



THE MOUNTAIN POST COMMUNITY INFORMATION EXCHANGE

June 28, 2012 Newsletter



ANNOUNCEMENTS

- ◆ **4th on the 3rd Celebration Activities have been cancelled due to the events surrounding the fires.**
- ◆ **Access to post swimming pools is FREE until further notice per our Gar Cdr.**
- ◆ **Commissary hours are back to normal.**

CHRISTMAS IN JULY GOLF TOURNEY

- ◆ 4 Person Scramble
- ◆ Monday, 16 July
- ◆ 8:00 a.m. Shotgun Start
- ◆ \$60 per Player OR \$50 with a New Toy to Donate
- ◆ Price includes: Greens Fees, GPS Cart, Range Balls, Food and Free Future Round at Cheyenne Shadows Golf Course

Hole Prizes Awarded on EVERY Hole!

Proceeds go to Santa's Workshop at Ft Carson.

**Call the Pro Shop
at 526-1554**



Unit Updates

HHBN - 26 Families displaced due to fire
1 BCT - Actively helping evacuees and on-call for fire assistance
2 BCT - Unit block leave; CoC 31 July at 0800 hrs
3 BCT - 1/68 has a new newsletter
4 BCT - Warrior in the Garden program in the works
MEDDAC - Org Day 27 July
10th Grp - Focused on high volume of displaced families
43rd SB - Quartermaster deactivating
71st EOD - Group HQ arrived home last week! CoC 9 Aug; 749th reintegration training
10th CSH - 438th deployed for 9 months; 8 displaced Families
759th MPs - 60 displaced; thank you Jessica for serving your unit - best of luck in the future!
4th ENG - Provided a great deal of logistical/equipment support for the fires; 9 Families displaced
52nd ENG - Volunteers helping with fire; 22 displaced Families
WTB - Org Day/Fundraiser postponed

Significant Events

10 JUL: Pikes Peak or Bust Parade 6:30 p.m., Downtown COS
11 JUL: Army Night at the Rodeo 7:15 p.m. Norris-Penrose Center
15-16 Jul: 2012 Soldier Show - 6 p.m. McMahon Auditorium
17 July: USAG CSM Change of Responsibility Ceremony - 11:00 a.m. Manhart Field
18 Jul: Sky Sox Military Appr Night - 7:05 p.m. Sox Stadium
30 Jul - 1 Aug: ACS Focus Groups - 10 a.m., 1 p.m., 3 p.m.
30 Jul - 03 Aug: Eagle Lake Camp - 9 a.m.-4 p.m. Soldiers Memorial Chapel
15 Aug: Sky Sox Fort Carson Appreciation Night 6:05 p.m.
15 Aug: Fort Carson Force Protection Exercise
18 Aug: Run/Walk for the Fallen - 8-11 a.m. Iron Horse Park
22 Aug: Destination Fort Carson - 10 a.m. - 2 p.m. Special Events Center
22 Aug: Annual Mayor's Election
24 Aug: Family Resiliency Day
29 Aug Sky Sox Military Appreciation Night 6:05 p.m.

YOU ASKED, WE ANSWERED**Q. Is there anything in place for reimbursement to the Soldiers of Family members displaced/evacuated?**

A. Yes. An Evacuation Order was issued by the CG on 28 June. Normal TDY allowances apply to evacuees (see the JFTR, Chapter 6). More information can be found on the CIE Website, where you

will find a document called "Non-Combatant Evacuation Operations 'Waldo Canyon Fire' Quick Reference Guide for Army Personnel and DA Civilians".

Q. What is being done to manage the special parking spots at the commissary?

A. DPW is in the process of executing the following (this week):

- Take down all the Low Emission, Van/Car pool sign (both lots)
- Add equal amount COL/CW5 signs as there are CSM/SGM in lots.
- Place CSM/SGM and COL/CW5 signs next to General Officer sign with CSM/SGM signs opposite SR Officers signs

These "vanity" parking spaces are there as a convenience for that particular customer. It is considered a common courtesy to adhere to these sign, but there is no regulatory guidance as such.

Q. Can the pools institute a 5 minute out-of-pool rest time each hour, every day during the summer months?

A. Currently there is a 15 min adult swim every hour if and only if the pool is at max capacity (250 people in the pool). We do this to give the pool a small break and so that the lifeguards can cool down. Also this time is used to check for safety concerns ladders, slides, ramp, bathrooms, etc. However, we can certainly go to a 5 min rule on the hour.

Q. When will the outdoor pool slide be fixed?

A. A work order has been submitted - we owe you a date when you can expect it to be fully functional.

Q. What can be done about the slippery surface on the outdoor pool deck?

A. It will be appropriately resurfaced starting 9 July. It will take 3 days. The pool will have to be closed to the public during these days, but the Indoor Pool will be prepared to accommodate swimmers.

Q. When are units going to be allowed to sign up for holiday parties at the Special Events Center?

A. Priority use of the SEC is reserved for deploying/redeploying units. As soon as their schedules are finalized for Nov/Dec/Jan, DFMWR will make scheduling available for social gatherings. Will certainly put out at the next CIE in August.

Q. There is a dog being left in my neighbor's backyard in a cage with no water or food. The MPs nor housing is responding to this issue.

A. BBC Policy on Pet Card: Animal owners are required to provide adequate food, water, and shelter at all times. Physical abuse of animals is prohibited. Adequate shelter for animals, while subject to varying weather conditions, must provide protection for the animal from rain, snow, sun, and wind. A simple doghouse may provide adequate shelter if placed in a shady area. If the shelter you provide your pet with is not considered adequate by the VTF you may be cited for animal abuse and be subject to disciplinary actions. The Military Police may apprehend any animal that is suspected of being neglected or abused. Suspected cases of neglect/abuse should be reported to the Military Police at 526-2333.

Q. Why can't the Soldier be held responsible when their Family members don't show up for medical appointments? (e.g. contact chain of command when Family member no-shows)

A. Legally, this is a no-go. MEDDAC is, however, examining feasible/legal options to discourage no-shows. More to follow.



- ◆ Pharmacy Care During Disaster
 - Patient care remains our primary concern during the Waldo Canyon Fire. Any TRICARE beneficiary displaced or isolated by the wild fires and in need of their prescriptions may come to the Evans Army Community Hospital's Main Pharmacy for assistance. The pharmacy is open Monday-Thursday from 8 a.m. to 6 p.m. and Friday from 8 a.m. to 5 p.m.
 - Refills called in for pick up at the Air Force Academy are ready at the Commissary Pharmacy Refill Center, located in the BX at Peterson AFB. If you are requesting refills from the refill line, you may choose to pick up at either Peterson or Evans. The refill phone number is 719-524-4081.
 - Also, TRICARE, through Express Scripts, has implemented the "Emergency Refill Too Soon" procedures for El Paso, Larimer and Teller counties. The State of Emergency remain in effect until July 15. To get an emergency refill, take your prescription bottle to any TRICARE retail network pharmacy. Contact Express Scripts at 877-363-1303 or search the network pharmacy locator to find the nearest network pharmacy.
- ◆ School Physicals: Evans Army Community is holding its annual one-day, Saturday postwide "School/Sports Physical Day." There are snacks, movies and prizes. It takes place on July 21, from 8 a.m. to 4 p.m. in Iron Horse Family Medicine Clinic. This is in the main hospital on the second floor, above the Main Pharmacy. A limited number of appointments are available, so call today. Call 719-526-9275 or 526-2273. Please bring any immunization records or necessary school or sport forms to be filled out by a provider.
- ◆ Express Scripts can save you \$\$\$ - 90 day supplies of generic versions of your medications can be delivered to your home free with no co-pay!
- ◆ Thanks to the new automated dispensing system at the pharmacy, the average wait time has been 9 minutes.
- ◆ Please remember that No-Shows cost us money that we would prefer to spend on providing you with care.

ARMY COMMUNITY SERVICE (ACS)

DESTINATION FORT CARSON

22 AUGUST, 10AM - 2PM

SPECIAL EVENTS CENTER

A SHOWCASE OF WHY THE MOUNTAIN POST IS THE BEST IN THE ARMY - ALL ARE WE

OFF-POST PARTNERS WILL SHOWCASE WHAT THEY DO FOR FT CARSON FAMILIES

526-8558

ARMY FAMILY ACTION PLAN (AFAP)

- ◆ Input from the total Army Family - Your voice counts! What isn't working, and what will fix it?
- ◆ Issues are accepted year-round. Cut-off for inclusion this year is 1 August.
- ◆ This year's AFAP Conference: 24-26 Sept
- ◆ Volunteer Delegates are needed at conf.
- ◆ [Facebook.com/FortCarsonAFAP](https://www.facebook.com/FortCarsonAFAP)



FORT CARSON RECYCLING



RECYCLING OBJECTIVES

- ◆ Minimize solid waste disposal where possible
- ◆ Improve recycling efforts and awareness
- ◆ Generate funds for installation programs and projects
- ◆ Fort Carson Recycling Incentive Program

Look for the green bins throughout post for your mixed recycling - very convenient, very green. C'mon encourage everyone to do their part!

Recycle: 526-5898
Refuse Pick-Up: 526-1695

WHAT WE RECYCLE

Cardboard
Office Paper
Newspaper/Magazines
Aluminum/Tin Cans
Glass
Plastics
Wooden Pallets
Ink or Toner Laser Printers or Fax
Brass Casings from Ammo Supply
Point Small Arms
Scrap Metal from the Motor Pools
Mattresses Only No Box Springs
(PX Recycling & Bldg 155)
E-Waste
Porcelain

FORT CARSON THRIFT SHOP

THE THRIFT SHOP HAS MOVED...YES, AGAIN!
Please come see us at our new location: **Building 305**
Anticipated Grand Opening Date: 17 July
Hours: Tues, Weds, and Thur 10a.m.-2:30p.m.

Donations currently accepted at the Recycling Center outside of PX.
This wonderful private organization needs Board Members! Contact us if you would like to share your skills, develop new skills, and plug in to a new community outlet.
Did you know that you can Volunteer at the Thrift Store and they will pay for your Day Care ?

Fort Carson Education Center

Transitioning Programs Available

Transitioning from a military career into a civilian career is often a difficult and frustrating process. The Fort Carson Education Center is revamping old programs and creating new ones to make transitioning as seamless as possible. The following programs are now in progress:

College 101: This 6-series program occurs every Monday, 1800-1900, Room 202B in the Education Center. *College 101* addresses such subjects as “What no one ever told you about college;” “Education and Cents;” “Scholarships and Grants;” “Montgomery GI Bill and Post 9/11 GI Bill;” “Leadership in the Market Place;” “Just for Spouses;” and “How to Write Resumes; Successful Interviews; and How to Dress for Success.” Taught by college professors, these FREE courses will run continuously for one year, repeating every 6 weeks.

Certificates: Working with local colleges, Certificate Programs consisting of certification in a particular field of interest that can be completed in less than 6-months are being highlighted and expanded.

TRIO: A FREE federally funded program that helps Soldiers and Family Members complete forms like the Pell Grant; locate and apply for college scholarships; restructure old college loan payments; and assists Soldiers in many other areas is located in the Education Center. TRIO Representatives are available in Room 115 every Monday, 0900-1300, and Tuesday, 1200-1600.

Veteran Centers: The Education Center is assisting local colleges in establishing Veteran Centers for Veterans attending their college. These Centers will help Veterans adjust to the culture of the college campus, network with other Veterans, answer questions, complete VA forms, and a host of other activities that will help Soldiers transition from the military complex to the college campus. A key element of this program is assigning a college Mentor to every Soldier for a period of six months.

College Fairs: Twice-a-year, the Education Center will host a College Fair that will consist of colleges and Universities from across the United States.

Job Placing Employers: Working closely with ACAP, the Ed Center is talking with Employers interested in hiring Veterans. These employers contact the Center asking how Soldiers can be trained for certification in fields of interest like solar panel placement, airline industry, and the medical field. The name of these Job Placing Employers are given to ACAP for review while the Ed Center works with colleges and universities to locate certificate programs.

Fort Carson College Fair

Fall is around the corner and now is the time to get serious about education.

The Fort Carson Education Center is gearing up for a huge College and University Fair Thursday, 19 July, 0900-1500 in the Education Center located in Bldg 1117, 1626 Ellis Street.

Currently, 42 Colleges and Universities from across the United States have reserved tables and will be prepared to answer questions and provide the latest information on degree plans.

During the College Fair, workshops will be held on the *Montgomery Bill and the Post 9/11 GI Bill*; TRIO will explain how to successfully acquire grants and scholarships; *Just for Spouses: It's Your Time to Go to College*; *What No One Ever Told You About Going to College*; and *The Latest Trends in the Market Place: Big Dreams: Big Money*.

Education Center Guidance Counselors will be available to evaluate Soldier's MOS for possible college credits. Most Soldiers have a minimum of at least 5 college credits toward a degree.

GT-Prep and BSEP instructors will be available to answer questions on how to raise a GT Score. Most Soldiers who enroll in a BSEP class and apply themselves will raise their GT Score significantly. Fort Carson BSEP records indicate that 88% of those who complete BSEP and GT Prep raised their GT score over 110.

Every 15 minutes a door prize will be given to visitors attending the College Fairs. The prizes consist of Kindles, T-Shirts, Cups, Pens, Water Bottles, and many more items furnished by Colleges and Universities. No reservation is needed. This event is open to everyone.

New programs are being added at your Fort Carson Education Center weekly.
For more information, please contact the Education Services Officer at 526-8054.

4th Infantry Division & Fort Carson

DIV FRSA 503-0025

Army Community Service (ACS)

Director 526-0443

Family Advocacy Pgm Mgr 526-4590

Army Volunteer Corps Pgm Mgr 526-1082

Family Enrichment Pgrm Mgr 526-0460

Exceptional Family Member Pgm Mgr 526-0446

Carson Cares 526-1949

Survivor Outreach Svcs 526-0442

Warrior Family Community Partnership 526-8747

AFAP / AFTB

526-4590 / 526-8636

12-14 Sep 2012: FY2013 AFAP Conference

8am-4pm, Elkhorn Catering and Conference Center

American Red Cross526-7144 <http://chapters.redcross.org/co/ftcarson>**Information:**

Main Office 526-2311

Hospital Office 526-7144

Wounded Warrior Programs 526-2311

Army and Air Force Exchange Services

AAFES Manager 576-6174

Army Education Center 526-4104**Army OneSource**303-818-6242 , www.myarmyonesource.com

Free entrance to CO National Parks with DV ID

SJA advancements—pro bono benefits

Key Partnership Forum

Balfour Beatty Communities

491-8026

Information: Mountain Post Running Club every

Wednesday from 4-6pm at The Hub.

Big Brothers/Big Sisters of Pikes Peak Region457-8404 www.bebigpikespeak.org**BOSS**

524-2677, Office located at

The Hub

Civilian Personnel Advisory Center (CPAC)

Fort Carson Employment Information

Bldg. 1118, Rm. 161 (AF), Rm 142 (NAF)

526-6972 / 526-0478 / 526-5316

Colorado Military Family Alliance (CMFA)pcstvnsn@aol.com**Commissary**

Store Manager 524-9800x102

Customer Service Management**USAG Plans, Analysis & Integration Office**

Customer Service Manager 526-5638

<http://www.carson.army.mil/cms/><https://ice.disa.mil/>**Directorate of Emergency Services**

Director 526-1453

911 Call Center Chief 526-56115

Directorate of Family and Morale, Welfare and Recreation (DFMWR)

Director 526-6452

Complete Calendar at www.mwrfortcarson.com**Child, Youth and School Services**

Director 526-1333

Construction./New Facilities 526-4188

Venture Point, Edge Programs 524-1472

Book of Programs 524-0655

Marketing Director 526-3161*Fort Carson NOW*—TV show airs Sundays on Fox21 at

09:00 and CW57 at 09:30; method of sharing the Soldier

and Family story with the community that they serve

Recreation Division Chief 524-0707

Sports and Fitness 526-2151

Events and Entertainment Coordinator 526-4495www.facebook.com/CarsonMWRReventswww.mwrfortcarson.com**Directorate of Public Works** Director 526-3415**Family Readiness Center 526-5199**[usarmy.carson.forscom.mbx.family-readiness-](mailto:usarmy.carson.forscom.mbx.family-readiness-center@mail.mil)center@mail.mil**Fountain-Fort Carson School District 8**

Superintendent 382-1310

Installation Care Team

rfmcl@aol.com

**Military Child Education Coalition/
Parent to Parent**

375-0548, Co_parent2parent@yahoo.com

Mountain Post Spouse's Club

MPSpousesClub@gmail.com

Info: Submit board position nominations to above email.**Pikes Peak Area Council of Government**<http://pikespeak.networkofcare.org>

Military impact planning, Service Directory, Library, Social Networking, Legislate, Assistive Devices, Nationwide News

Protestant Women of the Chapel

pwocadmin@gmail.com, fortcarsonpwoc.wordpress.com

Religious Support Office 526-5279**School Liaison Officers:**

School Dist: School of Knowledge, Inspiration, Exploration & Skills Unlimited 524-2896

School Dist: 12, 20, Private & Parochial 526-3362

School Dist: 22, 23JT, 28, RJ-1, 60-JT,200, Douglas County, 53JT 526-1071

School Dist: 2, 3, 8, 14 524-0642

Thrift Shop Bldg 6250, 526-5966**Information:** Tues - Thurs/first Saturday of each month 1000-1400**USA MEDDAC Fort Carson**

COL McGrath, MEDDAC CDR 526-7500

Appointment Line: 524-/526-CARE (2273)

USO Manager 579-9699

1625 Ellis St., Bldg 1218

Information: Mon-Fri: 1100-2100, Sat: 1200-1800

Lunch: 1100- lunch runs out

- Mon: Texas Roadhouse

- Tues & Wed: Papa Johns

- Thurs: Buffalo Wild Wings

- Fri: BBQ by Perkins 2X/month/ hot dogs

Dinner: 1800- 2030, Hot dogs, brats or burritos

WiFi Internet Café, Movie Theater, TV Lounge, Snack Bar & Patio, Karaoke and Special Events, Gaming Areas, Xbox, Pool Table, Poker Tables, Conference Room, Children's learning center and more...

United States Postal Service 360-9667

Fountain Post Office 382-4625

Security Post Office 570-5450

Cheyenne Mountain Post Office 570-5472

VETCOM

Vet Treatment Facility NCOI 526-9841

Microchip and register all pets 526-3803

Next CIE**Thursday, 30 August****0930-1100****Location: The Hub****No CIE In July**