

Army Community Service

Army Volunteer Corps (AVC)

Fort Carson Mayoral Program

Community Information & Referral (I&R)

Employment Readiness Program (ERP)

Exceptional Family Member Program (EFMP)

The Family Connection Center

Bldg. 1354, 6070 Barkley Ave., 526-1070

Family Enrichment Program (FEP)

Army Family Action Plan (AFAP)

Army Family Team Building (AFTB)

Financial Readiness Program (FRP)

Army Emergency Relief (AER)

Mobilization & Deployment Program (Mob)

Military Family Life Consultants (MFLC)

Relocation Readiness Program (Relo)

Soldier & Family Assistance Center (SFAC)

Bldg. 7492, Titus Blvd., 526-5807

Soldier & Family Readiness Program (SFR)

Family Advocacy Program (FAP)

New Parent Support Program (NPSP)

Survivor Outreach Services (SOS)

Bldg. 6250, MeKong Ave., 526-2069



6303 Wetzel Avenue
Building 1526
Fort Carson, CO 80913

Phone: (719) 526-4590

TTY: (719) 526-1949

Toll Free: 1-866-804-8763

Fax: (719) 5236-2637



Website: www.carson.army.mil

(Click on Directorates & Support)

August 2010

ARFORGEN BASED RESOURCE TOOL

For Leaders, Units,
Soldiers & Families



6303 Wetzel Avenue
Building 1526

Fort Carson, CO 80913

Phone: (719) 526-4590

TTY: (719) 526-1949

Toll Free: 1-866-804-8763

Fax: (719) 5236-2637

Website:

www.carson.army.mil

(Click on Directorates & Support)



August 2010

FORT CARSON ARMY COMMUNITY SERVICE (ACS)

What is ARFORGEN?

Army Force Generation (ARFORGEN) is the structured progression of increased unit readiness over time, resulting in recurring periods of available,

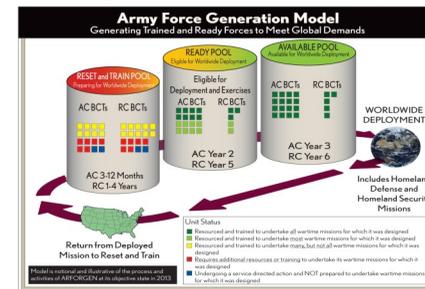


trained, ready, and cohesive units for operational deployments. Operational requirements support the prioritization and synchronization of resourcing, recruiting, organizing, manning, equipping, training, sustaining, sourcing, mobilizing, and deploying cohesive units more effectively and efficiently, by achieving a sustained, predictable timeline to generate trained and ready units.

Army units proceed through the **Reset and Train, Ready, and Available** force pools to meet operational requirements with increased predictability. Units in the **Reset and Train** force pool redeploy, receive & stabilize personnel, reset equipment, and conduct trainings. These units are not available for combat operations. Units in the **Ready** force pool continue mission-specific trainings and are eligible for sourcing *if necessary* to meet joint requirements. Units in the **Available** force pool are in their planned deployment windows, and are fully trained, equipped, and resourced to meet operational requirements.

The ARFORGEN tool allowed the Army to establish objectives for how forces would be built & utilized, giving Soldiers a balance between deployments and stabilization. The Army's intent is to organize, train, equip, source, mobilize, and deploy *whole, cohesive units* that are ready to execute their mission. ARFORGEN is not just about preparing units for deployments, it's about maintaining the quality of life and overall health of our Soldiers.

The Army Community Service ARFORGEN Based Resource Tool provides Leaders, Units, Soldiers and Families an in-depth list of Programs and Services offered at all stages of the ARFORGEN cycle.



CHILD & YOUTH, SERVICES & SCHOOLS (CYSS)

Administrative Office: Bldg. 1217, Rm. 229, Phone: 526-4188

Registration: Bldg. 1518, Prussman Ave., Phone: 526-1101



Full Day Care Centers

East Child Development Center: Bldg. 6058
Phone: 526-5977/5978

West Child Development Center: Bldg. 6060
Phone: 524-0151/0152

North Child Development Center: Bldg. 4355
Phone: 526-3241

Southeast Child Development Center: Bldg. 2765
Phone: 526-3160

Family Child Care: Bldg. 5510 Harr Ave.
Phone: 526-3338/524-4218

Hourly Care Center

Southwest Child Development Center: Bldg. 7790
Phone: 526-2463/524-4218

Family Readiness Group (FRG) Support

Unit Childcare Reservations: Bldg. 1518
Phone: 526-1667

Deployment Respite Hours Reservations: Bldg. 7790
Phone: 526-2463/524-4218

School Age & Youth Programs

School & Youth Liaison Services: Bldg. 1518
Phone: 526-1101

School Age Services (K-5th): Bldg. 5510, Harr Ave.
Phone: 524-2544

Youth Services (6th-12th): Bldg. 5950, Ware St.
Phone: 526-2680

Extra Curricular

SKIES Unlimited: Bldg. 5510, Harr Ave.
Phone: 524-2896/492-5446

Sports, Fitness & Nutrition: Bldg. 5950, Ware St.
Phone: 526-1233

EDGE Adventure (Ages 11-18): Bldg. 1518
Phone: 526-1101/524-1472

HIRED! Summer Apprenticeship (Ages 15-18): Bldg. 5950, Ware St., Phone: 526-2680

RESET & TRAIN PHASE

(Reception - 180 days later)

In the Reset & Train Phase, Soldiers will return from deployment, have some down-time to spend with Families, and will then begin training and preparing to receive the next mission assignment.

Community Information & Referral

*Family & Educational Tools & Information

ACS Director

*ACS Overview

Exceptional Family Member Program (EFMP)

*EFMP Overview

Family Enrichment Program (FEP)

*1SG/Commander Spouses Seminar
*Resiliency Training

Financial Readiness Program (FRP)

*Financial Planning
*Car Buying Workshop

Mobilization & Deployment (Mob)

*Reunion Training
*Spouse Battlemind

*Reintegration Training University (RiU)/Online RiU

*Military Family Life Consultants (MFLC)
*Warrior Adventure Quest

Relocation Readiness (Relo)

*Home Buying Workshop
*Loan Closet
*New Family Orientation
*Sponsorship Training

Soldier & Family Readiness (SFR)

*Kids Chat
*New Commander/1SG Brief
*5 Love Languages
*Cooperative Parenting & Divorce
*Parenting/Nurturing Classes
*Nurturing Baby
*Boot Camp for Dads



READY PHASE

(180 days After Reception - Latest Arrival Date in Theatre)



In the Ready Phase, units begin to train more extensively, and are eligible for deployment. Units begin preparing and planning for a specific mission.

Army Volunteer Corps (AVC)

*Volunteer Management/VMIS/OPOC

Community Information & Referral

*Family & Educational Tools & Information

Family Enrichment Program (FEP)

*Army Family Team Building (AFTB)

Financial Readiness Program (FRP)

*Financial Planning
*Debt & Checkbook Management
*CFNCO Training

Mobilization & Deployment (Mob)

*Spouse Battlemind
*Military Family Life Consultants (MFLC)
*FRSA Training
*FRG Leader Training
*FRG POC Training
*FRG Treasurer Training
*Family Assistance Sheets
*Rear Detachment Training
*Pre-Deployment Training
*Individual Unit Deployment Plan



Soldier & Family Readiness (SFR)

*Kids Chat
*Prevention & Relationship Enhancement Prgm. (PREP)
*Single Parent Resource Guide
*Care Team Training



AVAILABLE/DEPLOYED PHASE

(Latest Arrival Date in Theatre - Reception)

In the Available/Deployed Phase, Soldiers have some down time to spend with Families, and are set to deploy. This Phase continues throughout the deployment, until the unit arrives home.



Community Information & Referral

*Family & Educational Tools & Information

Exceptional Family Member Program (EFMP)

*EFMP Respite Care Program



Mobilization & Deployment (Mob)

*Military Family Life Consultants (MFLC)
*Reunion Training

Relocation Readiness (Relo)

*Multi-Cultural Support Group

Soldier & Family Readiness (SFR)

*Kids Chat
*Mom's Support Net
*New Parent Support Program (NPSP)
*Incident Briefing



ONGOING ACTIVITIES & EVENTS

(Offered at All Stages of the ARFORGEN Cycle)



The following are classes offered by ACS that are helpful in all stages of the ARFORGEN Cycle. Most classes listed in specific Phases of the ARFORGEN Cycle are also available to units on request.

Army Volunteer Corps (AVC)

*Volunteer Recognition Program
*Fort Carson Mayoral Program

Employment Readiness Program (ERP)

*Job Search Orientation
*Introduction to Computer Basics
*Resume Building
*Interview Skills
*Job Fairs
*Educational Scholarships/Grants
*Dress for Success



Exceptional Family Member Program (EFMP)

*EFMP School Advocacy 101
*Special Needs Accommodation Process (SNAP)

Family Enrichment Program (FEP)

*Army Family Action Plan (AFAP)
*Army 101

Financial Readiness Program (FRP)

*Army Emergency Relief (AER)
*Emergency Food Program

Relocation Readiness Program (Relo)

*Citizenship and Immigration Services
*English as a Second Language (ESL)

Soldier & Family Readiness (SFR)

*Infant Massage
*Play Groups
*Military Adoption Fairs
*7 Habits of a Healthy Marriage

