

***APPLYING FOR DISABILITY  
WITH  
THE VA***

**GET A COPY OF YOUR MEDICAL RECORDS!**

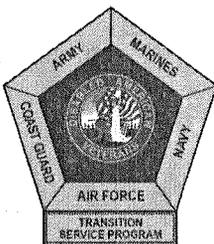
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1. Arrange for your records to be copied (can take up to 6 weeks to get copy).
2. Schedule your retirement/separation (Army) physical (call the TRICARE appointment line).
3. THEN Go to Bldg 1012 (behind the Education Center), first floor, south end
4. Fill out a "Records Request Form"
5. Schedule\* an appointment with the DAV.
6. Show up for your appointment (see reverse).

***\* Schedule your appointment for a time no earlier than 180 days from your official separation from the service—ideally between 60 and 180 days. Ensure you schedule your appointment for a date after you will receive a copy of records.***

***Note: If the size of your medical record exceeds 4 inches, ensure you let the DAV know as this may necessitate a longer appointment.***

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## ***PERSONAL DATA***

THE FOLLOWING PERSONAL DATA IS NEEDED TO FACILITATE THE PROMPT FILING OF YOUR CLAIM. FAILURE TO HAVE THIS INFORMATION AVAILABLE WHEN FILLING OUT YOUR CLAIM WILL DELAY PROCESSING!

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- ***\*ORIGINAL SERVICE MEDICAL RECORD (MED BOARD ONLY—CAN BE PROCESSED WITH A COPY + NARRATIVE SUMMARY)***
  - ***ANY MEDICAL RECORDS FROM CIVILIAN DOCTORS THAT ARE NOT PART OF YOUR SERVICE MEDICAL RECORD***
  - ***THE ORIGINALS (IF AVAILABLE) OF YOUR ETS/RETIREMENT PHYSICAL***
  - ***SOCIAL SECURITY NUMBERS FOR SPOUSE and ALL DEPENDENTS***
  - ***DATE(S) and PLACE(S) OF MARRIAGE(S) and DIVORCE(S), NAMES OF EX-SPOUSES – BOTH YOU and YOUR SPOUSE***
  - ***BIRTHDATES and PLACES FOR ALL DEPENDENTS***
  - ***FOR STEP CHILDREN—COPY OF CHILD'S BIRTH CERTIFICATE and MARRIAGE CERTIFICATE BETWEEN YOU AND SPOUSE***
  - ***IF ANTICIPATING A MEDICAL DISCHARGE, A COPY OF THE MEDICAL BOARD PAPERWORK***
  - ***NAME and ADDRESS OF NEAREST RELATIVE (CAN BE YOUR SPOUSE)***
  - ***ADDRESSES OF DEPENDENTS NOT LIVING WITH YOU***
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**\*Ensure you get a copy of your medical record prior to meeting with the DAV. During that meeting, the DAV will turn your records into the VA or send you to submit your claim - - you WILL NOT GET THEM BACK!**

**Steve Musgrove/Pat Knowlton  
Transition Service Officers  
DAV APPOINTMENTS: 719-524-2346**