



THE MOUNTAIN POST COMMUNITY INFORMATION EXCHANGE

March 22, 2012 Newsletter



Fort Carson Facebook Town Hall

- ◆ SME's from 4ID/Ft Carson Command Group, USAG, Balfour Beatty, DeCA and AAFES collaborated to answer questions on the spot
- ◆ 255 active viewers logged on to the page that day
- ◆ 400 total posts were made on the page during the meeting time
- ◆ Questions continue to be posted/fielded
- ◆ This forum brought Ft Carson leadership to the convenience of community members' favorite computers
- ◆ Although these will not replace "brick and mortar" town halls on post, they encourage greater attendance and participation

Hails and Farewells

- ◆ A warm welcome to our new HHBN and 1BCT, 7-10 CIE members!
- ◆ Our Garrison Commander's Spouse - who has been extremely instrumental in shaping our CIE meetings for the past three years - will no longer be in attendance. Please join us in thanking her and wishing her and her Family all the best!



Unit Updates

HHBN - Last unaccounted-for service member (casualty) has been brought home, 1st time in any U.S. conflict in which everyone has been accounted for

1 BCT - 4 Apr FRG Symposium

2 BCT - Welcome Home Ceremony; 13 Apr Jane Wayne Day

3 BCT - Deployment Ceremony next week

4 BCT - "Squared Away" Training 24 Mar, 1-4pm open to all units' Spouses

MEDDAC -

10th Grp - Amazing Race; 14 Apr Change of Command

43rd SB - Ball Season Etiquette Training 526-4664

71st EOD - Deployed some troops, but welcoming others home

759th MPs - 59th returned home; others deploying

4th Eng - 6 Apr Disney on Ice event for BTN; 2 Changes of Cmd

52nd Eng - 2 Changes of Cmd

WTB - Volunteers needed for Warrior Games at the Olympic Training Center next week

Significant Events

31 Mar: Eggsperience 0900-1500 @ SEC

8 Apr: Easter Country Buffet 1000-1500 @ ECC

10 Apr: Education Summit 0900-1500 @ EEC

18 Apr: Installation Safety Day 0900-1500 @ SEC

21 Apr: Personal Owned Weapon Range 0930-1530 @ Fort Carson Range #1

27-29 Apr: TAPS Regional Conference at FCCO

1-2 May: FCCO Blood Drive @ SEC

3 May: Resiliency Campus Ribbon Cutting 1000-1100

4 May: Sky Sox Military Appreciation Night

5-6 May: Spartan Race & Cinco De Mayo Party

9 May: New Commissary Grand Opening 1000

Congrats to all of our 1st QTR FY12 Volunteers of the Quarter! The VOQ Award is given to a volunteer who and contributes to an Army Activity Command and/or organization assisting the welfare of the Army Family.

Garrison Commander COL Robert F. McLaughlin • Deputy Garrison Commander COL John Keenan
(719) 526-5600 carsonaskthegc@conus.army.mil



Community Partnership for Child Development

Community Partnership for Child Development provides more than 1,900 children living in poverty or challenged by special circumstances with an early childhood education through Head Start, Early Head Start and the Colorado Preschool Program. But we aren't just a free preschool. Our additional health, dental and family support services ensure that we bring out the best in the children and families who enroll.

Head Start is our largest and best known program providing educational, physical and mental health, and nutritional services to children 3 to 5 years of age. Families receive education and support to assist them in fulfilling their role as their child's first and best teacher. We are currently serving 1,034 children and their families in the Head Start Program.

For enrollment information on above programs, call (719) 635-1536 ext. "enrollment"

<http://www.cpcdheadstart.org/>

PIKE'S PEAK YMCA

Armed Services YMCA

The YMCA of the Pikes Peak Region offers Armed Services YMCA programs that provide educational, personal growth, child-care, recreation, and referral services for military personnel and their families. Activities such as Kids Adventure Days, parenting classes, aerobics, family budgeting workshops, Friday Family Fun Nights, and other programs help strengthen families and provide a connection to the rest of the community. erucker@ppymca.org (719) 622-3567

Operation Kid Comfort

The Southeast Family Center/Armed Services YMCA of the Pikes Peak region is teaming up with Ft. Carson and the National Armed Services YMCA to bring Operation Kid Comfort to this area for children of deployed parents.

This program eases the stress of a parent's absence from the home by providing a free photo quilt (4 photos needed) for children six and under and pillows (6 photos needed) for children seven and up. Photographs of the deployed parent and family are scanned into a computer, and then printed onto fabric. The photos are incorporated into a quilt or pillow. The quilt or pillow is then given to the child to play with, sleep with, or use to comfort them from the grief of missing their deployed parent.

If you are interested in receiving one of these quilts or pillows, [click here](#) to complete a request form.

Camp Shady Brook

Summer Camp 2012  [CSB - 2012 Camp Brochure](#) (3360 KB) Click [here](#) to browse our 2012 programs

Camp Corral 2012 - August 5th-August 10th 2012

This year YMCA Camp Shady Brook will be hosting Camp Corral 2012. Camp Corral, funded by Golden Corral restaurants, provides an opportunity for children aged 8-15 whose parents/guardians have been disabled, wounded or fallen/KIA during service in the military, to attend a week of summer camp free of charge. For more information and to register please visit www.campcorral.org

MORALE, WELFARE & RECREATION

Upcoming Special Events

Eggspierience

- ◆ 31 March from 9 a.m. to 3 p.m. at the Special Events Center (Bldg 1829)
- ◆ This annual spring event provides information about the services and activities available on Fort Carson for the coming spring and summer months to our military Families. The event will include a children's obstacle course, egg hunt, kids golf, crafts, and entertainment designed for all ages. Bunny snacks and beverages, as well as pictures with the Bunny will be available for a small fee.
- ◆ Cost: \$1 per person, \$5 for families of 5 or more, More Info: 526-1867

Prom Season Gown Swap and Beauty Fair

- ◆ 2 April from 6-8 p.m. at the Foxhole
- ◆ Girls can find prom dresses, shoes and accessories, making a complete outfit for as little as \$10!

Youth Golf Clinic

- ◆ 7 April at Cheyenne Shadows Golf Course
- ◆ Children will receive FREE instruction from PGA golf pros and receive a FREE club to take home!

Easter Brunch at the Elkhorn Catering and Conference Center

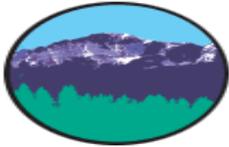
- ◆ 8 April with Reservations on the Hour from 9:30 a.m. - 12:30 p.m.
- ◆ An exquisite and lavish buffet awaits, featuring carving stations, a dessert buffet and so much more!
- ◆ Cost: \$13.95 Adults, \$6.95 Children 7-11 yrs, \$5.95 Children 4-6 yrs, Free under 4 yrs

Annual Gown Swap, Beauty Fair, and Etiquette Class

- ◆ 16 April from 6-9 p.m.
- ◆ 18 years + please

RELIGIOUS SUPPORT OFFICE

Date	Event	Additional Info	Contact
25-Mar	Youth Ministry Events	Spring "Break- Out" Youth Ministry Events	526-5744
3-Apr	Seder Meal Service	SMC, 70 Participants	503-4099
8-Apr	Easter	Easter/ Chapel Sponsored Easter Egg Hunt	526-5470
27-Apr	SB Retreat	Cheyenne Mountain Resort	526-8278
28-Apr	YM Day of Service	Youth Ministry Day-of-Service, Denver CO	526-5744
11-Jun	VBS	Vacation Bible School (All School Ages)	524.2458
6-Jul	NCYC	National Catholic Youth Conference; Denver	524.2458
29-Jul	Summer Sports Camp	Summer Sports Camp	526-5744
19-Aug	Catholic Ed.	Catholic Religious Education Begins	524.2458
Summer 12	CB Summer Camp	Club Beyond Summer Camp	526-5744
Summer 12	Strong Bonds Camp	Teen Strong Bonds Camp	526-8278



**Pikes Peak Area
Council of Governments**
Communities Working Together

The Peak Military Care Network (PMCN) was established to ensure that all former and current members of the military and their Families receive the highest standard of care for their behavioral health, social services and community integration needs. Our goal is to eliminate gaps in support, reduce duplication of services, and significantly improve the efficiency and effectiveness of the network through increased collaboration.

Website features include valuable tools such as:

- ◆ Employment Info Link—with ALL Military Spouse Employment Partnership Opportunities (~300 jobs in Colorado)
- ◆ Electronic Records Storage—School transcripts, vaccination records, medical records, etc.

<http://ppacg.org/military-impact/fort-carson-regional-growth-plan-intro/resource-areas/health-care-behavioral-health-and-social-services/pmcn>

MOUNTAIN POST SPOUSES CLUB

MARK YOUR CALENDAR ...

CASINO NIGHT

MPSC's biggest fundraiser of the year!

Saturday, 14 April 2012

at the Special Events Center 6:30 to 11:30 p.m.,

Ticket sales - Commissary 11am to 2pm

3 March, 30 March, 31 March and 12 April

PX 1am to 2pm 17 March, 31 March, 7 April and
10 April

Tickets \$15 before the event, \$20 at the door

*Price includes dinner catered by Caraba's,
2 free drinks (soda or beer) and 10 chips to start you off!*

Blackjack, Poker, Craps, Live and Silent auctions and a Casino Store to spend all of your winnings!

Elvis will be available at our little white chapel for shotgun weddings or renewing vows with your Sweetie!

Check out our Facebook page for new information! Facebook: "Viva Las Carson"

All proceeds from Viva Las Carson go to our military dependent scholarship and welfare funds which we



April 16th - General Membership Meeting for Board Elections and Welfare Voting Potluck at the SEC at 11am

April 28th - Craft Fair at the SEC; vendors needed

May 18th - Volunteer Appreciation/ 2012-2013 Board Installation Dinner at Edelweiss at 6 p.m.,



- ◆ New, official EACH Facebook Page - <http://www.facebook.com/EvansArmyCommunityHospital>
- ◆ 2nd Floor Renovation will be complete very soon

Updates to Questions from Last Month's Meeting:

1. Patients **are** able to use self-care pharmacy cards at outside clinics.
2. 90% of appointments are available on Tri-Care On-Line.
3. Patients have the opportunity to switch PCMs, so long as there is space with the preferred provider.
4. Evans Formulary - <http://www.pharmacyonesource.com/fos/default.asp?L=67651&g=2&f=0>

Do you have any photos from your unit events that you'd like to see included in the next CIE Newsletter? Please forward them to Jean NLT the Friday after the CIE.

YOU ASKED, WE ANSWERED

Q. Do those who wish to take part in the Personally Owned Weapon Range Day have to have a range safety card or any other prerequisite course? Do the weapons have to be registered on post if you do not live on Fort Carson?

A. No. The requirement to use the range with a registered weapon is waived for the 21 April event. Normally, the weapons need to be registered. There is no certification requirement to use the range; the pros running the program are range certified and will ensure safety and assist with all weapon-handling questions.

Q. Has any thought been given to putting a traffic light outside of the new Ivy CDC?

A. Leadership is constantly analyzing traffic flow. We are balancing this against reduced energy usage requirements, but will certainly research the potential for installing a light outside of this new facility.

4th Infantry Division & Fort Carson

DIV FRSA 503-0025

Army Community Service (ACS)

Director 526-0443

Family Advocacy Pgm Mgr 526-4590

Army Volunteer Corps Pgm Mgr 526-1082

Family Enrichment Pgrm Mgr 526-0460

Exceptional Family Member Pgm Mgr 526-0446

Carson Cares 526-1949

Survivor Outreach Svcs 526-0442

Warrior Family Community Partnership 526-8747

AFAP / AFTB

526-4590 / 526-8636

12-14 Sep 2012: FY2013 AFAP Conference

8am-4pm, Elkhorn Catering and Conference Center

American Red Cross526-7144 <http://chapters.redcross.org/co/ftcarson>**Information:**

Main Office 526-2311

Hospital Office 526-7144

Wounded Warrior Programs 526-2311

Army and Air Force Exchange Services

AAFES Manager 576-6174

Army Education Center 526-4104**Army OneSource**303-818-6242 , www.myarmyonesource.com

Free entrance to CO National Parks with DV ID

SJA advancements—pro bono benefits

Key Partnership Forum

Balfour Beatty Communities

491-8026

Information: Mountain Post Running Club every

Wednesday from 4-6pm at The Hub.

Big Brothers/Big Sisters of Pikes Peak Region457-8404 www.bebigpikespeak.org**BOSS**

524-2677, Office located at

The Hub

Civilian Personnel Advisory Center (CPAC)

Fort Carson Employment Information

Bldg. 1118, Rm. 161 (AF), Rm 142 (NAF)

526-6972 / 526-0478 / 526-5316

Colorado Military Family Alliance (CMFA)pcstvnsn@aol.com**Commissary**

Store Manager 524-9800x102

Customer Service Management**USAG Plans, Analysis & Integration Office**

Customer Service Manager 526-5638

<http://www.carson.army.mil/cms/><https://ice.disa.mil/>**Directorate of Emergency Services**

Director 526-1453

911 Call Center Chief 526-56115

Directorate of Family and Morale, Welfare and Recreation (DFMWR)

Director 526-6452

Complete Calendar at www.mwrfortcarson.com**Child, Youth and School Services**

Director 526-1333

Construction./New Facilities 526-4188

Venture Point, Edge Programs 524-1472

Book of Programs 524-0655

Marketing Director 526-3161*Fort Carson NOW*—TV show airs Sundays on Fox21 at

09:00 and CW57 at 09:30; method of sharing the Soldier

and Family story with the community that they serve

Recreation Division Chief 524-0707

Sports and Fitness 526-2151

Events and Entertainment Coordinator 526-4495www.facebook.com/CarsonMWRventswww.mwrfortcarson.com**Directorate of Public Works** Director 526-3415**Family Readiness Center 526-5199**[usarmy.carson.forscom.mbx.family-readiness-](mailto:usarmy.carson.forscom.mbx.family-readiness-center@mail.mil)center@mail.mil**Fountain-Fort Carson School District 8**

Superintendent 382-1310

Installation Care Team

rfmcl@aol.com

**Military Child Education Coalition/
Parent to Parent**

375-0548, Co_parent2parent@yahoo.com

Mountain Post Spouse's Club

MPSpousesClub@gmail.com

Info: Submit board position nominations to above email.**15 April**—Casino Night \$15 adv/\$20 at door for tickets**28 April** Craft fair will feature 30-60 vendors. Now accepting vendor applications. Proceeds go to scholarship fund.**Pikes Peak Area Council of Government**<http://pikespeak.networkofcare.org>

Military impact planning, Service Directory, Library, Social Networking, Legislate, Assistive Devices, Nationwide News

Protestant Women of the Chapel

pwocadmin@gmail.com, fortcarsonpwoc.wordpress.com

Religious Support Office 526-5279**School Liaison Officers:**

School Dist: School of Knowledge, Inspiration, Exploration & Skills Unlimited 524-2896

School Dist: 12, 20, Private & Parochial 526-3362

School Dist: 22, 23JT, 28, RJ-1, 60-JT,200, Douglas County, 53JT 526-1071

School Dist: 2, 3, 8, 14 524-0642

Thrift Shop Bldg 6250, 526-5966**Information:** Tues - Thurs/first Saturday of each month 1000-1400**USA MEDDAC Fort Carson**

COL McGrath, MEDDAC CDR 526-7500

Appointment Line: 524-/526-CARE (2273)

USO Manager 579-9699

1625 Ellis St., Bldg 1218

Information: Mon-Fri: 1100-2100, Sat: 1200-1800

Lunch: 1100- lunch runs out

- Mon: Texas Roadhouse

- Tues & Wed: Papa Johns

- Thurs: Buffalo Wild Wings

- Fri: BBQ by Perkins 2X/month/ hot dogs

Dinner: 1800- 2030, Hot dogs, brats or burritos

WiFi Internet Café, Movie Theater, TV Lounge, Snack Bar & Patio, Karaoke and Special Events, Gaming Areas, Xbox, Pool Table, Poker Tables, Conference Room, Children's learning center and more...

United States Postal Service 360-9667

Fountain Post Office 382-4625

Security Post Office 570-5450

Cheyenne Mountain Post Office 570-5472

VETCOM

Vet Treatment Facility NCOI 526-9841

Microchip and register all pets 526-3803

Next CIE**Thursday, 26 April****0930-1100****Location: The Hub****31 May 2012****28 June 2012****No CIE In July**