

Soldier for Life Transition Assistance Program Fact Sheet



TRANSITION ASSISTANCE PROGRAM
Start Strong • Serve Strong • Reintegrate Strong • Remain Strong

TRANSITION OVERVIEW

- SFL-TAP**
The Soldier for Life – Transition Assistance Program (SFL-TAP) delivers a world-class transition program that ensures all eligible transitioning Soldiers have the education, training, and counseling necessary to be career-ready when they leave active duty service. SFL-TAP helps Soldiers make informed career decisions through benefits' counseling and employment assistance.
- Eligibility**
If you are an Active or Reserve Component Soldier with 180+ days of continuous active duty service, you and your Family members are eligible to receive SFL-TAP services one year prior to separation or two years prior to retirement. Department of the Army Civilian employees and their Family members are eligible up to their transition date.
- Commanders Program**
The unit commander works closely with the SFL-TAP staff to ensure all Soldiers have the opportunity to use SFL-TAP services. Reports are available to unit leadership to track a Soldier's SFL-TAP progress.
- VOW Act**
The Veteran's Opportunity to Work (VOW) Hire to Heroes Act was signed into law on 21 November 2011 and implemented 21 November 2012. Legislation mandates Preseparation Counseling, VA Benefits Briefings I & II, and DOL Employment Workshop for all Soldiers
- CRS**
Career Readiness Standards (CRS) are policy mandates set forth by the Office of the Secretary of Defense for all Armed Services. The requirements are listed in the second column and all Soldiers with 180 days of continuous active duty service are required to complete.

TRANSITION REQUIREMENTS

- Preseparation Briefing (DD Form 2648/-1)**
Training and counseling sessions. Complete the Preseparation checklist.
- VA Benefits Briefing I & II**
VA benefits and eligibility. Register for benefits at <https://www.eBenefits.va.gov>.
- DOL Employment Workshop**
Employment counseling, resume development. (*possible exemption)
- Individual Transition Plan (ITP)**
Development Plan (ITP) outlining your career or education goals to achieve CRS.
- MOS Crosswalk**
Translates military skills and training. Complete Gap Analysis.
- Financial Planning Seminar**
Financial planning and budget preparation. Complete 12-month post-transition budget.
- Individual Self-Assessment**
Complete self-assessment through Kuder Journey or other assessment tool.
- Job Application Package OR Job Offer Letter**
Complete private or federal resume, references and two submitted job applications OR job offer letter.
- Career Tracks**
Accessing Higher Education, Vocational/ Technical, or Entrepreneurial. In accordance with Soldier's ITP.
- Career Skills Program**
Credentialing, Apprenticeship, On-the-Job training, Internships, and Job shadowing programs.
- CAPSTONE (DD Form 2958)**
Culminating activity verifying the Soldier has a viable ITP and meets CRS.

TRANSITION HEADQUARTERS

- SFL-TAP Centers**
SFL-TAP Centers have Counselors ready to offer guidance, assistance, and referrals throughout your transition and beyond. To locate a SFL-TAP Center, go to <https://www.sfl-tap.army.mil>
- SFL-TAP Virtual Center**
The SFL-TAP Virtual Center provides access to SFL-TAP Counselors, transition materials, resume resources, and seminars 24/7. Call 800-325-4715 or 502-613-8831 (DSN 983) to speak with a counselor or go to <https://www.sfl-tap.army.mil> to request virtual access.
- SFL-TAP On-Line**
The Army's complete website for transition provides employment assistance, referrals, and job fairs, as well as links to other transition services. Go to <https://www.sfl-tap.army.mil>.
- SFL-TAP on Facebook**
Visit SFL-TAP on Facebook for current information on transition and employment. SFL-TAP Facebook can be found at <https://www.facebook.com/armycareerandalumniprogram>.
- Schedule Transition Services**
To schedule transition services, go to <https://www.sfl-tap.army.mil> or contact your SFL-TAP Center.
- Job Connections**
Veterans Employment Center (VEC) is the federal government's single online tool for connecting transitioning Soldiers to meaningful career opportunities. Go to <https://www.vets.gov/veterans-employment-center/for-job-seekers>.