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# Fort Carson Community Information Exchange

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**26 April 2012, 0930-1100**  
**The Hub**

***Our Mission:*** *Provide units mission support and services including quality of life programs for the Fort Carson Soldiers, Families and the community to enable forces to execute expeditionary operations and minimize stress on Soldiers and Families in a time of persistent conflict.*



# Agenda



- Call to Order & Introductory Comments
- Hails and Farewells
- Garrison Commander (COL McLaughlin)
  - Introduction Incoming Garrison Commander, COL David Grosso
  - On-going Initiatives and Calendar Events
- Unit Update Briefs
- Organization/Agency Briefs
  - MEDDAC (COL McGrath)
- Special Briefs
  - Spartan Race, Mountain Post Heroes Series and Summer Swimming Pool Schedule
  - Fort Carson Community Theatre
  - 27 Apr: Spouse Equipping Day (ACS)
  - 15 May: Consumer Protection Town Hall with Mrs. Petraeus (ACS)
  - New Commissary Grand Opening & Old Commissary Shutdown Schedule (DeCA)
  - Trails West
  - Mountain Post Spouses Club Craft Fair
  - Tumbleweeds
- Question & Answer Period with Gar Cdr (3 x 5 cards)



# Hails and Farewells

*“Getting Informed is a Proactive Sport”*



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**COL Robert McLaughlin**  
**Garrison Commander**  
**526-5600**



# Initiatives & Events



- Introduction of Incoming Garrison Commander, COL David Grosso
- 26 April: Community Partnership Town Hall, 1500-1700
  - Current Operations
  - PCMS
  - Health Care
  - Resiliency
  - Budget Impacts
  - Combat Aviation Brigade
  - Community Relations
  - Retention
- 30 April – 4 May: Warrior Games in Colorado Springs
- 2 May: Colorado Springs Community Covenant Signing, 1000-UTC, City Hall
- 9 May: New Commissary Grand Opening
- 19 May: Semi-Annual Post Yard Sale
- 19 May: LT Dan Ban Concert, 1900-2200



# Mountain Post Resiliency Campus



**Grand Opening  
3 May - 1000**

## Forrest Resiliency Center

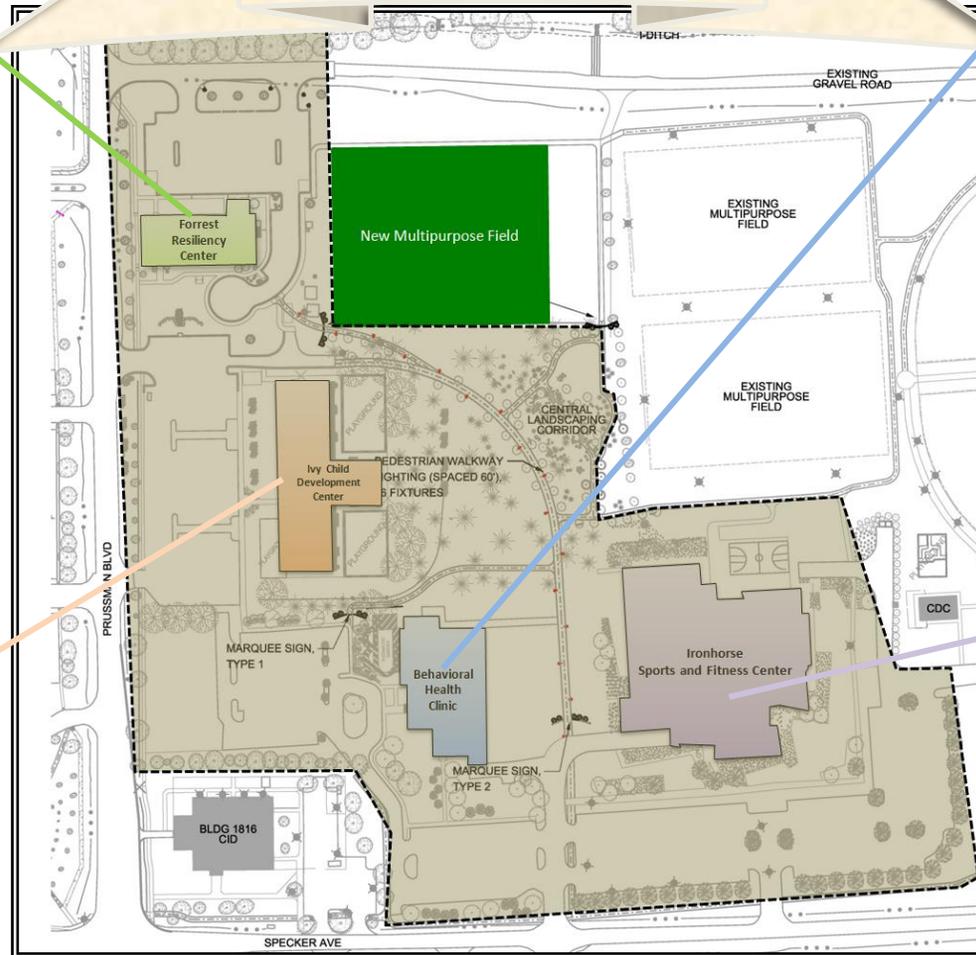
- Facilitates healthy lifestyle programs.
- Health coaching, running shoe assessment, metabolic analysis, health education and prevention.
- Classes include tobacco cessation, stress management, and relaxation.
- Exceeds standards for Army Wellness Centers

IOC - 22 June

## Ivy Child Development Center

- Full service for children six weeks to five years of age
- Capacity for 232 children
- Hourly care available (0700-1900)

IOC - 2 April



## Behavioral Health Clinic

- Support active duty Soldiers with behavioral health services
- Capabilities include: assessments, diagnosis, fitness-for-duty evaluations, psychological and neuropsychological testing services, pharmacotherapy, and health psychology
- Offices, treatment area, admin and support areas, ambulance access, group therapy areas

IOC - 5 March

## Ironhorse Fitness Center

- Over 85,000 square feet
- Two pools, sauna, steam room
- Two climbing walls
- Classrooms for spinning, cardio, and strength training
- Three full size basketball courts
- Elevated running track

IOC - 3 May



# Unit Update Briefs



- HHBn
- 1BCT
- 2BCT
- 3BCT
- 4BCT
- MEDDAC
- 10<sup>th</sup> Grp
- 43<sup>rd</sup> SB
- 71<sup>st</sup> EOD
- 10<sup>th</sup> CSH
- 759<sup>th</sup> MPs
- 4<sup>th</sup> Eng
- 52<sup>nd</sup> Eng
- 1-2 Atk
- 13<sup>th</sup> ASOS
- WTB



# Organization/Agency Briefs



**COL John McGrath**  
**MEDDAC Commander**  
**526-7500**



# Special Briefs



# Spartan Race, Mtn Post Heroes Series and Summer Swimming Pools



# !!! Showtime !!!

## “ANIMAL FARM”

18, 19, 25, 26 May & 1, 2 June at 7:00 p.m.  
Freedom Performing Arts Center ~ Bldg. 1129

### Tickets:

**Pre-Sale** at ITR: \$ 5 w/Military ID  
\$ 7 without

**At Door:** \$ 8 w/mil.ID  
\$10 without

‘Like’ us on Facebook: Ft. Carson Community Theatre  
Follow us on Twitter: FC\_CmtyTheatre  
[ftcarsonfreepac@gmail.com](mailto:ftcarsonfreepac@gmail.com)



*“Best Hometown in the Army – Home of America’s Best”*



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# 27 Apr: Spouse Equipping Day

Army Community Service  
526-1991



# 15 May: Consumer Protection Town Hall

Army Community Service

526-4607



# New Commissary Grand Opening

(719) 524-9800 Ext 102

The Wait is Almost Over

**Commissary  
Grand Opening  
May 9**



**Ribbon-Cutting Ceremony  
10 a.m.**

**Your old commissary  
will close forever  
May 6 at 6 p.m.**

**No commissary  
services available  
May 7 & 8.**

**Your new store will open at 10:30 a.m., following the ceremony.**

*"Best Hometown in the Army – Home of America's Best"*



# Trail West Family Camp

## 'Military Week' Coordinator



# Military Week Family Camp at Trail West



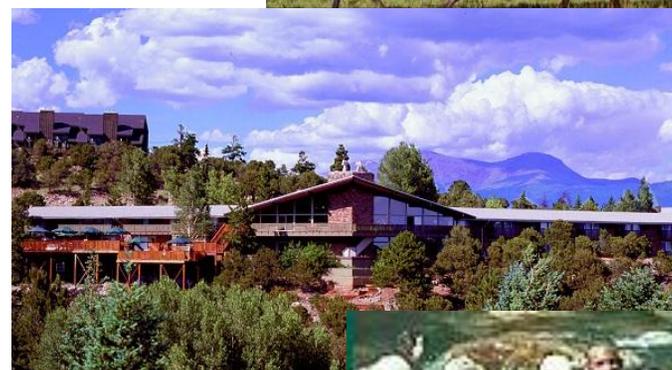
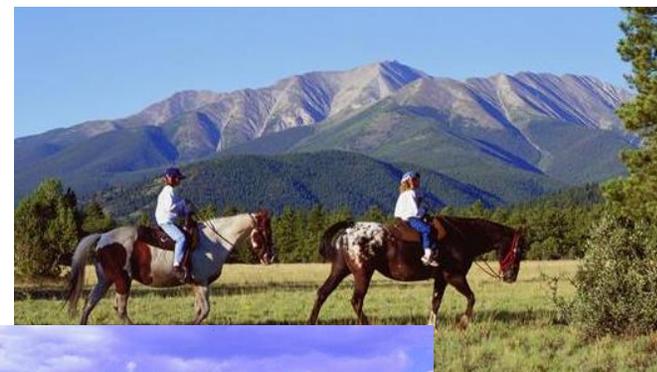
**Who:** Active Duty Soldiers & Families

**What:** *Military Week* Family Camp

**When:** 27 May – 2 June, 10-16 June,  
or 5-11 Aug 2012

**Where:** Trail West - Buena Vista, CO

**How:** Apply at [www.militaryfamilycamp.younglife.org](http://www.militaryfamilycamp.younglife.org)



Fort Carson POC 526-6917



# Mountain Post Spouses Club Craft Fair

[mpspousesclub@gmail.com](mailto:mpspousesclub@gmail.com)



# Tumbleweeds



# Discussion & Questions

**Next CIE: 31 May 2012**  
0930-1100 @ the Hub

28 June 2012  
No CIE In July