



# THE MOUNTAIN POST COMMUNITY INFORMATION EXCHANGE April 2016 Newsletter

## **Commanding General Update:**

- This is the farewell season, the entire Division staff minus G3 will be leaving this summer. Please be patient with us as we are all in transition.
- Candlewood Suites update: He recently visited San Antonio with the Garrison Commander and Deputy Garrison Commander to request additional funds to remodel Candlewood Suites. Fort Carson's PAL development plan calls for a demo and replacement schedule which includes the demolition of buildings 7301 and 7305 starting in December 2016. Construction of the new Candlewood Suites (CWS) is scheduled to begin in March 2017. As the new CWS is being constructed, the demolition of buildings 7302 and 7304 will take place. Fort Carson will be included in the design and review process for the new CWS.
- Fort Carson has received funds and is in good shape this fiscal year. The money received is being put back into training and readiness.
- Please encourage your Soldiers to purchase rental insurance. We recently had two on-post fires and neither family had rental insurance. Balfour Beatty cannot require it but it is a necessity. Lets help our Soldiers make good decisions.

## **Garrison Commander Update:**

- Jimmy John's Grand Opening will be at the end of July. They will be located in building 1515 (old gas station). Firestone Tire will not be moving.
- CWS (123 room hotel) construction will begin early 2017, the hotel will include a swimming pool and a landscape beautification project.
- DMV to open at the Mountain Post Soldier Center building 1525 in Aug.
- Adopt-A-School Recognition Ceremony to be held 16 May, 1000 at the Elkhorn. The Adopt-A-School Program partnered 36 units with local schools, 34 are highly impacted by military students. The Soldiers volunteered time to assist schools with many tasks. The recognition ceremony will honor and acknowledge the time and dedication the Soldiers contributed to their schools support and guidance.

# QUESTIONS AND ANSWERS

## QUESTIONS and ANSWERS FROM THE MARCH CIE

**Question 1:** How do I get information on the Red Cross Babysitting Training?

**Answer -** The Red Cross Babysitting Course is available online at <http://www.redcross.org/take-a-class/course-dowbt00000000000010273>. However, there is a course offered through ACS that is free. {please check with them}

**Question 2:** Where can needle medications be dropped off (i.e. EpiPen) at?

**Answer -** Disposition of sharps and sharps-containing medications (such as EpiPen): the proper disposal process is to put the needle and/or needle-containing medication in a cardboard box (such as a milk carton), tape the entire carton shut securely, and dispose of it in regular garbage.

**Question 3:** The Army is transitioning to a new single portal DOD website designed to make it easier for Soldiers to find the childcare they need, when will Fort Carson gain access to this site?

**Answer -** Anticipated roll out date is end of June 2016.

**Question 4:** Will this site allow for a more convenient "centralized" registration process? This process will help parents gain access to the waitlist and manager their child care needs.

**Answer -** It will not reduce or eliminate any of the processes associated with registration.

# QUESTIONS AND ANSWERS

## QUESTIONS and ANSWERS FROM THE MARCH CIE

**Question 5:** What is going on in the space on the corner of Chiles and Prussmen where the gas station is now?

**Answer -** Jimmy Johns is going into the space where the gas station used to be on Chiles and Prussmen.

**Question 6:** Is there a summer hire program for youth on Fort Carson?

**Answer –** Inquiries will be done and information will be put into next month's Newsletter to try and answer this question.

**Thank you for the great questions**

# QUESTIONS AND ANSWERS

## QUESTIONS and ANSWERS FROM THE FEBRUARY CIE

**Question 1:** Which Pharmacies currently participate in the Over The Counter (OTC) Program (i.e. off-post Military Treatment Facilities (MTF)?

**Answer** - Only the Pharmacies at Evans Army Community Hospital are offering this program.

**Question 2:** Other medications requested to be added to the OTC Medication Program are both Nexium and Zyrtec.

**Answer** - We will certainly look into adding these medications to the program. The process takes some time so I would expect to see possible changes about once a quarter. To order an OTC item, it must be on a DoD contract, if there is not a contract, we can not add it to the program. If the item is on a DoD contract, then the contract must be for items that are packaged as OTC. To check this, the pharmacy would order one bottle/box of the item to ensure the packaging meets OTC dispensing requirements. Once those two issues are resolved, the item must not be overly expensive. Some OTC packaging can cost over \$20 per item or more. Finally, we would need to get with Preventive Medicine and ensure appropriate education is added to the training program for whichever items are added to the program. Our goal is to make as many products available as we can. We hope patients will utilize this program to keep some medications at home so they don't need to come to hospital for minor ailments.

**Question 3:** How often will the classes be for the OTC Medication Program?

**Answer** – Classes will be every two weeks and you can call 719-526-7334 to set those up.

# QUESTIONS AND ANSWERS

## QUESTIONS and ANSWERS FROM THE FEBRUARY CIE

**Question 4:** Please explain the fee schedule and why it is now in effect for the SEC?

**Answer -** MWR is required to meet financial standards to maintain solvency of the fund. User fees are structured to meet cash management goals and for sustainment of MWR programs and operations, and to cover capital requirements. For many years MWR has been able to provide free use of the SEC; however, budget reductions in recent years no longer makes this possible. The Garrison Commander has provided funds to continue to cover the cost of official functions (re-deployments, official military training, change of command, etc.). Official functions at the Reed Special Event Center, McMahan Auditorium and the Freedom Performance Arts Center (FreePAC) are being paid from Garrison funds, all other functions of unofficial nature must be paid by the patron utilizing the facility.

**Question 5:** Is there anything that can be done for the FRG and groups that cannot afford to pay fees but yet are required to hold meetings?

**Answer -** There are many options for FRGs to meet that do not require a fee payment. The library meeting room, DPW meeting rooms, meeting space within unit areas. Meetings that are held in MWR food facilities may have the room rental offset by purchasing food and/or beverages.

# Director and Partner Updates



MEDDAC

## Strong Communities Initiative

*What is it?* Ongoing collaboration of on and off-post public health agencies with the goal of bringing resources to military families in the community, helping manage family stressors

- The Family-Social Resiliency working group (under R2C) has hosted two outreach events in the past month at local elementary schools in the community (>50% military students).
- They have received great support from the school and from ACS/MWR/Evans to provide information, resources, and classes to help military families living off-post.
- Outreach programs help educate beneficiaries about military programs and resources including parenting classes and “seed building” initiatives including “Neighbor Helping Neighbor.”

<https://www.facebook.com/EvansArmyCommunityHospital>

# Director and Partner Updates

## MEDDAC

### Preventive Tests/Exams (HEDIS)

“Help us help you – stay current on these screenings”

- Breast Cancer Screening Mammogram – **57% current**
  - Required every other year, for females ages 40-74

2,024 overdue
- Cervical Cancer Screening Exam (pap) - **64% current**
  - Required every 3 years, females ages 21-64

4,113 overdue
- Diabetes Management Lab Screenings - **84% current**
  - Diabetic patients require annual A1c and LDL tests

242 overdue
- Colorectal Cancer Screening - **73% current**
  - Required baseline at age 50 for both genders:  
Colonoscopy every 10 years, Annual FOBT (Fecal Occult Blood Test),  
or Sigmoidoscopy every 3-5 years. Early Screening  
recommended for African-American's starting at age 45.

1,888 overdue

# Director and Partner Updates

## MEDDAC

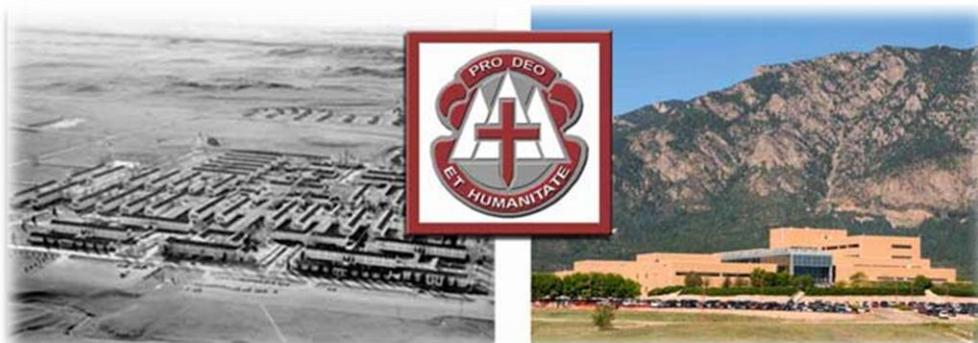
### April and May Health and Wellness Observances

#### April

- Month of the Military Child
- Child Abuse Awareness
- National Alcohol Awareness (BH/ASAP)
- Well Child Education (Population Health)
- STD Awareness Month (Public Health Nursing)
- Sexual Assault Awareness & Prevention (SARC)

#### May

- Mental Health Month
- Asthma and Allergy Awareness
- National Physical Fitness and Sports Month
- May 5<sup>th</sup> – National Hand Hygiene Day
- May 25<sup>th</sup> – National Senior Health and Fitness Day
- May 31<sup>st</sup> – World “No Tobacco” Day

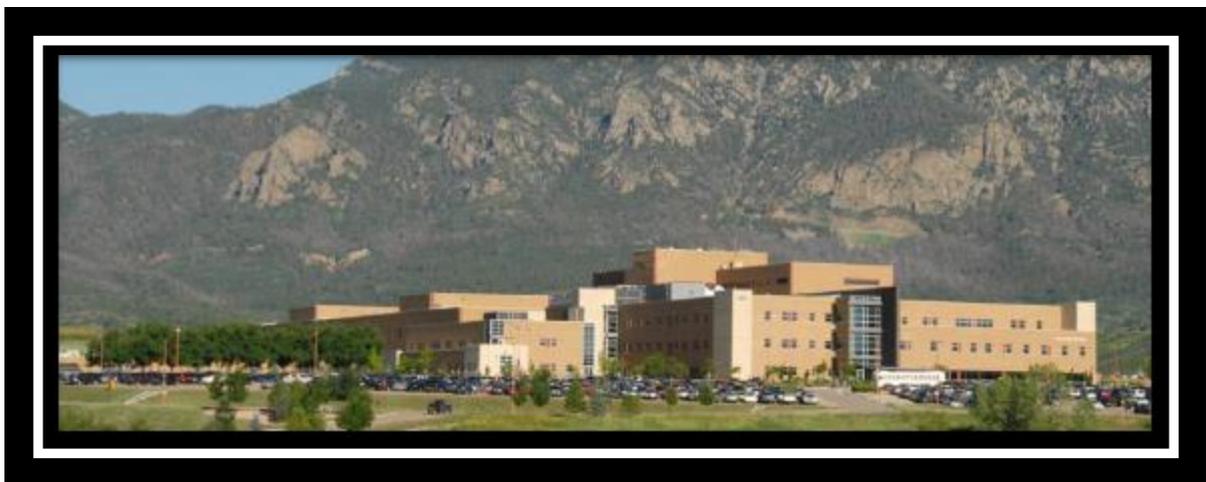


# Director and Partner Updates

## MEDDAC

### Expanded or Upcoming Services

- Evans Army Community Hospital is adding Endocrinology services starting in May. This service is in conjunction with our Disease Management Clinic which manages Diabetes patients. New services will include a Thyroid nodule clinic along with other endocrine diseases.
- It is never too early to plan for summer school physicals. Starting in June there will be appointments available over the summer to book your student school physicals. There will also be a Saturday event planned for August.
- The Physical Therapy Clinic is expanding hours later into the afternoon to meet the community's needs. Clinic now runs from 0600-1700.



# Director and Partner Updates



# DENTAC



## • New Dental Record 603 & 603A

- DA Form 603EF replaced the DA Form 603
- DA Form 603A updated
- Streamlines dental treatment plan and record keeping
- Patient care and referral to specialists will be more efficient

## • Electronic Dental Record

- Electronic Dental Record based on DENTRIX will be phased in throughout the Army over five years starting in 2017

## • Red Cross Volunteer Graduation

- Scheduled for 30 June 16
- Smith Dental Clinic

**1 MEDICAL ALERT**

**2 Treatment needs, dental classes and abnormalities (Complete in PENDING)**

**3 Dental Class 1 2 3 4 (Circle)**

**4 Treatment in PM**

**5 Additional information about Treatment Completed (Complete in PM)**

**6 Patients name (Last-First-Initial)**

**7 Unit**

**8 Date of Birth**

**9 SSN**

**10 Race**

**11 Sex**

**12 Address**

**13 City**

**14 State**

**15 Zip**

**16 Phone**

**17 Email**

**18 Primary Care Physician (Complete in PM)**

**19 Treatment Completed (Complete in PM)**

**20 Additional information about Treatment Completed (Complete in PM)**

**21 Patients name (Last-First-Initial)**

**22 Unit**

**23 Date of Birth**

**24 SSN**

**25 Race**

**26 Sex**

**27 Address**

**28 City**

**29 State**

**30 Zip**

**31 Phone**

**32 Email**

**33 Primary Care Physician (Complete in PM)**

**34 Treatment Completed (Complete in PM)**

**35 Additional information about Treatment Completed (Complete in PM)**

DA Form 603A-EF (Rev. 10-15-10) (DoD Exception to SF 603A approved by OSA Form Management) JAN 2010

# Director and Partner Updates

Directorate of Family & Morale,  
Welfare & Recreation

# FORTCARSONMWR



**Mr. Michael O'Donnell**

**Directorate of Family and Morale,  
Welfare and Recreation (DFMWR)**

**[Michael.j.odonnell.naf@mail.mil](mailto:Michael.j.odonnell.naf@mail.mil)**

**524-0707**



**[Facebook.com/CarsonDFMWR](https://www.facebook.com/CarsonDFMWR)**



**[Instagram.com/CarsonMWR](https://www.instagram.com/CarsonMWR)**



**[Twitter.com/CarsonMWR](https://twitter.com/CarsonMWR)**



**[MWRFortCarson.com](http://MWRFortCarson.com)**

# Director and Partner Updates

Directorate of Family and Morale, Welfare and Recreation

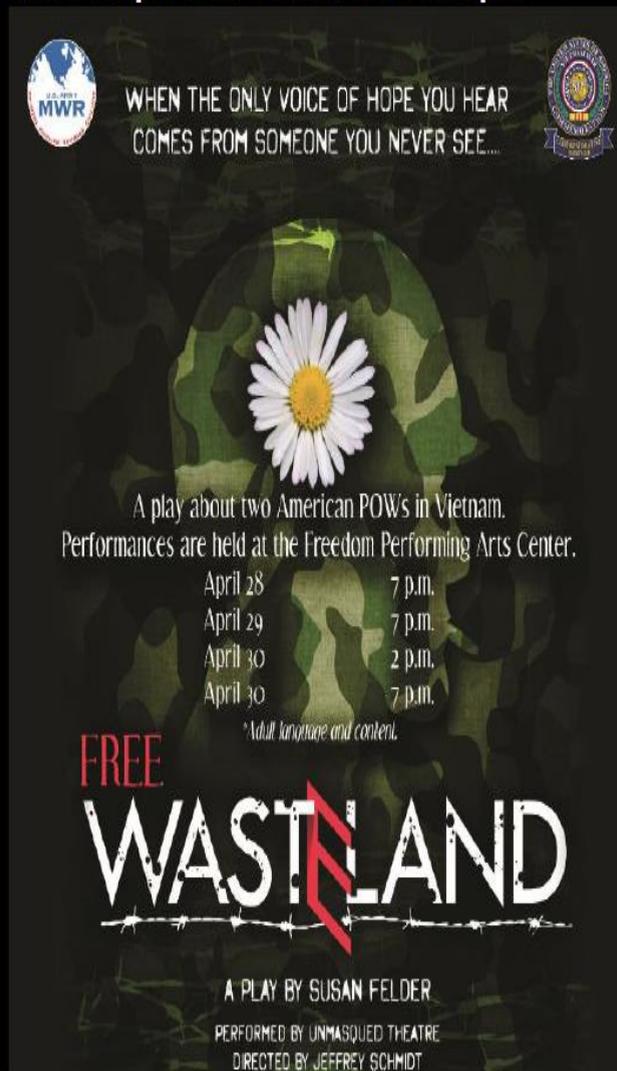
## May Events

### Wasteland

The Directorate of Family & Morale, Welfare & Recreation (DFMWR) in conjunction with the Vietnam War Commemoration Partnership will host the play *Wasteland* at the Freedom Performing Arts Center. The play is based on the interaction of two American POW's being held captive during the Vietnam War. Contains adult language and situations. RSVP to [anne.c.connor.naf@mail.mil](mailto:anne.c.connor.naf@mail.mil) or call (719) 526-4495. This event is free.

**Where:** Freedom Performing Arts Center, 1793 Wallace St., Bldg. 1129

**When:** 1900 28 April, 1900 29 April and 1400 & 1900 30 April



WHEN THE ONLY VOICE OF HOPE YOU HEAR  
COMES FROM SOMEONE YOU NEVER SEE...

A play about two American POWs in Vietnam.  
Performances are held at the Freedom Performing Arts Center.

April 28	7 p.m.
April 29	7 p.m.
April 30	2 p.m.
April 30	7 p.m.

*\*Adult language and content.*

**FREE**  
**WASTELAND**

A PLAY BY SUSAN FELDER  
PERFORMED BY UNMASQUED THEATRE  
DIRECTED BY JEFFREY SCHMIDT

# Director and Partner Updates

## Directorate of Family and Morale, Welfare and Recreation

### May Events

#### Mother's Day Brunch

To provide the Fort Carson community with a Mother's Day Brunch. Menu is: Roast beef tenderloin, ham, Salisbury steak, mashed potatoes, rice, vegetables, salad bar, eggplant parmesan, omelet station, pancakes, sausage links, cheesecake and more. Cost for adults is \$15.95, children 6-12 years \$7.95, ages 5 and under are free. Prepaid reservations are required. Please call 576-6646

Where: Elkhorn Conference and Catering Center

When: 08 May 1030 – 1330



The flyer features a light pink background with a subtle floral pattern. In the top left corner is the U.S. Army MWR logo, which includes a globe and the text 'U.S. ARMY MWR'. To the right of the logo, the text reads 'Prepaid reservations required. Reservations & Pre-Payment due by May 6.' The main title 'Mother's Day Brunch' is written in a large, elegant, cursive red font. Below the title, the location 'Elkhorn Catering and Conference Center' and the date 'May 8, 2016' are printed in a black serif font. The time '10:30 a.m.-1:30 p.m.' is also in a black serif font. Pricing information is listed as '• \$15.95/Adult • \$7.95/Child (6-12) • Free for kids 5 and under'. A central image shows a tall flute glass filled with a golden, bubbly beverage, likely champagne. To the right of the glass, the text 'Give-away prizes & drawings!' is written in a black serif font. Below this, the phrase 'Menu includes:' is followed by a list of items: 'Roast Beef Tenderloin', 'Ham', 'Salisbury Steak', 'Mashed Potatoes', 'Rice', 'Vegetables', 'Salad Bar', 'Eggplant Parmesan', 'Omelette Station', 'Pancakes', 'Sausage Links', and 'Cheesecake'. At the bottom left, it says 'Open to the public.' and at the bottom center, 'Call (719) 576-6646 for reservations and more information.'

U.S. ARMY  
MWR

Prepaid reservations required.  
Reservations & Pre-Payment due by May 6.

## Mother's Day Brunch

Elkhorn Catering and Conference Center  
May 8, 2016  
10:30 a.m.-1:30 p.m.

• \$15.95/Adult • \$7.95/Child (6-12) • Free for kids 5 and under

Give-away prizes  
& drawings!

Menu includes:

- Roast Beef Tenderloin
- Ham
- Salisbury Steak
- Mashed Potatoes
- Rice
- Vegetables
- Salad Bar
- Eggplant Parmesan
- Omelette Station
- Pancakes
- Sausage Links
- Cheesecake

Open to the public.  
Call (719) 576-6646 for reservations and more information.

# Director and Partner Updates

Directorate of Family and Morale, Welfare and Recreation

## May Events

### Spartan

To provide Fort Carson Community and surrounding area an opportunity to participate in an extreme race. There are many types of extreme races being hosted around the world that challenge an individual's ability to adapt, overcome, and persevere. This race will also enhance military fitness. This will be Fort Carson's 4th annual race.

Where : Training Area 7, North Side Village

When : 14-15 May, 0750



**Spartan Race**  
**5<sup>th</sup> Annual**  
**DATE: 14-15 MAY 2016**  
**LOCATION: WILDERNESS RD**  
**REGISTER: [WWW.SPARTAN.COM](http://WWW.SPARTAN.COM)**  
**20% PROMO CODE: CARSON**  
**AROO, AROO, AROO**

SPARTAN RACE  
WILDERNESS RD

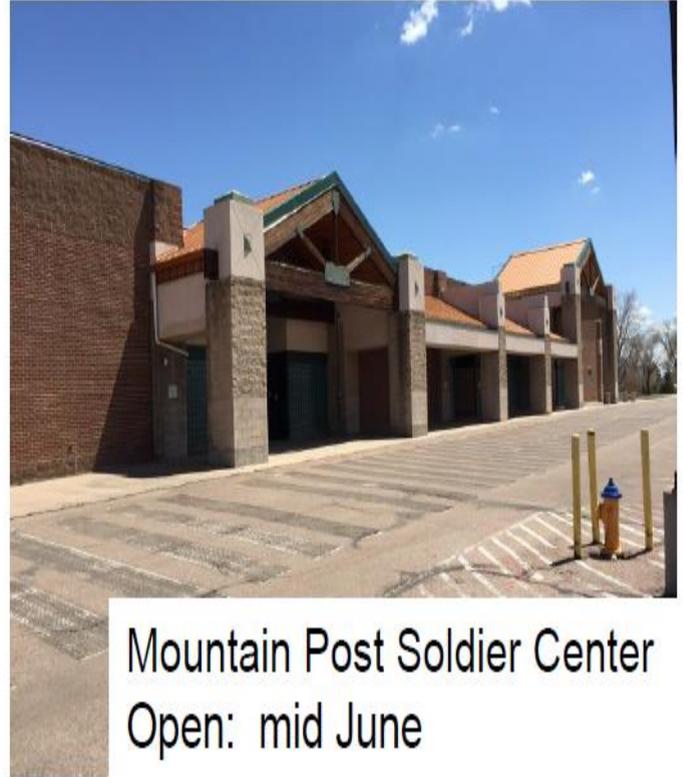
# Director and Partner Updates

## Directorate of Public Works

### CONSTRUCTION AROUND POST



Outdoor Pool  
Open: Memorial Day Weekend



Mountain Post Soldier Center  
Open: mid June



Iron Horse Park  
Open: end of June

# Director and Partner Updates

## Religious Support Office



Fort Carson, CO  
Religious Support Office

### Vacation Bible School

June 6-10, 2016  
Age 4—5th grade ('15-'16 school year)

Pre-Registration **REQUIRED**  
Begin: May 1

Early registration  
For volunteers!

To volunteer:  
Pat Treacy, 719-524-2458

To register:  
heidi.a.mcallister.civ@mail.mil

Sponsored by Fort Carson  
Religious Support Office



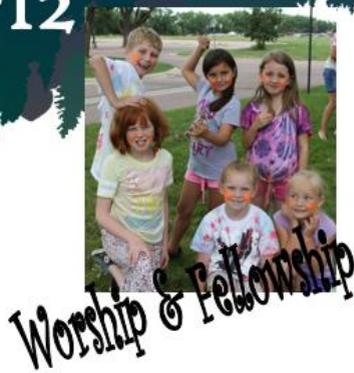
11-15 July, 2016  
0830-1600  
Fort Carson, CO

Registration Opens May 1, 2016      Space limited!

Ages 7-12

heidi.a.mcallister.civ@mail.mil

719-526-5744



# Director and Partner Updates

## Directorate of Emergency Services

### SUBJECT: TEXT-TO-911 IS NOW AVAILABLE IN EL PASO AND TELLER COUNTIES

When an emergency occurs, calling 911 isn't always an option. Residents in El Paso and Teller counties can now send text messages to 911. Text-to-9-1-1 provides accessibility to the hearing and speech-impaired population and provides an alternative to reach help in a dangerous situation when a voice call is not possible or where a voice call fails due to a high-volume of activity. We are pleased that this service is now available however;

**“Call if you can, text if you must.”**

#### How to text-to-9-1-1 in an emergency:

- ✓ Enter the numbers “911” in the “To” field
- ✓ The first text message to 911 should be brief and contain the location of the emergency and type of help needed (Police, Fire, Medical)
- ✓ Push the “Send” button
- ✓ Be prepared to answer questions and follow instructions from the 911 call taker
- ✓ Text in simple words – do not use abbreviations or slang
- ✓ Keep the text message brief and concise

# Director and Partner Updates

## Directorate of Emergency Services

### SUBJECT: TEXT-TO-911 IS NOW AVAILABLE IN EL PASO AND TELLER COUNTIES

#### When to text 911:

- ✓ If you are deaf or hard of hearing, speech impaired, or non-verbal
- ✓ When making a voice call could put you in danger
- ✓ If you are injured and cannot speak
- ✓ If you are in a remote location and can only send text messages

#### What you should know:

- ✓ Photos and videos cannot be sent to 9-1-1 at this time
- ✓ Text-to-9-1-1 will only work in SMS format. A “group text” will cause your message to 911 not to go through. Do not send your emergency text to anyone other than 9-1-1. Do not use emoticons or other symbols and do not use abbreviations or acronyms
- ✓ You may receive a “bounce back” message that says “*For Emergency Only, Text-to-9-1-1 not available*” if a network provider is experiencing technical difficulties, your device is not supported, or you have traveled to an area where Text-to-9-1-1 is not supported
- ✓ You must text from a mobile device with a service plan. You cannot text 9-1-1 with a third party app
- ✓ Please do not text and drive

# Director and Partner Updates

## Balfour Beatty Communities

### FORT CARSON FAMILY HOMES

- CEL: Resident Satisfaction Survey; Kicked off 4/21, current response rate 9.7% as of 4/22, goal is 40%. Great prizes each week
- Annual Fishing Trip: June 18<sup>th</sup>, registration opens early May
- Renters Insurance: Encourage soldiers to have Renters Insurance, recent fire in family housing
- Solar Panels: 60% complete, Solar Panel installation in Blackfoot underway
- GTA II: Earthwork underway, 12 building sites with underground plumbing, concrete work starts this week



# Director and Partner Updates

## Army Air Force Exchange Service (AAFES)



# COMING SOON

to your Exchange

# ANNUAL PET SHOW 2016

Special Appearances by:  
Ft. Carson Vet  
Land of AHS  
Military Police Dogs  
Mutt Masters

Sign up now at the front of your  
Ft. Carson Main Exchange



Pictures of your pet courtesy of HP  
and your  
Ft. Carson Main Exchange

### EVENT CATEGORIES

#### 2016 ANNUAL PET SHOW AT THE FT. CARSON MAIN EXCHANGE

1. Most Fabulous Fella (male pets)
  2. The Loveliest Lady (female pets)
  3. Most Gorgeous Golden Oldie (must be over 7 years old)
  4. Best Trick
  5. Fat Cat
  6. Most Unique Pet (NO dogs or cats)
- Best Pet Smooch Photo Contest (see PowerZone for details)

### Register for Giveaways

Samples by Blue Buffalo,  
Science Diet, Coca Cola and Redbull.  
Hotdogs, Chips provided by your  
Ft. Carson Main Exchange  
(While supplies last)

### MC services by ACS

We will not be able to have  
ferrets, as well as, the following dog breeds on site due  
to breed restrictions in the Ft. Carson community.  
Akita, Chow, Rottweiler,  
American/English Staffordshire Terrier, Bull Terrier,  
Mastiff, Wolf Hybrid, or any other breed with  
dominate traits geared toward aggression.

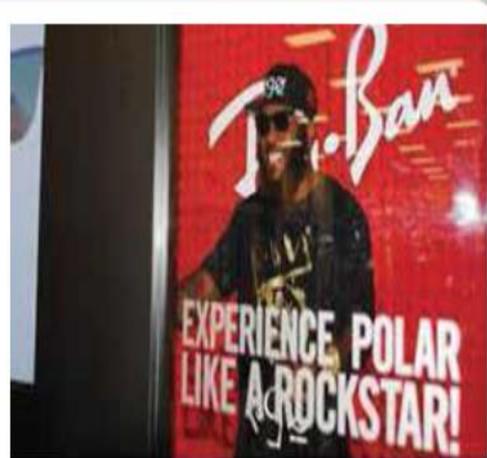
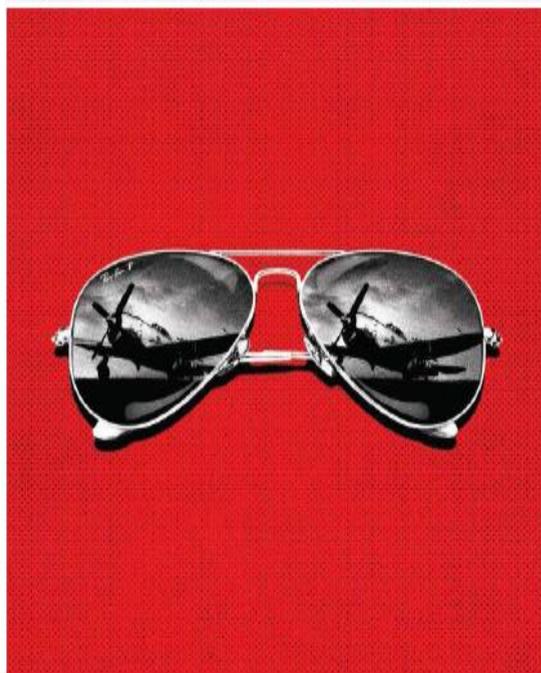
## Pet Show

WHERE: Ft. Carson Main Exchange  
DATE: Saturday 7 May, 2016  
TIME: 1100 - 1400



# Director and Partner Updates

## Army Air Force Exchange Service (AAFES)



### Ray Ban Polar Booth Event

WHERE: Ft. Carson Main Exchange

DATE: May 21st - May 22nd, 2016

TIME: 1100 - 1500



# Director and Partner Updates

Army Air Force Exchange Service  
(AAFES)

Opening Soon on Ft. Carson



Qdoba opening at Triple Food Court.

Jimmy John's opening at BLDG 1515.

Dunkin' Donuts opening at BLDG 5940.

# Director and Partner Updates

## Curator of Collections



# FORT CARSON



## MUSEUM GRAND OPENING ★ LIVING HISTORY

Saturday, June 4th, 2016

9a.m. to 5p.m.

### EVENTS INCLUDE:

- Authentic displays of military equipment, weapons, and vehicles from WWI, WWII, Korea, and Vietnam.
- Talk to interactive living-historians in authentic Allied and Axis encampments.
- Try out working radios in a real WWII command post!
- Kids come test their skills at the practice grenade-toss lane!
- Enjoy demos of authentic weapons and equipment.
  - See, touch, and try on actual military gear from over 100 years old!
- **FREE EVENT open to the public.**

**Bring the whole family!**



**4th Infantry Division & Fort Carson**  
DIV FRPC 503-0025

**Army Community Service (ACS)**

Director 526-0443  
Family Advocacy Pgrm Mgr 526-0445  
Army Volunteer Corps Pgrm Mgr 526-1082  
Family Enrichment Pgrm Mgr 526-0471  
Exceptional Family Member Pgrm Mgr 526-0446  
Survivor Outreach Services 526-0442  
Warrior Family Community Partnership 526-8558  
AFAP / AFTB 526-4590 / 526-8636

**American Red Cross**

526-7144 <http://chapters.redcross.org/co/ftcarson>

**Information:**

Main Office 526-2311  
Hospital Office 526-7144

**Army and Air Force Exchange Services**

AAFES Manager 576-6174

**Army Education Center** 526-4104

**Army OneSource**

303-818-6242 , [www.myarmyonesource.com](http://www.myarmyonesource.com)

Free entrance to CO National Parks with DV ID  
SJA advancements—pro bono benefits

Key Partnership Forum

**Balfour Beatty Communities**

579-1606 Ext.254

**BOSS**

524-2677, Office located at The Hub

**Civilian Personnel Advisory Center (CPAC)**

Fort Carson Employment Information  
Bldg. 1118, Rm. 161 (AF), Rm 106 (NAF)  
526-6972 / 526-0478 / 526-5316

**Colorado Military Family Alliance (CMFA)**

[pcstvnsn@aol.com](mailto:pcstvnsn@aol.com)

**Commissary**

Store Manager 503-8300

**Customer Service Management**

**USAG Plans, Analysis & Integration Office**

Customer Service Manager 526-5638

<http://www.carson.army.mil/cms/>

<https://ice.disa.mil/>

**Directorate of Emergency Services**

Director 526-1453

Non-Emergency/Military Police 526-2333

**Directorate of Family and Morale, Welfare and Recreation (DFMWR)**

Director 526-6452

Complete Calendar at [www.mwrfortcarson.com](http://www.mwrfortcarson.com)

**Business Division Chief** 526-6933

Elkhorn Catering and Conference Center 576-6646

**Sports and Fitness** 526-2151

**Events and Entertainment** Coordinator 526-

4495 [www.facebook.com/CarsonMWRevents](http://www.facebook.com/CarsonMWRevents)

[www.mwrfortcarson.com](http://www.mwrfortcarson.com)

**Directorate of Public Works** Director 526-3415

**Fountain-Fort Carson School District 8**

Superintendent 382-1300

**Military Child Education Coalition/ Parent to Parent**

375-0548. [Co\\_parent2parent@yahoo.com](mailto:Co_parent2parent@yahoo.com)

**Mountain Post Spouse's Club**

[MPSpousesClub@gmail.com](mailto:MPSpousesClub@gmail.com)

**Info:** Submit board position nominations to above email.

**Pikes Peak Area Council of Government**

<http://pikespeak.networkofcare.org>

Military impact planning, Service Directory, Library, Social Networking, Legislate, Assistive Devices, Nation- wide News

**Protestant Women of the Chapel**

[pwocadmin@gmail.com](mailto:pwocadmin@gmail.com),

[fortcarsonpwoc.wordpress.com](http://fortcarsonpwoc.wordpress.com)

**Religious Support Office 526-5279**

**School Liaison Officers:**

School Dist: School of Knowledge, Inspiration, Exploration & Skills Unlimited 524-2896

School Dist: 2, 3 8 11, , 12, 20, 38, 49, 60, 70 12, 526-1101

**Thrift Shop**

Bldg 305 on Tevis St.

Tues-Thurs 1000-1430, and First Saturday of the month Jul – Sep

**USA MEDDAC Fort Carson**

MEDDAC CDR 526-7500

Appointment Line: 524-/526-CARE (2273)

**USO Manager 579-9699**

1625 Ellis St., Bldg 1218

**Information:** Mon-Fri: 1100-2100, Sat: 1200-1800

Lunch: 1100- lunch runs out

Dinner: 1800- 2030, Hot dogs, brats or burritos  
WiFi Internet Café, Movie Theater, TV Lounge, Snack Bar & Patio, Karaoke and Special Events, Gaming Areas, Xbox, Pool Table, Poker Tables, Conference Room, Children's learning center and more...

**United States Postal Service: 1-800-275-8777**

Fountain Post Office 382-4625

Security Post Office 390-3192

Cheyenne Mountain Post Office 635-9486

**VETCOM**

Vet Treatment Facility Appointment Desk:

526-3803/4520

**Next CIE**  
**Thursday, 18 May 2016**  
**Time: 9:00 pm – 10:00 am**  
**Location: The William "Bill" Reed**  
**Special Events Center**