

Mountaineer

Vol. 61, No. 37

Published in the interest of the 7th Infantry Division and Fort Carson community
Visit the Fort Carson Web site at www.carson.army.mil

Sept. 19, 2003



Photo by Staff Sgt. James A. Williams

Weapons search ...

A soldier with the 1st Battalion, 12th Infantry searches an Iraqi citizen for illegal weapons at Kirkuk Air Base, Iraq, Sept. 5. The soldiers are collecting weapons to help quell recent attacks against coalition forces.

POW Day has new meaning for soldier

by Pfc. Stephen Kretsinger
Mountaineer staff

He has been in the Army for 16 months and three weeks of that time as a prisoner of war in Iraq.

Pfc. Patrick W. Miller, a metalworker for the 2nd Transportation Company, 68th Core Support Battalion, 43rd Area Support Group, was part of the 507th Maintenance Company from Fort Bliss, Texas, ambushed March 23 in Iraq.

The five-ton wrecker truck Miller was driving was disabled by enemy fire. Miller engaged the enemy until he was surrounded. Although unconfirmed, Miller may have killed as many as nine enemy combatants, according to the U.S. Army Official Report on 507th Maintenance Co.: An Nasiriyah, Iraq. He was one of seven soldiers taken captive by Iraqi forces. It's been five months since he has been a POW and now he's stationed at

Fort Carson.

Miller hadn't heard of POW day, which is today, before, but was glad there was one. "Before, if I heard of a POW, I felt bad for them," said Miller. "Now when I think POW, I understand what those people went through, because I went through a lot of the same things. So, it's changed my perception a lot."

He differs from many POWs, as the media attention to this incident was greater than in many other POW cases. "I don't get recognized so much here, but I do at home," said Miller. "More people back home paid attention to the news because it was somebody who was from there. Here, they may have heard the name or watched it on the news, but they're not going to remember because it didn't directly affect anyone in the area."



"It feels good anytime you get a big award, but it's not good because a lot of my friends, good friends, died over there."

Pfc. Patrick W. Miller on being awarded the Silver Star for bravery in combat.

See POW, Page 4

Carson soldiers deploy to Iraq

by Pfc. Stephen Kretsinger
Mountaineer staff

The sun peeked over the tarmac, filling the air with a blinding light. The soldiers stood in formation, wearing desert camouflage uniforms and body armor. They wore Kevlar helmets on their heads, gas masks at their sides and carried other gear important to their individual missions.

The platoon sergeant called out, "Left face! File from the left, column left ... March!" and the soldiers marched to the waiting airplane. As the soldiers boarded, others shook their hands, wished them well and asked them to be safe.

A group from the 3rd Armored Cavalry Regiment and the 3rd Brigade Combat Team left for Iraq from the Jet Center Friday at 8 a.m. The soldiers were of different military occupational specialties, from combat troops to

support troops. Some of the soldiers had only been at their units at the Mountain Post a month. They headed overseas to replace other soldiers currently deployed in Iraq.

"This is all part of the standard replacement of troops," said Capt. William R. Peterson, brigade S-3, Headquarters, Headquarters Company, 3rd Battalion, 29th Field Artillery, 3rd BCT. "These soldiers will be replacing those soldiers that are coming back to the States to ETS (End of Time in Service), PCS (Permanent Change in Station) or go to schools."

"There are about 125 soldiers leaving today," said Peterson. "They will be going to different areas in Iraq, depending on where they are needed."

"There is no set date on when the soldiers being replaced will be coming home," said Peterson. "It all depends on the soldiers' report dates."

Coming up: Postwide combat training exercise

by Pfc. Aimee J. Felix
Mountaineer staff

Between now and the end of the month, Fort Carson will be conducting an integrated simulated combat exercise with limited notice for participants. Post residents should not be alarmed, it will only be a simulated exercise.

This is an annual exercise used to evaluate the post's planning efforts. The exercise will also test some of the support agreements Fort Carson has with hospitals and ambulances off post.

The exercise will involve everyone on post: soldiers, civilians and residents. U.S. Forces Command will be evaluating the exercise to determine what improvements could be done to the post's planning efforts. Col. Walter Winger, chief of staff, 7th Infantry Division and Fort Carson, will be the exercise director.

INSIDE THE MOUNTAINEER

Opinion/Editorial
Hispanic Heritage Month. Page 2

Military
Soldiers earn a Purple Heart. Page 5

Community
The effects of name calling. Page 11

Sports
Eagles football in action. Page 19

Feature



A day in the life of a WCAP soldier.

See Page 16 and 17.

Happenings



Family activities in Cripple Creek include a coal-powered train, museums and special events.

See Page 25.

Heating schedule

It's that time of year for the air conditioning to be turned off and the heating turned on. For more information, see the schedule on Page 6.

Post Weather hotline:
526-0096

Commander's Corner

Fort Carson to celebrate Hispanic heritage

by Master Sgt. Ramos
Equal Opportunity

Every year since 1988, U.S. Congress has set aside Sept. 15 to Oct. 15 to reflect on Hispanic Heritage. This year's theme for the Hispanic Heritage Month "Hispanic American's Honoring our Past, Surpassing Our Present and Leading Our Future" suggests we need to remember the past and the heritage of Hispanics while looking forward to the future.

Hispanics represent one of the fastest growing segments of the U.S. population, with an annual growth rate that may exceed 2 percent up to the year 2030. The Hispanic population increased by 57 percent from 1990 to 2000 compared to a 13 percent increase for the total U.S. population. This translates into an increase from 22.4 million Hispanic Americans to 35.3 million Hispanic Americans living in the United States in 2000.

Even a cursory glance at popular culture today reveals the growing influence of Hispanics in the United States. Billboard's Top 100 albums includes Carlos Santana, Ricky Martin, Jennifer Lopez, Enrique Iglesias and Marc Anthony. Baseball's top players

includes Pedro Martinez and home run hitter Sammy Sosa then there is golf's sensation Sergio Garcia. These are just a few individuals who show Hispanics are a significant part of the culture that is helping to shape America.

Hispanics have long been an integral part of the military, making immeasurable contributions and receiving 39 Medals of Honor. Did you know the famous directive, "Damn the torpedoes! Full speed ahead." was issued by Admiral David Glasgow Farragut, a famous Hispanic who fought during the civil war? Then there is the neighborhood street in Silvis, Ill. called Hero Street. It was named in honor of 22 Latino families who live on this one and a half long block and who together have sent more than 100 personnel to three different wars.

In 2002, Hispanics made up 5.2 percent of the officers and 10.5 percent of the enlisted in the U.S. active duty forces and 4.5 percent of officers and 9.6 percent of enlisted for the U.S. Army Reserves and Army National Guard.

Fort Carson will be celebrating the Hispanic Heritage Observance at the Elkhorn Conference

Center Thursday. Everyone from Fort Carson and the Mountain Post community is invited to attend this great event. The observance will begin at 11:30 a.m. and run until 1:30 p.m. The program will consist of dancers, music, displays, and a free food sampling. Come out for 15 minutes or stay for an hour, but either way, you are guaranteed to have a great time.



Media misses on Iraqi war progress

Commentary by Beau Whittington
Army News Service

A striking headline hit the New York Daily News last week – "Flash for the media: U.S. won war in Iraq."

"The United States and the coalition of its few faithful allies are not winning the war in Iraq – they have already won it," A.M. Rosenthal's commentary said. But, Rosenthal added, it would take hours hunting through stacks of newspapers and never-ending TV snippets to figure it out.

While Rosenthal may have overstated the victory, he's spot on about the coverage. Being one of those journalists who daily wades through the negativism of the mainstream media, I know how difficult it is to find the positive outcomes of the troops trying to rebuild Iraq.

Even the New York Times fleetingly mentioned the subject in its lengthy Sept. 15 article about State Secretary Colin Powell's visit to Southwest Asia. It attributed Powell as saying he, "found that more progress was being

made in securing and building Iraq than had been emphasized in news reports, mentioning for example new parent-teacher groups at local schools."

The lengthy article continued to discuss the trip by reporting a soldier died that day, Powell was unable to reach an agreement on a faster turnover of power and it outlined the secretary's dining arrangements.

Nowhere was there another mention of the school improvements in the fleeting reference to Powell's statements.

Again, you have to peruse the media closely to find stories about progress in Iraq. But, there are some good news stories.

The Washington Post ran two positive stories in its Sept. 14 issue.

One discussed how American soldiers are training Iraqi recruits for a new national army. The Los Angeles Times ran a similar story Sept. 16. Both indicated the recruits reflect the country's ethnic and religious mix. One quotes a "burly sergeant recruit" say-

ing, "We want to say that we're all Iraqi, and we all are proud to be in the Iraqi army."

The second, "Giving Iraqis a stake," frankly discussed the risks and benefits of American efforts to give Iraqis a stake in rebuilding their country. The article pointed out that even though the summer has been "brutal" the country has not "plunged into chaos or the bloody civil war that experts have long predicted."

The article squarely stated American efforts for diversity in Iraq hardly guarantee success, but continued, "They do suggest. Iraq has certainly not been lost."

Yes, there are a few articles about progress in Iraq. But, hopefully, soon there will be more when reporters open their eyes to a few facts on what's happened in Iraq in the last four months:

More than 6,000 rebuilding projects have been complete

Schools, universities and hospitals have opened

Iraq is transitioning to a represen-

tative government: the Iraq Governing Council has selected ministers and a committee has been appointed to draft a constitution.

This may not be enough to convince some reporters progress is at hand. And, they keep reminding us — Iraq isn't Germany. Perhaps they should compare post-war progress in the two countries:

Establish a central bank – Germany three years; Iraq two months

Standing up a police force – Germany two years; Iraq two months

Selecting a new cabinet – Germany 14 months; Iraq four months

How can mainstream media outlets overlook the many gains the Iraqi people have seen since the Hussein regime has fallen? It's simple – evil sells and profits abound. Reporters find it easier to sell fear than to build hope through actions.

But, as in Iraq, all is not lost. We will win the media war; it just won't be as easy as our march through the desert.

LETTERS TO THE EDITOR

The Mountaineer invites readers to write letters to the editor in response to stories in the *Mountaineer* or events that affect the entire Mountain Post Team.

Guidelines are set to ensure fairness to everyone. All letters must be signed and include an address or unit designation and daytime telephone number for verification. No address or telephone number will be published and name will be withheld upon request. Anonymous letters will not

be considered.

Letters should be no longer than 200 words in length. The *Mountaineer* reserves the right to appropriately edit all letters. If a letter involves an on-post situation, the text of the letter will be forwarded to the appropriate person or directorate for comment. Obscene or pornographic language or materials will not be published.

Because of legal restrictions, both in federal regulations and AR360-81, under which the *Mountaineer* is pub-

lished, no letters concerning local or national political issues will be published. Publication of any letters will also conform to all appropriate Department of Defense and U.S. Army regulations.

Letters may be sent to: Letters to the Editor, The *Mountaineer*, 1550 Specker Ave., Fort Carson, CO 80913 or dropped off at the *Mountaineer* office, building 1550, Room 2180.

MOUNTAINEER

Commanding General:

Maj. Gen. Robert Wilson

Public Affairs Officer:

Lt. Col. Thomas Budzyna

Chief, Command Communications:

Douglas M. Stewart

Editor:

Sgt. Alicia Stewart

Staff Writers:

Spc. Jon Wiley

Pfc. Aimee J. Felix

Pfc. Stephen Kretsinger

Happenings:

Nel Lampe

Sports Writer:

Bill Scharton

Layout/Graphics:

Cindy Tiberi

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The *Mountaineer* is an unofficial publication authorized by AR 360-1. Editorial content is prepared, edited, and provided by the Public Affairs Office of Fort Carson. The *Mountaineer* is printed by Gowdy Printcraft Press, Inc., a private firm in no way connected with the Department of the Army, under exclusive written contract with Fort Carson.

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80903, phone (719) 634-1593. The *Mountaineer's* editorial content is edited, prepared and provided by the Public Affairs Office, Bldg. 1550, room 2180, Fort Carson, CO 80913-5119, phone (719) 526-4144.

Releases from outside sources are so indicated. Army News Service releases are received from Headquarters, Department of the Army. The deadline for submissions to the *Mountaineer* is close of business the Friday before the issue the submission will appear in. The *Mountaineer* staff reserves the right to edit the submissions for newspaper style, clarity and typographical errors.

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News

10th SF soldier earns Silver Star in Iraq

by **Spc. Bill Putnam**
Army News Service

WASHINGTON — Five soldiers who were awarded the Silver Star for actions during the War on Terror say the award isn't about their actions — it's about their units.

Chief Warrant Officer Donald Tabron, Master Sgt. Patrick M. Quinn, 1st Sgt. Dennis Caylor, Staff Sgt. Jeffrey Adamec and Cpl. Jeremiah C. Olsen, who were awarded the nation's third-highest medal for valor in wartime, visited the Washington, D.C., area to commemorate the second anniversary of the Sept. 11 terrorist attacks.

They visited Capitol Hill, the Pentagon's Memorial Chapel and helped Secretary of Defense Donald Rumsfeld lay a wreath at the Tomb of the Unknowns at Arlington National Cemetery Sept. 11.

Army Chief of Staff Gen. Peter Schoomaker awarded the medals to Tabron, Quinn and Adamec Sept. 10. Caylor and Olsen were awarded the medal at their units.

Only three soldiers were available for comment,

but all three soldiers said the Silver Star medals Schoomaker pinned on them isn't about them. It's about what their units — from a parachute infantry company to a 12-man Special Forces Operation Detachment-A — did during the war.

"Every single unit functions as a team on some level," said Adamec, a weapons sergeant in Co. C, 3rd Battalion, 3rd Special Forces Group. "Most of the awards people get, I do believe, is not just on them, it's a direct reflection on the abilities of the people around them to do their job."

"To me, it's a tribute to everything that my (detachment) did during our fighting in Iraq," said Quinn, a team sergeant in Co. A, 2nd Bn., 10th SFG, Fort Carson. "As I wear it the rest of my life, I'll always think of the guys I was with, not what I personally did."

Quinn was awarded the medal for leading his team and a group of Kurdish militia during a battle with an Iraqi armored unit April 2 to 5. During the battle, Quinn's actions resulted in, among other things, the

"There are a ton of amazing soldiers in the Army and they're doing amazing things everyday. And a lot of that story's not getting out."

Master Sgt. Patrick M. Quinn, 10th Special Forces Group



Photo by Spc. Bill Putnam, Army News Service.

Army Chief of Staff Gen. Peter Schoomaker pins the Silver Star Medal on Master Sgt. Patrick M. Quinn, 10th Special Forces Group, Sept. 11.

See Silver Star, Page 4

Silver Star

From Page 3

destruction of two tanks, four armored personnel carriers, 30 dead Iraqi soldiers and the seizure of 30 kilometers of ground.

Adamec destroyed four Iraqi armored personnel carriers and one enemy position with Javelin anti-tank missiles while under fire when his team attacked a fortified ridgeline in northern Iraq during the war. Those actions helped secure an intersection linking Mosul and Kirkuk, Iraq.

Now they're back from Iraq, the three soldiers want the American public beyond Fort Bragg, N.C., and Fort Carson, to understand good things are happening every day in Iraq.

"There are a ton of amazing soldiers in the Army and they're doing amazing things everyday," Quinn said. "And a lot of that story's not getting out."

Someone who never witnessed the toppling of Saddam Hussein, saw a

school or hospital reopen may think those things are amazing, but the soldiers in Iraq probably thinks they're common, everyday events, Quinn said.

Caylor said he sees a lot of negativity around the country about Iraq and the American people aren't seeing the good things happening there.

"What I'd like to relay is that people need to be patient," Caylor said about the progress and conduct of the war. "As quickly as we handled the war — a minimum of casualties, a minimum of deaths — I just think we just did outstanding; they should be applauded."

The medals also aren't about starting the process of Iraqi democracy, or even democracy in the Middle East, Adamec said.

The medals show the sacrifices the American soldier is willing to make to bring a better way of life to anyone around the world, he said.

"It's a testament to pretty much anyone who's served in the Army to help out somebody else," Adamec said.

Miller

From Page 1

"It's good to see people come up and thank you for stuff that you do on a normal basis, that you volunteered to do," said Miller. But its hard to get back into a normal life, because people still come up to thank me.

Miller received the Silver Star, which is awarded for bravery in combat. "It feels good anytime you get a big award, but it's not good because a lot of my friends, good friends, died over there."

Miller, who arrived here Aug. 17, requested to be stationed at the Mountain Post, because it's closer to his home, Wichita, Kan.

Since his release April 18, Miller has been busy. I got 30 days convalescent leave, but I didn't get to enjoy very much of it because of debriefings, interviews and events, said Miller.

"We're done with the debriefing part," said Miller. "Now we're in the stage where the psychologists make random visits to see how we're (former POWs) doing and what's going on."

Aside from military debriefings, Miller has undergone a series of interviews and media events. "The media attention is crazy," said Miller. "But I just have to deal with it."

"I've been going to a lot of interviews, but been trying to go to work," said Miller.

He has been involved in other activities as well. He threw the ceremonial first pitch at a Texas League baseball game in El Paso, Texas.

What the future holds for Miller is uncertain. "Not sure what's next," said Miller. "I just got here, so I really don't know yet. I just want to get back to work. I don't really make plans for the future, because it could all change."

Military

Fort Carson soldier is awarded Purple Heart



Photo by Pfc. Aimee J. Felix

Purple Heart recipient Spc. Christopher J. Worland was interviewed by civilian media.

by Pfc. Aimee J. Felix
Mountaineer Staff

Spc. Christopher J. Worland, a truck driver with the 360th transportation unit, 43rd Area Support Group, was awarded a Purple Heart in a ceremony Sept. 11.

Worland was on his way to a civilian refinery five miles south of Baghdad, Iraq. He was driving in a three-vehicle convoy and, in his tank car, was hauling a load of gasoline to take to the refinery.

"Three miles away from the refinery, I saw buildings on my right and sand berms on my left when, suddenly, 10 men rose up from behind the berm and started firing at us," said Worland. The enemy soldiers fired at his tank car with rocket-propelled grenades.

The first attempt was a volley of

four shots that went over the hood of the tank car. The second shot actually hit the tank. It hit the front weld, and the car blew from front to back. The blow jolted the car into the air and back down. There were balls of fire all over the place, and the cabin was melting.

Worland yelled at his co-driver to "get the hell out." Worland grabbed the handle of his door to get out, but it was scorching. His co-driver was able to open his door, and get out. Worland was left with no choice, but to dive out the passenger side. He dove headfirst and landed 10 feet away. As he landed, another compartment of his vehicle exploded, causing him to get severe flash burns on the way down.

The two cars following behind them did not have enough time to

brake, so they had to drive through the flames. The vehicle immediately behind Worland and his co-driver picked them up and drove to the refinery.

Worland was treated on site by 3rd Armored Cavalry Regiment medics. Once stabilized, he was sent to Kuwait and was then treated by the 47th Combat Support Hospital.

For Worland's bravery, Capt. Todd A. Myers, commander, 360th transportation, put in a submission for Worland to receive a Purple Heart. When Worland returned home, he learned the submission was approved.

"I'd like to thank the people who did their job well and responded quickly and correctly to the situation," Worland said. "Thanks to all of 360th. I hope they come home soon and safely."

Military Briefs

CIF Hours

Central Issue Facility hours of operation

Regular business hours

Mondays, Tuesdays, Wednesdays and Fridays from 7:30 a.m. to noon and 12:30 to 4 p.m. and Thursdays from 7:30 a.m. to noon.

Initial/partial issues

Mondays, Tuesdays, Wednesdays and Fridays from 8 to 11:30 a.m. and 12:30 to 3 p.m.

Direct exchange

Mondays, Tuesdays, Wednesdays and Fridays from 12:30 to 3 p.m.

Partial turn-ins

Mondays, Tuesdays, Wednesdays and Fridays from 12:30 to 3 p.m.

Full turn-ins

Appointments are scheduled Mondays, Tuesdays, Wednesdays and Fridays. Call 524-2006 or 526-2729.

Effective immediately:

Replacement will be scheduled Mondays, Thursdays and Friday mornings.

Demobilized units tentatively have Tuesdays and Wednesdays to schedule out processing.

Mobilization units will schedule unit direct exchange by appointment. Unit supply sergeants will collect soldiers' DX items and schedule CIF appointments. A

CIF employee will work one-on-one with supply sergeant vs. having bus loads of soldiers arrive at CIF to exchange one or two items.

Active-duty units — PCS/ETS/chapters/retirees will make an initial out processing appointment (Mondays, Tuesdays, Wednesdays and Fridays) for turn-in. All follow-on appointments (14 OCIE items or less) will be scheduled if needed.

Bulk issue and turn-ins — By appointment only.

Note: Due to redeployment or demobilization unit requirements this schedule is subject to change. Changes will be put out through e-mail, mobilization meetings, command sergeant major channels and posted signs at the CIF. Appointments can be made with Connie Thompson at 526-4057 or 524-2006. POC for this information is Mark A. Rudd Sr., CIF supervisor at 526-6477.

Briefings

eArmyU — eArmyU program briefings are conducted at the Mountain Post Training and Education Center, building 1117, Tuesdays at 9:30 and 11:30 a.m. and Wednesdays at 11:30 a.m.

Are you ETSing?

If you're within 120 days of end of time in service, you must immediately call 526-2607 or 526-2599 to make your appointment for your mandatory Reserve Component Briefing.

ETS/Transition briefing schedule

In order for soldiers to receive their End of Time in Service orders, soldiers must attend an ETS briefing. Soldiers may sign in at 7:15 a.m. and the briefing begins at

7:30 a.m. in building 1118, room 317.

For more information, call the Transition Center at 526-2240 or 526-4298.

The Commanding General's Newcomers' Brief is the third Wednesday of each month, 1 to 3 p.m. at McMahon Theater.

Laundry Service

Post Laundry Service

The Post Laundry service provides free laundry and dry cleaning service to soldiers for government-owned property only. Items issued by the Central Issue Facility should be cleaned at the Post Laundry prior to turn in. Soldiers are reminded to allow extra time for items to return from the cleaners. It is not recommended to pick up your equipment on the same day as the scheduled CIF appointment. The turn around for the service is 72 hours. No appointment is necessary. The Post Laundry will not clean personal items like BDUs, boots, tent pegs, canteens, entrenching tools or wet-weather gear. Material TA-50 items that can be washed include: sleeping bag assembly, chemical suits, Gortex, ruck sacks, coveralls, CVC jackets and most web equipment.

Hours of operation are 7:30 a.m. to noon and 12:30 to 3:45 p.m., Mondays through Fridays, excluding holidays. For more information, call 526-8806 or 526-8804.

Hours of operation

The Mountain Post Training and Education Center's hours for certain programs and services will change Monday.

Hours are:

eArmyU Testing center, Monday through Thursday, 7 a.m. to 4:30 p.m.

Army Learning Center and Basic Skills Classes, Monday through Thursday, 9 a.m. to 4 p.m.

Counselor Support Center, Monday through Thursday 7 a.m. to 4:45 p.m. Friday 11 a.m. to 4:45 p.m.

ETS Briefings, Monday through Thursday, 7:30 p.m.

Claims Division hours — The Claims Division office hours are now Monday through Thursday from 9 to 11:30 a.m. and 1 to 4 p.m. The office is closed Fridays.

Personnel Claims hours:

Mandatory briefing: Mondays and Wednesdays from 10 a.m. to 2 p.m. Submit DD 1840/1840R

Receive documents for filing: Submitting completed Tuesdays and Thursdays from 9 to 11:30 a.m. Claims: 1 to 4 p.m. Closed on Friday.

If there is an emergency personnel claims issue on Friday, call Tina Kolb at 526-1352 to see if it warrants an appointment.

OCS board — There will be a local Officer Candidate School board Nov. 20 and 21. This board is required for all applicants. All participants must report in Class As Nov. 20 and 21. All packets must be turned in to the 478th Personnel Support Battalion, Field Operations, building 1118, room 208, no later than Nov. 6. For more information, call Sgt. Martinez at 526-1906.

Editor's note: The deadline for submitting "briefs" to the Mountaineer is 5 p.m. Friday before publication.

Schedule for post's transition to heat

Courtesy Directorate of Public Works

Summer is gone, fall is here and it is time to turn the heat on postwide in preparation for our fine Colorado winter. Cooling and air conditioning will also be turned off.

Beginning Oct. 1, LB&B Associates Inc. will begin the seasonal transition from cooling to heating. As always, the transition will be done by type of facility to maximize comfort for the residents and users of all of our facilities. Following is a schedule for the transition.

Oct. 1 to 3 — Child-care, community service facilities, medical and dental facilities, and Post Headquarters regardless of the block in which they are located.

Oct. 6 to 10 — All billeting facilities and all

buildings located in the following blocks: 800, 1000, 1100, 1200, 1300, 1400, 1500, 1600, 1800, 1900, 2000, 2100, 2200, 2300, 2400, 2500, 2600, 2700, 2900, 3000, 3100, 3200, 3600, 3700, 3800, and 9000.

Oct. 13 to 17 — All warehouse and storage facilities throughout the industrial area of the installation and all buildings located in the following blocks: 200, 300, 400, 500, 600, 700, 900, 6000, 6100, 8000, 9600 and all outlying areas.

Adjustments to the above schedule will be made if the weather forecast changes drastically. We ask everyone to

remember there will be times during the transition where we will have hot days after the air conditioning is turned off, and other times we will have cold days before the heat is turned on. Requests to repair heating and cooling systems may be called in to the Directorate of Public Works/LB&B Work Order Desk at 526-5345. We do ask however, that all occupants use good judgement when requesting repair work for a heating system that has not been turned on yet. Questions concerning this schedule should be directed to Vince Guthrie, DPW at 526-9260 or 526-9262, or Don Fuhrman, DPW at 526-2215.



Dining Schedule

Week of Sept. 20 to Sept. 26

Weekday Dining Facilities

43rd ASG Cheyenne Mtn. Inn (building 1040)
3rd ACR CAV House (building 2461)
3rd ACR Patton House (building 2161)
10th SFG (A) (building 7481)
3rd BCT Strikers Cafe (building 2061)

Weekday Meal Hours

Breakfast 6 to 9 a.m. (All facilities)
6:30 to 8:30 a.m. (Cheyenne Mtn. Inn)
Lunch 11:30 a.m. to 1 p.m.
Dinner 4:30 to 6:30 p.m.

Exceptions

- Butts Army Airfield dining facility is closed until further notice.
- Strikers Inn is closed Saturday and Sunday.
- Mountaineer Inn is closed until further notice.



Saturday, Sunday and Training Holiday Dining Facilities

3rd ACR Cav. House. (building 2461)
43rd ASG (building 1040)
3rd ACR Patton House (building 2161)
3rd BCT Strikers Cafe (building 2061)

Saturday, Sunday and Training Holiday Meal Hours

Breakfast 7:30 to 9:30 a.m.
Lunch 11:30 a.m. to 1 p.m.
Dinner 4:30 to 6:30 p.m.
3 to 5 p.m. (Cheyenne Mtn. Inn)

Greenback

New myPay feature for servicemembers

**by 1st Lt. Theodore Stutz
4th Finance Battalion**

Defense Finance and Accounting Service has implemented a software package in myPay to eliminate the need for servicemembers to wait for hard copy W2s to be printed and mailed.

Military members must have a myPay personal identification number. Military members with a myPay PIN will receive an eW2, an electronic version of their W2 from the comfort of their own computer. A button will be available on myPay that will allow those members to receive a hard copy W2 if needed, but the “default” will be an electronic W2. Look for a message with more details to be included on your future Leave and Earnings Statements.

This could be a concern for soldiers that have not used their myPay account since establishing it, and

may have forgotten or never received a PIN. If you are one of these people, you can now obtain your myPay PIN by using the online feature called ePIN. myPay is an online system operated by Defense Finance and Accounting Service. ePIN and myPay are available to active, reserve, guard, civilians and military retirees with Army Knowledge Online accounts.

ePIN greatly simplifies the process of gaining a PIN that is necessary to access myPay. Personnel should go to the myPay Web site, <https://myPay.dfas.mil>, and click on the “New PIN” button. The system will verify the identity of the user through their Social Security Number and give them a PIN. The user can elect delivery of the PIN by email or regular mail. E-mail delivery takes place within 48 hours.

If you are reading this and have recently redeployed from overseas it is your responsibility to make sure finance knows your home. If you saw finance personnel at the Soldier Readiness Processing site, this is all you need to do. If you did not, please go to the SRP site on Mondays or Wednesdays, or building 1854 (across the street from Garcia Physical Fitness Center, and behind Prussman Chapel) Monday through Thursday from 9 a.m. to 3 p.m. Let the finance clerks know you are home and show them orders and a manifest to prove the date of return. If your deployment entitlements are not stopped when you get home, the government will find out, and all of the extra money you received can be taken back all at once out of your future pay. This action can leave you with no income for as long as it takes to recover the extra pay.

Family-centered care

Military moms receive better care

Courtesy Evans Army Community Hospital

The family-centered care approach to obstetric and perinatal services was recently initiated by the Department of Defense Military Health System in response to feedback from families. This approach respects patient and family choices and their values, beliefs and cultural backgrounds.

The program was implemented as a means to better serve expectant mothers who receive care in military treatment facilities (at Fort Carson-Evans Army Community Hospital). This innovative program ensures that the same, exceptional level of perinatal care and services are available at military treatment facilities across the MHS and upholds the military's creed of supporting family members whose sponsors may be deployed.

Family-centered care:

Family-centered care is especially important to military families because they are asked to uphold the nation's security. Through family-centered care, our military hospitals and clinics offer an extended family,

knowledgeable about the separation aspects of military life. To support the more than 50,000 babies born in military hospitals every year, several significant improvements have been made to obstetrics care to ensure each family receives the best care, support and services available. Family-centered care means in all MHS facilities:

- Significant others and children will be invited and welcome to participate in prenatal visits and at the birth of the child.
- Providers will receive advanced training to be more receptive to patients' questions, help develop individualized birth plans and ensure patients receive coordinated care throughout their OB experience.
- EACH will continue to offer state-of-the-art quality care in safe and secure facilities by providers who are experienced in providing the best in maternal and neonatal care.
- Patients will be able to expect the same family-centered care approach regardless of where they are stationed, building on the familiarity they already have with the MHS.

Additional services:

Beneficiaries should immediately experience enhancements in OB and perinatal care and services in MTFs across the MHS. In addition to the family-centered care initiatives above, the MHS also encourages MTFs to offer to the extent possible:

- Increased ease of scheduling appointments through:
 - TRICARE Online
 - Appointments being offered before leaving the MTF
- Better telephone access
- Improved parking
- Reserved or valet parking in third trimester
 - "Stork parking" after birth
- Individualized prenatal education
 - Classes, pamphlets, videos and Web sites
 - Information on nutrition and exercise
 - Private postpartum rooms
 - Lactation support programs
 - Admission/discharge paperwork at bedside

Costs for care received under TRICARE Standard:

The costs for maternity care received under TRICARE Standard will remain the same. The MHS is not a profit-based enterprise, which means TRICARE is able to offer enhanced services because its medical decisions are primarily driven by the health needs of its patients and their families. For cost information, interested parties may view the Maternity Care Fact Sheet at www.tricare.osd.mil/factsheets/index.cfm?fx=showfs&file_name=Maternity%5FCare%2Ehtm.

For more information, the family-centered care Web site at www.tricare.osd.mil/familycare/default.cfm offers news, benefit updates and stork stories for families. For more information about OB improvement efforts or to comment on the new program, beneficiaries are welcomed and encouraged to contact the Evans Army Community Hospital OB/GYN Clinic at 526-7172. Beneficiaries should also take advantage of new-comer's tours to obtain the most up-to-date information on OB benefits and services available at Evans by calling 526-7172.

Community

Sticks and stones

Name-calling punishable offense under UCMJ

by Pfc. Aimee J. Felix
Mountaineer Staff

Editor's note: Language in second paragraph may be offensive to some readers.

A soldier lay on the floor of his barracks room bleeding, a day away from dying. The numerous baseball-bat hits to his head would prove stronger than he. Two days earlier, defending himself, he won a fight against another soldier. He never knew he'd have to pay with his life for that victory.

"I won't be beat by a 'faggot,'" said Pvt. Calvin Glover, the soldier's attacker, peer and fellow infantryman, in his preliminary court-marshal hearings.

What started with name-calling ended in homicide for Pfc. Barry Winchel, a Fort Campbell, Ky., soldier, who was killed by Glover, in July 1999. Winchel's mannerisms provoked his fellow soldiers to harass him by calling him derogatory homosexual names. No one in Winchel's unit did anything to stop the abuse. The harassment only increased, and Winchel lost his life because no one put a stop to the name-calling.

This EO office takes name-calling seriously, said Master Sgt. Samuel M. Ramos, noncommissioned officer in charge, 7th Infantry Division and Fort Carson equal opportunity office.

Name-calling is only the first of five levels of prejudice, according to a study of the Holocaust by social psychologist Gordon Allport. According to the study, name-calling leads to the isolation of a group or person, which then leads to discrimination or legal isolation. The steps end in physical violence followed by murder.

Although the military EO program has been around for 20 years, the last 10 years have shown an increase in education and awareness. In those past 10

years incidents of discrimination have gone down. Military leaders have realized that enforcing equal opportunity principles and standards enhances the mission, said Ramos. Although, Fort Carson's EO department has not had any severe EO incidents, it will continue providing intense training to maintain the standards.

Name-calling and labeling are just as serious as discrimination and the acts that come as a result of it. It is discrimination in its most basic form.

Being a victim of name-calling can cause internal tension, stress and anxiety, which will severely affect a soldier's job performance, said Ramos. The military has a zero-tolerance policy for name-calling. Name-calling becomes derogatory the instant anyone considers it offensive. "It's all about perception," said Ramos. Even if the name-calling is used in an endearing fashion, it should be avoided for one's own protection.

"You can say it for 364 days, and it's OK, but then that 365th day the comment is taken the wrong way or misinterpreted," said Ramos. "That person may just not be in the mood, they file a complaint, and you're wrong."

The repercussions of name-calling are the same as any other EO violation. These may include punishment under the Uniform Code of Military Justice, counseling statements, letters of reprimand, judicial action or whatever else a commander decides, said Ramos.

Most incidents tend to be racial and sexist in nature, and they happen because of a lack of training, a lack of respect for fellow soldiers and an antiquated upbringing both at home and in the "old Army," he said.

"You can (call someone a name) for 364 days, and it's OK, but then that 365th day the comment is taken the wrong way or misinterpreted ... That person may just not be in the mood, they file a complaint, and you're wrong."

Master Sgt. Samuel M. Ramos,
noncommissioned officer in
charge, 7th Infantry Division and
Fort Carson equal opportunity
office

See Name-calling, Page 12

Fort Carson member receives award for excellence

by Pfc. Stephen Kretsinger
Mountaineer staff

The Mountain Post's own Patty Martinez, chief of movement for the Installation Transportation Office, has been awarded the 2003 Army Excellence in Traffic Management award. The award was given for excellence in transportation management in 2002.

Martinez received the award Wednesday at the 57th National Defense Transportation Associations Annual Logistics Forum and Exposition in Kansas City, Mo. She was nominated for the award in the spring and was notified of winning the award in August.

The NDTA estimates more than 1,000 people attended this event. The event was being held at the historic Union Station in downtown Kansas City from Sept. 13 to 17. Union Station was chosen because it is an important transportation landmark.

"It's a great honor to be chosen for this award," said Martinez, first time winner of the award.

This is not the first time Martinez has been recognized for her work. She received the Secretary of the Army Public Service Award for outstanding service from January to April 2003.

Martinez's supervisor, who has known her since 1982, was not surprised by the news. "She has worked

hard and is very dedicated to her work," said Marti Schaefer, installation transportation officer and chief of the transportation division of ITO. "She is very professional, but fun. She really interacts with people on a genuine level, from civilians to generals. She is dedicated and focused."

Martinez is originally from Wyoming and a mother of two. She has served the Army since 1977. She has been to Fort Sheridan, where she worked as a passenger clerk, and Panama, working as a supply clerk. Martinez has worked at Fort Carson since 1981.

Her office's primary responsibility is the preparation, maintenance and execution of unit movement and related plans, and documentation for all units within the states of Colorado, Wyoming, Montana, Idaho, North Dakota, South Dakota and Utah, about 256 units. She advises and assists unit commanders in preparing unit movement mobilization and deployment plans, and in developing and reporting Unit Movement Data. The office also handles freight transport and container movement.

Martinez is very appreciative of her

staff and attributes much of her success to them. "The award is being presented to me, it's based on the work of my section," said Martinez. "I'm receiving the award, but it's going to the transportation office."

"A good staff is important," said Schaefer. "People shine when they have a strong force behind them."

The NDTA is a nonpolitical and nonprofit educational association of government, military and industry professionals dedicated to fostering a strong and efficient global transportation and distribution system in support of national security, according to the NDTA Web site.

The NDTA mission is to foster a strong and efficient global transportation and distribution system to support the economy and national security of the United States by advancing the knowledge and science of transportation and distribution within government and industry, facilitating the sharing of knowledge between government and transportation and distribution related industries and educating members on the important issues affecting the global transportation and distribution system.



"It's a great honor to be chosen for this award ... I'm receiving the award, but it's going to the transportation office."

Patty Martinez, chief of movement for the Installation Transportation Office

Community Events

Miscellaneous

2003 Army Battle of Bands finals — The 2003 Battle of Bands finals will be held at Fort Carson. The Department of the Army-level finals consists of bands nominated from Army installations around the world to compete against each other for prizes, monetary awards to the representing military installation and opportunities to perform in other venues of the U.S. Army Entertainment Division.

The competition will be Oct. 11 at the Fort Carson Special Events Center. The semi-finals will be held at 1 p.m. and the finals will follow at 7 p.m. Both performances are free and open to the public.

For more information, please call 526-4494.

ACAP job openings — Army Career and Alumni Program currently has the following jobs listings for interested personnel. For more information about the jobs, call 526-1002.

What: Turret Mechanics in Saudi Arabia Who: E-5 and above

What: Fire control specialist in Saudi Arabia Who: E-5 and above

What: IT LAN administrator in Colorado Springs Who: MSCE, no degree required, TS/SCI Security Clearance

What: C4I Systems Architect (three openings) in Omaha, Neb. Who: Secret security clearance

What: Pharmaceutical sales in Salt Lake City Who: Junior military officers

Annual leave donations — Joe Martinez, Directorate of Community Activities; and Alan Wright, an employee in the Directorate of Environmental Compliance and Management, need annual leave donations to help cover absences because of illnesses and the exhaustion of available paid leave; call Robin Spencer at 526-0427.

Civilian employees willing to donate annual leave under the "Voluntary Leave Transfer Program" should refer to Fort Carson Regulation 690-4. Leave donation forms (OPM Form 630-A) may be obtained from your personnel section or at the OPM Web site at www.opm.gov/forms/index.asp. Completed donation forms should be forwarded to your leave approval official for approval, and then to the Customer Service Representative at DRM. For more information, call Patrick McCusker at 526-1696 or Kathye Green at 526-1729.

Job openings at Fort Carson chapels —

Soldiers' Memorial Chapel:

Catholic parish priest

Catholic parish deacon

Choir director/cantor for 5 p.m. Saturday

Catholic service

Choir director/cantor for 9:30 a.m. Catholic service

Organist/pianist for 9:30 a.m. Catholic service
Organist/pianist for 11 a.m. Protestant service
Choir director for 11 a.m. Protestant service
Provider Chapel:
Musician/cantor for 12:15 p.m. Catholic service
Pianist/organist for 9 a.m. Protestant service
Pianist/organist for 5 p.m. Saturday Catholic service

Choir director for 9 a.m. Protestant service
Pianist/organist for 10:45 a.m. Liturgical Prussman Chapel:

Musician/cantor for 8 a.m. Catholic service
Pianist/organist for 11 a.m. Gospel service
Choir director for 11 a.m. Gospel service
Veterans' Chapel:

Pianist/organist for 9:30 a.m. Protestant service
Family Life Center:
Clinical supervisor

If you are interested in any of these positions, contact Jean Gatta at 526-6600 located in the Directorate of Contracting, 1850 Mekong, building 6222.

Command and General Staff College Offered at Fort Carson — All active, Reserve component and National Guard majors and promotable captains are invited to enroll in the U.S. Army Reserve Command and General Staff College offered through the 10th Battalion, 104th Division (IT). This course is an equivalent alternative to residence attendance at Fort Leavenworth, Kan., and the correspondence option. Small group instruction takes place in four phases. Phases one and three are conducted at Fort Carson from October through May, one night a week. Phases two and four are conducted in a two week annual training or temporary duty status in June and July each year. These phases are currently planned to be held at Fort Carson as well. Hurry — classes begin Oct. 1. Contact Maj. Greg Kropkowski for more information 668-8530 or at greg.kropkowski@us.army.mil or Lt. Col. Kim Wortham at 526-6879 or kim.wortham@carson.army.mil.

Combined Federal Campaign training schedule — The Fort Carson CFC will officially kickoff Oct. 1 at the Elkhorn Conference Center, come one, come all. It is imperative all directorates, activities, small functions and independent agencies appoint a keyworker for every 25 individuals assigned in order to facilitate a successful campaign. Each assigned project officer, and keyworker will attend a minimum of one training session.

For more information, call Sgt. 1st Class Ronald Cook at 526-0992.

Claims against the estate

Claims against the estate — With deepest regrets to the family of Spc. Stephen Scott, deceased. Anyone having claims against or indebtedness to his estate should contact 1st Lt. Conorich at 526-5167 or 338-1420.

Claims against the estate — With deepest regrets to the family of Pfc. Vorn J. Mack, deceased.

Army Community Service Family Readiness Center
526-4590



Fort Carson AFAP

This is your opportunity to participate in the **2004 Army Family Action Plan (AFAP) Conference** and voice your quality of life concerns. Many issues prioritized at the conference can be resolved locally while those that cannot are forwarded to the regional level & possibly the DA level for their annual conference.

To submit a quality of life issue (i.e. housing, re-enlistment, health-care, education) stop by the Army Family Action Plan Office in ACS, Bldg. 1526. For details, contact Nancy Montville at 526-4590.

November 5 & 6

Make A Difference Day

October 25, 9am-2pm

Turkey Creek Recreation Area

Registration Deadline: 10 October.

Make A Difference In Our Community. Call 526-4590 for details.

Anyone having claims against or indebtedness to his estate should contact 1st Lt. David Parmer at 526-8095 or 559-9486.

Claims against the estate — With deepest regrets to the family of Spc. Ronald Dean Allen, deceased. Anyone having claims against or indebtedness to his estate should contact Capt. Justin Ticknor at 526-6259.

Claims against the estate — With deepest regrets to the family of Capt. Joshua Todd Byers, deceased. Anyone having claims against or indebtedness to his estate should contact 1st Lt. K.C. Hughes at 524-1097.

Claims against the estate — With deepest regrets to the family of Sgt. Melissa Valles, deceased. Anyone having claims against or indebtedness to his estate should contact 1st Lt. Chad Burger at 526-3267 or 473-0789.

Claims against the estate — With deepest regrets to the family of Pfc. Jesse Alan Givens, deceased. Anyone having claims against or indebtedness to his estate should contact 1st Lt. Daniel E. Lawrence at 524-3529 or 761-4054.

Name-calling

From Page 12

All soldiers are required to undergo two hours of EO training per quarter. Equal opportunity leaders are trained through a senior leaders training course provided the 7th ID and Fort Carson EO office.

Soldiers getting ready to deploy receive extensive cultural training so they can understand the reality of the culture of the people they will be working around. This type of training instills an important principle: different does

not mean wrong.

"Such training has been effective," said Ramos. Units that thoroughly conducted their EO training prior to deployment had more cohesion and better morale than those units that didn't.

Soldiers may be fearful of bringing up an EO complaint especially on something like name-calling that seems so harmless. Commanders, however, are counseled on the reprisal act. This act protects both the victim and the accused from negative action by their chain of command and from discrimination. The victim is also protected under the Whistle Blower's Act, which states if a

person has a legitimate complaint no action can be taken against that person by anyone in that person's chain of command.

Each company should have an EO leader who provides all the necessary tools needed for accurate EO training. "The Army of today is not the Army of 20 years ago; today's Army is a respectful Army," said Ramos. It is the job of those in charge of training to change antiquated attitudes and to maintain the decreasing level of EO incidents.

When people name-call, or attach labels to others, they reveal more about themselves than they do of the individu-

als they are trying to define.

Many people might feel political correctness is a burden. It would be much easier, for example, to not offend women if they weren't around to offend. But this misses the point. Equal opportunity standards have been adopted by the Army as a lifestyle, and these standards should not be viewed by soldiers as something to adapt to in order to avoid punishment. The Army adopted EO because soldiers deserve a peaceful working environment. If that's a burden, there's still much work to be done, as far as equal opportunity in the military is concerned.

Chaplain's Corner

Planning ahead can prevent crises

Commentary by Chap. (Capt.) Terry E. Romine

10th Special Forces Group

All too often we are in the crisis management mode rather than the crises prevention mode.

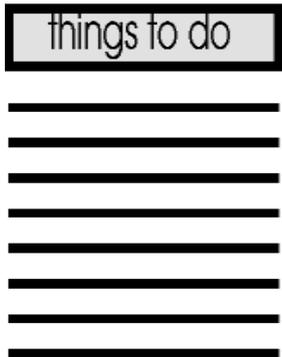
My wife and I don't wait until we are starving to purchase groceries for our meals. We plan ahead. We go to the store with a purpose.

In some societies that planning process is spread out over a long period of time. Think about those who have to plant in the spring in order to eat all year long. If they fail to plan, their entire community may starve. That kind of preparation and planning is just an illustration

of the kind of planning and preparation we should make in many other areas of our lives.

Many times, because of poor planning or poor decision-making, we put ourselves in positions to create a crisis. After doing the wrong thing, we find ourselves in a crisis, paying serious con-

sequences and wish it were not so or look to someone else to manage the crisis for us. Sometimes we want the chaplain or even God to right the wrong. Sometimes we want the person we have wronged or hurt to just let us start over, with no consequences. Unfortunately it does not work that way. If we did not plant in the spring, we do not eat in the autumn.



How do we prevent a crisis? We can do something different. First, we cannot do it alone. We need help. We must surround ourselves with people who are willing to help us and who are willing to be helped by us. We are in this together. The community of faith, those who make up the

Lord's churches, should be a community of people who recognize their potential for crisis and watch each other to keep one another away from danger.

It must be mutual agreement that when we see someone putting themselves in a situation or attitude which will allow them to make a decision that will put

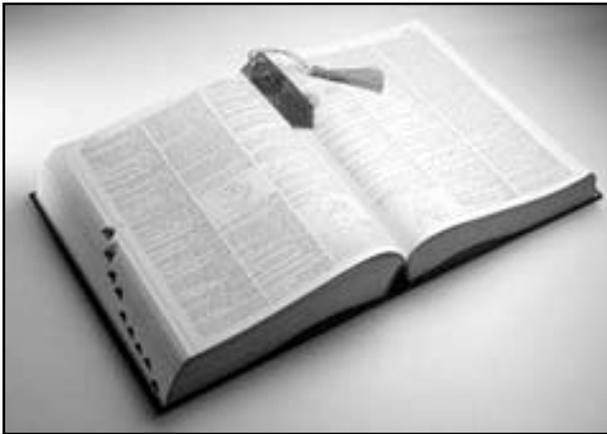
them into a crisis situation, we notify them, caution them, and help them to move away from the danger. Galatians 6:1, "If a man be overtaken in a fault, ye which are spiritual, restore such an one in the spirit of meekness; considering thyself, lest thou also be tempted." To me, that says the community of faith should be a support group for sinners. We must support one another; to avoid the crisis we need that support group. Sin always has consequences. Rather than managing the crisis, we can avoid the crises. One way is to watch out for each other.

A second thing we can do to prevent a crisis in the first place, is to stay away from the opportunity to make the wrong decision or do the wrong thing. We will not be as likely to get burned if we do not play with fire. We do not have to make all the mistakes ourselves to learn from experience. If we know of someone else getting burned playing from fire, we can learn from their crisis to avoid the circumstances that would create our own crisis.

A third thing is to get ourselves educated about what is right and wrong. We learn right and wrong from a number of

different sources. Our parents teach us, our grandparents teach us, our neighbors teach us, our friends teach us, our society teaches us, the laws of the land teach us. We can learn many things about right and wrong expectations from many sources. Unfortunately, sometimes these sources do not teach accurately or we choose to disregard what they have taught us about right and wrong behavior. When we choose wrong behavior, we reap the consequences. One great source of teaching on right and wrong behavior is the Bible. While it does not specifically name every behavior, it does give principle by that we may live our lives with right behavior. We should make conscience decisions about doing what is right. If in doubt, leave it out until you have checked with authoritative sources about right and wrong. The price may be more than you are willing to pay.

Galatians 6:7 and 8, "Be not deceived; God is not mocked: for whatsoever a man soweth, that shall he also reap. For he that soweth to his flesh shall of the flesh reap corruption; but he that soeth to the Spirit shall of the Spirit reap life everlasting."



Chapel

Special observance of the Feast Day of St. Francis of Assisi — Join us for a celebration of the feast of St. Francis of Assisi and a blessing of the animals Oct. 4, 3 p.m., Soldiers' Memorial Chapel. Bring your pet or favorite stuffed animal doll to be blessed. This program is sponsored by the Fort Carson Catholic Women. For information, call Delene Baty at 393-1444

Fort Carson's AWANA club is gearing up for another exciting year — Club 13,334 meets every Thursday from 5 to 7 p.m. at Soldiers' Memorial Chapel.

During game time, individual and team competition takes place through circle games exclusive to AWANA. Every kid gets involved and has a chance to unleash his or her energy, while learning good sportsmanship and respect. During Handbook time, kids work one on one with a trained leader to complete assignments that emphasize memorization and understanding of key Bible verses. Council time is when everyone gathers for an engaging Bible based lesson.

AWANA is divided into age appropriate clubs, which are similar to Scouts, in that the children wear uniforms and progress through handbooks. A series of awards reward achievements at every level.

Chapel Schedule

ROMAN CATHOLIC

Day	Time	Service	Chapel	Location	Contact Person
M-W-F	noon	Mass	Healer	Evans Army Hospital	Fr. Battiato/649-5260
Tues., Wed., Thurs.	noon	Mass	Soldiers'	Nelson & Martinez	Chap. Patton/526-5769
Saturday	5 p.m.	Mass	Soldiers'	Nelson & Martinez	Chap. Patton/526-5769
Sunday	8 a.m.	Mass	Prussman	Barkeley & Prussman	Chap. Patton/526-5769
Sunday	9:30 a.m.	Mass	Soldiers'	Nelson & Martinez	Chap. Patton/526-5769
Sunday	10:45 a.m.	CRE	Soldiers'	Nelson & Martinez	Pat Treacy/526-5744
Sunday	11 a.m.	Mass	Healer	Evans Army Hospital	Fr. Battiato/649-5260
Sunday	12:15 p.m.	Mass	Provider	Barkeley & Ellis	Chap. Patton/526-5769
Tuesday	6:30 p.m.	RCIA	Soldiers'	Nelson & Martinez	Pat Treacy/526-5744
Saturday	4 p.m.	Reconciliation	Soldiers'	Nelson & Martinez	Chap. Patton/526-5769

PROTESTANT

Sunday	9 a.m.	Protestant	Healer	Evans Army Hospital	Chap. Kincaid/526-7387
Sunday	9 a.m.	Protestant	Provider	Barkeley & Ellis	Chap. Borden/526-3711
Sunday	11 a.m.	Protestant	Soldiers'	Nelson & Martinez	Chap. Fox/526-8011
Sunday	9:30 a.m.	Prot./Gospel	Prussman	Barkeley & Prussman	Chap. Byrd/526-2811
Sunday	9:30 a.m.	Sun. School	Prussman	Barkeley & Prussman	Chap. Byrd/526-2811
Sunday	9:30 a.m.	Sun. School	Soldiers'	Nelson & Martinez	Dr. Scheck/526-5626
Tuesday	9 a.m.	PWOC	Soldiers'	Nelson & Martinez	Chap. Fox/524-1166
Sunday	9:30 a.m.	Contemporary	Veterans'	Magrath & Titus	Chap. Ellison/526-8890
Sunday	6 p.m.	PYOC	Soldiers'	Nelson & Martinez	Ms. Scheck/524-1166

LITURGICAL

Sunday	10:45 a.m.	Lutheran	Provider	Barkeley & Ellis	Chap. Lloyd/526-3888
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JEWISH

For information and a schedule of Jewish Sabbath services, call the U.S. Air Force Academy Cadet Chapel at 333-2636.

WICCA

Tuesday	6:30 p.m.		Family University	Bldg. 1161	Ms. Costantino-Mead
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MORMON

Sunday	2 p.m.	LDS	Provider	Barkeley & Prussman	Chap. Jones/526-4416
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NATIVE AMERICAN SWEATLODGE

For ceremonial information and directions, call Michael Dunning at 382-5331.

For additional information, contact the Installation Chaplain's Office, building 1550, at 526-5209. Normally, free child-care is available during on-post worship services.

Daily Bible readings: In order to assist in regular scripture reading, the following scriptures are recommended. These scriptures are part of the common daily lectionary which is designed to present the entire Bible over a three-year cycle.

Friday — Psalms 103 & Song of Solomon 1-4

Saturday — Psalms 104 & Song of Solomon 5-8

Sunday — Psalms 105 & Jeremiah 1-3

Monday — Psalms 106 & Jeremiah 4-6

Tuesday — Psalms 107 & Jeremiah 7-9

Wednesday — Psalms 108 & Jeremiah 10-12

Thursday — Psalms 109 & Jeremiah 13-15

The Army Cycle Of Prayer — Each week the Office of the Army Chief of Chaplains will highlight Army units, the Army at large, the nation and religious organizations to focus prayer. You are invited to join with the chaplain community and pray for these individuals and organizations. Please pray this week for the following:

Unit: For all American forces deployed to the Balkans (Kosovo, Bosnia, etc.). May God protect them and guide them as they instill peace in those war-torn lands.

Army: For the families of all deployed soldiers everywhere. Pray God would protect and nurture them, and bring their loved ones safely home as missions conclude.

State: For all soldiers and families from the state of Wyoming. Pray for Gov. Dave Freudenthal, the state legislators and municipal officials of the Equality State.

Nation: For all farmers and agricultural workers, that through their stewardship and harvesting of the land, ours and other peoples around the world might be nourished, and that hunger might cease everywhere.

Religious: For the Jewish observance of the High Holy Days, particularly of Rosh Hashanah (Sept. 27 and 28), Yom Kippur (Oct. 6), and Sukkoth (Oct. 11 and 12).

For more information on the Army Cycle of Prayer, or to pray for items from previous weeks, visit the cycle's Web site at www.usarmychaplain.com.

My life as...

A WORLD-CLASS ATHLETE

by Bill Scharton
Mountaineer staff

Yelena Pisarenko and Michael Prieditis are soldier-athletes. They are members of the Army World Class Athlete Program.

Pisarenko, 25, competes in Tae Kwon Do. Each weekday morning, her day begins with track practice. This workout includes distance running, interval training and sprints. Track practice is followed by jump-rope exercises, running stairs and other assorted calisthenics.

After this strenuous morning session, Pisarenko gets to take a break for lunch. She then heads to the gym for the afternoon workout. She gets her feet taped and then works on flexibility and stretching exercises prior to taking part

in an exercise science known as plyometrics (a combination of speed, dexterity and agility drills). "We all hate it, but we all know that we need it," said Pisarenko.

This afternoon warm-up session is followed by sparring and target drills. The afternoon practice usually concludes somewhere between 5 and 6 p.m. A break for an evening meal is followed by weight training. "If it is mandatory, we lift weights at the WCAP facility," said Pisarenko. "If we are on our own, we go to Forrester Physical Fitness Center."

Come Saturday morning, Pisarenko and the other WCAP tae kwon do athletes head out to Garden of the Gods for a seven-mile run. Sunday is an individual training day if competition time is close.

Otherwise, it is a day off.

Prieditis, 32, is the one and only judo competitor among the Army WCAP soldier-athletes. He does the majority of his training at the Olympic Training Center in Colorado Springs with the OTC resident world class judo athletes.

On Monday, Wednesday and Friday mornings, Prieditis' day gets under way with a variety of early morning running drills. It is a combination of endurance, interval and sprint training. "We do this in various locations around the OTC area," said Prieditis. This is followed by technical training on the mats at the OTC.

If sports medicine is needed, this is next. The afternoon on-the-mat training

begins at 5 p.m. It usually lasts for at least two hours and includes sparring and situational drills.

Prieditis' Tuesday and Thursday routine consists of weight training in the morning followed by the afternoon on-the-mat practice. Mandatory weight training is on the Saturday morning slate. Prieditis usually has the rest of the weekend to himself. "Sometimes this changes when a competition is getting close," he said.

In addition to their rigorous physical routine, Pisarenko and Prieditis are required to balance their athletic training with their military career requirements. They would be the first to tell you they are soldiers first and athletes second.

Facts about the Army World Class Athlete Program

— WCAP identifies exceptional soldier-athletes (including members of the Reserve component) and provides them the opportunity to compete in national and international events that lead to qualifying for the United States World and Olympic Teams.

— WCAP currently has 82 soldier-athletes on its competitive roster. This roster includes the sports of wrestling, boxing, modern pentathlon, swimming, judo, tae kwon do, bobsled, track and field, rowing and shooting. All are assigned to Army WCAP headquarters at Fort Carson and approximately two-thirds of the soldier-athletes train at Fort Carson or the Olympic Training Center in Colorado Springs. The others train at climates or locations more suitable for their particular sport.

— The WCAP mission is to place soldier-athletes on the United States World and Olympic Teams and to promote the United States Army through national and international competition.

— A soldier selected for the WCAP must hold a national ranking from the governing body of his/her chosen sport and be certified as world-class level by the U.S. Olympic Committee.

— Participants in the WCAP balance their athletic training with their military career requirements. They are soldiers first and must maintain their military occupational skills, attend college, and are expected to represent the Army in an exemplary manner. In wartime or if other contingencies require their soldiering skills, they return to a unit and deploy as necessary.

— WCAP soldier-athletes conduct clinics and make appearances at high schools and colleges.

— WCAP soldier-athletes receive the best possible coaching, access to training venues, state-of-the-art sports medicine, as well as opportunities to participate in top national and international competitions.

— Soldiers are accepted into the WCAP for a period of two to three years leading up to the Olympic Games. After the Olympics, they either return to normal military duties or are reinstated to the WCAP.

— The WCAP originated in 1978 as a part of the Army Sports program. In 1994, the WCAP was formally established, and the WCAP detachment was activated in 1997 as a permanent unit housed at Fort Carson.

— The WCAP benefits the Army by reinforcing an image of the Army, providing Army athletes with national visibility, (3) recognizing outstanding soldier-athletes and establishing a standard of excellence all soldiers can strive for.



Yelena Pisarenko, an Army World Class Athlete Program tae kwon do athlete, goes airborne during a practice drill. Pisarenko is one of seven Tae Kwon Do athletes in the Army World Class Athlete Program.

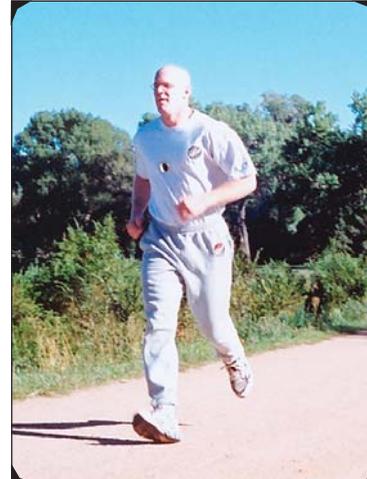


Photos by Bill Scharton

Army World Class Program Tae Kwon Do athletes Yelena Pisarenko, right, and Petra Kau do a little sparring near the Special Events Center.



Michael Prieditis throws a training partner to the mat during judo practice at the Olympic Training Center in Colorado Springs. Prieditis is currently the only judo athlete in the Army World Class Athlete Program.



Army World Class Athlete Program judo athlete Michael Prieditis is shown during a training run near downtown Colorado Springs. Running is an important part of the overall training routine for Prieditis.



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Sports & Leisure

Touchdown

Eagles football teams win openers

by Bill Scharton
Mountaineer staff

The Carson Middle School seventh and eighth-grade football teams were both victorious at home Sept. 10. The Eagles defeated their Small Division counterparts from Skyview Middle School.

The seventh-grade Eagles pulled off an exciting come-from-behind 20-16 win over Skyview by scoring the winning touchdown with just a minute left in the contest.

Skyview jumped out to a 16-0 lead over the Eagles midway through the second quarter. With three minutes left in the first half, Eagles all-purpose back Devyn Harris got his team back in the game with a 55-yard touchdown run around right end. The two-point conversion attempt failed and the Eagles trailed 16-6 at halftime.

This momentum carried over to the second half as Carson methodically drove 60 yards for a score, made the two-point conversion and narrowed the gap to 16-14.

In the fourth quarter, the Eagles defense made a big fourth down stop at its own 47-yard line. The Eagles went on offense needed to score a touchdown to take the lead.

On the first play from scrimmage, Harris threw the ball over the head of Eagles teammate Jeremy Green who was wide open on the play. On the next play, Harris atoned for the mistake by rambling 53 yards down the sidelines for a touchdown. The two-point conversion attempt failed and the Eagles had a slim 20-16 lead with one minute left on the clock.

A good Carson kickoff forced Skyview to start its drive at its own 27-yard line. Skyview's first play went for 12 yards and a first down. The next play moved the ball to midfield and Skyview had only six seconds left to try to score. The Eagles' defense held Skyview to a short gain and win number one was secure. The Sept. 10 win left the seventh-grade Eagles with a 1-2 overall mark and a 1-0 division

record.

The Eagles eighth-grade football team started division play in an auspicious manner Sept. 10 by defeating Skyview 30-22. The win was the second in a row for Carson and boosted the Eagles' overall record to 2-1 to go along with the 1-0 division mark.

Carson scored first against Skyview when quarterback Hayden Dean hooked up with Jason Schatz for a six-yard touchdown pass. A successful two-point conversion gave the Eagles the 8-0 lead.

Skyview came right back with a scoring drive and tied the score at eight. On the next Carson drive, Dean threw an interception. Skyview capitalized on the turnover and grabbed a 14-8 lead over the Eagles.

A determined Carson squad marched down the field on its next possession. At the Skyview 20-yard line, the Eagles bamboozled Skyview with a halfback option pass from Schatz to a wide open Austen Coleman. A successful two-point conversion put the Eagles back on top 16-14.

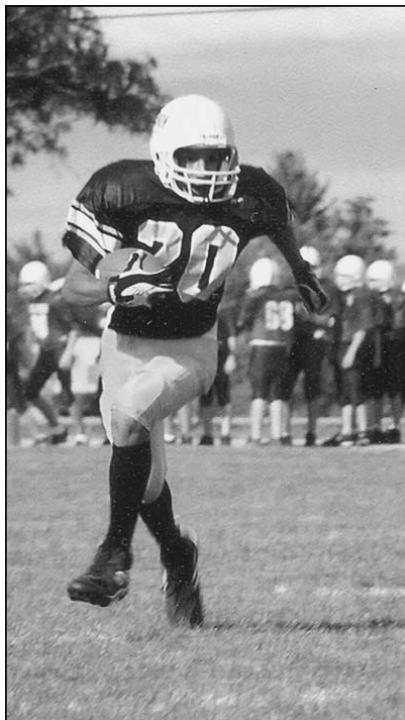
In the final two minutes of the first half, both teams scored touchdowns on long runs from scrimmage. Skyview went back on top 22-16 with a 63-yard TD run and a two-point conversion.

On the next possession with the clock about to expire, Eagles' running back Dominique Smith broke three tackles en route to a 60-yard scoring jaunt. The two-point conversion was good and Carson led 24-22 at intermission.

The Eagles' defense glued itself together at halftime and kept Skyview off the scoreboard the final two quarters. "They (Skyview) ran through us in the first half," said Carson head coach Justin Arnell. "But the defense really came through when it counted."

Carson put together another scoring drive midway through the fourth quarter. A good punt return started the drive in Skyview territory. Three plays later, Smith scampered 25-yards for the score.

See Eagles, Page 23



Photos by Bill Scharton

Eagles' seventh-grade running back Devyn Harris finds himself all alone while rambling for a touchdown against division foe Skyview Sept. 10. Harris had two long touchdown runs in the 20-16 division win at home over Skyview.



Carson eighth-grade running back Dominique Smith, No. 1, looks for a hole to run through during the Eagles 30-22 division win over Skyview at home Sept. 10. Smith scored two touchdowns in the Eagles' victory.



A pair of Eagles' eighth-grade defenders stop the progress of the Skyview ball carrier. The Eagles' defense shut out Skyview in the second half to preserve a 30-22 division win at home Sept. 10.

Ready to defend

Army boxers go after another PAL title

by **Bill Scharton**
Mountaineer staff

The Army World Class Athlete Program boxing team is set to defend its team title at the 2003 National Police Athletic League Boxing Championships. This 29th annual event will take place Sept. 20 to 27 in Toledo, Ohio.

Army has captured the team championship the past two years and has a tradition of placing high at this event. "We usually do pretty well at this tournament," said Army WCAP head boxing coach Basheer Abdullah. "Club teams from all over the country will be going after the team title, but we aim to win it for the third year in a row."

According to Abdullah, the National PAL Boxing Championships is one of the largest tournaments. It is an open event and is expected to draw 500 participants. The winner in each of the 11 weight classes at the 2003 National PAL Championships will earn a spot in the 2004 U.S.

Olympic Team Trials.
Representing the Army team at the

national PAL tourney will be Torrence Daniels (119 pounds), Mahlon Kerwick (132 pounds.), Keith Mason (141 pounds), Corey Bernard (141 pounds), Rondale Mason (152 pounds), Edward Joseph (152 pounds), Julius Fogle (165 pounds) and Charles Leverette (201+ pounds). Army boxer Marshall Christmas will compete in the PAL tournament but will not be part of the Army team contingent.

Due to the fact that 2004 is an Olympic year, Abdullah said the All Army Boxing Trial Camp and Armed Forces Championships will take place earlier than normal. The All Army Boxing Trial Camp will be in November at Fort Huachuca, Ariz. The Armed Forces Championship will be in December at Camp Lejeune, N.C.

The winner in each of the 11 weight classes at the Armed Forces Championships will earn a spot in the 2004 U.S. Olympic Team Trials. The Olympic team trials are slated for February in Mississippi.



Photo by Bill Scharton

Army World Class Athlete Program boxing team member Rondale Mason, left, works out with Army WCAP head boxing coach Basheer Abdullah last week at the WCAP boxing facility. Mason and his Army teammates will be trying to defend their team title next week at the 2003 National PAL Boxing Championships in Toledo, Ohio.

Second straight silver for George

by Bill Scharton
Mountaineer staff

Yogi Berra's famous quote, "It's like déjà vu all over again," has an all too familiar ring for Tina George.

For the second year in a row, George, an Army World Class Athlete Program wrestler, lost a decision to Japan's Saori Yoshida in the gold medal match (55 kilograms/121 pounds) at the World Championships of Freestyle Wrestling. The 2003 championships took place Friday through Sunday at Madison Square Garden in New York City.

In the 2002 title match, George lost a lopsided 10-4 decision to Yoshida. In the title tilt this year, George narrowed the gap to a final score of 5-2 but was still not satisfied with the outcome.

"I gave it my best, but I want another shot at her," said George.

George said she had a good start in the title tilt. She was tied 1-1 with Yoshida at the end of the first period.

"In the second period, Yoshida scored three straight single points on me," said George.

"I scored a point on a takedown in the second period, but it was not enough."

The road to the gold medal match was a grueling one for George. The 55 kilograms/121 pounds weight class is one of four Olympic weight classes and is one of the most competitive women's divisions. At the 2003 world championships, 32 countries were represented in this weight class.

George had to win five matches to make it to the title tilt. She won two matches Friday, two on Saturday and a Sunday morning semifinal prior to going for gold on Sunday afternoon.

George was part of the United States women's team that won medals in all seven weight classes at the 2003 World Championships of Freestyle Wrestling. The United States team tied the Japanese team in total points scored, but Japan was awarded the team gold medal based on more individual championships won.

Women's freestyle wrestling will make its Olympic debut next summer in Athens, Greece.

However, at the Olympic Games, only four weight classes will be contested. The United States will have competitors in all four weight classes due to their success at the 2003 world championships.

George is planning on being a member of the 2004 United States Olympic Team. "Qualifying these weights for the United States team at the world championships will remove a lot of stress from the United States women's team," said George. "Heading into next year, we can concentrate on other things besides qualifying a weight for the Olympics."

George might get another shot at Yoshida in the near future. The freestyle World Cup championships are scheduled to take place in Tokyo Oct. 10 to 12. George said she would especially like to defeat Yoshida in her own backyard.

"I'm on my way if the United States decides definitely to send a team," said George. "It would be my first World Cup competition."

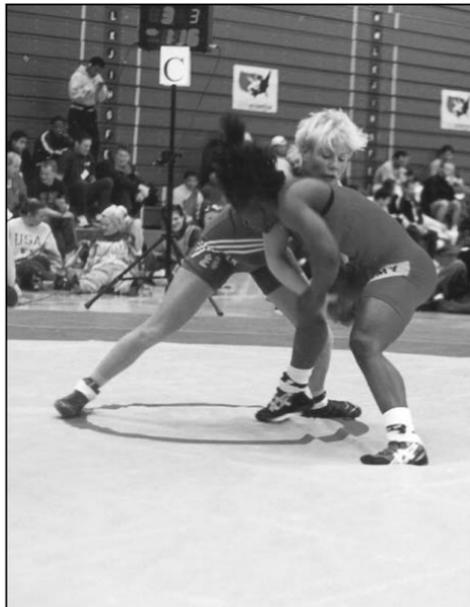


Photo by Bill Scharton

Army World Class Athlete Program freestyle wrestler Tina George, right, is shown in action against Sweden's Ida-Therese Karlsson earlier this year. George won a silver medal Sunday at the World Championships of Freestyle Wrestling for the second year in a row.

Lady Mountaineers

Win one game lose another

by **Bill Scharton**
Mountaineer staff

The Lady Mountaineers competitive slowpitch softball team won one game and lost another Monday night in Colorado Springs Parks and Recreation women's recreation fall silver league action. This left the Lady Mountaineers with a 3-1 record with four games remaining on the schedule.

The second game loss to the All About Jesus team dropped the Lady Mountaineers out of a tie for first place in the league standings and gave the opponent the inside track to the league championship.

In the first game of the evening, the Lady Mountaineers cruised to an easy 17-7 victory over Yo Baby! After failing to score in the top of the first inning, the Lady Mountaineers erupted for five runs each in the top of the second and the top of the third.

The Lady Mountaineers' second inning uprising featured an RBI single by infielder Rebecca Sides and a two run double by player/coach Catherine Satow. The Lady Mountaineers sent 11 hitters to the plate and outfielder Donna

Wright had the dubious distinction of making two outs in the same frame.

Kim Routon doubled in two runs and Satow added another RBI for the Lady Mountaineers in the five-run third inning. The Lady Mountaineers produced four more runs in the top of the fourth inning with two-RBI hits from Dawn McCarty and Maylen Gaspar. This iced the win for the Lady Mountaineers.

It looked like the Lady Mountaineers were on their way to a second game victory when they opened up a 9-2 lead over All About Jesus following their at bat in the top of the second inning. But when the Lady Mountaineers took the field to play defense in the bottom of the second inning, the horror show began.

After recording an easy first out, the Lady Mountaineers allowed one hitter after another to reach base due to a combination of errors and base hits. By the time the nightmare ended, the All About Jesus squad had scored nine runs and gained the lead at 11-9. To their credit, the Lady Mountaineers came back to tie the game at 11-11, but All



Photo by Bill Scharton

Lady Mountaineers hitter Kelly Berberman rips a base hit Monday night during league action at the Four Diamond Sports Complex.

About Jesus tallied one more run to earn the 12-11 win. The game only went four innings due to the one-hour time limit.

At 8 p.m. Monday, the Lady

Mountaineers play S.G.O. Wild Things, followed by a 9 p.m. contest against Emerald Electric. Both games will be on the blue field at the Four Diamond Sports Complex.

Eagles

From Page 19

A successful two-point conversion would have iced the game for the Eagles, but Skyview thwarted the attempt to keep its chances alive.

Following the Carson kickoff, Skyview went on offense at its own 44-yard line with two minutes remaining in the contest. The Eagles' defense again rose to the occasion and stopped Skyview behind the line of scrimmage on two successive plays. On fourth and 25, the Eagles' held Skyview short of the first-down marker and the game was history.

The Eagles' defensive tackles, Jacob Salinas and Jamar Moody, were two big reasons Skyview could not run in the second half. Time and time again, they stuffed Skyview ball carriers at the line of scrimmage or for a loss. "We played a tough, hard game," said Salinas. "We shut Skyview down in the second half."

The Eagles two football teams played another Small Division game Wednesday at Falcon. Monday, the Eagles teams will

play non-division foe Fountain, at Fountain-Fort Carson High School stadium. The seventh-grade game will kickoff at 5 p.m. followed immediately by the eighth-grade contest.

Eagles volleyball

The Eagles seventh-grade girls volleyball team won its league opener at home Sept. 10 against The Christian Academy. The Eagles won a marathon first game by the score of 31-29 and then cruised to a 25-15 victory in the second game for the match win.

The Eagles eighth-grade girls volleyball team lost a pair of squeakers to The Christian Academy.

Carson lost 31-29 in the first game of the match and fell 27-25 in the second contest.

Both Eagles' teams lost a league match at Colorado Springs Christian Monday.

Both Eagles' teams played a league match at home against Manitou Springs Wednesday. The next home matches will be Sept. 24 against Ellicott.

Sports briefs

2-356th Logistics Support Battalion Golf Tourney

A golf tournament sponsored by the 2-356th Logistics Support Battalion is slated for Monday at the Fort Carson Golf Club.

The format is a four-person scramble and the shotgun start will be at 8 a.m. Cost per person is \$35 and includes green fees, golf cart, food, drink and prizes. For additional information, call 526-5732.

Soldier wins Mile High City Marathon

Fort Carson's Jeff Gifford won the Mile High City Marathon Sunday in Denver with a time of two hours, 55 minutes, 22 seconds. He was the only runner to break the three-hour barrier.

Gifford transferred to Fort Carson four months ago from Fort Hood, Texas. He is a member of the

3rd Armored Cavalry Regiment.

Fishing Derby

A catch and keep fishing derby, presented by the Armed Forces Foundation, the Directorate of Community Activities and the Directorate of Environmental Compliance and Management, will take place from 9 a.m. to 1 p.m. Sept. 27 at Womack Reservoir.

The derby is open to military family members only from the ages of 1 to 14. Registration for the event is taking place at the Information, Tickets and Registration office, building 2429, Specker Ave. Registration deadline is close of business Sept. 26.

The derby is free to the first 300 children to register. Participants will receive a T-shirt and medal at check-in Sept. 27. Tackle and bait will be available. The derby will go from 9 a.m. to noon.

Lunch will be served from noon to 1 p.m. The awards ceremony will be at 1 p.m. For additional information, call 526-2151 or 524-1388.

Cripple Creek: built on gold



The mountain mining town of Cripple Creek is reached by a winding highway. The town is just around the bend. Rocky Mountains provide a scenic background.

Cripple Creek is a small town at about 9,000 feet altitude on the east side of Pikes Peak. When gold was discovered there in the late 1800s it became the richest gold field in the world. The settlement's population mushroomed in just a few weeks, going from two dozen people and about that many cows, to a city of thousands.

The discovery of gold came from the dedication of Cowboy Bob Womack. He spent a lot of time looking for gold and believed he would find it near Cripple Creek, an old volcano crater.

Womack's prospecting paid off when he found gold-bearing sylvanite in Poverty Gulch near Cripple Creek. He told people he'd discovered gold and displayed the chunk of sylvanite in a Colorado Springs business. But the gray rock didn't look the way people expected it to look and it got



The Cripple Creek and Victor Narrow Gauge Railroad train leaves the station with a load of tourist passengers. The former Midland Railroad passenger terminal, now the District Museum, is at top left.

little attention.

Only one person paid attention to Womack — Winfield Scott Stratton. Stratton was a carpenter in Colorado Springs and a part-time prospector. He believed Womack's story and went looking for his own gold at Cripple Creek. Stratton staked a claim July 4, 1891, calling it "The Independence." Stratton found gold in The Independence, which yielded \$1 million a year. Womack was right: the gray rock did contain gold.

Hundreds of gold seekers arrived in Cripple Creek every day. In a few short years the population topped 30,000. Cripple Creek was the second largest city in the state, following Denver.

The town prospered. There were dozens of grocery stores, banks and saloons. Hotels, boarding houses and stores sprang up. There were churches, gambling halls and an elegant opera house. Brothels were numerous. Miners

rode a modern trolley line to work. More than 200 trains arrived or departed daily from the two train stations. Four newspapers served the town.

Anything a person needed or wanted could be found in Cripple Creek. Denver citizens came by train to shop in Cripple Creek. Cripple Creek was a booming town. More than \$7 billion in gold was mined in the Cripple Creek District.

But devastation was soon to visit Cripple Creek. In 1896 two fires in as many days almost destroyed the town. The hastily-built town was filled with flimsy buildings of wood and canvas, which quickly went up in flames.

The town was rebuilt, this time using more fire-resistant building materials such as brick and stone. Many of those 1896 buildings now house businesses, cafes and casinos on the Cripple Creek's main street.

But a few years later, the prosper-



The Homestead House Museum is filled with antiques from the Victorian era.

HAZARDOUS



Places to see in the Pikes Peak area.

Sept. 19, 2003

Cripple Creek

From Page 25

ous gold mines took a downturn. The mining industry was involved in a violent labor struggle, much of it focused in Cripple Creek. Gold mine owners were experiencing higher expenses and lower profits. Processing the hard-rock ore found in Cripple Creek mines was expensive. Although only about a third of the gold had been extracted from the mines, many of the mines closed and miners moved on.

Cripple Creek's population dwindled. Cripple Creek became just a shadow of the bustling city it had once been.

Gold mining was up and down for years. From 500 active mines, only about 40 were operating by the end of World War I. By the end of World War II, only about 20 still operated. By the 1950s, it was only a handful. The leading industry in Cripple Creek was tourism for a few decades. Visitors came to see history, a melodrama, shop for antiques or to see aspen trees change color.

But Cripple Creek was destined for change again. Another

form of "gold" was struck in Cripple Creek a few years ago. Almost a hundred years after gold was found — limited stakes gambling came to Cripple Creek.

A few old buildings were refurbished into casinos. New motels and casinos were built. Now Cripple Creek attracts "prospectors" looking for a "strike" at the blackjack table or slot machine.

Cripple Creek mostly attracts adults to the casinos. But Cripple Creek can be appropriate for a family visit if you skip the casinos. Several family attractions and many special events are held in Cripple Creek throughout the year, such as "Donkey Derby Days," a barbecue blaze-off, chili contests, a film festival and other such events. There's a narrow-gauge railroad, museums and a gold mine to visit. Call the visitor center for more information, (877) 858-GOLD.

Just before reaching Cripple Creek is the Molly Kathleen Mine, which can be toured. Many people consider it one of the best tours in the region. It'll be open until Oct. 22. Admission is \$15 for adults, \$7 for ages 4 to 14.

The visitor center is at the town's entrance in an old train car. A video about the history of Cripple Creek can be seen and visitors can pick up brochures and maps.

Next door is the Cripple Creek District Museum, housed in the 1895 Midland Railway depot. The museum's artifacts portray the gold boom and history of Cripple Creek, including a \$100,000 piece of gold ore and Victorian-age clothing and furniture.

The museum is open 10 a.m. until 4 p.m. daily, and costs \$2.50 for adults. Parking is free in front of the museum during your visit.

Next to the museum is the Cripple Creek and Victor Narrow Gauge Railroad which runs along the old Midland Terminal Railway bed. The train takes passengers on a round-trip ride through Poverty Gulch and past several now abandoned gold mines. The ride takes 45 minutes, and costs \$8.50 for adults and \$5 for children ages 3 to 12.

Once you leave the free parking lot, take the main road through the historic town with 1896-era storefronts now housing casinos. There's no parking along the main street and very little free parking anywhere in town. The casinos have parking lots — usually at a cost of \$5. Choose one, follow the instructions to get your ticket validated and refunded later. There are usually some discount meal coupons attached to the ticket.

The "Old Homestead Museum" in Cripple Creek is one of the most unique museums anywhere. It was one of Cripple Creek's most lavish "bawdy houses," furnished in elegant Victorian style. Admission is \$3 for adults, \$2 for children ages 10 to 12, and free for those under 10. The museum is open from 11 a.m. until 4 p.m. in summer. It is open weekends only in September and October, and closed the rest of the year. The Homestead is at 353 E. Myers, one block south of the main road through town. It has a free parking lot.

To reach Cripple Creek, take Interstate 25 north or Highway 115 to Cimarron Street, Highway 24 west. Go through Woodland Park to Divide, then take



The Molly Kathleen Mine is popular with visitors. The mine is about a mile north of Cripple Creek.



A statue of Bob Womack, the discoverer of gold in Cripple Creek, is in the city's park.

Highway 67 south for 18 miles to Cripple Creek.

People who don't want to drive mountain roads might want to take the Ramblin Express bus which makes regular trips to Cripple Creek from Colorado Springs; call 590-8687 for information.



The area between Cripple Creek and Victor has abandoned houses and gold mines.



The main street of Cripple Creek is lined with Victorian-era buildings from 1896.

Just the Facts

- Travel time about an hour
- For ages all
- Type historic town
- Fun factor ★★★★★ (Out of 5 stars)
- Wallet damage food, admissions
\$ = Less than \$20
\$\$ = \$21 to \$40
(Based on a family of four)

Get Out!

Academy football

The next home game at the Air Force Academy is with Wyoming Saturday, with a noon kickoff. To obtain tickets, call 472-1895.

Corn maze

The corn maze at JoyRides Family Fun Center is open. The two-acre corn maze is open until dusk Thursdays through Sundays. Admission is \$5 for the maze.

Chile fest

The annual "Chile and Frijoles Fest" is in Pueblo today, Saturday and Sunday. Entry is free, there'll be entertainment and food for sale. Take exit 98b off Interstate 25 to downtown Pueblo's Union Avenue.

Oktoberfest

Larimer Square in downtown Denver holds its annual Oktoberfest today, Saturday and Sunday. The traditional Oktoberfest includes German-style food, music and dancing. Go online at www.larimerarts.org.

Bill Cosby

Bill Cosby is at the Pikes Peak Center Sept. 26 for shows at 6 and 9 p.m. Tickets begin at \$45; call Ticketmaster at 520-9090.

Cher

Cher's Farewell Tour is in the Colorado Springs World Arena Oct. 1 at 7:30 p.m. Tickets are at the box office or 576-2626.

Free entrance to Bent's Fort

Bent's Old Fort National Historic Site, near La Junta, has free entrance Saturday. The site is open from 9 a.m. to 5 p.m. daily. It is eight miles east of La Junta on Highway 194. Guided tours are at 10:30 a.m. and 1 p.m. The fort is staffed by re-enactors in authentic costume. The fee is \$3 for adults and \$2 for children ages 6 to 12. Children under 6 get in free. Bent's The Circus is coming

The circus is coming

Ringling Bros. and Barnum & Bailey's circus is coming to Denver next month. Oct. 1 to 5, the cir-

cus is at the Pepsi Center. There are performances at 7:30 p.m. each night, with 11:30 and 3:30 p.m. performances Oct. 4 and 5. The circus will be in the Denver Coliseum Oct. 7 through Oct. 12, Performances Oct. 8 through 11 are at 7:30 p.m. There's a 3:30 p.m. performance Oct. 11, and performances at 1:30 and 5:30 p.m. Oct. 12. Tickets run from \$12.75 to \$20.75; call (303) 830-TIXS.

Pikes Peak Philharmonic

The Pikes Peak Philharmonic presents "A Day at the Zoo" Sept. 28 at 3 p.m., at Benet Hill Center, 2577 N. Chelton. The musical selections are "The Four Seasons," Swan Lake, Suite," "Flight of the Bumblebee," and "Carnival of the Animals." Adult tickets are \$6, children's tickets are \$4 at the door.

Denver concerts:

The Blue Man Group is at The Pepsi Center in Denver Oct. 8 at 7:30 p.m. Get tickets at Ticketmaster, 520-9090.

Lyle Lovett and his large band are at the Buell Theater Oct. 16 at 8 p.m.; tickets are at Ticketmaster, 520-9090.

Harvest Festival

Rock Ledge Ranch Historic Site offers free admission Oct. 4, from 10 a.m. to 3 p.m. The 1880s-era farm will feature harvest activities, pony and horse-drawn wagon rides, concerts and tours of the historic buildings. Frybread, Navajo tacos, hot dogs and brats will be sold. Some activities have small charge. Rock Ledge Ranch is at the Garden of the Gods entrance off 30th Street.

Glen Eyrie

Tickets are now on sale for the 15th Madrigal Banquet and "Everyman's Christmas Revels" presented at Glen Eyrie castle, 3820 N. 30th St. Go online at www.gleneyriegrp.org, or call 634-0808. Glen Eyrie is at the Navigators, just north of Garden of the Gods.

Fine Arts Repertory Theater

The Repertory Theater opens its 15th season with "Seven Brides for Seven Brothers." The musical opens Oct. 3 and runs Fridays and Saturdays at 8 p.m. and Sundays at 2 p.m., through Oct. 19. Upcoming performances include "It's a Wonderful Life," Dec. 5 to 21; "Sweet Charity," Feb. 6 to 22, and "Hot Mikado," May 7 to 23. Call the box office, 634-5581.

Damon Runyon Repertory

The Damon Runyon Repertory Theater in

Pueblo has set its new season. The season begins Oct. 2 with the Broadway musical hit "I Love You, You're Perfect, Now Change," followed by "Pirates of Penzance," "Forever Green," "Stars in Your Eyes," and "Forever Plaid." Other productions include "Ten Little Indians," "Blithe Spirit" and "Rumors." The Damon Runyon Repertory theater is in the former Chief Theater at 611 N. Main in Pueblo. Call (719) 564-0579 or go online at www.damonrunyon.org.

Theatreworks

The University of Colorado at Colorado Springs Theatreworks presents "Frankenstein" Sept. 19 through Oct. 12. There are performances Thursdays through Saturdays at 7:30 p.m. as well as Saturday matinees Sept. 27 and Oct. 4 and 11. Sunday matinees are Sept. 28, Oct. 5 and 12. Call 262-3232 for tickets.

Dinner Theater

"Fiddler on the Roof" is at the Country Dinner Playhouse in south Denver through Nov. 16. The buffet is at 6 p.m., the show at 7:45 p.m. The address is 6875 S. Clinton. Call 303-799-1410 for tickets, etc.

Academy concert

"Diamond Rio" is at the Air Force Academy Oct. 4 at 7 p.m. Tickets, which cost \$19 to \$32, are available at the box office, 333-4497. The concert is in Arnold Hall Theater.

Pueblo Symphony

The Pueblo Symphony opens its new season Oct. 4, with a programming featuring "The Platters, The Third Generation." the concert begins at 7:30 p.m. in Hoag Recital Hall on the campus of Colorado State University, Pueblo. Sons featured in the concert include "Only You," "The Great Pretender," "My Prayer," and "Smoke Gets in Your Eyes." Tickets are \$20 and \$25. For information, call (719) 545-7957.

Philharmonic

The Colorado Springs Philharmonic presents a "monster" concert, "Frankenstein," Sept. 28. Festivities begin at 1 p.m., the concert is at 2:30 p.m. in the Pikes Peak Center, 190 S. Cascade. Admission is \$15 for adults, \$9 for those under 19.

Craft Show

The Creative Crafters' Showcase holds its annual show Oct. 11, from 9 a.m. to 4:30 p.m. and Oct. 12, from 11 a.m. until 4 p.m. at Lewis Palmer High School in Monument. Admission is \$3. Take Interstate 25 to Exit 158.

Happenings



Photo by Nel Lampe

Chiles by Riverwalk ...

The annual "Chile and Frijoles Fest" is today, Saturday and Sunday in Pueblo, along the Riverwalk. There's a Mercado, entertainment, chile peppers and Mexican food. Go south to Pueblo on Interstate 25 and take exit 98B downtown.

Program Schedule for Fort Carson cable Channel 10, today to Sept. 26.

Army Newswatch: includes stories on swearing in the Chief of the Staff for the Army, troops in Iraq and training for the Olympics (repeat). Airls at 7:30 a.m., 12:30 p.m., 7:30 p.m. and 12:30 a.m.

Navy/Marine Corps News: stories on the USNS Sirius, Admiral Elmo Zumwalt and the commissioning of the USS Mustin. Airls at 8 a.m., 1 p.m., 8 p.m. and 1 a.m.

Air Force News: includes stories on Guantanamo Bay, Cuba, the Combat Controller School and The Nightingales. Airls at 8:30 a.m., 1:30 p.m., 8:30 p.m. and 1:30 a.m.

Channel 9 daily broadcasts SCOLA, foreign language news broadcasts. Access the schedule at the Fort Carson Web site.

If you have comments on Channel 10 programming or wish to coordinate a broadcast on Channel 10, please contact Chief of Command Information at 526-1241 or via e-mail at CommandInfo@carson.army.mil.

Program times will be published in the *Mountaineer* provided coordination is made one week prior to publication.

If you wish to have a training videotape shown on Channel 9 only, contact the Regional Training Support Center at 526-5111.

For additions to the Community Calendar, please submit an e-mail or typewritten copy of the information to Public Affairs Office, room 2180, 6151 Specker Ave., Fort Carson, CO 80913 or fax information to 526-1021 no later than the Friday before airing time.