

Mountaineering

Vol. 56, No. 31

Published in the interest of the Fort Carson, Colo., community



News

Army employs stricter fraternization rules, officer and enlisted intimate relationships to be prohibited.

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Community

42 summer campers from Child and Youth Services graduate from Gang Resistance Education and Training program.

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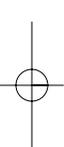
Military

Mountain Post Team Tour at Pinon



Private Peter Estabrook, Company B, 1st Battalion, 12th Infantry Regiment, mounting from his Bradley Fighting Vehicle.

PCMS prep 3rd BCT fo



Commanders



Riggs

“We have a wonderful opportunity to catch live theater, to watch children develop...”

This week, I'd like to highlight a program at Fort Carson that's very successful. We are proud of the School of the Performing Arts and would like to share with you some of the reasons.

The School of the Performing Arts has existed since 1996. Fort Carson's is one of six pilot programs in the Army, similar to a successful program at Heidelberg, Germany. Under the stewardship of Joe Leavell, youth coordinator for Child and Youth Services, and the school's director, Jennifer Kelly, the school has flourished. Since Kelly's arrival in April, the theater has sponsored several appearances and productions. This summer alone, three musicals, featuring Fort Carson's children, have been produced. In June a Missoula Children's Theatre production attracted 120 would-be actors and actresses. In a week's time, our children performed twice for audiences in McMahon Theater. On July 10, a

musical *I Didn't Know That!* featured children from the youth center. Kelly has also arranged for two youth symphonies to perform.

Then, last week, after three weeks of half-day rehearsals, 45 members of the School Age Services day camp appeared in an original musical written by Kelly. Through creative writing, she was able to use all ages of children as the cast grew up on stage, ages kindergarten through sixth grade.

In three weeks, Kelly had a cast of children only a handful with any stage experience at all—dancing, singing and delivering lines.

The school attracted the attention of the Army manager of Music and Theater, Jerold J. Paquette. He indicated that Leavell kept calling, asking for scripts and royalty clearance, and he thought he needed to come to Fort Carson to see what was going on with the theater pilot program here. He said in his 29 years in the business, Fort Carson is one of the most significant new programs he's seen.

Not only did the children have fun doing the musical, they learned some important life lessons in discipline, commitment, responsibility and teamwork. They were exposed to the culture of theater. They discovered they could do a lot of things, if they put their hearts and minds into it. They discovered some hidden talents; and all this within three short weeks!

With limited resources, few assets and creative

partnership, the School of the Performing Arts presented, in Paquette's words, a colorful, credible show.

A surprising positive in the theater's production, was a local television station attended the production, and carried a few minutes of interviews with some of the children in the musical—children making positive, upbeat comments. Those few minutes on the local news were such a compliment to Fort Carson and the viable children's programs we have here.

If there's a downside in all of this—it's the lack of a large audience at the performances. Only a few hundred people attended the evening performance last Wednesday—mostly family members of the cast. The show was a lively hour, filled with singing and dancing, enthusiasm and joy.

Here at Fort Carson, we have a wonderful opportunity to catch live theater, to watch children develop, to encourage them to do good things, to appreciate what they do, and to have a positive impact—and the price is minimal—a couple of dollars for a ticket. Live theater is time better spent than watching television reruns. And there are more productions to come.

Ongoing classes are also part of the theater. Classes in taekwon do, gymnastics, dance and drama meet weekly. Production

Sound Off!

What is the best part about training at the Pinon Canyon Maneuver Site?



Pvt. Peter Estabrook
B 1/12

It's the closest thing to real training; we're having fun while we're doing it.



Staff Sgt. Mark Tatum
B 1/12

The training here will enable us to defeat the OPFOR at



Pvt. Antonio Cowell
C 1/44 ADA

The training space to do all the different drills.



Spc. Higinio Beltre
HHC 1/8th

The terrain is great, and we are away from everything and everybody so we can concentrate without distraction.

Mountain Post Team MVP

This week the Mountaineer recognizes two MVPs for a job well done.

Cheyenne Shadows Golf Course staff

Staff members from the Cheyenne Shadows Golf Course. Mona Johnson, Idalmi Samuels, John Stapleton and Art Chargualaf played major roles in making the June 12, Installation Hail and Farewell a great success. The event was designed to give new arrivals an opportunity to meet the staff and have fun putting and driving

balls.

Army Community of Excellence contributors

Army Community of Excellence contributors were involved in the writing of the Fort Carson 1997 organization self assessment and the interviews for the December site visit here by the Department of the Army ACOE team. Major Gen. John M. Riggs, post commanding general, said these are some of the people who did the work, resulting in Fort Carson's selection

This feature in the Mountaineer will spotlight a soldier, Department of the Army civilian, retiree, family member or volunteer each week for an outstanding act or performance. We need nominations to run this feature every week. Each week, the MVP will be selected from nominations from the Fort Carson community. Nominations should include the person's full name, rank or title, what they did that resulted in the nomination and a phone number where they can be reached. The deadline for nominations is 3 p.m. Thursday for the following week's Mountaineer. Nominations can be faxed to 526-1021 or mailed to:

Mountaineer
Public Affairs Office, Building 1430
Fort Carson, CO 80913-5000.
For more information, call 526-4144.

MOUNTAINEER

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Public Affairs Policies and statements reflected in

Army fraternization policy changes

by Gerry J. Gilmore
Army News Service

Adultery remains unacceptable behavior for service members, while Army officers and enlisted soldiers will be held to stricter fraternization rules, under which those in current relationships may be required to choose between marriage or breaking up, according to a new Defense Department directive.

The directive, announced July 29, tasks the armed services to align their fraternization policies. It also provides additional guidance to commanders on what constitutes adultery, and options available to commanders under the Uniform Code of Military Justice. The directive is a result of studies made by a joint-service task force formed last year by Secretary of Defense William S. Cohen.

From the beginning of this effort, my goal has been to maintain the high standards of U.S. Armed Forces, Cohen said in a July 29 DoD news release. There have been no changes in the Code, and there will be no lowering of standards. The measures I am taking today will clarify the Manual of Courts-Martial provisions relating to adultery and establish uniform service policies and regulations governing fraternization.

Breaches of good order and discipline in the all volunteer force are not widespread, but perceived and actual inconsistencies in poli-

cies and practices addressing those breaches must be remedied. The actions I am directing address those inconsistencies and strengthen the maintenance of good order and discipline that is essential in our military services, he said.

The task force, headed by Under Secretary of Defense for Personnel and Readiness Rudi de Leon, examined whether current policies and practices for maintaining good order and discipline across the volunteer armed forces are fair and effective.

De Leon noted in a memo that all the services were efficiently performing their worldwide missions, it was clear, however, that the services defined, regulated, and addressed relationships between service members differently. These differences result in the same (fraternization) conduct being punished by some services, while being permitted under some circumstances by other services.

While present Air Force, Navy and Marine Corps policies allow no fraternization between officers and enlisted service members, internal Army policy up to now has been somewhat more liberal. That policy prohibits relationships between soldiers of different ranks that

involves or gives the appearance of partiality, preferential treatment, or the improper use of rank or position for personal gain, as well as being prejudicial to good order, discipline, and

high unit morale.

However, it is now up to Army commanders to decide the appropriateness or inappropriateness of officer-enlisted relationships. Seemingly, the consensus across the Army was that it was permissible for officers and enlisted members to date as long as they weren't within the same unit or chain of command. The new directive brings the Army in line with fraternization policies of the other services, which prohibit any intimate relationships between officers and enlisted members.

The Department of Defense has ordered the Secretary of the Army to establish a policy prohibiting personal relationships between officer and enlisted personnel. A Department of Defense study determined that differences between various service policies on this issue was a detractor during joint assignments. As we comply with the Secretary of Defense's direction, we recognize it will take some time for the Army to make this change ... while being fair and sensitive to its soldiers who must adjust to the new policy, according to an official Army statement.

There are currently about 500 officer-enlisted marriages in the Army, de Leon said. Those marriages, he said, would be grandfathered in as the new directive takes effect.

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Cohen

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Presumably, time would be factored in to allow nonmarried officer-enlisted couples to get married or follow another course.

We should make clear that professional interaction between officers and enlisted members is encouraged, de Leon said in his memo.

Similarly, military members should be encouraged to communicate freely with their superiors and subordinates regarding their careers, performance, duties and missions. This type of communica-

tion strengthens morale and improves the operational environment, while preserving proper respect for authority and appropriate mission focus, he said.

Adulterous conduct involving service members remains unacceptable behavior and is punishable under the UCMJ when such conduct harms good order and discipline or casts aspersions upon the services, according to guidance provided by Cohen to the services. The existing definition and elements of proof of the offense of adultery remain unchanged, Cohen said. Those three elements of proof are that:

The accused wrongfully had

sexual intercourse with a certain person;

at the time, the accused or the other person was married to someone else, and;

under the circumstances, the conduct of the accused was to the prejudice of good order and discipline in the armed forces or was of a nature to bring discredit upon the armed forces.

Cohen provided additional guidance to assist commanders and other military members to recognize when conduct is prejudicial to good order and discipline or brings discredit upon the services.

The proposed guidance:

Provides commanders a list

of non-exclusive clarifying factors to assist them in determining whether conduct establishes the elements of proof for the offense of adultery. The list of factors for consideration is not intended to be all-inclusive or to indicate that one factor should be necessarily be given weight above the others and

maintains the commander's discretion to apply the appropriate response from a wide range of potential corrective actions. The response will continue to range from counseling and administrative options to non-judicial punishment and courts-martial depending upon the facts and their impact on unit mission, morale, discipline

Community

G.R.E.A.T. provides life long lessons for youths

by Pfc. Socorro A. Spooner
Mountaineer staff

More than 40 Child and Youth Services summer camp children graduated from the Gang Resistance Education and Training program July 31 at the Child Youth Services building.

The participants were made up of 4th and 5th graders and were instructed in two different class sessions, according to G.R.E.A.T. officer Spc. John Salazar.

The children had to fulfill four requirements to graduate; participate in class, complete a workbook, write an essay and maintain a positive attitude throughout the week, said Salazar.

Once the children completed all of the requirements, they were ready to graduate from the program, said Salazar.

The graduation featured a few musical numbers from the summer camp music class, the two winners of the essay contest and Fort Carson's deputy provost marshal as the guest speaker.

During the graduation, guest speaker Maj. Raymond Bernier, talked to the children who attended the ceremony about gang activity, both on and off post. Emphasizing how G.R.E.A.T. provides a basic education on discovering gangs, Bernier also had an open question and answer session at the end of his discussion. He tested the knowledge of the children who had not yet participated in G.R.E.A.T. about gangs



Photos by Pfc. Socorro A. Spooner

Major Raymond Bernier, deputy provost marshal, talks to the children during G.R.E.A.T. graduation July 31.

and who they could talk to about them.

Throughout his discussion, Bernier re-emphasized to the children how gangs are nothing but problems and he offered a solution to the audience in attendance.

It takes parents, police and teachers to prevent gangs, said Bernier. We can't do it alone.

This is one of the reasons for the program, which was started in

Phoenix, Arizona with the Phoenix Police Department along with the support of the Bureau of Alcohol, Tobacco, and Firearms.

Its main purpose is to reduce adolescent involvement in criminal behavior and gangs.

The children who graduated in these two class sessions received a week long curriculum taught at the 3rd and 4th grade level.

Normally these classes are



Corey Leary shows off his Karaoke talents during graduation.

School of the arts presents musical

by Nel Lampe
Mountaineer staff

A very appreciative audience of several hundred children, mostly from School Age Services, and parents of the 45 children in the cast watched *Hey ... We're Young and Proud*, July 29 at the 10 a.m. performance. Presented by the School of the Performing Arts, the musical was written by the school's director, Jennifer Kelly.

The cast spent less than three weeks, from casting to production. Cast members were attending day camps at School Age Services or the Youth Services Center and auditioned for the production. From the first scene, set on a playground, the production followed a group of children from when they first knew each other through some of the difficulties they faced in growing up.

Interspersed with the lines were several upbeat songs and some fancy footwork. Songs included *Zip-A-Dee-Do-Dah*, *High Hopes* and *Bingo*.

No matter how successful an acting and singing career these would-be thespians go on to, they'll probably never receive more rousing and enthusiastic applause than that given by fellow campers and friends at McMahon Auditorium.

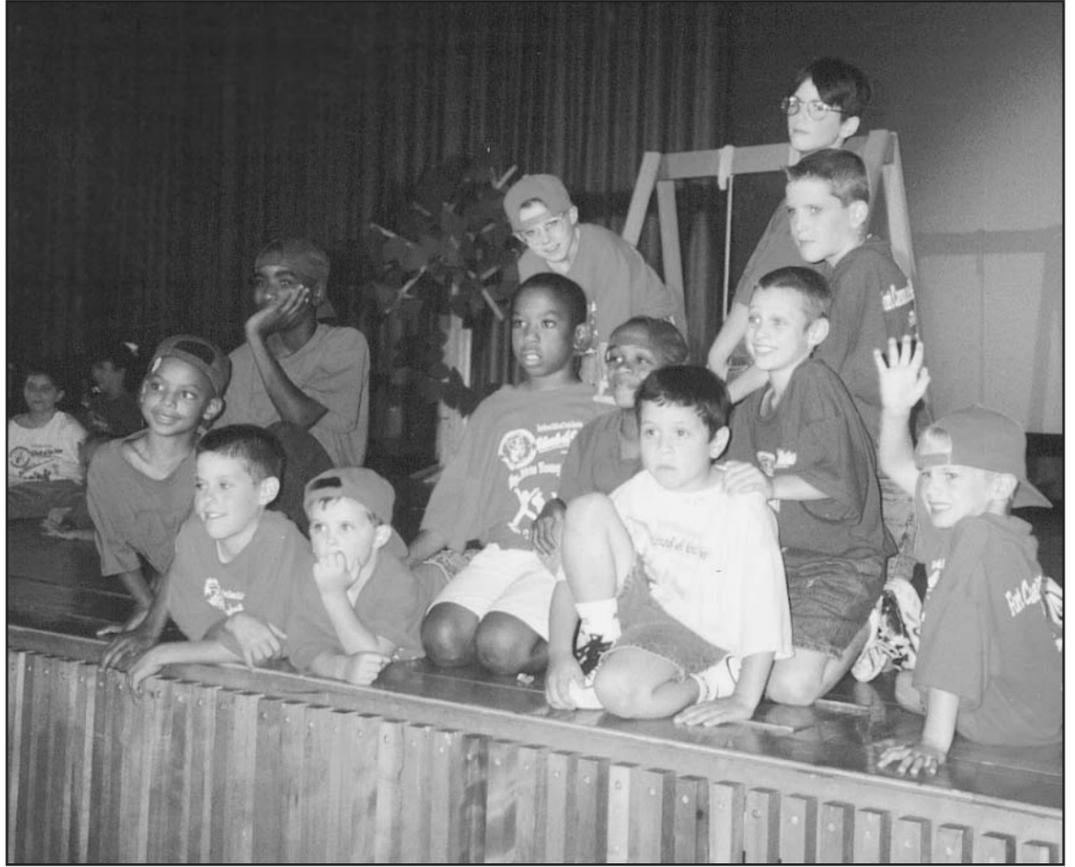


Photo by Shea Jenness

Some members of the cast receive accolades from an appreciative audience at the performance July 29.

Woodcrafters show off furniture-making skills

by Pfc. Socorro A. Spooner
Mountaineer staff

Where can you go to make your own furniture, personalize it and pay a minimal amount out of your pocket?

The answer is closer than you think. The Smith Woodcraft center provides everything you need and more. The center is located at the corner of Wetzel and Mister next door to the Autocraft shop. The center not only provides the wood, equipment and storage space for a small cost, but it also provides technical support to complete any of your furniture dreams.

The only requirement to work in the center is a mandatory safety class offered every Wednesday at a cost of \$1.50. This class provides training on some of the equipment along with effective safety training to prevent injuries



The center provides equipment like band saws to help cut out designs and edge wood.

while working on a project, according to Marc Boyd, instructor and training technician.

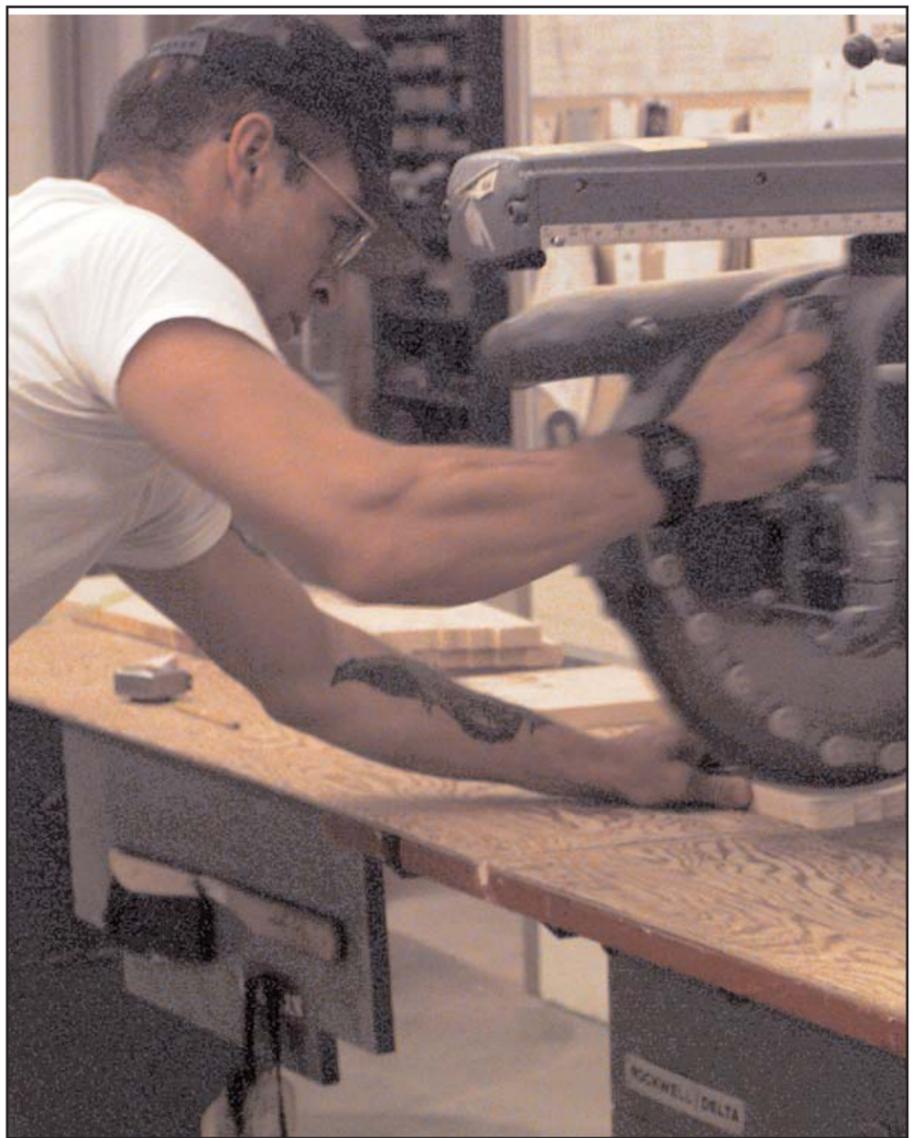
Woodcraft centers are becoming scarce in the Army this is why the center has so many repeat customers, said Boyd. Being able to come and make your own furniture as opposed to shopping the retail market is a big advantage, he said.

The center saves crafters from having to pay high prices for items that can be made for a third of the price, said Boyd.

Not only does the center have beginner and advanced crafters working side by side, there are also women who craft to relieve stress as well as husbands and wives who team up to tackle projects together, said Boyd. The crafters enjoy what they do and keep returning with new projects as their schedules permit, he said. There are even some who come more than four times a week, because they enjoy having the chance to utilize the facility and create their personalized masterpieces.

For example, Cpl. Stephen Jordan, Charlie Co. 1st Battalion 8th Infantry, uses the center three to four times a week and enjoys the opportunity to be creative with all of the projects he attempts. This is one of the reasons Jordan likes creating so many different things for his family like wastebaskets and coat racks.

I like it here because you get



Photos by Pfc. Socorro A. Spooner
Cpl. Stephen Jordan, Company C, 1st Battalion 8th Infantry, creates designs on his southwestern waste basket on a radial saw.

to use everything (equipment) and it's inexpensive, said Jordan.

The crafters are also provided with wood at a fraction of the price on the civilian market as well as a finishing room where they can finish their projects once they're done creating them, according to Boyd. It costs \$1.50 per hour to work in the shop which gives crafters an unlimited access to all of the equipment, said Boyd.

There is also a 25-cent storage fee for everyday a crafter doesn't work on the project he, said.

The center also offers different instructional classes such as a Southwestern furniture class. The center will have a furniture building contest in September. The judging will be conducted September 19 at 9 a.m. The three top winners will win free shop-time hours.

Volunteers recognized for work

by Pfc. Socorro A. Spooner
Mountaineer staff

This summer, 21 Red Cross youth volunteers could be found working throughout Evans Army Community Hospital from outpatient surgery to the records department to the veterinary clinic.

The youths who participated had positive attitudes and a willingness to learn, according to Bethany Bozer, Red Cross volunteer coordinator. The program has only been going on for three summers and it has been a great suc-

cess, said Bozer.

It is a joy to do this during the summer, she said. I enjoy seeing the rewards the youth get out of it.

It is really nice to see how the youth mature through the summer and really enjoy their accomplishments, she said. Many of the youths only began to volunteer because their parents encouraged them to. But by the end of the summer those same youth volunteered not because of their parents but because they really enjoy it, said Bozer.

Then there are those like Shawn Joy 14, who just do it for the experience and for the fun atmosphere.

Joy an outpatient surgery volunteer, enjoys volunteering and has been doing it for the past two summers. Although he is a volunteer, Joy thinks of his position as a real job with real job responsibilities.

I still keep hours and have a supervisor to answer to, said Joy. I've learned a lot of terms, a lot about the job world and how hard



Photos by Pfc. Socorro A. Spooner

Shawn Joy, same day surgery volunteer, prepares a bed for a surgery.

it is on staff for surgery.

I'm planning to be a doctor in general surgery or in trauma, said Joy.

Another youth volunteer Grace Guintebano, 16, physical exams, has also learned a great deal experience this summer. Guintebano worked with periodicals, and Chapter and ETS exams this summer.

I get good work experience and volunteer credit for my college applications, said Guintebano.

Everyone should volunteer before

going out into the real world.

The views of these two youths are shared by all the volunteers in the program, according to Bozer. This is one of the reasons why so many of them also volunteer during school holidays and some will even return for the next summer, she said.

The only requirements to volunteer are: be a minimum of 14 years of age, be able to volunteer for at least four hours on any given days and be up to date on immunizations, said Bozer. There



Grace Guintebano, physical exam volunteer, stamps files for future physicals.

Red Cross Youth Volunteers	
Joyce Alicea	Chris Hall
Shenae Batie	Sadie Jones
Justin Chandler	Shawn Joy
Tim Chess	Stephen Langvardt
Erin Cooper	Keren Otero
Glenn Curry	Suzanna Otero
Jessica Deli	Nick Resty
Jessica Fesler	Gobind Singh
Holly Fuller	Kristen Sobieraj
Grace Guintebano	Daniel Sullivan
	Barbara White

Volunteer Luncheon

Army Community Services volunteers make up a plate at an ACS volunteer lunch Tuesday at the ACS building.



Photo by Spc. Jon Parr

Chapel

An account has been established to receive donations toward the replacement of sanctuary furnishings destroyed during the January fire at Soldiers Memorial Chapel. Send checks or money orders to the chapel or the Installation Chaplain's Office.

A Jewish Military retreat will convene Aug. 14 to 16 in Wimberley, Texas. The retreat will provide a weekend of relaxation, study, and fellowship. For more information and an application, contact Mike Cohen at the Aleph Institute at (303) 321-6663.

Protestant Summer Sunday School is being offered at Soldiers Memorial Chapel in the Chapel Religious Education Wing building 1500 every Sunday from 9:30 to 10:30 a.m. Classes are offered for adults and youth. Group sessions are conducted for children using Christian Videos.

Religious Education Classes need volunteers to serve as teachers and assistants in the Protestant and Catholic Religious Education Programs. If interested, call Miki Feldman at 526-0478.

Chapel Schedule

ROMAN CATHOLIC

Chapel	Service	Day	Time	Location	Contact Person
Healer	Mass	Sunday	11 a.m.	Evans Army Hospital	Fr. Gagliardo/526-7386
Healer	Mass	M - W-F	11:45 a.m.	Evans Army Hospital	Fr. Gagliardo/526-7386
Provider	Mass	Sunday	12:15 p.m.	Barkeley & Ellis	Chap. Cavanaugh/526-5769
Soldiers	CCD	Sunday	10:45 a.m.	Nelson & Martinez	Ms. Feldman/526-0478
McMahon	Mass	Sunday	9:30 a.m.	Bldg. 1517	Chap. Cavanaugh/526-5769
Veterans	Mass	Sunday	8 a.m.	Magrath & Titus	Chap. Cavanaugh/526-5769

Changes in worship services due to the fire at Soldiers Memorial Chapel are denoted in bold type.

LITURGICAL

Provider	Liturgical	Sunday	10:30 a.m.	Barkeley & Ellis	Chap. Brock/526-1473
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PROTESTANT

Healer	Protestant	Sunday	9 a.m.	Evans Army Hospital	Chap. Tarvin/526-7387
Prussman	Prot/Samoan	Sunday	8 a.m.	Barkeley & Ellis	Chap. Hamrick/526-4206
Provider	Sun. School	Sunday	10:15 a.m.	Barkeley & Ellis	Chap. Duvall/526-4416
Provider	Protestant	Sunday	9 a.m.	Barkeley & Ellis	Chap. Stephen/526-4416
Prussman	Sun. School	Sunday	9:30 a.m.	Barkeley & Prussman	Chap. Giles/526-4206
Prussman	Prot/Gospel	Sunday	11 a.m.	Barkeley & Prussman	Chap. Giles/526-4206
Soldiers	Sun. School	Sunday	9:30 a.m.	Nelson & Martinez Dr.	Scheck/526-5626
McMahon	Protestant	Sunday	11 a.m.	Bldg. 1517	Chap. Cooper/526-8011
Veterans	Protestant	Sunday	9:30 a.m.	Magrath & Titus	Chap. J. Hartranft/524-1822
Veterans	Protestant	Sunday	11 a.m.	Magrath & Titus	Chap. Simo/526-8890

For additional information contact the Installation Chaplain's Office, Bldg. 6227, at 526-5209. For information and a schedule of Jewish Sabbath services, call the U.S. Air Force Academy Cadet Chapel at 333-2636. Normally, free child care is available for infants and preschool age children during on-post worship services. Some worship services offer a children's church for ages 6 to 12.

Daily Bible Readings

In order to assist in regular scripture reading, the following scriptures are recommended. These are part of the common daily lectionary which is designed to present the entire Bible over a three-year cycle.

Saturday, Psalms 63 & 2 Chronicles 22-24
 Sunday, Psalms 64 & 2 Chronicles 25-27
 Monday, Psalms 65 & 2 Chronicles 28-30
 Tuesday, Psalms 66 & 2 Chronicles 31-33
 Wednesday, Psalms 67 & 2 Chronicles 34-36
 Thursday, Psalms 68 & Ezra 1-5
 Aug. 14, Psalms 69 & Ezra 6-10

Chaplain's Corner

by Chap. (Capt.) Lawrence Hamrick
1st Battalion 8th Infantry

In Christianity, we kick around the words faith and hope a lot. However, we seldom realize the impact these words should have on us. For instance, let's take the word faith and what it means from a theological point of view.

First of all, faith is not merely wishful thinking. Faith cannot be reduced to phrases like "I hope so" or "I think that this is the case." Carl Barth, perhaps the greatest theologian of the 20th century, said in his book, *Evangelical Theology*, "Faith, therefore, is not hypothetical and problematic knowledge; it should not be confused with mere capacity and willingness to believe. When we look at faith in these terms, we see a substance that is real and not speculative. The historical fact that God came to earth in the person of Christ and did all that he did tells us that our faith is not mere speculation."

I see it this way: anyone who tells me they are going to die in order that I will have life with him or her forever, then dies and comes back to tell me, then that person is more credi-

ble than any other. So you can see why the apostles had such boldness to preach the gospel. It was because they had experienced this very same thing. What is more, they witnessed Jesus going up to their heavenly home to prepare it for not only them, but for all those who accept this gift.

In the present day we want to know, don't we? We want proof of what someone says to be the case. Well, realistically, we can at best either fail to prove or fail to disprove anything experiential. What was experienced by those at the time of Jesus has again and again failed to be disproven by countless skeptics throughout the ages. So, we have the definitive answer to why we have faith and that is that our faith is certain knowledge of the Christ experience.

The second part of our discussion involves the word hope. Now, the normative use of the word hope is that it denotes what we desire to happen. For example, in our desire for better weather we hope that it will be sunny tomorrow. I would contend that if hope is little more than a mere desire, then we are all in for some

disappointment. I would describe the hope of the believer as a longing to endeavor toward living out the Christ experience which is real. Of course this involves persistence and suffering, but it is because of this longing to carry out our endeavors that we are willing to undergo difficulty. The fact that we can endeavor at all comes from the help we receive from the living Christ. Again, I would like to quote Barth from the same book on the chapter entitled:

hope. Barth says, "When theology confesses its own solidarity with all flesh and with the whole world under God's judgment, it receives hope in the grace of God which is the mystery of this judgment. This is a present reality in which theology may also participate and do its own work. The psalmist in Psalms 73:23 says that even though he has trouble, 'Nevertheless I am continually with you.' This statement of the psalmist is proof of the kind of hope that the believer must have. Our hope and faith is a real power in our lives. The gospel of Christ is dynamite; however, we sometimes treat it as though it were dead leaves. This power is to all who believe. How will you handle it?"

Military

Community leaders visit 3rd BCT troops at Pinon Canyon

by Spc. Jon Parr
Mountaineer staff

Community leaders got a birds-eye view of the training conducted by soldiers downrange when they visited the Pinon Canyon Maneuver Site Monday as part of a Mountain Post Team Tour.

Upon arrival, the leaders sat with Maj. Gen. John M. Riggs, post commanding general, for a briefing about Fort Carson, its major elements and the training it conducts.

After the briefing, the leaders asked Riggs about various aspects of the Mountain Post and geared up for a helicopter flight to PCMS.

When the helicopter landed, the leaders were escorted to a seating area to watch a force-on-force battle take place.

Watching the battle take place had Phillip Gutzwiller in a state of awe. He was 16 the last time he saw American tanks, and that was when American Forces came to liberate Europe.

"I remember seeing the vehicles come in with such force and power," he said. "I was in awe then, but they are so much better now. Then to see the Bradley (Fighting Vehicle) is amazing because I remember seeing (General of the Army) Omar Bradley on the cover of the newspapers."

When the battle finished, Riggs joined the leaders for a military treat. Each person was given a Meal, Ready to Eat and chili macaroni, chicken with spanish rice and ham slice became popular choices for lunch.



Community leaders watch a battle downrange through binoculars

John Califano, Pueblo Military Affairs Committee, found his meal quite enjoyable.

"When I was in the Navy, it was nothing but C Rations. It's remarkable how far military food has come," he said.

Califano found the tour pleasant as well.

"It's really great to see the GIs taken care of," he said. "I think this tour is great because it lets people see what's going on in the military."

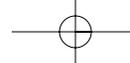
"People see what the military does on CNN, but they don't realize how important the training is until they see it in person. Until people experience the military, they don't know what freedom is."

After finishing the tour, the leaders were briefed about the importance of environmental precautions to protect and serve the wildlife and natural resources.

The final part of the tour was a walk through the vehicles and weapons area at PCMS.

There was no live fire around and on several occasions, an M109A6 Paladin, an M1A1 Abrams Tank, and an M109A6 Paladin were visible.

After a day of military activities, the tour was a success for another tour.



3rd BCT—

From Page 1

Whenever the terrain changes, everything changes, Jones said.

When companies move to different locations here, they are forced to learn new terrain. When we go to NIC, the terrain will be new, and the same goes for war when we are deployed to another country.

We could conduct similar training at Sullivan Park at Fort Carson, but everyone there knows the terrain and it is not as effective as the training taking place here.

Although the mechanized infantry soldiers are receiving advanced training, so are the support units involved.

They must keep the communication lines up for the entire task force as well as keep the supply lines moving. They aren't killing the enemy tanks with their own hands, but without them, the infantry would be in a world of hurt.

The support units keep everything together, Jones said. They are receiving extensive training as well. They are forced to stretch their limits and Pinon Canyon is the only place besides NIC where they are forced to do that.

Several factors make PCMS a unique place to train. More than 230,000 acres of land and unfamiliar terrain give soldiers a different outlook, but the isolation and real-war scenario make it fun for the soldiers, Jones said.

This is what everybody joined the Army for, Jones said. It is great out here; reenlistment is up and soldiers are happy.

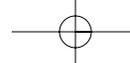
The soldiers are enjoying their deployment at NIC, but Jones said the training at PCMS is essential for NIC.

Without Pinon Canyon, we wouldn't do nearly as well at NIC. NIC is a training tool and we are

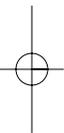


Bradley Fighting Vehicles and tanks roll through the terra firma at the search of the enemy.





FEATURE



Courts-martial

A private assigned to the 3rd Brigade Combat Team was charged with conspiracy, breaking into the barracks room of another soldier, stealing that soldier's private property, wrongful possession and use of a controlled substance, and AWOL terminated by apprehension. The private was convicted at a general court-martial and sentenced to be reduced to the grade of E-1, forfeiture of all pay and allowances, confinement for 27 months, and a bad conduct discharge.

A private first class assigned to the 10th Special Forces Group (Airborne) was tried by a general court-martial for wrongful use of a

controlled substance, wrongful distribution of a controlled substance to others, and communication of a threat to get those responsible for his arrest. At trial, the soldier pled guilty to the charges. He was sentenced to be reduced to the grade of E-1, to forfeit all pay and allowances, to be confined for 10 months, and to be discharged with a bad conduct discharge.

A private assigned to the 3rd Armored Cavalry Regiment was tried by general court-martial for going AWOL on two occasions, disrespect towards a commissioned officer, two disobedience of the orders of commissioned officers, false official

statement, and the wrongful disposition of military property. The private pled guilty to all of the charges and was sentenced to be reduced to E-1, to forfeit all pay and allowances, to be confined for nine months, and a bad conduct discharge.

A private assigned to the 10th SFG pled guilty at his general court-martial to wrongful use of a controlled substance on two occasions, wrongful distribution of a controlled substances on three occasions, and communicating a threat. He was sentenced to a bad conduct discharge, forfeiture of all pay and allowances, reduction to E-1, and 16 months of

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Dining schedule

- 3rd ACR Patton House (building 2161)
- 3rd ACR CAV House (building 2461)
- 3rd BCT Iron Brigade (building 2061)
- 3rd BCT Mountaineer Inn (building 1369)
- 43rd ASG Cheyenne MTN Inn (building 1040)
- 10th Special Forces Group (building 7481)
- Butts Army Airfield (building 9612)

Dining Facility Closures

- 3rd BCT Iron Brigade Closed now to Aug. 23
- 3rd BCT Mountaineer Inn Closed now to Aug. 20
- 3rd ACR Patton House Closed now to Aug. 16

Weekday/duty day standard hours

	Mon., Tue., Wed. and Fri.	Thurs.
Breakfast	7:30 to 9 a.m.	5:30 to 7 a.m.
Lunch	11:30 a.m. to 1 p.m.	12 to 1:30 p.m.
Dinner	5 to 6:30 p.m.	4 to 5:30 p.m.

Weekend, holiday

	fa
<i>Standard meal</i>	
Brunch	9 a
Supper	3:3

- 10th Special Forces Group meal hours are the same Mon. to Fri., but do not apply on Thursdays.

- Butts Army Airfield is open for breakfast and lunch only.

The 3rd ACR CAV House, 3rd BCT Iron Brigade and 43rd ASG Cheyenne MTN Inn are the only dining facilities open on weekends, holidays and after hours. The Mountaineer Inn, however, has breakfast and supper meals.

CSRS, FERS each have positives, n

Army News Service

This is the final part of a series on differences between CSRS and FERS.

Social Security

Security is a complex system based on a premise. During working years, you and employers pay taxes into the system. When your employee earnings stop or are reduced due to retirement, disability or death, you are paid to the retiree or his or her survivors. For the sake of simplicity, this section provides a quick rundown of eligibility for Social Security retirement benefits.

To be eligible for Social Security retirement benefits, you must have at least 40 quarters of Social Security coverage. (Fewer quarters of coverage are required for those who were born before 1950.) In other words, you must have worked or jobs for at least 10 years during which you paid Social Security taxes. Time under CSRS definitely does not count toward your Social Security eligibility, but time covered by CSRS Offset; time covered by FERS employees pay Social Security taxes.

If you retire without meeting Social Security requirements, you will never receive Social Security retirement payments. Any Social Security taxes you paid in the past would be lost, and there is no provision for recovering these pay-

ments. Those who are short of the quarters they need for Social Security coverage, and who hope to receive Social Security payments, may be able to pick up the needed quarters by transferring from CSRS. But making the switch may not be a good idea if you already have enough quarters for Social Security payments; if you can pick up the quarters through CSRS Offset after retiring under CSRS; or if you know you will never qualify for Social

Security. In some cases, switching to FERS and picking up Social Security coverage can lessen or eliminate the impact of the windfall elimination provision. This provision reduces Social Security retirement payments to those who have "substantial" earnings under Social Security for 30 years, and who receive a retire-

ment benefit from a system not covered by Social Security, e.g. CSRS.

A complex formula is used to figure the reduction in payments mandated by the windfall elimination provision. Basically, you need 21 years of "substantial" Social Security coverage to make a serious dent in the provision's impact, and 30 years to cancel it entirely and receive full benefits.

You can find out how many Social Security quarters you've earned in the past, along with an estimate of retirement benefits, by requesting a Personalized Earnings and Benefit Estimate Statement, or PEBES, from the Social Security Administration. To request a PEBES, call the Social Security Administration at (800) SSA-1213, or visit the SSA public Web site at "www.ssa.gov." The Web site contains information on how Social Security benefits are calculated and at what age you are eligible to receive them.

The Thrift Savings Plan

Thanks to a booming stock market, many federal employees have seen their Thrift Savings Plan accounts grow substantially in the past few years. Some observers feel that the lure of big TSP earnings will lead a number of employees to switch from CSRS to FERS. But before you make the switch, consider these facts:

- Past performance never guarantees future results. Those who are in the market through TSP and other investments must be willing to ride out both the lows and the highs. If you can't tolerate risk, staying in CSRS may be your best bet.
- The Thrift Savings Plan is not a "get rich quick" scheme. It's designed as a long-term retirement savings program for those who can invest some of their own money a little at a time.
- Unless you have substantial outside investments or wealth, you must contribute your own money to your TSP account if you are covered by FERS to enjoy a comfortable retirement. Stay in CSRS if you lack the means or discipline to save.
- Remember, you can open and contribute to a TSP account if you are covered by CSRS. Your return won't be as great, though, for the reasons outlined below.

Just as FERS is made up of three components, the Thrift Savings Plan is made up of three funds: The C Fund, a common stock fund that is coming off two straight years of record returns; the F Fund, a bond index fund made up of high-quality, fixed income securities; and the G Fund, a U.S. Treasury fund made up of short-term, non-marketable government securities issued especially for TSP investors. In terms of risk and reward, the C Fund offers the highest potential returns but also the greatest risk; the F Fund is super-safe, having never posted a loss any month while plodding along at a relatively low rate; and the G Fund is somewhere in between.

In about two years, the C, F and G Funds will be joined by two new funds. The S Fund will be made up of small-capitalization stocks traded on domestic markets, while the I Fund will be made up of international securities traded on overseas markets. If history is any guide, the S and I Funds will offer even greater risk, and potentially higher returns, than the C Fund. The addition of the funds will enable TSP investors to further diversify their investment portfolios.

Contributions to a TSP account can be made through payroll deduction only, meaning that only active employees can make payments into their accounts. You can put up to 5 percent of your basic pay into your TSP account if you are covered by CSRS, and up to 10 percent if you are covered by FERS.

Along with a higher contribution limit, FERS employees also receive a matching government contribution. Even those who choose not to contribute nothing receive a matching contribution equal to 1 percent of pay that is placed in their TSP account set up in their name.

If you do contribute to your TSP account, your contribution is matched dollar for dollar up to 3 percent of your pay, and matched 50 cents on the dollar for the next 2 percent. After that, your contributions are no longer matched. Add it all up, and the matching government contribution has a maximum limit of 5 percent.

You decide how the money is allocated among the C, F and G Funds. You can change the way you allocate your payroll contribution, or change the amount of that contribution, during

Sports & Leisure

Personal trainer helps dreams become reality

by Walt Johnson
Mountaineer staff

Jacquie Aaron can be found at the many fitness centers on post working out like a person possessed with physical fitness and training for herself and for the people who will eventually come to her to seek her expertise.

That expertise is as a personal fitness instructor who has accomplished amazing results for her clients

Aaron was a typical teenager, playing



Jacquie Aaron does a partner assisted stretch with Lisa Whitfield.

softball, basketball and running track as a young girl to stay out of trouble. She also ran track and played basketball when she was a member of the Air Force.

That isn't what turned this extraordinary trainer to her craft, instead it was an injury that got her to consider what is now a blessing for her and the clients she trains.

I got into personal training by accident. I was a martial arts instructor in kung fu. After I sustained a knee injury while I was overseas, I began working on a weight-training program. I didn't know much about weights. A friend of mine suggested that I start weight training to strengthen my knee, so I naturally wanted to learn how to do the exercises, Aaron said.

She learned so much about weight training and she got a chance to help her unit maintain its readiness.

My first sergeant noticed how much I enjoyed keeping myself in shape and he sent me to Fort Benjamin Harrison to the

Master Fitness Trainer Course in 1988. I became the master fitness trainer for my company. Then people started coming to me on an individual basis to help them with weight loss. My first client was a chief warrant officer that I helped lose 52 pounds and he got down from 32 percent body fat to 17 percent, Aaron said.

Aaron said she credits her ability to train both men and women effectively is to understand what each gender wants and needs from a personal trainer.

Training men and women is equally challenging, but different. Most men want to build muscle. Most women want to be firm and lean. What I find the same, is both are temperamental.

Aaron said she has one other character trait that helps her be the best personal trainer she can be.

I am a people person. Everyone is put on earth for a reason and I think my calling is to help other people. Personal training for



Jacquie Aaron shows young bodybuilder proper lifting techniques with a set of dumbbells.

Photos by Walt Johnson

On the Bench

Anderson wins silver medal at Goodwill Games



by Walt Johnson
Mountaineer staff
World Class
Athlete Program
boxer Olanda Big O
Anderson earned a silver medal at the Goodwill Games in New York City after he was

outpointed by Cuban boxer Isael Alvarez 12-6 in the light heavyweight bout. Anderson, the nation's top ranked amateur light heavyweight, got to the championship fight after defeating Russian Denis Lebedev in a quarterfinal match.

Anderson knew he would be in a good battle against the gold medal winning Cuban fighter after his quarterfinal victory. Russians are always tough, Thomas said. The Russians and the Cubans are on the same playing field. They're both technical fighters. His words came true as the Cuban boxer won the gold medal.

Another WCAP boxer didn't fare as well, but still had a good showing at the Games. Flyweight John Medina reached the quarterfinals of the Goodwill Games after scoring a victory over world championship bronze medalist Omar Narvaes of Argentina 9-8. In his quarterfinal bout Medina had difficulty adjusting to the awkward style of Kazakhstan's Yersin Jailauov, who bloodied Medina enroute to his victory.

Anderson and Medina were joined at the Games by Spc. Dawn Burrell who finished fourth in the long-jump competition just one inch off the third place finisher. Look for in-depth features on all the Goodwill Games participants in future editions of the Mountaineer.

Medical Department Activity to sponsor 50-mile relay race

The U.S. Army MEDDAC unit will sponsor a 50-mile relay race here on Aug. 29 at Evans Army Community Hospital. Pre-registration is currently taking place at the hospital.

Runners who register before the day of the race will pay a \$15 fee while those registering the day of the race must pay \$18.

For all registered runners, there will be a free pasta dinner at the hospital's dining facility Aug. 28 beginning at 6 p.m. Also included in the registration is a T-shirt, certificate of completion and medals and trophies for the winners, according to race organizers.

The 50-mile relay race is open to teams which can have up to eight runners running any distance the team chooses.

The race is scheduled to begin at 6 a.m. and is scheduled to end at 3 p.m. with awards and a closing ceremony. For more information contact Capt. Kim Johaneck at 526-3077.

Volksmarch club schedules moon-light walk

The Falcon Wanderers Volksmarch Club of Colorado Springs will sponsor a full moon night-walk starting between 5 and 7:30 p.m. today. The 5 km (3.1 miles) and 10 km (6.2 miles) volksmarch (non-competitive walks) are free and open to the public. The walks will begin at Bethel Lutheran Church, 4925 Farmingdale Drive.

Children under 12 must be accompanied by an adult, pets must be leashed and strollers can complete the courses with some difficulty. For more information, contact Harry WOODCOCK at 574-0727.

Also, the club will sponsor a 5 km (3.1 miles) and 10 km (6.2 miles) volksmarch and a 25 km (15.5 miles) bicycle event Saturday at the picnic grounds on Peterson Air Force Base. Participants may start the race anytime between 7:30 and 11:30 a.m. The rules are the same as for the event today for the walkers.

All bicycle participants under the age of 18 must be accompanied by an adult or legal guardian and have bicycle helmets, which are mandatory at Peterson. For more information, contact Kevin Ross at 597-5469.

Pride Soccer Club seeking players for boys soccer teams

The Pride Soccer Club of Colorado Springs is looking for boys, born between Aug. 1, 1985 and July 31, 1986, to play on one of their competitive soccer teams for the upcoming fall and spring seasons.

According to Pride officials this is a great opportunity for young men to play competitive level soccer. The Pride plays in the Colorado State Youth Soccer Association. The games are usually played each Saturday once the season begins. The season consists of 10 games. Five games are at home and five games are away, usually in the Denver area.

The fall season is scheduled to run from Aug. 22 to Oct. 31. The spring season will begin sometime in March.

Cost for participation is \$110 per person. Anyone interested in further information can contact Bob Kimsey at 535-6754 at work, or 594-0787 at home. For more information on other soccer playing opportunities for boys and girls call 597-6700.

Armed Forces Softball tourney begins Aug. 19 at Fort Carson

The Armed Forces Softball championship will be held at the Mountain Post Sports complex Aug. 19 to 21. The tournament features players from the Air Force, Army, Marines and Navy. The first game in both the men's and women's brackets is scheduled for 10 a.m. In the men's game, Navy will meet the Air Force. On the women's side, the Marines will meet the Army. The Army men's team will meet the Marine Corps in the second men's game of the opening day.

Activities will begin at the softball complex at 9 a.m. with welcome remarks from Maj. Gen. John M. Riggs, post commanding general.

All-Army softball team tryouts begin Sunday at sports complex

The 1998 All-Army softball team will be at Fort Carson beginning Sunday. Anyone who would like to see if they can compete for

Post soccer team falls in State Cup 98 competition

by Ben Stancati
Soccer coach

The Fort Carson soccer team got as far as the quarterfinals of the State Cup 98 tournament but for this year that will be as far as the team can go.

The post team reached the quarterfinals after losing a heart-breaking game to Pikes Peak Community College Saturday, 2-1. However, all was not lost for the post team as the one goal against PPCC was enough to

give the team the number one seed in Group B.

Sunday, the post team found themselves matched against Colorado Springs city league rivals Dublin House and fell, 3-2.

In the game on Saturday, the post team fell behind 1-0 and never could recover to tie or get a lead. Sunday, the post team fell behind by two goals and couldn't recover to get a victory in that game either.

The post team was disap-

pointed by their showing in one regard, not winning the title. But they also felt they had a great effort, going 2-2 in state level play, placing number one in their group and qualifying for the playoff round. This was a significant improvement over last year for the post team which did not win a match and placed near the bottom of the seeding chart.

The tournament is the last major event for the post team for the 97/98 soccer season.

The post team is currently in the process of expanding its program to include an A and B team. The B team will be the developmental team for the people that are good solid players but are not ready for Division 1 amateur level play. The B team will play an eight match schedule on thursdays during league play against the CS City League Division two teams.

Training days for the next

July 4th 10 km- race results

Editor's note: The race results for the 10 km run held here July 4 were inadvertently left out of the newspaper. Due to other news items, we haven't been able to post them until today.

Men

17-24

1. Jeff Brueckner
2. Richard Willey
3. Geoff Morrison

25-29

1. Thelmar Wilson
2. Thomas St. John
3. Shawn Mertens

30-34

1. Brian Petit
2. Ken Poplick
3. Steve Knox

Bush

Women

17-24

1. Brigitte Nettesheim
2. Holly Flores
3. Johanna Gabriel

25-29

No
Participants

30-34

1. Jane Schillaci
2. Carolyn Lynn
3. Angelica

35-39

1. David Meyer
2. Ron Dean
3. Jim Adcox

40-44

1. Mike Tarvin
Richardson
2. David Baker
3. Michael Kaznierski

45-49

1. Stan Richardson
2. Michael Finnegan
3. Les Lundin

50-54

1. Bob McBride
2. Phillip Nelson
3. Ray Gentilini

35-39

1. Melanie Thompson
2. Shannon Huaracha
3. Linda Meyer

40-44

1. Georgann

2. Carmen Williams
3. Brenda Demars

45-49

1. Chris Ortega

55-59

No
Participants

Commentary

I almost lost the will to go on — then it happened

by Walt Johnson
Mountaineer staff

I need to be more honest than I have ever been with the readers of the Mountaineer in this column,

and I hope when you finish reading this, you will feel my pain and share in the delight of what is so far a happy ending.

Life ceased to be fun for me around February of this year, and I really had a hard time figuring out if I wanted to go on with life as it was. What was really troubling was I looked at the calendar and I knew it would be at least six months before my ailment got any better, if then. I also knew there was a chance my situation would not get as good as it was before February, and I couldn't think about life being worse than it was on that February morning.

All was not right in the world and I didn't know what to expect next. It was worse than the day my doctor told me I had to stay away from caffeine products. It was worse than being declared legally dead although you are still alive and breathing. It was worse than

being alone on a desert island with nothing but rap and/or country music to listen to.

Alas it was the end of the football season and I wasn't handling it very well at all.

Last year was one of the best football seasons I experienced in some time for many reasons, but none was better than the fact the Dallas Cowboys didn't make the playoffs. Make no mistake about it, any time the Cowboys lose a game it is cause for a national celebration in my opinion, and there were a lot of holidays last year. The Boys couldn't overcome their 13-3 record (13 indictments, three convictions) and finished 6-10 (ah, it feels good to type that), losing out on the playoffs. Not even the fact that none of my favorite teams got past the first round of the playoffs could dampen my enthusiasm of knowing the

Boys would be home for the playoffs. Not only that, there is a good chance it will be quite a few years before they are any where near the playoffs again. Nothing in this world, OK, there are a few things, gives me more pleasure than the thought of a football playoff season without the Cowboys involved. Yes, life was just fabulous between August and January of last year.

But as always, I somehow found a way to get over my blues and I made it to Aug. 1 and I felt reborn. Yes, football was back and not only one game but two games were on television. Man, was I in hog heaven!!!

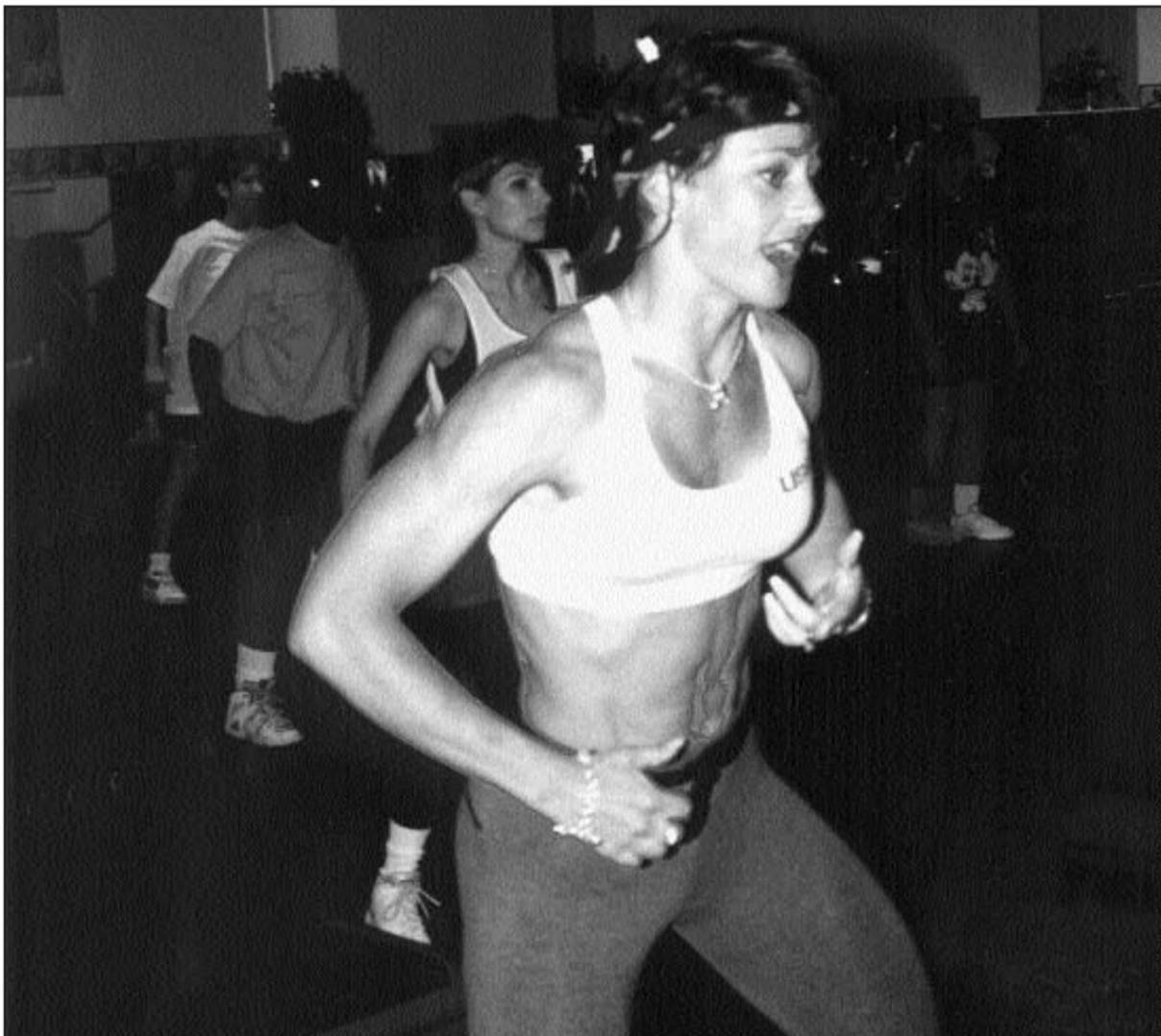
Now grant it none of the teams that played on Aug. 1 were my favorites (except of course if they are playing the Cowboys), but it was football, and I saw almost every minute of it. When the Pittsburgh Steelers place kicker put the ball on the tee and kicked off to the Tampa Bay Buccaneers return man Jacques Green, I remember thinking to myself, you can't have much more fun than this—and it was both legal and moral. But I will tell you, now I am once again back from the list of people who don't have hope, all is well in the world again, almost.

I now can turn my thoughts and attention to feeling sorry for another group that will spend as much time wallowing in pity for the next six months that I spent over the last six months, the football widows, named as such because they lose their husbands for the season.. To you I wish to express my sincere regret, but this too shall pass and you can be happy again

New aerobics classes at Forrest Fitness Center

photo by Walt Johnson

Christine Schlacter leads the Monday night aerobics class in a work out. The Forrest Fitness Center has hired two new fitness instructors and added more classes. The schedule for aerobic classes at the fitness center is: Monday, Wednesday and Friday with Mary Orange from 5:15 to 6:15 p.m.; Monday and Wednesday from 6:30 to 7:30 p.m. with Schlacter; Tuesday and Thursday from 4:20 to 5:20 p.m. with Elizabeth Casciaro and Tuesday and Thursday from 5:30 to 6:30 p.m. with Inez Horn. Each class cost \$1 per session. For more information on aerobic classes at Forrest Physical Fitness Center, call 526-2706.





Courtesy photos

The Mind Eraser suspends riders from an iron-clad looping track at speeds of more than 60 mph.

Chills and thrills

Denver amusement, water park a roller coaster ride for all

by Nel Lampe
Mountaineer staff



Elitch Gardens has been around for more than 100 years.

It all started as an apple orchard (then on the outskirts of Denver), when John and Mary Elitch added public picnic areas and ball fields. The next year, a theater was added, which attracted actors of national fame during its 96 years of operation.

The recreational area continued to grow, and in 1925 a handcarved carousel of 67 horses and chariots was added. The Trocadero Ballroom was a popular ballroom dancing spot for many years, featuring dance bands.

Elitch Gardens had a successful run of more than 100 years in northern Denver, but it was decided a few years ago to move the operation to downtown Denver.

The new Elitch Gardens, located at I-25 and Speer Boulevard, opened in May 1995.

Elitch Gardens has 40 rides and attractions, with something for all ages in the 50-acre park.

Perhaps the most popular ride is the Mind Eraser. The roller coaster is a world class inverted steel looping roller coaster that soars 10 stories skyward suspending riders as they ascend 100 feet then straight down before entering a corkscrew track.

Does it really erase minds? Maybe, if you stand in line to do it a second time.

Game for more? Try the Tower of Doom. Takers free-fall 22 stories, feet dangling freely, before plunging toward the ground at 60 miles per hour.

Shipwreck Falls is a water ride for the whole family. Passengers go up a 280-foot incline before plunging over a 50-foot waterfall, which ends in a tidal wave.

Then there is the water adventure park, Island Kingdom. A tropical paradise for the whole family. Twisting and turning water slides, blue lagoons and a meandering river are some of the attractions. Admission to the Island Kingdom is free with the regular admission.

Twister II is a wooden roller coaster nearly 100 feet tall, and made of wood, it is a classic roller coaster.

Still another coaster, this one made of steel, is the Sidewinder.

The carousel, fully restored, still serves Elitch Gardens since its arrival in 1925.

The Big Wheel a 100-foot Ferris wheel, provides a breathtaking view from the top.

An Observation Tower provides another spectacular view of Denver. Take a high speed elevator to the top of the 250-foot high tower.

The newest addition is this year's StarToon Studios, a playland in a cartoon studio setting. StarToon Studios has more than a dozen rides for the children those under 48 inches tall, of course.

Visitors can bring a picnic lunch there are

See Elitch's, Page B2



Hook's Lagoon offers water fun for all ages.

Elitch Gardens



A pull-out section for the Fort Carson community

August 7, 1998

Just the Facts

Travel time 1 hour 15 minutes

For ages all

Type amusement park

Fun factor ★★★★★

(Out of 5 stars)

Wallet damage = \$\$\$ (using IIT tickets)

(Based on a family of four)

\$ = Less than \$20

\$\$ = \$21 to \$40

\$\$\$ = \$41 to \$75

\$\$\$\$ = \$76+

Elitch's

From Page B1

picnic tables in the parking lot. Coolers aren't allowed in the Gardens. Strollers are for rent, or bring your own. Parking costs \$5.

Elitch Gardens costs adults \$26 admission. Children 48 inches or under are charged a child admission price of \$16. Senior citizens and physically challenged people are admitted for \$16.

Seniors more than 70 years old get in free. Entrants must go through a metal detector.

Occasionally, there's a special admission discount with some major brand of soda can watch for television promotions for those special days.

Or, buy your adult tickets for \$17 in advance at Information, Tour and Travel. The \$17 ticket is for adults only, IIT does not have children's tickets. Children's tickets must be purchased for the regular price at Elitch Gardens. Children's tickets are based on the height of the child anyone over 48 inches counts as an adult.

Although the admission price does

include all rides, bring more money. There are opportunities to spend it everywhere. To reach some of the rides, visitors must enter through a gift shop (and the temptation to buy). There are also arcades.

There are tubes to rent \$5 for a one-person tube, and \$8 for a two-person tube. And tubes are necessary for some of the rides in the water park. Once you rent the tubes, hang on to them until you've finished with the water sports. Perhaps stake in a few rides, go to the water park when it gets hot, turn in those tubes when you're waterlogged, then go back for more rides.

There are rental lock boxes to stow your swimming gear or the like, near the wading pool, but the lockers fill up early in the day.

Elitch Gardens is open weekends in

May, from 10 a.m. to 8 p.m. June through September, weekend hours are 10 a.m. until 10 p.m. In October and November, the park is open from noon to 10 p.m. weekends only.

Weekday openings are varied. The park opens the first two Fridays in May, from 5 to 10 p.m. In mid-May, the park opens at 10 a.m. on Fridays only. In June, July and August, the park is open every weekday at 10 a.m. and remains open until 10 p.m., with reduced hours in September. In October, it is open only on Fridays and weekends.

The park is closed from Nov. 1 until May.

Plan to get to the park early in the day, so you'll have time to ride as many rides as you can. Lines for the rides may be 30 to 45 minutes long, depending on the time of day and the season. On holi-



Courtesy photo

Elitch Gardens is located on 50 acres in the Central Platte Valley in downtown Denver.

Community Events ACS

The Family Member Employment Assistance Program offers a Standard Form 171 and Optional Form 612 workshop Wednesday and Aug. 16 from 1 to 3 p.m. These forms are the basic federal employment applications.

The workshop will provide insight in completing applications and general hints about the most effective ways to describe professional experience.

To register or for more information, call 526-0452.

The Family Member Employment Assistance Program holds a resume workshop Aug. 19 and Sept. 2 from 1 to 3 p.m. The workshop will include a variety of resume styles. For registration and information, call 526-0452.

The Nurturing program is looking for volunteers. Volunteers will receive intensive, professional training Monday and Tuesday 9 a.m. to 4 p.m. Active duty volunteers can receive promotion points and there is a child-care reimbursement for volunteers. For more information, call 526-4590.

Army Family Team Building has scheduled a Level I meeting Aug. 18 from 8 a.m.

Miscellaneous

to 4 p.m. at the Army Community Services Conference Room. There will be free child-care and lunch provided. For more information, call 524-AFTB.

The G4/Directorate of Logistics is closed Thursday for organizational day activities. For emergencies, call 339-3856. Normal business hours resume today.

For more information, call 526-9058.

The Directorate of Community Activities is closed the afternoon of Aug. 20 for its annual organizational day. Minimal staffing will be provided to allow DCA personnel to attend this event.

All clinics at Evans Army Community Hospital are closed today for the Medical Department Activity organizational day. The Emergency room, the Pharmacy, and all the wards will maintain normal hours.

The Fort Carson Equal Opportunity Office is looking for volunteers to assist with the Hispanic Heritage Month Cultural event. Meetings are every Thursday from 1 to 2 p.m. at the Post Field House conference room. For more information, call 526-3385.

The Fort Carson housing villages are accepting applications for village mayors.

Anyone interested in running should submit by Aug. 13 a photograph from the waist up and a statement saying why they would like to serve as mayor. All candidates must pass a background check.

For more information, call 526-4590.

A New Business start-up workshop is held Aug. 20 from 8:30 to 11:30 a.m. The three-hour seminar is designed for all military

personnel, family members, Department of Defense civilians or anyone with a valid DoD card.

Some techniques being discussed are the practical preparation and basics of preparing a business plan. The seminar will be held at building 1219. There is a \$10 fee. For more information, call 526-1002.

Construction to Gate 1, Nelson Blvd. and State Route 115 is scheduled to begin mid-August and be completed in October. Gate 1 will remain closed and traffic will be detoured to Gate 2, O Connell Blvd., at Route 115.

The Directorate of Environmental Compliance and Management is currently phasing in the new ECOLAB cleaning system in three barracks.

Eventually all barracks on post will be required to use the cleaning system. For more information, call Karen White at 526-6838.

The Department of Defense is currently recruiting for its Fight for Life crusade marrow program Aug. 21. at Christopher's restaurant from 8 a.m. to 4 p.m.

Active duty soldiers, family members, civil service employees, national guardsmen and drilling reservists are all encouraged to participate. Racial and ethnic compatibility is the best chance for finding a match which can lead to a cure.

For more information, call 526-7369.

The Pikes Peak/Fort Carson Red Cross offers babysitting class Aug. 21 and 29 from 1 to 5 p.m. The cost of the class is \$25 which includes a book.

The class is held at the Fort Carson Red Cross, building 1641. Youth 11 to 15 years of age are welcome. For more information, call 524-1279.

Directorate of Public Works is announcing cutbacks to post custodial work. If you received service five days a week, it was cut back to three days a week; three days a week to two days a week, and one day a week to every other week. If you have a need for more frequent service, it can only be arranged on a reimbursable basis. For more information, call 526-9241.

The Fort Carson DRMO conducts a sealed bid zone sale Thursday with all bids to be opened at 7:30 p.m.

Inspection will be 7 a.m. to 4 p.m. Monday, Tuesday and Wednesday. For more information, call 526-6836.

Leaders Professional Recruiting, Inc. holds an information session Tuesday at the ACAP center, building 1118 from noon to 3 p.m. and at the Holiday Inn Express-Airport at 7 p.m. For more information, call 800-359-5323.

Manpower technical will be at the ACAP center Wednesday from 10 a.m. to 2 p.m. If you have technical skills you should be there to see them. For more information, call 526-1002.

The Young Men's Community Association national headquarters is hosting a poster contest for children of military families. The poster is a drawing of the military family on 8 1/2 x 11 white unlined paper. Along with the poster, include a cover letter with name, age, grade level and address of

child, and information about parents including full name, military unit and phone number.

All entries must be received by Sept. 25. Send entry to: Armed Services YMCA national headquarters, 6229 Brandon Ave., Suite 215 Springfield, VA 22150-2510.

The Young Children and Families, Inc., is looking for volunteers to provide service coordination to families that have infants and toddlers with special needs in El Paso County. High school diplomas or equivalent a must.

For more information, call Christine Mahler at 577-9190.

The Fort Carson car sales lot is relocating to the Bowling Center back parking lot now through Aug. 15. All vehicles must register with the Abandoned Vehicle Lot at a cost of \$10 per vehicle and \$15 per RV. The lot is open to all Fort Carson military, retirees and Department of Defense civilians. For more information, call 526-6028.

TRICARE offers appointments for school physicals. The following dates and times are available: Aug. 19, 20, 26 and 27 from 12:30 to 4 p.m. and Aug. 22 and 29 from 8:30 a.m. to 4 p.m.

The Pikes Peak and Fort Carson Red Cross is holding a Community Cardio Pulmonary Resuscitation class Aug. 15 from 8 a.m. to 5 p.m. in building 1641. The cost is \$45.

For more information, call 524-1279.

Head Start enrollment is under way for the 1998-99 school year. El Paso county residents with children who will be 3 or 4 by Sept. 15 may qualify for a free preschool program.

Classrooms are located at local elementary schools in districts 2, 3, 8, 11, 20, Elliott and Peyton. Children attend school two days a week, either Monday or Wednesday or Tuesday and Thursday, six hours a day. Call 635-1536 to make an enrollment appointment.

The U.S. Association of Blind Athletes is seeking 140 host families in Colorado Springs to house cast members of Up With People Sept. 10 to 14. The group is an international performing arts group with cast members from all over the world. For more information, call Kim King at 630-0422.

The Kids Resource Network is looking for a few good people interested in working with kids and families. If interested, call 227-7477.

Fountain-Fort Carson School District 8 is currently accepting applications for food



"Better Opportunities for Single Soldiers"

The Boss program holds a townhall meeting Thursday at McMahon Theater from 1 to 3 p.m. Single soldiers interested in joining Boss are also invited to attend meetings every 2nd and 4th Thursday of the month.

Boss is open to all ranks, single parents and single Air Force personnel working at Fort Carson.

The Boss program has scheduled a Waterworld trip for only \$5. For more infor-

Military Briefs

The 4th Finance Battalion is now receiving and reviewing all travel vouchers. Soldiers can turn their vouchers in to their Personal Administration Center or bring them directly to the customer service counter in building 1220. People should no longer submit travel vouchers to the Directorate of Resource Management.

For more information, call 524-1125.

Applications are now being accepted for the Judge Advocate General's Funded Legal Education Program. This program allows the selection of 15 Army officers to attend law school at government expense while on active duty. Candidates must have at least two, but no more than six years of active duty at the time law school commences.

Eligible officers interested in applying should register for the fall Law School Admission Test. Applications must be sent through the candidates chain of command and be received by their branch no later than Nov. 1.

For more information, call 526-1441.

Third Brigade Combat Team is using smoke and CS gas at the Pinon Canyon Manuever Site through Aug. 17.

The Supply Management Branch, including material management section I and II, customer assistance, local purchase, editing and the main offices have relocated from building 8000 to building 237. Telephone numbers and fax numbers remain the same. For more information, call 526-9086.

The Cavalry Group Veterans Association is scheduled to hold its 51st

annual reunion Sept. 4, 5 and 6. The event will be held at the Best Western Midway Chicago/Elk Grove Hotel in Elk Grove Village, Ill.

For more information, call George Hansen (630) 983-6864 or Gene Andrews (773) 779-7786.

Special Forces is looking for highly motivated soldiers specialist through sergeant first class and company grade officers to apply for a career in Special Operations. Briefings are held at Grant Library at 1 p.m. Wednesday and 3:30 p.m. Thursday each week. For more information, call 524-1461.

Effective Jan. 1, 1999, all federal payments will be made via electronic funds transfer. This rule is a result of the Debt Collection Improvement Act of 1996 and it will affect Army vendors and all soldiers and Department of the Army civilians.

The Education Center and Pikes Peak Community College have developed a program that provides 100-percent tuition assistance to enlisted soldiers. To qualify, a soldier must take the PPCC placement test, have a minimum GT score of 100 or higher and receive a recommendation from their unit commander. Next term's classes run Aug. 31 to Oct. 16.

The Commanding General's Newcomer's Expo and Briefing is scheduled for Aug. 14 from 1 to 3:15 p.m. at the Elkhorn Conference Center. Spouses are welcome and child care should be prearranged by calling 526-5977. Duty uniform mandatory. For more information, call 526-0428.

The U.S. Air Force Cadet Sponsor Program is searching for volunteers to act as sponsors for the class of 2002 during the 1998/99 Academic year. The purpose of the program is to provide cadets with host families that will expose them to military family life, pro-

vide positive adult role models and give them a place to relax away from the cadet wing.

All interested sponsors must reside in the Colorado Springs area, must hold an enlisted rank of sergeant first class or above and officers must be a captain or above.

For more information, call 333-2727.

The Engineering Community is currently looking for motivated soldiers in ranks of private through private first class and soldiers in the rank of specialist or corporal with less than a year time in grade.

Soldiers interested must possess a GM score of 100 or above and a GT or ST score of 110 or above. For more information, call DSN 436-5261.

Sand Canyon road is closed for construction Aug. 17 to Sept. 30. Units traveling down-range must use alternate routes.

The Central Issue Facility new business hours are: Monday, Tuesday, Wednesday, and Friday from 7:30 a.m. to 3 p.m.; Thursdays from 7:30 a.m. to 11 a.m. Emergencies during non-business hours will be handled on a case-by-case basis.

For more information, call 526-6477.

An Army ROTC Green to Gold brief is scheduled every Tuesday at the Education Center, in room 203C at 11:30 a.m.

For more information, call 262-3611.

The Fort Carson Criminal

Investigation Command has begun full operation of its Fraud, Waste and Abuse Hotline. The hotline allows members of the community to report incidents of suspected fraud, waste and abuse.

To report suspected cases of fraud against the government, call the hotline at 524-1120. Callers can remain anonymous and all information is confidential. Callers must, however, leave enough information

Sports & Leisure Athletics

The Pride Soccer Club of Colorado Springs is looking for boys, born between Aug. 1, 1985, and July 31, 1986, to play on one of their competitive soccer teams for the upcoming fall and spring seasons.

This is a great opportunity for young men to play competitive level soccer here. The Pride plays in the Colorado State Youth Soccer Association. The games are usually played each Saturday once the season begins. The season consists of 10 games. Five games are at home and five games are away, usually in the Denver area. The fall season is scheduled to run from Aug. 22 to Oct. 31. The spring season will begin in March.

Cost for participation is \$110.00 per person. Anyone interested in further information can contact Bob Kimsey at 535-6754 at work, or 594-0787 at home. For more information on other soccer playing opportunities for boys and girls call 597-6700.

The Outdoor Recreation office is sponsoring half-day water rafting trips all summer. The staff will provide an adventurous, scenic seven-mile raft trip on the lower Arkansas River. Trips are available now through Aug. 20.

Units can sign up Wednesday through Thursday on a space available basis. Individuals may sign up on Saturdays. Transportation is provided but lunch is not. Morning departures and afternoon departures are available. The cost is \$23 per individual and \$20.50 per individual in a group.

For more information, call outdoor recreation at 526-2083.

Fort Carson will hold the inaugural Half Marathon here Aug. 22. The event will be open to soldiers, members of the Colorado Springs military community and the general public. For further information contact Richard Baldwin at 526-2151.

The 1998 Garrison Golf League is conducted Monday afternoons at the Cheyenne Shadows Golf Course on post. All members of the Fort Carson community are invited to participate in the league and are encouraged to bring along friends and co-workers.

Tee times for the league start at 3:30 p.m. and run until 6:30 p.m. For more information, contact Russ Lee at 526-8346 or Capt. Jean Kobes at 526-9469.

The Cheyenne Shadows Golf Course office has announced the following fee changes effective immediately.

Category one: weekday \$8; weekend/holiday, \$10; Twilight, \$5, 10 play, \$60.

Category two: weekday \$12; weekend/holiday, \$14; Twilight, \$9; 10 play, \$100.

Category three: Department of Defense: weekday \$14; weekend/holiday, \$16; Twilight,

\$11; 10 play, \$120.

Civilian: weekday \$20; weekend/holiday, \$22; Twilight, \$14; 10 play, \$180.

The twilight rate is only available after a designated time in the afternoon. Twenty-five percent discount cards, based on rank, are available for 10 rounds of golf.

Turkey Creek Recreation Area offers a variety of recreational opportunities such as picnic and playground facilities; sand volleyball courts; outside basketball court; horseshoe pits; softball fields and pavilions to accommodate 50 to 500 people. Turkey Creek also has guided trail rides, basic horsemanship courses, unguided riding program, evening and group hay rides, pony parties and moonlight rides. Call 526-3905 for more information.

The outdoor swimming pool is currently providing swimming lessons for advanced, beginner and pre-school levels. The classes are held three times a day for each category, from 8:30 to 9:15 a.m. for the first class; 9:30 to 10:15 a.m. for the second class; and 10:30 to 11:15 a.m. for the third class. Dates for the sessions are: now through Aug. 14 and Aug. 17 through Aug. 28. The cost for the class is \$20 per session.

The U.S. Army Medical Activity is sponsoring a 50-mile relay race here Aug. 29., at Evans Army Community Hospital. Pre-registration is currently taking place at the hospital. Runners who register before the day of the race pay \$15, same day registration is \$18.

A free pasta dinner is provided for all regis-

Grass skirts and Don Ho music

How about some Polynesian food? The Amagu on Natibu Guam is holding its 2nd Annual Luau at the Knights of Columbus Hall, at the corner of Marquette and Main streets in Security Saturday. There will be cocktails, dinner and a show, with live music provided by Polynesia Pacifica. Dances include those from Guam, New Zealand, Tahiti, Hawaii and Samoa.

Tickets are \$15 for adults and \$7.50 for children ages 6 to 12 years old.

For more information call 574-8469 or 573-1830.

Contra and square dance

Ever want to learn how to Contra dance? How about Square dancing? The place to learn is Gaylord Hall, at the W orner Center at Colorado College, at 902 N. Cascade. Anyone 14 years and older is welcome, Aug. 15, from 8 to 11 p.m. A beginners workshop is from 7:15 to 8 p.m. No partners, experience or costumes are required. Admission is \$6.

Get Out!



Courtesy Photo

Polynesian dancers will perform at Saturdays luau.

Colorado state fair

The Colorado State Fair runs from Aug. 22 through Sept. 7, in Pueblo. A special military weekend is Aug. 22 and 23 and begins with soldiers from the 1st Battalion, 12th Infantry and Fort Carson's Mounted Color Guard marching in the State Fair Parade. Military vehicles and equipment will be displayed throughout the fairgrounds. Gate admission is \$3 for active military, reserve and National Guard and their families. Hours of the Colorado State Fair are 10 a.m. to midnight, seven days a week.

Topping this year's nightly concerts are Clay Walker, Jars of Clay, Lynyrd Skynyrd, Tanya Tucker, LeAnn Rimes and Bryan White, Loretta Lynn and Clint Black, among others. For information about the concerts call 800-876-4567 or check the Web site at www.coloradosfair.com.

Jazz concert

Denver's Renowned Paul Warburton Jazz Quartet will perform Sunday, at 3 p.m. in Packard Hall, Colorado College. Tickets are \$10 or free for students with Colorado

W orth Hearing

Ratings:

☆☆☆☆

5 = a must buy

4 = pitch in with a friend

3 = see if a friend bought it

2 = wait for radio release

Title: Stand By Your Van

Artist: Sublime

Label: MCA

Tracks: 16

Time: 58:11

Rating: ☆☆☆

by Mark Simon

Mountaineer columnist

The ultimate dream of every boy or girl who picks up a guitar is to move beyond playing in the garage. For some it's a road to fame and fortune, but to others it's a road to destruction. Such is the case with Sublime, the Long Beach bar band that had a hit on MTV, then self-destructed when a heroin overdose took the life of lead singer and songwriter Bradley Nowell.

Stand By Your Van is a collection of 16 songs recorded live at a number of small clubs during 1994, '95 and '96. These sets, maybe because of the intimacy of the venues, capture the raw emotion of Sublime. You can hear the kind of unbridled emotion that Nowell put into his music. You can also hear the reggae influence through most of the songs in this collection.

Without having been witness to the Sublime experience live, it's hard to imagine what their shows were like. Reading the liner notes while listening to Stand By Your Van will give you some idea. When they played live, Sublime was either at a party, brought one along or caused one to start. You get the feeling when you hear the crowd singing along, or, more accurately, filling in the gaps when Brad forgot the words.

The thing about collections like Stand By Your Van is that you know the record company put this out to keep product by a band in stores so you'll part with your hard-earned money to have something new by that band, especially when something new will never be available again. You can't fault the record company, even though in most cases the collections put out are nothing but studio out-takes or live recordings that were done as sound checks. That isn't the case with Stand By Your Van. What you get is exactly what you would get if you paid to see Sublime live. The show isn't always great, the lead singer forgets the words, there seems to be a total anarchy on stage, but everyone is having a good time.

This CD isn't for the faint of heart. The language is

B8 MOUNTAINEER
August 7, 1998

Happenings

B6 MOUNTAINEER
August 7, 1998

Happenings

B4 MOUNTAINEER
August 7, 1998

Happenings