



THE MOUNTAIN POST

COMMUNITY INFORMATION EXCHANGE

Aug 30, 2012 Newsletter



COMMAND UPDATES

Summer of Reset

- ◆ Many Soldiers have come home
- ◆ Resetting DFMWR programs to serve the larger population

Force Structure Transition

- ◆ Funding will decrease, but manpower will not be reduced
- ◆ Redeployment will impact scheduling the SEC for Holiday events

CAB Preparation

- ◆ 4th Combat Aviation Brigade
- ◆ No other installations will grow in next 5 years - Fort Carson is unique



Unit Updates

HHBN - Fall Fest Candy Drive - please start collecting
1BCT - Change of responsibility, Sept. 4; War fighter training complete
2 BCT - Many new personnel; Red Cycle, looking at classes to bring to families
3 BCT - Successful American Vets Solute Motorcycle Ride at Cripple Creek
3BCT - Food Handler Course for FRG's will be held on Thursday, September 27th at 6:00 p.m. at the Family Readiness Center.
4 BCT - Rough month; September redeployment
MEDDAC - JBL McCord Top Medic Competition; exceeding benchmarks across the Army
10th Grp - Preparing for Fall Fest
43rd SB - Wed Bible Study/Spanish Bible Study; etiquette class open to all
10th CSH - Care package program; Welcome Home in Oct
759th MPs - at Ft Hood participating in Warfighters competition
4th ENG - Change of Command; welcome ball
52nd ENG - Working Gate 19 project
13th ASOS - Thank you to 4BCT/4ID for support in memorial process
WTB - 25 Oct Trunk or Treat
4th CAB - Welcome

Significant Events

8 Sep: Team & Individual Triathlon, Outdoor Pool 0800 hrs
11 Sep: 911 Remembrance Ceremony, WTC Memorial 10-1100
12 Sep: Sustainability Breakfast, 0730-0900 Warfighter DFAC
13-14 Sep: Spouse Career Day, 0830-1400 SEC
15 Sep: Post Yard Sale, 0800-1500 Old Commissary Parking Lot
18 Sep: Westcliffe/Silver Cliff Community Covenant Signing, 0900-1500 Westcliffe Town Hall or Price Memorial Park
19 Sep: Single Soldiers AFAP Conference, 0900-1630 Elkhorn
19 Sep: WFCP Council, 1500-1630 The Hub
24-26 Sep: AFAP Conference, 0830-1630 Elkhorn
27 Sep: Mayors' Inauguration, 1200-1330 Elkhorn



The Answers to Your Questions...

- ◆ Using the old Commissary to hold this year's Holiday Village is being looked in to.
- ◆ Traffic light at Ivy CDC facility intersection is needed. Due out for next CIE DPW will look in to this
- ◆ SKIES upkeep is being taken care of. Maintenance has been limited because services were maintained in old facility longer than anticipated. Move is anticipated within a month.
- ◆ Strollers are not permitted to "roam" in the SKIES reception area. A sign will be posted.
- ◆ A sports physical is required for ballet classes.
- ◆ The Ivy CDC is available for childcare during FRG meetings from 6-9pm.
- ◆ Although all retirees receive full hospital/commissary/AAFES benefits, only 100% Disabled Vets are authorized use. This is the regulation produced by "big Army" - Ft Carson must follow very specific guidelines.
- ◆ Why is construction going on Specker at peak traffic hours? Sometimes this happens due to emergency work needing to be done, but DPW will look in to it, as it strives to minimize traffic disruptions.
- ◆ Education center has limited visible signage to direct customers to the facility in certain areas. Update on this will be provided at next CIE.
- ◆ Policy on school attire is too strict. If it is going to remain that strict why don't we go to uniforms? Dress code/uniform policy update will be provided at the next CIE.
- ◆ HIRED and the youth center offer programs for 18 year olds. Participation is limited, but CYSS continues to make the programs available to help keep 18 year olds engage in constructive activities.
- ◆ The next Destination Fort Carson will be in January. It will not replace pre-deployment briefs.
- ◆ CYSS registration is transferable from one post to another - Parent only needs to go into a Carson CYSS facility and update the data from last duty station. Transfer is global, Army-wide.
- ◆ Arriving late to an appointment at EACH is not considered a no-show.



U.S. ARMY MEDICAL DEPARTMENT Evans Army Community Hospital



Why are we the winning team?

158 Board Certified Providers with 168 Certifications (Physician board certification is a voluntary process that approximately 80 percent of doctors in the U.S. obtain.)

We have 32 different specialties in our facilities. This is important to note because – if you MUST have a downtown physician – think about coming to us for some of those specialty needs. We have surgeons, physicians and nurses – folks experienced in battlefield trauma – operating in our hospital. Our facilities host ophthalmology, dermatology, GI, mammography, orthopedics, physical therapists, dieticians, disease management specialists and more. We perform hip and knee replacement surgeries. Coming here means no co-pays and your procedures can help go towards deductibles if you have other health insurance.

You can have the most qualified people in your hospital – but we know it doesn't mean anything if you aren't comfortable and if you don't trust the providers who are responsible for your care. The numbers show that the folks currently receiving care at our facility are happy with our providers. One of our measurement tools is APLSS- the Army Provider Level Satisfaction Survey. In June, the overall satisfaction for MEDDAC was 92.3%. 94.3 percent of those surveyed would recommend their provider to someone else. 16 of our providers earned 100% satisfaction scores. More than 93% of those surveyed felt they were treated with courtesy and that the provider understood their problem, spent enough time with them and adequately explained their actions.

Our new Breast Care Clinic - full range of imaging services. Coordinates breast biopsy and surgical services, facilitating rapid evaluation and treatments for those that require surgery.

Dedicated Disease Management clinic to help manage complex cases.

C-Sec rate is 1 in 5 – nation is 1 in 3. Staffed with one physician and one certified nurse midwife at all times. National postpartum readmission is about 1% we are .5 – We keep our patients in the hospital until ready to leave.

3 of our 7 Patient Centered Medical Homes are certified NCQA (National Committee for Quality Assurance). The rest will be recognized by the end of September, making us the first facility in Medical Command to have all Primary Care Clinics certified. This seal is a widely recognized and respected symbol of quality – a reliable indicator of that an organization is well managed and delivers high quality care and service.

Advanced MRI – has both 1.5 Tesla and 3.0 Tesla scanners. So advanced it can look at white matter fiber tracks in TBI patients.

We have the best CT scanner in the Army inventory. The Toshiba Aquillion 1 has a 320 row detector scanner, allowing faster imaging with a lower radiation dose. Can scan a chest abdomen and pelvis in 5 seconds.



U.S. Army Child, Youth
& School Services

IMPACT AID

Impact Aid Law provides funding for federally connected children, including those who:

- (1) Have a parent on active duty in the uniformed services
- (2) Reside on Indian lands or have a parent who works on federal property or live in Federally assisted low-rent housing projects.

Impact Aid funds are provided to compensate school districts for tax revenue lost because of a federal activity.

Not all districts educating military children receive Impact Aid. The enrollment of federally-connected children in the district must be at least 400 or 3 % of Average Daily Attendance.

Forms are typically sent home or filled out at school during the months of September and October each year.

Army Child Care in

Your Neighborhood (ACCYN)

Army Child Care in Your Neighborhood provides Army-sponsored off-post child care as a supplement to Army-Operated on-post child care.

Participating civilian Child Care Centers and Family Child Care Homes must meet standards comparable to those required of the Army CYS Services.

The Centers and homes receive ongoing training and oversight as staff work to achieve national accreditation and earn credentials.

Families pay reduced fees, comparable to those charged on post. Fees are based on *total Family income* with discounts generally given for multiple children.

ACCYN serving the Garrison has 22 FCC Homes and four centers in the Colorado Springs area. We currently have four centers in Pueblo.

CYSS Facilities Update

- ◆ Timberline (Bldg 5939) is currently being used to provide school age care for 160 children until Mesa opens.
- ◆ Mesa (Bldg 4790) will provide school age care for 195 children once all FF&E is delivered.
- ◆ Timberline will replace building 5510 and SKIES classes as well as hour will be provided in this setting once Mesa opens.



MARK YOUR CALENDAR: SEPTEMBER/OCTOBER

- ◆ **ACS hosts the Annual Family Readiness Group Meet and Greet 2 Oct 12, 0930-1130. RSVP by 14 Sept to 526-4590**
- ◆ **Transition Services Expo 17 Oct 12, two sessions 0800-1000/1000-1200 at the ECC**
- ◆ **Transition Services Job Fair 18 Oct 1100-1500 SEC 80 employers and 20 colleges on hand**
- ◆ **Canvas and Cookies 21 Sept 12, 5:00pm ages 6-12 - \$15 per child Tumbleweeds at the Mini Mall**
- ◆ **Education Center - 3rd Tues of each month support group for spouses 1800-1900, bldg 1117 Financial Aide representatives available**
- ◆ **College Graduation Ceremony 1 Nov 12, 1400 McMahan Auditorium 2011/2012 Graduates. Must RSVP NLT 15 Oct.**
- ◆ **School House Rock - Sept 14, 15, 21 and 22, doors open at 6:00pm, show time is at 7:00pm**
- ◆ **Fort Carson USO proudly presents "Support Our Troops Day", Tuesday, Sept 11th from 11:00 am until 7:00 pm.**

**If you have any photos
from your unit events
that you'd like to have
included in the CIE
newsletter, please send
them to Jean!**

4th Infantry Division & Fort Carson

DIV FRSA 503-0025

Army Community Service (ACS)

Director 526-0443

Family Advocacy Pgm Mgr 526-4590

Army Volunteer Corps Pgm Mgr 526-1082

Family Enrichment Pgrm Mgr 526-0460

Exceptional Family Member Pgm Mgr 526-0446

Carson Cares 526-1949

Survivor Outreach Svcs 526-0442

Warrior Family Community Partnership 526-8747

AFAP / AFTB

526-4590 / 526-8636

12-14 Sep 2012: FY2013 AFAP Conference

8am-4pm, Elkhorn Catering and Conference Center

American Red Cross526-7144 <http://chapters.redcross.org/co/ftcarson>**Information:**

Main Office 526-2311

Hospital Office 526-7144

Wounded Warrior Programs 526-2311

Army and Air Force Exchange Services

AAFES Manager 576-6174

Army Education Center 526-4104**Army OneSource**303-818-6242, www.myarmyonesource.com

Free entrance to CO National Parks with DV ID

SJA advancements—pro bono benefits

Key Partnership Forum

Balfour Beatty Communities

491-8026

Information: Mountain Post Running Club every

Wednesday from 4-6pm at The Hub.

Big Brothers/Big Sisters of Pikes Peak Region457-8404 www.bebigpikespeak.org**BOSS**

524-2677, Office located at

The Hub

Civilian Personnel Advisory Center (CPAC)

Fort Carson Employment Information

Bldg. 1118, Rm. 161 (AF), Rm 142 (NAF)

526-6972 / 526-0478 / 526-5316

Colorado Military Family Alliance (CMFA)pcstvnsn@aol.com**Commissary**

Store Manager 524-9800x102

Customer Service Management**USAG Plans, Analysis & Integration Office**

Customer Service Manager 526-5638

<http://www.carson.army.mil/cms/><https://ice.disa.mil/>**Directorate of Emergency Services**

Director 526-1453

Non-Emergency Dispatch 526-2333

Directorate of Family and Morale, Welfare and Recreation (DFMWR)

Director 526-6452

Complete Calendar at www.mwrfortcarson.com**Child, Youth and School Services**

Director 526-1333

Construction./New Facilities 526-4188

Venture Point, Edge Programs 524-1472

Book of Programs 524-0655

Marketing Director 526-3161*Fort Carson NOW*—TV show airs Sundays on Fox21 at

09:00 and CW57 at 09:30; method of sharing the Soldier

and Family story with the community that they serve

Recreation Division Chief 524-0707

Sports and Fitness 526-2151

Events and Entertainment Coordinator 526-4495www.facebook.com/CarsonMWRventswww.mwrfortcarson.com**Directorate of Public Works** Director 526-3415**Family Readiness Center 526-5199**[usarmy.carson.forscom.mbx.family-readiness-](mailto:usarmy.carson.forscom.mbx.family-readiness-center@mail.mil)center@mail.mil**Fountain-Fort Carson School District 8**

Superintendent 382-1310

Installation Care Team

rfmcl@aol.com

**Military Child Education Coalition/
Parent to Parent**

375-0548, Co_parent2parent@yahoo.com

Mountain Post Spouse's Club

MPSpousesClub@gmail.com

Info: Submit board position nominations to above email.**Pikes Peak Area Council of Government**<http://pikespeak.networkofcare.org>

Military impact planning, Service Directory, Library, Social Networking, Legislate, Assistive Devices, Nationwide News

Protestant Women of the Chapel

pwocadmin@gmail.com, fortcar-sonpwoc.wordpress.com

Religious Support Office 526-5279**School Liaison Officers:**

School Dist: School of Knowledge, Inspiration, Exploration & Skills Unlimited 524-2896

School Dist: 12, 20, Private & Parochial 526-3362

School Dist: 22, 23JT, 28, RJ-1, 60-JT,200, Douglas County, 53JT 526-1071

School Dist: 2, 3, 8, 14 524-0642

Thrift Shop Bldg 6250, 526-5966**Information:** Tues - Thurs/first Saturday of each month 1000-1400**USA MEDDAC Fort Carson**

COL McGrath, MEDDAC CDR 526-7500

Appointment Line: 524-/526-CARE (2273)

USO Manager 579-9699

1625 Ellis St., Bldg 1218

Information: Mon-Fri: 1100-2100, Sat: 1200-1800

Lunch: 1100- lunch runs out

- Mon: Texas Roadhouse

- Tues & Wed: Papa Johns

- Thurs: Buffalo Wild Wings

- Fri: BBQ by Perkins 2X/month/ hot dogs

Dinner: 1800- 2030, Hot dogs, brats or burritos

WiFi Internet Café, Movie Theater, TV Lounge, Snack Bar & Patio, Karaoke and Special Events, Gaming Areas, Xbox, Pool Table, Poker Tables, Conference Room, Children's learning center and more...

United States Postal Service 360-9667

Fountain Post Office 382-4625

Security Post Office 570-5450

Cheyenne Mountain Post Office 570-5472

VETCOM

Vet Treatment Facility NCOI 526-9841

Microchip and register all pets 526-3803

Next CIE**Thursday, 27 Sep****0930-1100****Location: The Hub****25 OCTOBER**