will assist you in dealing with cars and mechanics for THE REST OF YOUR LIFE.

Citizen Soldier Connection **will pay for childcare** during the class. Childcare will be provided by Child and Youth Services on Fort Carson, and will be arranged by Citizen Soldier Connection. Please register by October 30th in order to receive free childcare!

To register, visit <http://citizensoldierconnection.org>. Space is limited, so sign up early!

**FREE PAINTING CLASS FOR DEPLOYED SPOUSES/KIDS (FLYER)**

Thanks to a generous grant from the Mountain Post Spouses Club, we are able to offer these free canvas painting classes (a \$20 value) for family members of a deployed Soldier. You may only attend once to allow maximum participation.

Each date has 18 slots. All classes are first come first serve and no one can sign up a friend.

All persons signing up for these FREE classes will need to have a copy of overseas deployment orders or a memo from the rear detachment commander stating their Soldier is deployed.

We will maintain a wait list and 5 mins after the class starts we will give your spot to the next person on the wait list. If you are a no-show you may not sign up for another free class.



*Free Painting Class for Deployed Spouses/Kids*

*Thanks to a generous grant from the Mountain Post Spouses Club, we are able to offer these free canvas painting classes (a \$20 value) for family members of a deployed Soldier.*

*Each date has 18 slots. All classes are first come first serve and no one can sign up a friend. You may only attend once to allow maximum participation.*

*All persons signing up for these FREE classes will need to have a copy of overseas deployment orders or a memo from the rear detachment commander stating their Soldier is deployed.*

*We will maintain a wait list and 5 mins after the class starts we will give your spot to the next person on the wait list.*

*If you are a no-show you may not sign up for another free class.*

*All Classes start at 6:30 and end at 8:30 - Kids classes, a parent must be present*

*Dates are as follows*

*Aug 18 Aug 23*

*Sept 15 Sept 27 - Kids Class*

*Oct 13 Oct 25*

*Nov. 17- Kids Class Nov 29*

*Dec 6 Dec 8*

*Located in the Mini Mall on Chiles*

*719 393-3734*

*tumbleweedsatthemountainpost@gmail.com*



MOUNTAIN POST SPOUSES CLUB

*Holiday*   
**BAZAAR**

**NOV. 5 & 6 @ 10 AM - 4 PM**  
**AT CARSON MIDDLE SCHOOL**

**OPEN TO THE PUBLIC!**

**GIFTS, HOME DECOR, ARTISAN CRAFTS, ANTIQUES,  
FOOD VENDORS, FURNITURE, BATH & BODY PRODUCTS,  
SANTA & MRS. CLAUS, RAFFLES AND MORE!**



**[WWW.MPSC.US/HOLIDAYBAZAAR](http://WWW.MPSC.US/HOLIDAYBAZAAR)**

**BRING NONPERISHABLE FOOD ITEMS TO SUPPORT  
A FOOD DRIVE FOR WARRIOR'S WAREHOUSE**

**HOME AWAY FROM HOME HOLIDAY (FLYER)**

**You can sign up  
with a friend!  
See our website  
for details!!**



**YOU ARE INVITED TO ENJOY A**

**HOME-AWAY-FROM-HOME**  
*Holiday!*



*This Thanksgiving, spend time  
with your Friends in the Community*

The local community appreciates your service. To thank you and your families for the sacrifices you make, local citizens are opening their homes to you. The holidays can be a difficult time when you are stationed far from family and friends. The local community would like to make this holiday much easier.

**Spend Thanksgiving with a local family**  
**THURSDAY, NOVEMBER 24, 2016**

For more information and to register please go to our website:

<http://CitizenSoldierConnection.org> OR  
email [Elizabeth@citizensoldierconnection.org](mailto:Elizabeth@citizensoldierconnection.org)

<http://CitizenSoldierConnection.org>

**HOMEBUYING WORKSHOP (FLYER)**

FORT CARSON, COLORADO

**ARMY COMMUNITY SERVICE**

RELOCATION READINESS PROGRAM

# Homebuying Workshop

**4<sup>th</sup> Wednesday of the month**  
**1 P.M. to 4 P.M.**  
**ACS Center, Building 1526**

**Topics include: preparing for home ownership, choosing a realtor, selecting the right house, obtaining the right mortgage and understanding the closing process.**

**Advance registration is required. Childcare is available, for reservations call (719) 526-4028.**

**For more information or to sign up, please call (719) 526-0457.**

**Register online with EVENTBRITE.COM search for Fort Carson Army Community Service, or scan the codes below and be taken directly to the website!**



**ACS Website**



**Eventbrite.com**



ACS Incident/Weather Policy: If the installation is on a 2 hour or less delay, ACS events will be adjusted to a 10:30 a.m. start time with the exception of the Family Entertainment events, i.e., AFTS, FRS, TIC, Reso. Ds, these will start at their regular start time. If the installation is closed 1/2 or more hours, ACS classes will be cancelled and rescheduled. For installation weather notifications, visit [www.fortcarson.army.mil](http://www.fortcarson.army.mil) or call (719) 526-0696. We apologize for any inconvenience that this may cause.

Army Community Service (ACS), ACS Center, Building 1526, 6905 Wetzel Avenue, Fort Carson, Colorado 80913-1104 / TEL: (719) 526-1090 / TOLL FREE: 1-888-804-8765 / TTY: (719) 526-1949 / DDA: (719) 526-2637 / Web: [www.fortcarson.army.mil/ACS/](http://www.fortcarson.army.mil/ACS/) / Facebook: [Fort Carson Army Community Service](https://www.facebook.com/FortCarsonArmyCommunityService/) / Twitter: [Fort Carson ACS](https://twitter.com/FortCarsonACS)



**JOB FAIRS (FLYERS)**

# MILITARY JOB FAIR

## COLORADO SPRINGS

Pre-Register Now at  
**CivilianJobs.com**

Where:

### Double Tree by Hilton

1775 East Cheyenne Mountain Blvd  
Colorado Springs, CO 80906

When:

**Wednesday, November 2, 2016**

10:00 AM to 2:00 PM

### National & Regional Opportunities:

- Administrative
- Aviation
- Customer Service
- Law Enforcement
- Logistics
- Maintenance
- Management
- Medical
- Driving
- Engineering
- Sales
- *Plus Much More!*



Need More Information? Visit [CivilianJobs.com](http://CivilianJobs.com) or Call (757) 965-5808

Colorado Springs  
Veterans Day

# JOB FAIR

**THURSDAY  
NOVEMBER 10, 2016**

*HOTEL*  
*Eleganté*  
★★★★

2886 South Circle Drive  
Colorado Springs, CO 80906



1:00 p.m.  
Active duty, Guard & Reserve  
members, veterans and  
their spouses

2:00 p.m.  
Open to General Public

5:00 p.m.  
Job Fair Close

**OVER 100  
EMPLOYERS!**

Register for the Job Fair at  
**ppwfc.org**



Sponsored by

**This Job Fair is open to general public**

Paid from U.S. Department of Labor funds



**MILITARY SPOUSE PROGRAM**

# CAREER EVENT

Personal Branding • Hiring Fair • Career Planning

Date and Time

**November 9 - 10, 2016**

Location:

**Colorado Springs, CO**

**November 9**

7 – 9 p.m.  
Networking Reception  
**Mt. Carmel Center of Excellence**  
530 Communications Cir  
Colorado Springs, CO  
80905

**November 10**

10 a.m. – 1 p.m.  
Hiring Fair  
**The Club at Peterson**  
260 Glasgow Bldg. 1013  
Peterson AFB, CO 80914

Please join us for a special catered networking reception on November 9<sup>th</sup> and a hiring fair on November 10<sup>th</sup> for all Military Spouses, Gold Star Spouses, Military Members, Employers, and Service Organizations. These events are free of cost.

- Network with vetted employers, community leaders, senior military spouses, and other job seekers.
- Gain valuable insight on career planning and how to stand out as a candidate.
- Discover flexible jobs from a wide array of industries and skill levels
- Resume help and professional photos available.
- Contact Dan Smith with any questions, [Dsmith@uschamber.com](mailto:Dsmith@uschamber.com)

**Employers and Military Spouse Job Seekers register at**

**[HiringOurHeroes.org](http://HiringOurHeroes.org)**



## SAVE THE DATE

**Pikes Peak Veterans in Agriculture** wants to provide you with the tools and skills to develop meaningful and profitable careers in agriculture.



Make a Career in  
AGRICULTURE  
Work for You!

Are you aware of the diverse employment opportunities available in agriculture and food production today? America's growing demand for locally grown nutritious food has created a burgeoning market for small farm and homestead producers. Our panel of speakers, including Yani Bunch from Farmer Veterans Coalition and Buck Adams, Veterans to Farmers, will share their firsthand experience and answer your questions about how to successfully couple age-old practices with new age technologies to establish financial stability for you and your family while enhancing food security for your local community from the ground up.

**Join us Tuesday, Nov 15, 1400 @ Freedom Performing Arts Theater**

**Building 1129, 1793 Wallace St. (corner of Specker and Ellis)**

**For more information contact ETHNE CLARKE, [Ethne1@earthlink.net](mailto:Ethne1@earthlink.net)**

**MILITARY ADOPTION FAIR AND WORKSHOP (FLYER)**



the **Y**  
ARMED SERVICES YMCA  
FOR YOUTH DEVELOPMENT\*  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

2016  
**ADOPTION  
WORKSHOP & FAIR**

**Interested in ADOPTING and  
don't know where to START?**

Attend this event and learn the different types of adoption, home-study requirements, military reimbursement, per-service training, application process and more. In addition, you will have an opportunity to speak to numerous adoption agencies and discover what they have to offer.

**Wednesday, November 2, 2016**  
Southeast & Armed Services YMCA  
9:00 am — 12:00 pm

For more information and to register, please call  
719.567.3920 or email [andrea.hernandez@us.af.mil](mailto:andrea.hernandez@us.af.mil)



Southeast Family Center & Armed Services YMCA  
2190 Jet Wing Dr,  
Colorado Springs, CO 80916  
[ppymca.org](http://ppymca.org)

 /SoutheastArmedServicesYMCA

 /SchrieverAirForceBase

No Federal Endorsement of Sponsors Intended.



This event is co-hosted by Schriever Air Force Base & Armed Services YMCA.

## MILITARY CAREGIVER PEER FORUM (FLYER)

# Do You Care for a Service Member or Veteran?

If you are a spouse, friend, family member or loved one who assists a wounded, ill or injured Service member in any activity of daily living you are a **military caregiver**...

Join us in a conversation with your peers at The **Military Caregiver PEER Forum** (Personalized Experiences, Engagement and Resources):

- » **Connect** with other military caregivers;
- » **Learn** more about issues impacting your day-to-day life; and
- » **Share** stories and resources in a safe environment facilitated by Military Family Life Counselors.



**DATE: 3<sup>rd</sup> Wednesday of each month**

**TIME: 12:30 to 2:00 pm**

**LOCATION: SFAC Building 7492 (lunch will be provided)**

**RSVP: 719-419-2558**

We look forward to your participation.



@WarriorCare #MilitaryCaregivers #P2P

<http://warriorcare.dodlive.mil/caregiver-resources>



## MILITARY FAMILY FIRST DINNER (FLYER)



**the** **Y**  
YMCA  
ARMED SERVICES YMCA  
FOR YOUTH DEVELOPMENT\*  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# MILITARY FAMILY FIRST DINNER

Saturday, November 12, 2016  
5:30 p.m. — 8:00 p.m.

### CELEBRATE MILITARY FAMILY MONTH AT THE SOUTHEAST & ARMED SERVICES YMCA

We salute you! All active duty personnel put your boots on the ground for a **FREE** dinner for you and your family in celebration of our Military Family Month in November 2016.

- FREE dinner for active duty personnel and immediate family.
- Fun prizes and activities.
- Children's entertainment provided.

Online RSVP is required, Seating is limited.

Military Family Month is a military community event in partnership with the Armed Services YMCA, Army Community Service and the Airman and Family Readiness Center.



Register online  
at [ppymca.org/register](http://ppymca.org/register)

Search "2016 Military Family First Dinner"

June 1 thru November 6

Must present valid DoD active duty ID card at check in.

For more information please contact  
Military Outreach Director Drew Aquino at  
[daqino@ppymca.org](mailto:daqino@ppymca.org) or 719.622.9622.

#### MAKING MILITARY LIFE EASIER.

Southeast Family Center & Armed Services YMCA  
2190 Jet Wing Drive  
Colorado Springs, CO 80916  
719,622,9622  
[ppymca.org](http://ppymca.org)

 /SoutheastArmedServicesYMCA



No Federal Endorsement of Sponsors Intended.

**MOBILIZATION, DEPLOYMENT & STABILITY SUPPORT OPERATIONS  
FROM ACS (FLYER)**

# Mobilization, Deployment & Stability Support Operations



Mobilization, Deployment & Stability Support Operations (MD&SSO) acts as a community integrator and is available to all personnel on an installation regardless of status; this enhances community readiness. Services include: providing resources and referrals throughout the deployment cycle, assisting and advising commanders with family readiness plans, assisting installation programs to align with the unit deployment cycle, Soldier readiness processing, non-combatant evacuation operations (NEO), repatriation and emergency assistance.

Preparing, connecting and empowering the Total Army Family - MD&SSO enhances community readiness and resilience for the challenges that lie ahead.

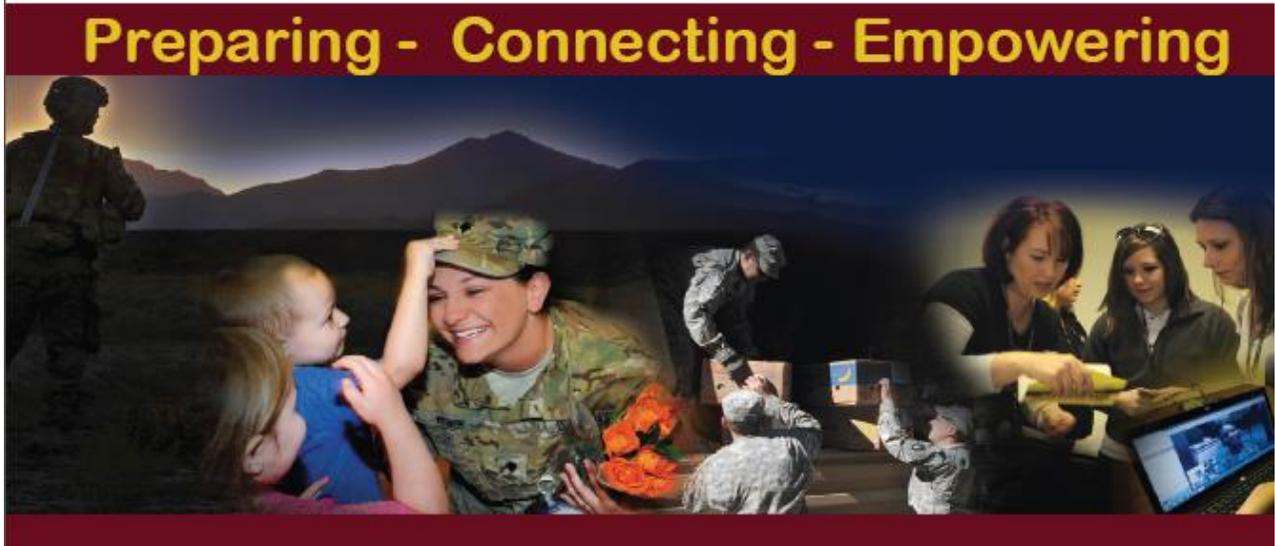
The MD&SSO program provides Soldiers and Family members with resource based briefings, support and materials in various venues and trainings to include:

- Casualty Team Response (CARE) Trauma in the Unit
- Family Readiness Leader Training
- Family Readiness Group Leader Training
- Rear Detachment Commander Training
- Family Reainess Liaison Training
- Deployment Cycle Support Classes
- Emergency Family Assistance Training
- NEO and Repatriation Training
- Resilience Training
- Reintegration Training (RITU)
- Military Family Life Counselors
- Unit Service Coordinators

**For More Information Contact:**

**MD&SSO Specialist - Army Community Service, Building 1526  
(719) 526-4590**

[www.carson.army.mil/acs](http://www.carson.army.mil/acs)



**MOUNTAIN POST OUTFITTERS WINTER SALES (FLYER)**



# Mountain Post Outfitters **WINTER SALES**

**Nov. 5**  
**Ski & Snowboard Expo**  
Get ready for winter and save a bundle at our largest sale of the year!  
New inventory: **10% off**  
Last year's inventory: **up to 50% off**  
\*New skis and boards  
\*Used rental equipment  
Talk to local ski representatives and buy your season pass!

**Dec. 16**  
**Holiday Sale**  
Stock up for the holidays with **great prices** on our overstock!  
Sale items will be announced via Facebook.

**Jan. 20**  
**Inventory Drawdown Sale**  
Items will be announced via Facebook.

**March 17**  
**End-Of-Season Sale**  
Used Rental equipment: **20-50% off** retail inventory!  
Unbeatable package prices!  
The **lowest prices of the year**, just in time for Spring Break!  
If we still have it, we want to sell it!

Questions? Call (719) 526-1993



 More Events and Info at [Carson.ArmyMWR.com](http://Carson.ArmyMWR.com) |  Fort Carson Leisure Travel Services ITR [CarsonDFMWR](http://CarsonDFMWR) |  @carsonmwr #carsonmwr |  Inside the Outdoor Recreation Complex  
7093 Specker Ave., bldg. 2429

# Mountain Post Thrift Shop

## Building 305

### Business Hours

Tuesdays 10:00-2:30

Wednesdays 8:30-2:30

Thursdays 10:00-2:30

First Saturdays April thru September

10:00 – 1:00

Bring your gently used donations to Building 305

5050 Tevis Street between

9:00 AM and 2:30 PM

Tuesday Wednesday and Thursday

Or stop at the recycling center outside the PX at our attended facility!

Please contact us at

719-526-5966

Like us on Facebook

<https://www.facebook.com/MountainPostThriftShop>

**MULTI-CULTURAL SUPPORT GROUP (FLYER)**



# MULTI-CULTURAL SUPPORT GROUP

Interested in meeting new friends?  
Feeling lonely while your spouse is busy?

**JOIN IN ON THE FUN!**

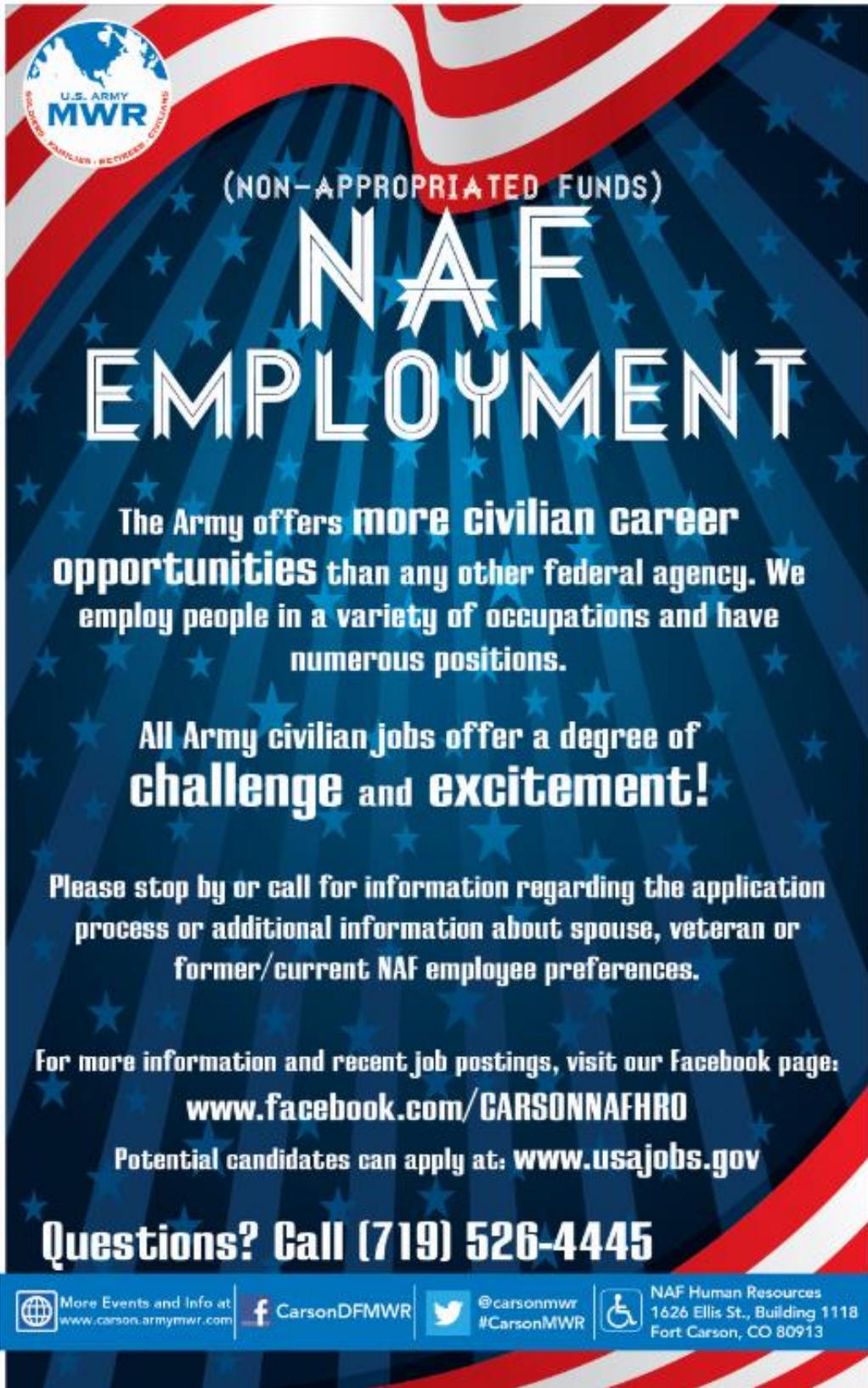
**WEDNESDAYS • NOON-1PM**

ACS Community Connection, Building 1524  
6391 Wetzel Ave., Fort Carson, CO. 80913

**CHILDREN ARE MORE THAN WELCOME!**



**NAF EMPLOYMENT (FLYER)**



 (NON-APPROPRIATED FUNDS)  
**NAF  
EMPLOYMENT**

**The Army offers more civilian career opportunities than any other federal agency. We employ people in a variety of occupations and have numerous positions.**

**All Army civilian jobs offer a degree of challenge and excitement!**

**Please stop by or call for information regarding the application process or additional information about spouse, veteran or former/current NAF employee preferences.**

**For more information and recent job postings, visit our Facebook page:  
[www.facebook.com/CARSONNAFHRO](http://www.facebook.com/CARSONNAFHRO)**

**Potential candidates can apply at: [www.usajobs.gov](http://www.usajobs.gov)**

**Questions? Call (719) 526-4445**

 More Events and Info at [www.carson.armymwr.com](http://www.carson.armymwr.com) |  [CarsonDFMWR](https://www.facebook.com/CarsonDFMWR) |  [@carsonmwr](https://twitter.com/carsonmwr) [#CarsonMWR](https://twitter.com/CarsonMWR) |  NAF Human Resources  
1626 Ellis St., Building 1118  
Fort Carson, CO 80913

---

**NEWCOMER ORIENTATION (FLYER)**

Army Community Service hosts a Newcomer Orientation every month. Been here a week, a month or a year...let us get acquainted! The next class will be held

**Army Community Service (ACS)**

**Fort Carson**

# **Newcomer Orientation**

**ACS Building 1524**

For more info, please call (719) 526-8747 / [www.carson.army.mil/acs](http://www.carson.army.mil/acs)

## OPERATION KID COMFORT (FLYER)



ARMED SERVICES YMCA

**OPERATION  
KID COMFORT**

★ ★ ★

# The Fabric That Keeps Military Families Together



Our dedicated staff and volunteers embrace your family's challenges and needs as your children cope with a parent's deployment.

Operation Kid Comfort helps children find love and encouragement through the creativity of our quilters.

Each hand-crafted quilt or pillow embodies your family's story illustrating your personal history and heritage. Family photos are printed onto fabric and sewn into a quilt or pillow for your child(ren) for **FREE**.\* Local quilters donate their personal time and materials for each family to express their gratitude for your family's commitment and service.

\*Children ages seven+ receive pillows,  
Children ages 6- receive quilts.



**Open to all Military Branches!**

**Request a quilt or pillow today! Apply online at  
[ppymca.org/operation-kid-comfort](http://ppymca.org/operation-kid-comfort)**

Certain restrictions apply

For more information, contact Military Outreach Director Drew Aquino  
at [daquino@ppymca.org](mailto:daquino@ppymca.org) or 719.622.9622.

 /SoutheastArmedServicesYMCA

Making Military Life Easier.

   
No Federal Endorsement of Opinions Intended.



## **SHELTERING-IN-PLACE AT ARMY INSTALLATIONS**

In the event of an emergency, Army regional and installation emergency management organizations have plans and procedures to direct personnel to evacuate or take some form of shelter. For nonessential and nonemergency personnel, the preference is generally evacuation. In specific instances, evacuation or moving to a civilian shelter or designated place is more dangerous than remaining where you are, such as with short- or no-notice emergencies including hazardous materials events. In these instances, you may be directed to shelter-in-place.



### **Prepare Strong**

The Army encourages all personnel to maintain a basic level of preparedness for all potential hazards.

You are encouraged to get an emergency supply kit, make a family emergency plan and be informed about what might happen.

It is your responsibility to understand the mass warning system at your installation and, when notified, be prepared for the following:

- Evacuation
- Moving to civilian shelter
- Moving to designated safe haven
- Temporarily sheltering-in-place

Sheltering-in-place means to take temporary protection in a structure or vehicle—typically your workplace or residence—that is not certified, insured or staffed for emergency conditions. Installation procedures designate which responsible party or office will order personnel to shelter-in-place and for how long the order is expected to be in effect. Remember, preparing your residence is your own responsibility.

### **How to Prepare**

- Have an emergency supply kit ready.
- Know how to turn off your heating, ventilation and air conditioning (HVAC) systems without damaging the components.
- Know how to close and secure doors, windows, vents and other exterior openings quickly.
- Identify potential interior space for sheltering-in-place.

### **How You Will Be Notified**

Any of the following emergency warning procedures may alert you to shelter-in-place:

- A voice announcing system using exterior (Giant Voice) and interior speakers or sirens
- Automated Community Notification Systems for sending recorded voice messages or text
- Emergency Alert System (EAS) broadcasts on the radio or TV
- Residential route alerting—messages announced from vehicles with loudspeakers



ARMY STRONG<sup>®</sup>

---

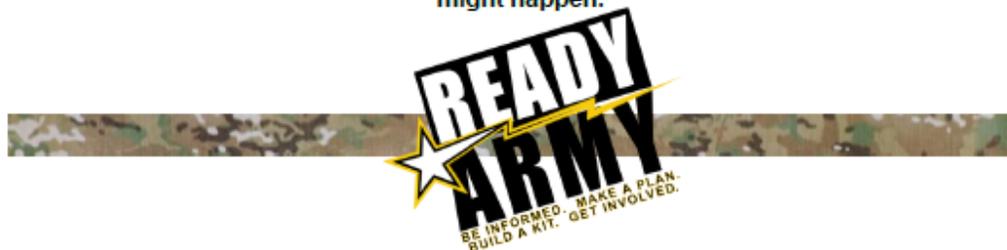
### **Actions to Take When Temporarily Sheltering-in-Place**

- Whether you are at home, work or elsewhere, there may be situations when it's simply best to stay where you are and avoid any uncertainty outside.
- There may be circumstances when staying put and creating a barrier between yourself and potentially contaminated air outside, a process known as "sealing the room," is a matter of survival.
- Use common sense and available information to assess the situation and determine if there is immediate danger. If you see large amounts of debris in the air, or if local authorities say the air is badly contaminated, you may want to take this kind of action.
- The process used to seal the room is considered a temporary protective measure to create a barrier between you and potentially contaminated air outside. It is a type of sheltering in place that requires preplanning.
  - Bring your family and pets inside.
  - Lock doors, close windows, air vents and fireplace dampers.
  - Turn off fans, air conditioning and forced air heating systems.
  - Take your emergency supply kit unless you have reason to believe it has been contaminated.
  - Go into an interior room with few windows, if possible.
  - Seal all windows, doors and air vents with 2-4 mil.-thick plastic sheeting and duct tape. Consider measuring and cutting the sheeting in advance to save time.
  - Cut the plastic sheeting several inches wider than the openings and label each sheet.
  - Duct tape plastic at corners first and then tape down all edges.
  - Be prepared to improvise and use what you have on hand to seal gaps so that you create a barrier between yourself and any contamination.
  - Local authorities may not immediately be able to provide information on what is happening and what you should do. However, you should watch TV, listen to the radio or check the Internet often for official news and instructions as they become available.

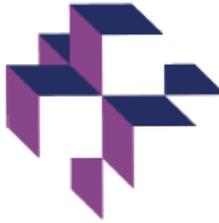
### **Where to Find Additional Information**

- Federal Emergency Management Agency (FEMA)—<https://www.ready.gov/shelter>
- Centers for Disease Control and Prevention (CDC)—  
<http://emergency.cdc.gov/preparedness/shelter/>
- Occupational Safety & Health Administration—  
<https://www.osha.gov/SLTC/etools/evacuation/shelterinplace.html>
- Ready Army—[www.ready.army.mil](http://www.ready.army.mil)

**It's up to you. Prepare strong. Get an emergency supply kit with enough supplies for at least three days, make an emergency plan with your family and be informed about what might happen.**



**PEAK MILITARY CARE NETWORK V.I.E.W. WORKSHOP ON HOUSING  
(FLYER)**



**PEAK MILITARY  
CARE NETWORK**  
*Connecting Need to Resource*

# V.I.E.W.

## Veterans Information and Education Workshops HOUSING

November 14, 2016

9:30-10:45 a.m.

Southeast YMCA 2190 Jet Wing Dr,  
Colorado Springs, CO 80916

### Topics that will be covered:

- How to find housing that is affordable for you
- What are the obstacles people run into when looking for affordable housing
- Steps to overcome these obstacles
- How to seek assistance in advance of transition or retirement



**RSVP: <http://bit.ly/2dRM4nA>**

**Questions? Email Tammi Tiefel: [ttiefel@pmcn.org](mailto:ttiefel@pmcn.org)**

Refreshments will be provided.

[www.pmcn.org](http://www.pmcn.org) | 719-577-7417 |



**POST SHUTTLE CHANGES (FLYER)**

The Fort Carson Post Shuttle is currently transitioning from a USAG run operation to an LRC run operation with the Transportation Motor Pool as the service provider. The Shuttle will change to a traditional fixed route service versus a call-in, taxi type service. Vans will operate on the fixed routes Monday through Friday from 0800 - 1930 and Saturday and Sunday from 0800 - 1530. DPW is working to install signs, maps and benches for the regular stops. During this 2-week transition, driver's will watch for riders waiting or flagging them down along the route until DPW gets the new signage installed. We apologize for any inconvenience to post shuttle riders. For a detailed map of the routes, visit Facebook page "Fort Carson TMP Shuttle Service." Points of contact at TMP for further information are Dispatch 526-1651, and for issues/concerns, TMP Supervisor 526-8093 or the ASO Transportation Manager, 526-8722.

## FORT CARSON POST SHUTTLE

GREEN ROUTE		
Stop #	Facility	Building #
1	Wetzel Barracks / Garrison HQ	1000
2	USO / DPW	1218
3	Mini-Mail	1510
4	Soldiers' Memorial Chapel	1500
5	Main PX	6110
6	Commissary	1800
7	Special Events Center	1829
8	Iron Fighter Barracks	1554
9	Inprocessing / USAG	1456
10	Wolf DFAC	1444
11	Education Center	1117
12	4th Sustainment BDE	842

BLUE ROUTE		
Stop #	Facility	Building #
1	Provider Chapel	1350
2	Family Nurturing Center	1354
3	Iron Fighter Barracks	1552
4	Garcia Gym / Iron Horse Park	1853
5	Barkley Barracks	2060
6	SABCT HQ	2132
7	Raider DFAC	2330
8	Barkley Barracks South	2460
9	Child Youth Services	2765
10	Waller Gym / Motorpool	2361
11	Magrath Motorpool	2391
12	Garcia Gym / Smith Dental	1855
13	WCAP	1661
14	MEB Counsel / McKibben Gym	1162

RED ROUTE		
Stop #	Facility	Building #
1	Main PX	6110
2	Legal	6237
3	Colorado Inn	7301
4	Evans Hospital Main	7500
5	Evans Hospital East	7503
6	Warrior Transition BN	7493
*7	10th SFG Barracks	7480
*8	4th CAB Airfield	9626
*9	Warfighter Road Barracks	9459
*10	Warfighter DFAC	9439
11	SABCT	2620
12	SABCT	2640
13	Raider DFAC / Barracks	2344
14	Utah Beach Barracks	2146
15	Iron Horse Gym	1925
16	Mountain Post Soldier Center	1636

**Hours of Operation:** 0800-1900 (M-F), 0800-1530 (weekends)  
 \*Shuttle will not operate when road conditions are red\*

Shuttles visit each stop every 10-15 minutes on weekdays and every 25 minutes on weekends.

On weekdays, passengers must call (719) 526-1651 to be picked up at RED ROUTE stops 7, 8, 9, and 10. These stops will be visited on a roaming basis on weekends.

Shuttles will not stop unless riders are present.

For questions or concerns call (719) 526-1651 or (719) 526-8093

**PRUSSMAN DINNER & A MOVIE (FLYER)**

# **PRUSSMAN DINNER AND A MOVIE**

DINNER AND A MOVIE WILL NOW TAKE PLACE  
EVERY 3RD SATURDAY OF THE MONTH WITH  
DINNER BEGINNING AT 5:30 PM AND MOVIE  
STARTING AROUND 6:00 PM.

**THIS IS A FREE EVENT.**

THIS EVENT TAKES PLACE AT  
PRUSSMAN CHAPEL BUILDING 1850.

**DATES:**

- ~ 16 JULY
- ~ 20 AUGUST
- ~ 17 SEPTEMBER
- ~ 15 OCTOBER
- ~ 19 NOVEMBER
- ~ 17 DECEMBER

**DINNER – PIZZA HUT AND WILD WINGS.**

INVITE A FRIEND, INVITE FAMILIES,  
INVITE SOLDIERS IN THE BARRACKS.

**FOR MORE INFORMATION, EMAIL [PRUSSMANCHAPEL@GMAIL.COM](mailto:PRUSSMANCHAPEL@GMAIL.COM)**



**REAR DETACHMENT COMMANDERS & LEADERS COURSE (FLYER)**

Army Community Service - Fort Carson  
Mobilization, Deployment Readiness & Stability Support Operations Presents:

**REAR DETACHMENT  
COMMANDERS & LEADERS  
COURSE**

**2 -DAY COURSE      2016 SCHEDULE**  
**9 A.M. TO 4 P.M.**      Aug 18-19

Oct 20-21

Dec 1- 2

This class is intended for Rear Detachment Commanders (RDC), First Sergeants, Family Readiness Liaisons (FRLs), Family Readiness Group Leaders (FRGs) and Family Readiness Support Assistants (FRSAs). The 2-day course provides an overview of the RDC role, Family readiness systems, and reviews military and civilian community resources. Attendees will gain a better understanding of the Family issues in each deployment phase and strategies for crisis intervention.

**For more information call (719) 526-4590**

**Register online at [www.carson.army.mil/acs](http://www.carson.army.mil/acs)**



ACS Inclement Weather Policy: If the installation is on a 2 hour or less delay, ACS events will be adjusted to a 9:30 a.m. start time with the exception of the Family Enrichment events (i.e., AFTB, FRG, ITC, Rear D), those will start at their regular start time. If the installation is closed (2 or more hours), ACS classes will be canceled and rescheduled. For installation weather notifications, visit [www.carson.army.mil](http://www.carson.army.mil) or call (719) 526-0096.

Army Community Service (ACS), ACS Center, Building 1526, 6303 Wetzel Avenue, Fort Carson, Colorado 80913-4104 / TEL: (719) 526-4590 / TOLL FREE 1-866-804-8763 / TTY: (719) 526-1949 DSN: 691 / FAX: (719) 526-2637 / WEB SITE: [www.carson.army.mil/acs/](http://www.carson.army.mil/acs/) Facebook Username: Fort Carson Army Community Service / Twitter Username: Fort Carson ACS



---

**RESILIENCE CLASSES (FLYER)**



**Army Community Service**  
**RESILIENCE**  
**CLASSES**  
**2016**

**ACS Building 1526**  
**9 a.m. to Noon**

Are you feeling overwhelmed? Need help with goal setting? Letting catastrophic thinking take over? Then resilience classes may be for you! Participants learn about resilience and the competencies that contribute to it: Self-Awareness, Self-regulation, Optimism, Mental Agility, Strengths of Character, and Connection. Grow and thrive in the face of challenges and bounce back from adversity.

<b>Detect Icebergs</b>	<b>June 16</b>
<b>Problem Solving</b>	<b>July 21</b>
<b>Put It in Perspective</b>	<b>Aug 18</b>
<b>Mental Games</b>	<b>Sept 15</b>
<b>Real-Time Resilience</b>	<b>Oct 20</b>
<b>Identify Character Strengths</b>	<b>Nov 17</b>
<b>Assertive Communication / Effective Praise</b>	<b>Dec 15</b>

For more information, please call (719) 526-8747 or visit the ACS website at [www.carson.army.mil/acs](http://www.carson.army.mil/acs)

ACS also offers one on one Resilience Coaching. Call 524-1899 for more information.



**RETIREE INFORMATION DAY (FLYER)**

**Peterson • Fort Carson • USAFA • Schriever**

**2016 ALL SERVICES  
MILITARY RETIREE/SPOUSE  
INFORMATION DAY**

**SATURDAY  
OCT 29**

**0800 - 1300**

**Peterson AFB  
The Club - Bldg 1013  
260 Glasgow Ave.**

**25 Information Tables**

**All Day Medical/Dental Services**  
wellness checks • flu shots • dental checks

**All Day ID Card Renewal**

**PRESENTATIONS**

**0830 - Tricare, Tricare for Life, Medicare**

**0915 - Federal Long Term Care Insurance Pgm**

**1000 Potential Budget/Legislative impacts**

**1100 - Pikes Peak National Cemetery**

**1145 - USAF Athletics**

**Light Refreshments  
Door Prizes**

**SELF-CARE MEDICATION PROGRAM (FLYER)**



**SELF-CARE MEDICATION PROGRAM**

**Evans Army Community Hospital  
Main and SFCC Pharmacy  
offer select  
Over-the-Counter medications  
without a prescription after attending a  
class at the  
ACS Community Connection Center.**

**Available FREE to all beneficiaries**

**Evans Army Community Hospital Pharmacy**

For more information,  
contact the  
Main  
Outpatient Pharmacy  
at 719-526-7410,  
option #4

**Classes are held on a walk-in basis  
on the  
2nd and 4th Monday at 0900  
in the  
ACS Community Connection  
Building 1524  
located at 6391 Wetzel Ave.**



The flyer features a background image of a snowboarder in a green jacket and goggles riding a white snowboard down a snowy mountain slope. In the top left corner, there are two circular logos: one for U.S. Army MWR and another for CAPRA. The main title 'Ski & Snowboard Expo' is written in large, bold, black letters on the right side. Below the title, the word 'FREE!' is written in a large, bold, black font. The date and time 'Nov. 5 10 a.m.-3 p.m.' are displayed in a large, bold, black font. The location 'Outdoor Recreation Complex' is written in a smaller, bold, black font. A list of activities is provided in a smaller, bold, black font. At the bottom left, there are four logos: U.S. Army MWR, APE (Army Physical Education), ITR (Interagency Training Resources), and ECC (Expeditionary Combat Casualty Care). At the bottom right, the text 'Open to all DOD ID holders.' is written in a bold, black font, followed by 'Questions? Call (719) 526-5176' in a larger, bold, black font. The bottom of the flyer has a blue banner with four sections: a globe icon and the text 'More Events and Info at carson.armymwr.com', a Facebook icon and the text 'FortCarsonOutdoor Recreation CarsonDFMWR', a Twitter icon and the text '@carsonmwr #CarsonMWR', and a wheelchair icon and the text 'Outdoor Recreation Complex 7093 Specker Ave., Bldg 2429 Fort Carson, CO 80913'.

**Ski & Snowboard Expo**

**FREE!**

**Nov. 5**  
**10 a.m.-3 p.m.**  
**Outdoor Recreation Complex**

- Prizes & giveaways
- Used gear sale
- Season pass sales
- Great deals on equipment
- Local vendors present
- Visiting representatives from local ski resorts

**Open to all DOD ID holders.**  
**Questions? Call (719) 526-5176**

 More Events and Info at [carson.armymwr.com](http://carson.armymwr.com)

 FortCarsonOutdoor Recreation  
CarsonDFMWR

 @carsonmwr  
#CarsonMWR

 Outdoor Recreation Complex  
7093 Specker Ave., Bldg 2429  
Fort Carson, CO 80913

**SKIES UNLIMITED CLASSES (FLYER)**



# SKIES Unlimited

Schools of Knowledge, Inspiration, Exploration & Skills

## Classes include:

- |               |                    |              |
|---------------|--------------------|--------------|
| Ballet        | Horseback Riding   | Piano        |
| African Dance | Swimming           | Guitar       |
| Kung Fu       | Youth Golf         | Drums        |
| Gymnastics    | Cooking            | Discover Jam |
| Yoga          | Babysitting Course | Li'l Dragons |

- **Horseback Riding is held April – October.**
  - Babysitting is held every quarter.
  - All other classes run year-long.
  - Must be registered with CYSS to enroll.

All SKIES Unlimited classes are taught by certified contractors.

All classes besides horseback riding, swimming and golf are held at Timberline Child Development Center.

Pick up a schedule at Parent Central Services (1518 Ellis St.) or at Timberline Child Development Center (5939 Ellis St.).

To download the schedule, visit the SKIES Unlimited page at [carson.armymwr.com](http://carson.armymwr.com).

**Questions? Call (719) 524-2896**



More Events and Info at [carson.armymwr.com](http://carson.armymwr.com)



carsonCYSSteen  
CarsonDFMWR



@carsonmwr  
#CarsonMWR



SKIES Unlimited  
1352 Ellis St., Building 5939  
Fort Carson, CO 80913

---

## **SPOUSE EDUCATION AND CAREER OPPORTUNITIES (SECO) PROGRAM**

Military One Source reminds all that the Spouse Education and Career Opportunities (SECO) program provides many resources for spouses:

MySECO Resume Builder - Spouses have the opportunity to look over these samples, which include cover letters, and then build their own resume.

<https://myseco.militaryonesource.mil/Portal/Content/View/2793>

Help for Spouses on the Move and in Transition - Certified Career Counselors are a perfect asset to call on for information and assistance at each of these three key transition points: New to the military, Mid-career decision points, or End of military service. Call 800-342-9647. Counselors are available from 7 a.m. to 10 p.m. EDT Monday through Friday or from 10 a.m. to 5 p.m. EDT on Saturday. [www.militaryonesource.mil/seco/enewsletter?content\\_id=292024](http://www.militaryonesource.mil/seco/enewsletter?content_id=292024)

Free Certifications - Military Spouse Employment Partnership employers, like JPMorgan Chase, have made a commitment to military spouses. JPMorgan Chase funds the Veterans Career Transition Program, a tuition-free, online career development resource for post-9/11 veterans and military spouses. More than 3,400 veterans and military spouses have earned more than 4,600 certificates. <http://vets.syr.edu/education/employment-programs>

Education, Training and Licensing - Spouses can get work experience while still in school. Experience can come in various forms, volunteer work, internships and federal work study. To learn more of these opportunities, spouses can call a certified Career Counselor at 800-342-9647.

Virtual Volunteering Opportunities  
<https://myseco.militaryonesource.mil/Portal/Content/View/671>

Department of Education Internships  
<https://myseco.militaryonesource.mil/Portal/Content/View/1229>

Federal Work-Study jobs <https://studentaid.ed.gov/sa/types/work-study>

Additional resources:

Certified Career Counselors have answers - every other Wednesday at 3 p.m. Eastern time on LinkedIn.

<https://myseco.militaryonesource.mil/Portal/Content/View/2764>

\* Nov. 2 — at 11 a.m. EDT: STEM Careers - what are they and am I a good fit?

- \* Nov. 15 — at noon EDT: Prepare for MSEP Partner Connect
- \* Nov. 30 — at 10 a.m. EDT: The Importance of a Career Assessment when selecting a lifelong career
- \* Dec. 12 — at 3 p.m. EDT: Prepare for MSEP Partner Connect
- \* Dec. 28 — at 3 p.m. EDT: Military Spouse Preference

Military Spouse Employment Partnership (MSEP)Networking Series - Join MSEP on LinkedIn to discover new employment resources and services by connecting with key human resources professionals and hiring managers from the companies and organizations of the Military Spouse Employment Partnership.

- \* Nov. 3 — at noon EDT: Kaplan University

Visit the Military Spouse Employment Partnership Career Portal - Learn more about employment opportunities for military spouses.  
<https://msepjobs.militaryonesource.mil/msep>

STORY TIME AT GRANT LIBRARY (FLYER)



**STORY TIME AT GRANT LIBRARY**

*Free!*

*Every Wednesday*  
*10:30 a.m.-11 a.m.*  
*Sept. 7, 2016-May 10, 2017*

*Join us in listening to children's stories,  
singing songs and making crafts.*

Open to children 6 & under and their guardians.  
**Questions? Call (719) 526-2350**

 U.S. ARMY MWR

 More Events and Info at [carson.armymwr.com](http://carson.armymwr.com)

 Carson Grant  
CarsonDFMWR

 Follow us!  
@carsonmwr

 Grant Library  
1637 Flint St., Bldg. 1528

---

**TEEN SUPPORT GROUP (FLYER)**



*If you, or someone you know, is a teen with thoughts or actions toward suicide, **YOU ARE NOT ALONE!***

**Teen Support Group on  
Saturdays at 12pm  
704 N. Tejon St  
Colorado Springs,  
80903**

**Free and Confidential!**

**For more info:  
(719) 573-7447**

# Volunteer with us!

- Opportunities available
- President
- Vice President
- Store manager
- Co manager
- Secretary
- Publicity chair



Contact us at  
1510 chiles ave  
Fort Carson, CO 80902  
Aafes mini mall across from  
wing zone

**VETERANS APPRECIATION BREAKFAST (FLYER)**



2016  
**VETERANS APPRECIATION  
BREAKFAST**

**FREE BREAKFAST for VETERANS**  
**Two Locations**

You're invited to celebrate our active duty, reserve,  
guard, veterans & retirees with a **FREE** breakfast.

Families are welcome!

**Southeast & Armed  
Services YMCA**

Friday, November 4  
Community Room A & B

9:00 a.m. — 12:00 p.m.  
Seating is limited to 200 attendees.

2190 Jet Wing Drive  
Colorado Springs, CO 80916  
719.622.9622

For more information please contact  
Military Outreach Director Drew Aquino at  
daquino@ppymca.org or 719.622.9622.

**Briargate Family Center**

Friday, November 11  
(Veterans Day)

Large Gym

8:30 a.m. — 10:30 a.m.  
Seating is limited to 200 attendees.

4025 Family Place  
Colorado Springs, CO 80920  
719.282.9622

For more information please contact  
Associate Executive Director Tim Graeff at  
tgraeff@ppymca.org or 719.282.9622.

**Register online**  
**at [ppymca.org/register](http://ppymca.org/register)**  
Search "2016 Veterans Appreciation Breakfast"  
Online RSVP required per location  
Southeast Y: June 1 thru November 3  
Briargate Y: June 1 thru November 10

 /SoutheastArmedServicesYMCA



---

**WOMEN VETERANS CALL CENTER (FLYER)**



U.S. Department  
of Veterans Affairs

**Get help,  
support,  
or just talk.**

The Women Veterans  
Call Center (WVCC) has  
enabled a chat function  
on their site.

Confidential help for Veterans and their families



**Chat one-on-one with  
other women Veterans.**

*Because one small act can make  
the difference.*

..... Visit the Women Veterans Health Care web site at: [www.womenshealth.va.gov](http://www.womenshealth.va.gov) .....

---

---

**\*\*This e-mail is for informational purposes only. Distribution of this information does not express nor imply endorsement by Fort Carson or the US Army. Private Organizations are not affiliated with Fort Carson or the US Army.**