

Mountaineer

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Aug. 13, 2004

Carson-based Soldiers play OPFOR

by Staff Sgt. Catherine Pauley
2nd Brigade, 91st Division Public
Affairs Office

WHITE SANDS MISSILE RANGE, N.M. — Fort Carson-based Soldiers are helping National Guard engineer units learn what it's like to be in the infantry in training exercises under way at an "Iraqi" village set up at Orogrande, Texas, that resembles a condition they'll face overseas. The village is part of the missile range.

The 2nd Brigade, 91st Division (Training Support) based at Fort Carson, has Soldiers role-playing as Iraqi men and women — and can either be friendly or unfriendly to the coalition forces.

The unit training is the Pennsylvania-based Company C, 103rd Engineers, 116th Brigade Combat Team, which is being shipped out to the Middle East. The normal mission as engineers is being augmented because of the conditions the Soldiers will be facing in Iraq.

Complete with a flea market and numerous buildings to cordon — or he

See OPFOR, Page 9



Photo by Maj. Kerrie L. Hurd, 2nd Brigade, 91st Division

Soldiers try to purchase weapons from an "Iraqi," played by a 2nd Brigade, 91st Division (Training Support) Soldier during training exercises on the White Sands Missile Range in New Mexico. Soldiers in uniform are from Company C, 103rd Engineers, 116th Brigade Combat Team, based in Pennsylvania. The Soldiers are training for an upcoming mission to Iraq.

Summer vacation ends for area students

Compiled by Nel Lampe
Mountaineer staff

As the song goes, "School's Out for Summer," and summer ends early for area students.

Some public school districts, such as Falcon District 49 and Academy District 20 have already started the fall semester. Most other local schools

begin classes next week.

Fountain-Fort Carson School District 8, which serves Fort Carson residents, opens its doors to students Monday.

Other districts which serve post residents living off post include Colorado Springs District 11, which begins classes Thursday; Harrison School District 2 starts Monday; and Widefield School District 3 begins Wednesday.

Two local school districts start classes the following week: Cheyenne Mountain District 12 begins Aug. 23 and Manitou Springs School District 14 starts classes Aug. 26.

Parents enrolling children in private schools in the area should check with the school for start dates and a school calendar.

Fort Carson families living north of O'Connell Boulevard and along Highway 115 attend Abrams Elementary School at 600 Chiles Ave.

Mountainside Elementary School 5506 Harr Ave.,

and Patriot Elementary School, 7010 Harr Ave., serve other elementary school-age children residing on post. Abrams classes begin at 8:15 a.m. and end at 3 p.m. Mountainside classes begin at 7:50 a.m. and dismiss at 2:35 p.m.

Middle school children attend Carson Middle School, 6200 Prussman Blvd., Classes begin at 8:20 a.m. and end at 3:20 p.m.

High school students on post attend Fountain-Fort Carson High School, 900 Jimmy Camp Road in Fountain. Classes start at 7:30 a.m., and end at 2:30 p.m.

Drivers on post have also had a vacation from watching for students in cross walks, near schools and in residential areas. Beginning Monday, use caution while driving on post, particularly where students are gathering at bus stops or near schools. Watch for yellow school buses signaling for stops. Law requires motorists to stop for buses loading and unloading children.



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Post crowns two intramural softball champs. Page 29

Feature



Thousands participate in the "Race for the Cure" held in Ironhorse Park Sunday.

See Pages 20 and 21.

Happenings



Post families can enjoy a trail ride or picnic at Turkey Creek Ranch, south of the main gate.

See Pages 25 and 26.

Drive with caution

Mountain Post Team members should exercise caution when driving on post near schools and in residential areas as on-post schools open for the fall semester Monday.

Post Weather hotline:
526-0096

Learning to lead ...

Cadets taught real-world skills

Commentary by Cadet Joshua Schulz
University of Minnesota, Minn.

Every year a handful of cadets are chosen to participate in the "Cadet To Lieutenant Transition" program. This program allows a cadet to experience firsthand what it is like to lead a platoon by attaching the cadet to a unit through a sponsor.

The experience the cadet gains is an invaluable catalyst to his development as a leader; it will help produce a leader who is trained and competent to stand in front of his Soldiers in today's uncertain world. A new second lieutenant may be leading Soldiers in combat as soon as he receives orders to a unit. Knowing this, we strive for perfection, because in a few months our Soldiers' lives may depend on it.

While assuming their duties in a real unit, the cadets experience many things that they could never have experienced at their college campuses. Some of the experiences I have had during CTLT at Fort Carson are: performing physical training with the platoon and my sponsor, 1st Lt. Carlos Montalvan, attending a re-enlistment ceremony, attending various promotion ceremonies, attending a Spur Ceremony, receiving familiarization of the Bradley Fighting Vehicle and the M1A2 Abrams Tank, helping to inventory and reorganize Grim Troop's Arms Room, browsing the 3rd Cavalry Museum, attending a Center for Army Lessons Learned briefing on Operation Iraqi Freedom, acting as a Bradley commander during UCOFT training, receiving a lesson in call for indirect fire, qualifying as sharpshooter on the M9 range, disassembling and reassembling the 25-mm gun of the Bradley Fighting Vehicle, having the pleasure of whitewater rafting, reading the amazing book "Gates of Fire" by Steven Pressfield and analyzing the leadership traits exhibited by the characters and enjoying the night life of Colorado Springs.

As one may guess, I have had many learning experiences and have assimilated many things into my leadership style since I have been here. Still, a few lessons stand

out.

First, trust your noncommissioned officers. The sergeants of Grim Troop have extensive knowledge and experience about technical and tactical matters. They know how to take care of Soldiers in garrison and in the field. They know their troopers better than an officer could ever hope to know them.

Second, take care of your Soldiers. Though there is an inherent separation between Soldiers and officers, one must never forget that the Soldier is the reason the officer exists. If a Soldier is having problems with pay, rent, his automobile, a relationship at home, health issues, legal issues or housing issues, he will be unable to maintain focus on his training or be nondeployable, both of which will lower the combat effectiveness of the unit. This lowering of combat effectiveness could contribute to the suffering or death of platoon members. The officer must strive to rectify these problems by all means available to him, be that counseling the Soldier, accompanying the Soldier to an office to add influence to the matter at hand or speaking on a Soldier's behalf if necessary. The officer will also visit those injured Soldiers and ensure they are well taken care of, ensure Soldiers follow all safety precautions and are licensed to drive their vehicles and, above all, know the problems Soldiers are having by maintaining constant contact with them by listening to them and their families.

Finally, take care of your community. Without the safety and security of the Soldier's family, home and community, the Soldier will not be able to concentrate on his duty when deployed or even simply when training. By taking care of the community our Soldiers live in, Soldiers gain confidence that their spouses and children will be taken care of while on deployment and while away at training events.

A perfect example of contributing to the community was Grim Troop, 2nd Squadron, 3rd Armored Cavalry Regiment's support of National Night Out Aug. 3. About

120 Grim Troopers volunteered their personal time to support this large event hosted by Army Community Service and the Mayors' Program.

"The community gives us so much, we are pleased to have the opportunity to give a little back," said Capt. Ryan Howell, Grim Troop commander.

This event strengthened the bonds of the community by bringing it together against crime. The spectacular event was the seventh year that the National Night Out has been held at Fort Carson, and the 21st annual National Night Out.

The event included local and state police and canine units, military police, ACS volunteers, the post's town mayors and hundreds of citizens from the community. The National Night Out evening affair succeeded in bringing together law enforcement and the community for the purpose of increasing crime awareness and crime prevention.

I would like to give special thanks to all of Grim Troop, 2nd Squadron, 3rd ACR, for making my experience here at Fort Carson all that it was. Many thanks to Lt. Col. Christopher Hickey, Capt. Ryan Howell, 1st Sgt. Wilfredo Serrano, Sgts. 1st Class Mark Boley and John Kaczor, and Spc. Jeffrey Lecourt for all of the lessons they taught me and for taking special interest in my CTLT learning experience. With all that I have learned from my short stay here at Fort Carson, I feel that I have been well prepared to go where the American people will send me and be able to lead to the best of my ability.

I would also like to extend special thanks to my sponsor for helping me to develop as a Soldier, an officer and a human being.

Lastly, I would like to thank all of those who have given me the honor and privilege to train with the proud and gallant 3rd ACR. The regiment of Mounted Riflemen has taught me innumerable valuable lessons in leadership that will prepare me to face the enemies of the United States of America and lead my Soldiers into battle in her defense.

Honor your country: salute the flag

Commentary by Spc. Stephen
Kretsinger
Mountaineer staff

"I do solemnly swear (or affirm) that I will support and defend the Constitution of the United States against all enemies, foreign and domestic; that I will bear true faith and allegiance to the same; and that I will obey the orders of the President of the United States and the orders of the officers appointed over me, according to regulations and the Uniform Code of Military Justice. So help me God"

- The U.S. Army Oath of Enlistment

"That I will bear true faith and allegiance to the same," is a statement all Soldiers make in the U.S. Army Oath of Enlistment, vowing loyalty to their

country. One of the most obvious symbols of this occurs when certain bugle calls are played.

A salute to the flag during certain bugle calls is more than just an action required by Army regulations. It is a declaration of loyalty to the United States of America and to the principles of liberty and justice; something for which all Soldiers should have a great knowledge of and appreciation for.

In early Roman history, persons meeting would raise their hands in the air, palm forward to show that they held no weapons and were friendly. The present day salute has come to represent a greeting exchanged between military personnel and a symbol of respect and is considered the most important of all

military courtesies.

Army Regulation 600-25, which covers Salutes, Honors and Visits of Courtesy, states that when the first note of Reveille is played, uniformed military personnel outside and not in formation will face the flag (or music if flag is not in view) and render a hand salute. The salute is to be held until the last note of music.

When the first note of Retreat is played, uniformed military personnel outside and not in formation will face the flag (or music if flag is not in view) and stand at attention until the first note of "To the Colors" is sounded. At that time they are required to render a hand salute. The salute is to be held until the last note of music.

Anyone, Soldier and civilian alike, in civilian clothes during Reveille and "To the Colors" should remove any headgear he may be wearing, face the flag (or music if flag is not in view) and place his right hand over his heart. During Retreat he should stand at attention until "To the Colors" is sounded. The right hand should be held over the heart until the last note of the call is sounded.

All Soldiers signed up for the Army voluntarily. They, at anytime, can be called to fight for their country. This shows how Soldiers are willing to sacrifice to do their duty for their country. Taking a few minutes out of the day to render honors to the flag of that country isn't a sacrifice, it's an honor.

MOUNTAINEER

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News

Carson hosts a night against crime

by Sgt. Jon Wiley
Mountaineer staff

Members of the Fort Carson community and Mountain Post Team threw a party for crime and drug use at Ironhorse Park Aug. 3 — a going away party, that is.

About 1,100 people gathered in the park and participated in activities aimed at raising crime awareness and prevention in the community, said Joey Bautista, Installation Volunteer Coordinator and head of the post's mayoral program.

The event was part of National Night Out, a 21-year nationwide program that was launched to help communities stop crime. This was Fort Carson's seventh year of participation.

Bautista, along with Anne Edinger, special events coordinator for the Directorate of Community Activities, organized the event, which was sponsored by the Army Community Services mayoral program, DCA and the Provost Marshal's

Office.

Bautista said the focus for this year's NNO was establishing Neighborhood Watch Programs in all Fort Carson housing communities.

"Is there crime on post? Maybe yes, maybe no, but the surest way to ensure there isn't (are) Neighborhood Watch Programs," Bautista said. "We (the community) are the solution to crime," he added.

To reinforce this message and to equip community members with tools for fighting crime, there were several crime prevention presentations and education booths on site.

The World Class Athlete Program gave a self-defense demonstration, and the PMO demonstrated police dog obedience training, dog safety and fingerprinted children. The Army Substance Abuse Program also set up a booth where people could experience what it was like to be drunk with special goggles, in an attempt to discourage drunk driving.

There were also a lot of fun activ-



Photo by Sgt. Jon Wiley

A Fort Carson community member and his toddler son get upclose and personal with McGruff and the crime dog during the National Night Out event at Ironhorse park Aug. 3.

ities for children and families as well as free food and refreshments. There were pony rides, clowns, face-painting booths, a jump castle, rock climb-

ing wall, inflatable slide and more.

"It wasn't only about awareness and education, it's was also a chance to have fun," Bautista said.

Soldiers receive reimbursement for R&R leave travel to Iraq, Afghanistan

by Sgt. 1st Class Marcia Triggs
Army News Service

The Army announced in late June that some 32,000 troops are now eligible to receive retroactive reimbursement for out-of-pocket costs paid for air travel in conjunction with the U.S. Central Command Rest and Recuperation Leave Program last year.

This policy, directed by Congress, affects servicemembers who took R&R leave between Sept. 25 and Dec. 18, 2003, from duty stations in Afghanistan and Iraq, said Hank Minitrez of the Well-Being Division. These servicemembers traveled free of charge from Afghanistan or Iraq to either Baltimore-Washington International Airport in Largo, Md., or Frankfurt International Airport in Germany. However, servicemembers were required to pay for onward travel to their final destination.

More than 10,000 Soldiers from Fort Carson deployed to support Operation Iraqi Freedom and may qualify for R&R travel reimbursement.

The reimbursements are meant to cover servicemembers' airline ticket costs for to-and-from travel between their R&R leave destination and the stateside aerial points of debarkation, Minitrez said. Additionally, points of debarkation may include BWI, Dallas-Fort Worth and Atlanta airports.

"We at least owe them that much for what they've sacrificed," Minitrez said. Congress urged DOD to approve coverage of onward R&R travel cost for servicemembers last December. However, those instruc-

tions did not allow for retroactive onward travel reimbursements for service members who participated in the R&R Leave Program prior to Dec. 19. A change to those instructions was approved in mid June. Soldiers make up the majority of the servicemembers on the list of those eligible for reimbursement, which also includes five Air Force personnel, Minitrez said. Additionally, the reimbursement policy applies only to servicemembers deployed on one year tours of duty for Operation Enduring Freedom and Operation Iraqi Freedom, he said.

Marines serving in these missions do so for seven-month tours, and therefore are not eligible. Government civilian employees are also not eligible for reimbursement. About \$14 million, of the \$55 million allotted by Congress for CENTCOM to use for onward travel, has funded commercial airline tickets paid directly to travel ticketing offices for connecting flights or been paid directly to Soldiers who've provided proper documentation for travel costs.

The Army expects the reimbursements for the missed groups of Soldiers to cost between \$13 and \$19 million, said Lt. Col. Bobbie Sanders, deputy chief for the Well-Being Division's R&R Task Force. Soldiers who are eligible for reimbursement should file a claim through their servicing finance office. Eligible discharged Soldiers should file a claim directly through the Defense Finance and Accounting Service via e-mail to: dfas-inr&rleave@dfas.mil; or via regular mail to: DFAS-IN, Contingency Travel Operations,

Department 3900, ATTN: R&R Leave, 8899 East 56th Street, Indianapolis, IN 46249-3900.

Servicemembers who have left the military have six years to file for the reimbursement, said Sheila Melton, an accountant with the Defense Finance and Accounting Service's Indianapolis branch. Soldiers should include the following information with their reimbursement travel claim:

- A completed Department of Defense Form 1351-2, Travel Voucher.
- A copy of leave documentation (Department of the Army Form 31 or R&R Leave Order) containing a fund site.
- A copy of the airline ticket, ticket receipt or airline travel itinerary that shows the Soldier — not an Army fund cite — paid for the ticket.

Soldiers who no longer have copies of their airline ticket or a ticket receipt should contact the airline from which they bought their tickets for onward travel. Additionally, Soldiers who have lost copies and are unable to obtain copies or the required documentation may submit a lost documentation statement with their travel voucher. The statement must include the Soldier's name, Social Security number, leave dates, the name of the airline used for onward travel, name of final destination airport and the cost of the ticket.

For more details about the reimbursement program and the CENTCOM R&R Leave Program, visit www.armyg1.army.mil/WellBeing/RRLeave/index.H TM.

Military

Fort Carson bids farewell to 45th



Phot by Spc. Stephen Kretsinger
Maj. Gen Robert Wilson, commanding general, 7th Infantry Division and Fort Carson, left, and Lt. Col. Joel Ward, commander, 1st Battalion, 279th Infantry Regiment, 45th enhanced Separate Brigade, review the troops in a farewell ceremony to the 45th eSB.

by Spc. Stephen Kretsinger
Mountaineer staff

The Mountain Post bid farewell to the 1st Battalion, 279th Infantry Regiment, 45th Enhanced Separate Brigade in a ceremony held at Manhart Field Aug. 5. The 1st Bn., 279th Infantry recently returned to the Fort Carson after a five-month deployment in Afghanistan.

The deployment of this brigade was a historical event, said Maj. Gen. Robert Wilson, commanding general, 7th Infantry Division and Fort Carson. It was the first time since the Korean War that the unit has deployed to foreign soil.

“When I joined the 1(st Bn.), 279(th) Infantry in 1987, there were still a few old Soldiers wearing the Thunderbird patch on both shoulders,” said Lt. Col. Joel Ward, commander, 1st Battalion, 279th Infantry Regiment, 45th eSB, in a speech during the ceremony.

“For a few years after that, the old-timers who were veterans of the 45th Division’s mobilization and deployment during the Korean War competed to see who would be the last double Thunderbird in active service. But finally, the end came and there were no more

double Thunderbirds. Most Soldiers wearing the double Thunderbird on their uniform haven’t been seen in our armories since the last of those veterans left the service.

“Today, I am honored to stand in front of a new crop of double Thunderbirds,” said Ward. “You have earned (the) right to wear the Thunderbird patch on both shoulders with your service in America’s war on the terrorists who attacked our country.”

The 1st Bn., 279th Infantry, Oklahoma National Guard, deployed to Afghanistan as part of Coalition Joint Task Force Phoenix in March.

“The primary mission of the task force was to train the Afghan army,” said Wilson in a speech he gave at the ceremony.

The unit’s mission in Afghanistan was two-fold, said Wilson. The 1st Bn., 279th Infantry provided security to four base camps and acted as a quick reaction force to the 45th Brigade.

Wilson said the accomplishments of the task force were many and the 1st of the 279th Infantry Battalion provided the security and quick reaction force that

allowed the task force to complete it training mission.

Coalition Joint Task Force Phoenix trained and graduated more than 7,200 Afghan soldiers from basic training, 900 soldiers from junior noncommissioned officer course, 200 from the senior NCO course, 630 from the officers’ courses and 140 from the Combat Leaders course.

Additionally, the task force also trained more than 1,500 Afghan soldiers in advanced training skills such as field artillery, ordnance, quartermaster, armor, reconnaissance, mechanized infantry, engineering, signal and medical.

While deployed to Afghanistan the unit conducted more than 45 quick reaction force missions in the Kabul area of operations and completed more than 800 dismounted and 675 mounted combat patrols, said Wilson.

“It was a huge and complex mission,” said Wilson to the unit in a speech during the ceremony. “All missions were preformed to standard, because you were well-led, you were well-trained, you were well-motivated, and that’s why you’re performance was so high.”

Military Briefs

Misc.

Enlistment bonus — If you were deployed in Iraq, Kuwait or Afghanistan, you may be entitled to a lump sum reenlistment bonus of \$5,000. Effective April 13, the Army announced a retroactive bonus to qualified Soldiers that reenlisted from March 18, 2003, to Sept. 18, 2003.

Also effective May 18, the Army announced a new listing of Selective Reenlistment Bonus and Targeted SRB Program. Under this new message, qualified Soldiers may be eligible for a lump sum bonus of up to \$10,000.

To see if you were qualified, please see your local Career Counselor:

3rd ACR — 526-3417

3rd BCT — 526-4549

43rd ASG — 526-9366

Division troops — 526-3983.

Officer Candidate School Board

— There will be an Officer Candidate School board Nov. 17 and 18. All participants must report in Class As. All packets must be turned in to the 502nd Personnel Support Battalion, building 1118, room 208, no later than Nov. 4. For more information, call Spc. Samantha Lamping at 526-6481.

Warrant officer recruiting — The U.S. Army is looking for highly motivated Soldiers, Marines, Sailors and Airmen to fill its warrant officer ranks. Positions are open in all 45 specialties if you qualify.

Applicants with less than 12 years active federal service are encouraged to apply.

For more information, contact the Warrant Officer Recruiting Team at www.usarec.army.mil/warrant or call

(502) 626-0484.

U.S. Military Academy positions available — The U.S. Military Academy at West Point is looking for branch-qualified company grade officers and non-commissioned officers in the rank of sergeant first class interested in an assignment to the USMA. NCOs should have drill sergeant or platoon sergeant experience with 12 to 15 years of service to be assigned to the staff and faculty as instructors and company tactical NCOs.

Selected officers will normally attend advanced civil schooling for up to two years followed by a three-year tour at West Point.

For application information, go to <http://www.usma.army.mil/adjutant-general> or write to Management Operations Branch, AG Division, West Point, N.Y. 10996-1926.

Special Forces briefings — Special Forces briefings will be conducted weekly at the Grant Library. The briefing times are Wednesdays at 1:30 p.m. and Thursdays at 1:30 and 3:30 p.m.

The Army's Special Forces is a strategic, multi-purpose force capable of rapid response to various contingencies around the world. Called "Green Berets," these highly-skilled Soldiers are trained in unconventional warfare, foreign internal defense, direct action, special reconnaissance, combating terrorism, information operations and counter proliferation.

Special Forces candidates must be mature and self-motivated; open and humble; and better conditioned physically and emotionally than the average Soldier. All interested male Soldiers, privates first class to staff sergeants, and second and first lieutenants are encouraged to attend. For more information, contact Sgt. 1st Class Bill Roepe at 524-1461.

CIF Hours

Central Issue Facility hours of operation:

Regular business hours

Mondays, Tuesdays, Wednesdays and Thursdays from 7:30 a.m. to noon and 12:30 to 3 p.m. and Fridays from 7:30 a.m. to noon.

Initial/partial issues

Mondays, Thursdays and Fridays from 8 to 11:30 a.m. and 12:30 to 3 p.m. and Mondays, Tuesdays, Wednesdays and Thursdays from 12:30 to 3 p.m.

Direct exchange

Mondays, Tuesdays, Wednesdays and Thursdays from 12:30 to 3 p.m.

Partial turn-ins

Mondays, Tuesdays, Wednesdays and

Thursdays from 12:30 to 3 p.m.

Full turn-ins

Appointments are scheduled Mondays, Tuesdays, Wednesdays and Thursdays, call 526-3321.

Effective immediately: Replacement will be scheduled Monday, Thursday and Friday mornings. Demobilized units tentatively have Tuesdays and Wednesdays to schedule out processing. Mobilization units will schedule unit direct exchange by appointment. Unit supply sergeants will collect Soldiers' DX items and schedule CIF appointments. A CIF employee will work one-on-one with a supply sergeant.

Active-duty units — Permanent Change of Station/End of Time in Service/chapters/retirees will make an initial out processing appointment Mondays, Tuesdays, Wednesdays and Fridays for turn-in. All follow-on appointments (14 OCIE items or less) will be scheduled if needed.

Bulk issue and turn-ins — by appointment only.

Appointments can be made with Kristine Harald at 526-3321. POC for this information is Frank Howard, CIF supervisor at 526-6477.

Laundry Service

Post Laundry Service — The post laundry service provides free laundry service to Soldiers for government-owned property only. Items issued by the Central Issue Facility should be cleaned at the post laundry prior to turn in. Allow extra time for items to return from the cleaners. It is not recommended to pick up your equipment on the same day as the scheduled CIF appointment. Turnaround for service is 72 hours.

No appointment is necessary. The post laundry will not clean personal items like Battle Dress Uniforms, boots, tent pegs, canteens, entrenching tools or wet-weather gear. Material TA-50 items that can be washed include: sleeping bag assembly, chemical suits, Gortex, ruck sacks, coveralls, CVC jackets and most web equipment.

Hours of operation are 7:30 a.m. to noon and 12:30 to 3:45 p.m., Mondays through Fridays, excluding holidays. For more information, call 526-8806 or 526-8804.

Briefings

eArmyU — eArmyU program briefings are conducted at the Mountain Post Training and Education Center, building 1117, Tuesdays at 9 and 11:30 a.m. and Wednesdays at 1:30 p.m.

The Army Career and Alumni Center briefing is required for all depart-

ing servicemembers. The current ACAP policy is to register personnel ETSing one year out and retirees two years out. Briefings are held Mondays, Tuesdays, Thursdays and Fridays from 8:30 to 10 a.m.

Call 526-1002 or 526-0640 to schedule a briefing.

Are you ending your time in service? If you're within 120 days of end of time in service, you must immediately call 526-2607 or 526-2599 to make your appointment for your mandatory Reserve Component Briefing.

The Commanding General's Newcomers' Brief is the third Wednesday of each month, 1 to 3 p.m. at McMahon Theater.

Hours of operation

Education Center hours of operation — The Mountain Post Training and Education Center's hours for certain programs and services are as follows:

Counselor Support Center — Monday through Thursday, 7:30 a.m. to 4:30 p.m. and Friday, 11 a.m. to 4:30 p.m.

Army Learning Center and Basic Skill Classes — Monday through Thursday, 9 a.m. to noon and 1 to 4 p.m.

Defense Activity for Non-Tradition Education Support and Advanced Personnel Testing — Monday through Friday, 7:30 a.m. to 4:30 p.m.

eArmyU Testing — Monday through Thursday, 8 a.m. to 4:30 p.m. and Friday, 8 a.m. through 4:30 p.m.

eArmyU Office — Monday through Thursday 7:30 a.m. to 4:30 p.m. and Friday, 11 a.m. to 4:30 p.m.

Military Occupational Specialty Library — Monday through Friday, 7:30 a.m. to 11:45 a.m. and 12:45 to 4:30 p.m.

Claims Division hours — The Claims Division office hours are Monday through Thursday from 9 to 11:30 a.m. and 1 to 4 p.m. The office is closed Fridays.

Personnel Claims hours:

Mandatory briefing: Mondays and Wednesdays from 10 a.m. to 2 p.m. Submit DD 1840/1840R

Receive documents for filing:

Submitting completed Tuesdays and Thursdays from 9 to 11:30 a.m. Claims: 1 to 4 p.m. Closed on Friday.

If there is an emergency personnel claims issue on Friday, call Tina Kolb at 526-1352.

Editor's note: The deadline for submitting "briefs" to the Mountaineer is 5 p.m. Friday before publication.



"Better Opportunities for Single Soldiers"

BOSS meeting — The post BOSS meeting, for BOSS representatives, meets the third Thursday of each month at Xtremes from 1:30 to 3:30 p.m. For information, call 524-BOSS.

Dining Schedule

Aug. 13 to 20

Saturday, Sunday and Training
Holiday Dining Facilities

Weekday Dining Facilities

James R. Wolf (building 1444)
3rd ACR CAV House (building 2461)
Mountaineer Inn (building 1369)
10th SFG (A) (building 7481)
3rd BCT Strikers Cafe (building 2061)

Weekday Meal Hours

Breakfast 5:30 to 9 a.m. (All facilities)
7 to 9 a.m. (James R. Wolf)
Lunch 11:30 a.m. to 1 p.m.
Dinner 4:30 to 6:30 p.m.
5 to 7 p.m. (James R. Wolf)

Exceptions

- Patton House is closed until further notice.
- Striker and 43rd ASG are open Saturdays and Sundays.



3rd ACR CAV House. (building 2461)
James R. Wolf (building 1444)
Mountaineer Inn (building 1369)
3rd BCT Strikers Cafe (building 2061)

Saturday, Sunday and Training
Holiday Meal Hours

Breakfast 7:30 to 9:30 a.m.
Lunch 11:30 a.m. to 1 p.m.
Dinner 4:30 to 6:30 p.m. 3 to 5 p.m. (James R. Wolf)

2nd Bde., 91st Div. changes command

by Staff Sgt. Catherine Pauley
2nd Brigade, 91st Division Public
Affairs Office

FORT BLISS, Texas — Doña Ana Base Camp, N.M. was the site for the 2nd Brigade, 91st Division (Training Support) change of command July 25.

Col. Kelly Fisk took command of this Fort Carson-based training brigade that is comprised of Active Component, Reserve and National Guard Soldiers, spread across five states. About 700 Soldiers of the "Dagger" Brigade are currently at Fort Bliss, Texas, training the 116th Brigade Combat Team in support of Operation Enduring Freedom.

Fisk took the command July 25 from Col. William J.A. Miller, who is now assigned to the U. S. Central Command headquartered in Tampa, Fla. He served as 2nd Brigade commander since June 2002.

Fisk graduated from the U.S. Military Academy in 1982. He was commissioned a second lieutenant of armor and began his service with the 2nd Armored Division as a tank platoon leader, company executive officer and battalion maintenance officer. He was next assigned to the 2nd Battalion, 67th Armor, 3rd Armored Division, in Germany where he served as company commander and deployed in Operation

Desert Storm. In 1991, following his 3rd Armored Division tour, Fisk commanded the Amarillo Recruiting Company. In 1994, he was assigned to Headquarters U.S. Army Europe current operations in Heidelberg, Germany. Subsequently, he served as a staff officer with the 2nd Battalion, 68th Armor, 1st Armored Division, in Baumholder, Germany, and deployed with the battalion to Bosnia. Following that assignment, Fisk served as chief of plans and exercises for the Warrior Preparation Center in Germany. He has commanded the 2nd Battalion, 12th Cavalry, 1st Cavalry Division, at Fort Hood, Texas, where he deployed with the task force to Bosnia. Following that command, he served as the brigade trainer for Combat Maneuver Training Center in Hohenfels, Germany.

Fisk thanked the leaders, Soldiers and friends of the Dagger Brigade and 116th Brigade Combat Team, the 62nd Army Band and distinguished generals and guests after accepting his command.

"Thank you for the privilege for allowing me to stand amongst you today," he said. "A special thank you to Colonel Miller and his family for the warm reception and for the integration and transition that he has afforded



Courtesy photo

Col. Kelly Fisk takes command of the 2nd Brigade, 91st Division (Training Support) in a ceremony July 25 at Doña Ana Base Camp, N.M. The brigade was previously commanded by Col. William J.A. Miller, who is now assigned to the U. S. Central Command headquartered in Tampa, Fla. Miller served as 2nd Brigade commander since June 2002.

myself and my family as we have joined this great team. I could ask for no better wingman or comrade in arms to assist me in this transition."

Fisk and the former Leslie Brazil have been married 17 years and have two children, Elisabeth and Joshua.

The Dagger Brigade is comprised of Active Component, Reserve, and

National Guard Soldiers mobilized since January 2003, training National Guard and Reserve units deploying through Fort Carson for Operation Iraqi Freedom and Operation Enduring Freedom. The brigade is currently deployed to Fort Bliss to train the 116th Brigade Combat Team prior to their deployment to Iraq.

Back in the saddle . . .

3rd ACR trains troops on small arms

by Sgt. Jon Wiley
Mountaineer staff

After weeks of recuperating and following a light training schedule, the 3rd Armored Cavalry Regiment is back in the saddle.

Range month, the 3rd ACR's first major training exercise since redeploying to Fort Carson from Iraq, began in the middle of July and will continue until Aug. 20, said 1st Sgt. Ken Turner, Troop A, 1st Squadron, 3rd ACR.



Pfc. Tim Corey, Troop B, 1st Squadron., 3rd ACR, fires an M-203 grenade launcher to qualify on a Fort Carson range Tuesday. Corey is assisted by Pfc. Josh Pierce, Troop B, 1st Sqdn., 3rd ACR.

Photo by Sgt. Jon Wiley

"We're getting our scouts, M-203 gunners and our command-driver sections fully qualified on all the (small arms) weapons systems that are organic to the unit," Turner said.

Soldiers in the 3rd ACR are qualifying with M-203 grenade launchers, M-4s, M-16A2 rifles, M-9s, M-240Bs and 50-caliber weapons, Turner said.

Cpl. Justin Works, a 21-year-old native of Crossett, Ark, who has been a scout in the 3rd ACR for four years, said the training is essential for improving the troops' knowledge, accuracy and ability to make on-the-spot decisions with the weapons.

"We have some guys out here today who have never been to Iraq," Works said at Fort Carson M-203 grenade launcher range Tuesday, "and my advice to them is to take this (training) seriously and keep practicing on everything they learn.

Works, who deployed to Iraq with the 3rd ACR, said its easier to stay focused on weapons training after returning from a major deployment now that its real-world applicability is fresh and front-and-center in his mind.

"This type of training really helped me when I was over there," Works said.

OPFOR

From Page 1

circle with guards — and search, the 103rd Engineers went from building to building in search of a cache of weapons Monday.

“We provide realistic OPFOR (opposition forces) training for the Soldiers here so they can get a little more realistic — it’s not perfect, but it’s a little more realistic training versus what they get somewhere else. Then the next step for them to go to JRTC (Joint Readiness Training Center),” said Maj. Mike Siedzick, a trainer with 2nd Bde., 91st Div. (TS).

During the search, the 103rd Engineers were challenged with the “locals” shouting at them to “leave Iraq” as well as village snipers shooting at them. The Iraqi police and translators weren’t as reliable as the unit had hoped and that, too, caused a communications problem. “Our interpreters came and they left, so we had no interpreters and the Iraqi police force showed up late, and we weren’t sure who they were,” said Sgt. Eugene Donohue, a member of the 103rd Engineers. “They (police) didn’t show any credentials so we detained them.”

During the exercise, the engineers-turned-infantry found “plenty of weapons,” Donohue said. “One (stash) was filled with RPGs (rocket-pro-

pelled grenades), AK47s and it looked like some 45 and 9 mm (handguns) and hand grenades,” he said. Asked about being able to protect the Iraqis, Donohue said they could, “thanks to the civilians in the OPFOR and the OCs (observer controllers), the training received is very adequate.”

The 2nd Bde., 91st Div., is comprised of active duty, Reserve and National Guard soldiers mobilized since January 2003, who train National Guard and Reserve units for Operation Iraqi Freedom and Operation Enduring Freedom. The Fort Carson brigade deployed to Fort Bliss, Texas, training the 116th Brigade Combat Team prior to its deployment to Iraq.

3rd ACR

From Page 1

Pvt. Tony Davis, a 22-year-old native of Charlotte, N.C., reported to Fort Carson May 27 and was assigned to Troop A, 1st Sqdn., 3rd ACR. As a new Soldier, Davis

has never been on a major deployment and said range month gave him the opportunity to become familiar with many new weapons systems.

“I think this kind of training is good because it makes us more

combat ready,” Davis said.

Turner said after range month, in the September/October time-frame, the regiment will begin its crew-served weapons qualification for its Bradleys and tanks.

“We’re going to do intermedi-

ate-level qualifications, which is where you incorporate all your crew-level tasks and engage with moving targets and multiple targets,” Turner said.

The 3rd ACR is expected to deploy to Iraq again in the spring.

Community

Beneficiary deed helps in estate planning

Courtesy of the Office of the Staff Advocate

Effective Aug. 4, Colorado real estate owners may use a new legal device called a "beneficiary deed" to transfer ownership of real property upon death to a beneficiary without the need for a will and probate court.

Transferring assets at death without court involvement benefits the deceased's estate and heirs. Avoiding probate saves time and money. Transferring most personal property outside of probate is relatively simple. You can designate pay-on-death beneficiaries for bank, brokerage and retirement accounts.

You can use an informal distribution declaration for tangible personal property (your baseball card or doll collections, family heirlooms, jewelry, etc.) And you can use joint tenancy with right of survivorship for

automobiles to transfer ownership with a certificate of title.

In the past, the big problem in probate avoidance has been real estate. To resolve this problem, the Colorado Legislature enacted House Bill No. 04-1048, also known as the "beneficiary deed legislation." The purpose of the new law is to provide a mechanism that enables an owner to transfer interest in real property upon death without the need for probate and court involvement.

A beneficiary deed does for real estate what a pay-on-death designation does for bank accounts. With a beneficiary deed, ownership of the property remains in the hands of the person signing the deed. This avoids possible adverse tax consequences associated with joint tenancy, and the owner retains full

power and authority with respect to the property. The named beneficiary has no right, title or interest in the property until the owner's death. The owner may revoke or change the beneficiary any time before death.

The mechanics for a beneficiary deed are simple. The person owning the property (grantor) signs a one-page document (beneficiary deed) naming a beneficiary. The beneficiary deed is recorded in the county real estate records. A copy of the grantor's death certificate is also recorded in the county records to consummate the transfer. No personal representative and no probate court are involved.

If a beneficiary deed sounds right, contact the Legal Assistance Office at 526-5572, Monday to Thursday, 9 a.m. to 4 p.m., for more information.

Financial NCOs promote Soldiers' fiscal fitness

**by Pfc. Clint Stein
Mountaineer staff**

When buying a new car, investing for the future or just trying to keep the bill collectors from wearing out the ringer on your telephone — look no further than the Financial Noncommissioned Officer at your own unit.

Fort Carson has had a Command Financial NCO Program for the past 10 years to provide commanders with a program through which education, training, counseling and referral procedures can be established in their units, designed to promote, enhance and maintain Soldiers' financial readiness.

The financial NCOs of the units go

through sergeant's time training at the end of each work week in order to get briefings and updates on new information that can be beneficial to all Soldiers — officers and enlisted.

The program is designed to help the command's workforce. When a Soldier has problems in his unit showing up late for formation, not dressing well in

uniform or has family problems, 50 percent of the time its an adverse reaction to financial readiness, said Patricia Randle, Director of the Financial Readiness Program.

"Most military members experience financial distress sometime during their

See Financial NCOs, Page 15

Post residents get storm doors, houses available

**Courtesy Fort Carson Family Housing
Houses available**

Fort Carson Family Housing currently has several two- and three-bedroom homes for immediate move-in for Soldiers in the ranks of E1 to E4 and their families. Family housing also has several three- and four-bedroom homes for Soldiers in the ranks of E6 to E8 and their families.

Workers are calling the waiting list but finding that contact information is incorrect, and they are asking anyone waiting for a home to please call the office at 226-2268 or stop by at 7301 Woodfill Road, Suite 103 (in the Colorado Inn), to update contact information and to inquire about moving into housing.

Family housing has new and renovated homes to offer, with the convenience of living in a virtually maintenance-free home, right here in the Fort Carson community. A few benefits of living on post are no utilities bills and pets are welcome at no extra cost.

Call or stop in today. The office hours are from 8 a.m. to 4 p.m. Monday through Friday. After hours appointments are available.

Storm door installation

Fort Carson Family Housing will be installing storm doors on the front of all new homes beginning Aug. 16. Just a couple of housekeeping items:

- It is fine if you are home when the crew comes. If not, it shouldn't pose a problem, as they should not need access to your home to complete installation.

- If you have a storm door on your home, you will need to remove it and properly store it. Our only condition for allowing and providing storm doors is that they are uniform in appearance, and therefore, we will replace your existing door with a new one. There cannot be any exceptions.

The installation will begin and follow in this order; Blackfoot, Lower Utah Hill, Pawnee, Comanche, Kiowa, Navajo North and Navajo South.

Please direct questions to Lynn Rivera, general manager at 226-2283 or Jerry Stafford, leasing manager, at 226-2338. Contact the receptionist at 226-2268 with any questions.

Community theater comes to Fort Carson

**Courtesy Directorate of Community
Activities**

The grand opening of the Fort Carson cultural performing arts center will be in September.

For the first night showing, the new center will hold auditions for active duty military to perform on opening night. Auditions will begin at 6:30 p.m. Aug. 18 at the center, building 1129, which is formerly the Fatz Pool and Darts, on the corner of Ellis Street and Specker Avenue. Anyone who would like to participate in the audition can contact Al Gambala at 526-1867, 526-6959 or e-mail at al.gambala@carson.army.mil.

Participation is strongly encouraged. For those who have special talents in the art of music or theater, the center welcomes your ideas, sugges-

tions and skills in helping with program planning. The center needs singers, instrumentalists, directors and other talents you can contribute.

Name the performing arts center

The community has the opportunity to name the new performing arts center. Vote on the suggestions below, or submit your own suggestion by e-mail to al.gambala@carson.army.mil, call 526-1867, or fill out the entry form below and mail it to:

MWR Recreation Division, Attn: Al Gambala, 1675 Ellis St., building 1217, Fort Carson, CO 80913-5000.

Submissions must be made by Aug. 16. DCA appreciates and thanks the community for its support.

Please Print

Name: _____ Phone: _____
Unit: _____ Email: _____

Name Suggestion: _____

Or Circle Your Favorite from the list:

'On Stage' "Little Red Playhouse"
'Hambone East' "The Top Hat"
'Carson Community Playhouse'



Road marches: safety on patrol

by **Spc. Stephen Kretsinger**
Mountaineer staff

Road marches are essential to Army training. A unit fresh back from Afghanistan reported conducting over 800 combat patrol missions on foot. In all combat training, safety comes first.

Preplanning for a road march is the first step in conducting a safe road march, said Sgt. 1st Class Ralph Graham, noncommissioned officer in charge, Installation Aviation Safety.

"First of all, they need to plan out their route," said Graham. "That would be up to the person in charge; the commander, the first sergeant, the platoon sergeant. Be sure to know if there are going to be crossings that road guards will need to know about."

FC Regulation 350-1, which covers training on the Mountain Post, states that the uniform for road marches will be battle dress uniforms, Kevlar, load bearing equipment and rucksack (Physical training uniforms are not acceptable), with weapon being at the discretion of the commander.

FC Reg. 350-1 also states that "commanders will ensure road marches are conducted in a safe manner. The appropriate number of road guards and escort vehicles will be used."

"Units need to have the proper road guard equipment," said Graham. "They need to make sure they have the right reflective gear, such as road guard vests. If it's hours of darkness, they need the cone type flashlight."

In general, acclimatization applies to those

Soldiers new to the Mountain Post, but it can also apply to new increased levels of activity, such as road marching. For road marching or any other strenuous activity, commanders should ensure that all Soldiers are properly acclimatized prior to a road march. Normally, a well-planned "ramp-up" for road marching that includes shorter distances and increased pace and load will minimize risk, according to FC Reg. 350-1.

"Troops need to be well hydrated and prepared for the conditions and high altitudes we have here in Colorado Springs," said Graham. "I have seen four different seasons in one day here."

Most weather conditions do not halt training the Army, but certain conditions are far too dangerous to ignore.

"If there's a thunder storm within a five-mile radius, it's pretty much Army standard that you should cease all operations and seek shelter," said Graham. "I wouldn't trust it. Lightening has been known to strike people, and it doesn't have to be right over the top of you."

Units should be prepared for the unexpected during road marches, said Graham. Even the best planned road march can have its pitfalls.

"It would be a good idea to have a combat lifesaver," said Graham. "It would be good to have them stationed throughout the road march formation. That is usually part of the risk assessment."

FC Reg. 350-1 states that road marches will, as a rule, be conducted on tank trails or fitness trails and at no time will road marches take place on

Colorado State Highways. Road marching on Titus Boulevard between Specker Avenue and Gate 5 is unauthorized and not safe. On Fort Carson, road guard vests are required for road guards in a formation, to include straggler patrol, any time before sunrise or after sunset.

"If at all possible, use the tank trails," said Graham. "Don't use the main roads. Most all of the tank trails lead to the ranges off of Butts Road. "The tank trails are usually less than 100 meters from the main road."

Sometimes there are exceptions to the rule, said Graham.

"Fort Carson is kind of small for as many people as we have here," said Graham. "Technically they shouldn't be marching on the main roads. But, I talked to the provost marshal and they are kind of lenient on that because of the restrictive training area that we have here on Fort Carson.

"People that are conducting might want to call the MP station to notify them of the road march," said Graham. "The MPs can be friendly toward training for deployments."

When road marching, Soldiers need to keep their eyes open as if they were in a combat situation, because dangers are still out there, said Graham.

"If they do have to use the main road and they see an approaching vehicle, they need to get off to the side of the road," said Graham. "But technically they shouldn't be marching on the main roads. Butts Road can be a dangerous road."

Community Briefs

Miscellaneous

Carport repair — Monday, all carports in the 4000 area will be repaired as needed. Since the time to complete the repairs cannot be estimated, specific times of when your carport will be worked on cannot be determined. Carports will be repaired and then in the following couple of days they will be painted.

DOL closure — The Directorate of Logistics will be holding their annual organizational day Thursday, and most offices will be closed during the 11 a.m. to 4 p.m. event. Sections staffed by contractor personnel will remain open. Call Connie Griffin at 526-5504 for more information.

10-cent sale — The Fort Carson Thrift Shop is hosting a 10-cent clothing sale Wednesday from 10 a.m. to 1 p.m.

Great ideas wanted for ACS Army Family Action Plan Program — Your great ideas are wanted. Fort Carson will host the annual Army Family Action Plan Conference Nov. 4 and 5 at the Sheraton Hotel (off of Circle drive). Participants of the conference will discuss quality of life issues; however, we need your help. Let us know of some of your concerns/issues, provide your ideas on how it may be accomplished and why you think it needs to be changed. Any issues not resolved at Fort Carson will be forwarded to the regional level (Department of Army) for action and/or resolution.

AFAP Issue drop boxes are located throughout Fort Carson: Army Community Service, Family Connection (off of Barkley Ave. building 1354), 43rd, 3rd Brigade, 3rd ACR Family Readiness Assistant offices, Soldier Readiness Processing site, Fort Carson Welcome Center and your Better Opportunities for Single Soldiers Program office, building 1217.

Issue submission deadline is Oct. 1. For details, issue submission or if you are interested in volunteering as a conference delegate, contact Nancy A. Montville at Army Community Service, 526-4590.0460 or e-mail at Nancy.Montville@carson.army.mil.

Sally Foster Company employment opportunity — Heather Cloninger from the SOS Staffing Services will be at the Army Community Service building Wednesday from 9 a.m. to 2 p.m. Cloninger will be discussing seasonal employment opportunities with the company for military spouses. Call 526-0452 for more information.

Officers' Spouses' Club membership sign-up — The Fort Carson Officers' Spouses' Club is hosting an annual membership sign-up Aug. 18 from 10 a.m. to 2 p.m. at Quarters 1 St. Lo Drive on post.

Call Lee Ann Hoppman at 559-7800, Ingrid Kaugars at 559-9417 or Pam Swinford at 559-7055 for more information.

Self-Help Weed Control Program — Army Regulation 200-5, Pest Management, requires pesticide applicators on military installations to be certified. The Directorate of Environmental Compliance and Management developed a self-help program that allows military members, after they receive the necessary training, to be issued a pre-mixed Round-Up herbicide to treat weeds in rocky areas around their barracks, administrative areas and motor pools.

In order to meet regulatory requirements for application, units that wish to participate in the Self-Help Weed Control Program must have their military members trained in the proper handling, transport and application of herbicides. Once an individual has received the training, DECAM can issue them pre-mixed herbicides in sprayers or Weed-N-Feed.

Training sessions are held Tuesdays from 10 to 11 a.m. through October at building 3711. Each unit may send up to five people for training unless pre-approved for more through the unit commander and DECAM. Sprayers or spreaders can be picked up and returned to

building 3708 Monday through Friday between 9 a.m. and noon only.

For more about the Self-Help Weed Control Program, call the Pest Control Facility at 526-5141. The Fort Carson housing contractor is responsible for the application of herbicides for weed control in family housing areas. For more information on housing weed control, call the housing contractor at 579-1606.

Active-duty servicewomen are invited to participate in a women in the military self-diagnosis study

— If you are an active-duty female and have symptoms of a vaginal infection (vaginal discharge that looks or smells abnormal; itching, burning, pain inside or outside your vagina) or a urinary tract infection (pain or burning upon urination; frequent urination; or greater than normal urge to urinate), you are invited to participate in a research study to test military women's ability to use a newly developed self-diagnosis kit to determine the cause of their vaginal/urinary symptoms.

If you are not on your period and are not pregnant, call DiRaimondo TMC, 524-2047 or 524-2051 to schedule an appointment with Lynn Money, Research Nurse Practitioner. When you call for an appointment, you must mention that you want to participate in the research study. For more information, contact Money at 524-3511.

Career fair — The Defense Department Regional Career Fair is Oct. 7 from noon to 5 p.m. at the Colorado Springs World Arena. The career fair is sponsored by the Fort Carson Army Career and Alumni Program and the family support centers at Schriever and Peterson Air Force Bases and the United States Air Force Academy. The event is free and open to anyone seeking employment.

Youth sponsorship training — Army life means having to leave your home, school and friends to move to a new installation. Youth sponsorship offers you the opportunity to make new friends and help someone adjust to his or her new home.

Classes are offered one Saturday per month at the Family Connection Center in building 1354, from 2 to 4 p.m. Upcoming classes are Aug. 21, Sept. 18 and Oct. 16. For more information call 526-1070.

Voting information — For voting information or voting materials, see your unit's Voting Assistance Officer or contact the Fort Carson Voting Assistance Officer at 526-8419. You can also find voting information by going to the Federal Voting Web site at www.fvap.gov or the Fort Carson Web site at www.carson.army.mil, click on links.

Yard Sale — The Fort Carson Mayors' yard sales are twice a month on the first and third Saturday of the month between 8 a.m. and 3 p.m.; dates are Aug. 21, Sept. 4 and 18, Oct. 2 and 16 and Nov. 6 and 20.

Both on- and off-post residents can participate. Housing residents can set up yard sales in front of their houses; barracks and off-post residents can set up in the Beacon Elementary School parking lot.

All residents and sellers must comply with the following guidelines:

- Residents are responsible for conducting their yard sale.
- Individual occupants are responsible for trash control and removal, which must be completed by 5 p.m. the day of the sale or citations will be issued.
- Commercial organizations and individuals will comply with all regulations related to commercial solicitation.
- All sellers are prohibited from offering for sale items such as drugs, guns, food or anything that does not conform to the rules and regulations of Fort Carson or the state of Colorado.

For more information, contact your village mayor or the program coordinator at 526-1082 or 526-1049.

Civilian Wellness Program — Make that change from being a couch potato watching sports to being on the team; join the Civilian Wellness Program. Get ready to play those sports, take that hike, bike or pursue a new sport. Are you ready and able to hike one of Colorado's 14,000-foot mountains and see what a real Rocky Mountain high is all about? Have you ever biked the Sante Fe Trail from Monument to Fountain to see another

719-526-4590



OPERATION back to School

- ✓ Providing school supplies for eligible school age children
- ✓ Applications now available
- ✓ Appointments available:
 - Tuesday thru Friday, 5:30 p.m. - 7:00 p.m.
 - Saturdays, 8:30 a.m. - 4:00 p.m.
- ✓ Please bring to appointment:
 - Social security numbers for all eligible children
 - Most recent end of month LES
 - Pay stubs (if applicable)
 - Military ID
- ✓ Application Deadline: Saturday, 7 August.

Schedule your appointment with your ACS
Financial Readiness Program, (719) 526-4590.



view of Colorado? Get off the sofa and out of the house and enjoy the beautiful weather and the breathtaking sites of Colorado. Take the challenge and join the Civilian Wellness Program for Department of Defense employees. Join the team at the Mountain Post Wellness Center for this unique opportunity. The Civilian Wellness Program allows three hours each week of duty time to work out at the wellness center (approval from supervisor required).

The program starts with an assessment and baseline testing. Individuals set goals and the wellness center team sets up a physical exercise program and provides educational opportunities to increase your total health. This is the opportunity to start a holistic program for a lifetime of good health. Take that first step to a healthier lifestyle. Then step up that mountain and enjoy the view. Call Sandra Ensmann at 526-4264 for information or pick up your enrollment packet. Join the Civilian Wellness Program for DOD civilians. The next session begins Sept. 16 at 9 a.m. This is the last and chance to get in shape before the holidays.

Improved self-help station for housing

Come visit our new and improved self-help area located at 6271 Mekong St. The self-help station operates from 9 a.m. until 3 p.m., Mondays through Fridays. Use the side entrance to the building.

ESCO Scrapbook fundraiser — Come and catch up on all those photos you've set aside Sept. 11, 2 to 7:30 p.m. at Waa-Nibe House, building 1007.

The cost is \$25 to register in advance and \$30 at the door. Cost includes dinner.

If you're new to scrapbooking and want to see what it's all about, bring six to 10 photos for a product presentation and demonstration. Bring someone new and receive a \$25 credit on your Memory Keepers Card. There will also be a raffle for a 12 by 12 inch album, and 15 percent of product purchase will be donated to ESCO. If you are unable to attend but would like to sign up and would like your purchase go toward ESCO, call Jessica Masiasak at 597-1710.

Crafters needed — The first Fort Carson Craft Fair will be held Oct. 2 at the Special Events Center. Booths will cost \$25 or \$20 with a donated door prize. Call Jessica Masiasak at 597-1710 for information.

ID Card/DEERS Section closure — The Fort Carson ID/DEERS Section will be closed Aug. 30 and 31 for installation of new software. For more information, call Mary Foster at 524-3704.

Transitional benefits ease health care concerns for returning servicemembers

TriWest Healthcare Alliance

As many military men and women return home from wartime deployments and prepare to end their active duty service, one of their prime concerns will be to ensure that health care coverage for themselves and their families is not interrupted.

Many of them will be eligible for TRICARE benefits available through the Transitional Assistance Management Program. These transitional benefits will help them maintain their coverage while bridging the gap between military service and civilian life.

TRICARE's Transitional Health Care Benefits for Servicemembers:

- Certain servicemembers who served less than six years total active federal military service are eligible to receive the TRICARE benefit for 60 days after their separation date, and those who served for six years or more are eligible for 120 days' of TRICARE coverage after their separation. These include:

- Members involuntarily separated from active duty.
- Reservists separated from active duty who were called up or ordered in support of a contingency operation for an active duty period of more than 30 days.
- Members separated from active duty and involuntarily retained in support of a contingency operation.
- Members separated from active duty following a voluntary agreement to stay on active duty for a

period of less than one year in support of a contingency mission.

TRICARE eligibility is determined by the sponsor's service branch and by information available in the Defense Enrollment Eligibility Reporting System.

- Individuals eligible for benefits under other Demonstration Projects retain those benefits during TAMP eligibility as long as the Demonstration is active. For Demonstration Project eligibility information, contact the Defense Enrollment Eligibility Reporting System.

To make sure their family members are eligible for TRICARE transitional health care benefits programs, servicemembers must be sure to update their information in the DEERS. This can be done at the local military personnel office or identification card issuing facility.

If the servicemembers and their eligible family members want to keep their TRICARE Prime coverage under their Transitional Health Care Benefits, they will have to re-enroll by submitting a new TRICARE Prime enrollment application. Otherwise, they may use their TRICARE Standard or Extra benefits. Information about these benefits can be found at www.triwest.com. The TRICARE Prime Remote and TRICARE Prime Remote for Active Duty Family Members Programs are not an option for beneficiaries eligible for TAMP.

More information about TAMP and the TRICARE Transitional Health Care Demonstration

Project can be found at www.tricare.osd.mil or by contacting the TRICARE Information Center at (888) DOD-CARE (363-2273).

Continued Health Care Benefit Program

The Continued Health Care Benefit Program offers a private, conversion health plan, for 18 to 36-month transition periods, that is similar to, but not the same as, TRICARE Standard. CHCBP is not part of TRICARE but provides similar benefits and operates under most of TRICARE's rules. It is available to former servicemembers and their families, to some former spouses who have not remarried, and to children who no longer qualify as dependents but who enroll and pay quarterly premiums.

To make use of the CHCBP, eligible individuals must enroll within 60 days after separation from active duty or loss of eligibility for military health care. For enrollment forms and specific eligibility and enrollment information, contact the Defense Department's CHCBP contractor:

Humana Military Healthcare Services, Inc., Attn: CHCBP

P.O. Box 740072
Louisville, KY 40202
(800) 444-5445, option 4.
www.humana-military.com

It is hoped that these transitional health care programs will eliminate one source of concern for military servicemembers and their families who are making the transition to civilian life.

Financial NCOs

From Page 11

career,” said Randle, “but it can sometimes be hard to identify.” For some married couples, financial distress can come simply from the spouse having a job, said Randle.

The financial NCOs are trained to help Soldiers with their finances whether it's being reactive or proactive. Although most Soldiers get advised on debt management, there are some who look for ways to invest their money. “We don't tell Soldiers what to invest in, but the different options for investment,” said Randle.

The Soldier seen the most by financial NCOs is the one who has past due car payments and credit card debts, said Master Sgt. Rebecca Corley, Command Financial Noncommissioned Officer in Charge. “If a Soldier goes to his financial NCO with a lot of debt problems, the financial NCO will refer him to a debt counselor,” said Corley.

Although Soldiers can voluntarily consult their financial NCOs, sometimes it can be mandatory. “All first term Soldiers are required to attend a financial readiness briefing upon arriving to Fort Carson during the in processing,” said Corley. The Soldiers even take

a financial test in order to assess what they already know and to compare the results of the first test with the results of a second test after a half-day financial readiness briefing.

Not only does the Command Financial NCO Program help Soldiers personally, but their spouses as well. There are several programs available to provide assistance for spouses during a Soldier's deployment too. “There are programs available that can assist families with groceries, utilities and emergency funding to help pay for travel expenses if a Soldier receives a Red Cross call,” said Corley.

Although the Command Financial NCO Program helps Soldiers with financial readiness and offers an emergency relief program, since the Command Financial NCO Program started 10 years ago there has been a reduction in the use of the emergency relief.

The financial program is not just for big issues

like emergencies or debt, either. The program also provides Soldiers with assistance when they want to file a consumer complaint. If Soldiers think they have

been treated unfairly or has been swindled by a car dealer, the financial NCO can file a consumer complaint and even put that particular dealer on a list of places not to do business with, said Randle. Also before purchasing a used car, a financial NCO can provide Soldiers with a free car facts search to find out that car's history.

“This is such a great program, but we still need more financial NCOs out there,” said Corley. The 10th Special Forces Group, 43rd Area Support Group, 4th Finance and the 502nd PMS all need a financial NCO.

For more information on how to become a financial NCO, call Patricia Randle at 526-4590.

“There are programs available that can assist families with groceries, utilities and emergency funding to help pay for travel expenses if a Soldier receives a Red Cross call.”

Master Sgt. Rebecca Corley
Financial Noncommissioned Officer in
Charge

Chaplain's Corner

All generations shall call you blessed

**Commentary by Chap. (Capt.) Noel Johnson
5025th Garrison Support Unit**

My first experience with the Feast of the Assumption was in 1969 when student fares and youth hostels were all the rage for college kids. I got off the train in a small town in Switzerland and could not get a bus or a bite to eat anywhere. Everything was closed down for a holiday that I had never heard of.

I became acquainted with the significance of Mary when I drew John 19:25-27 to preach, during the Easter Celebration of The Seven Last Words of Christ. As I began to ponder what Mary agreed to when the angel Gabriel approached her, I was instructed by her unfathomable faith and obedience. I dread the middle-of-the-night calls to go pray with a hospitalized mom suffering a miscarriage. I want ministry to happen during business hours, and not involve loss of sleep. Pity the angel who would ask me to give up everything for generations of people I would never know.

Mary was a very young girl, from a little village, with a very narrow margin for comfort. For her to give up her home and family was an enormous threat to her security. Immediately, she faced the humiliating prospect of divorce from her only marriage option. She would have lost all status and respect from the extended family and small-town neighbors. She mounted a donkey for a terrible

ride in her last trimester and left the women she trusted to help her in childbirth and with her newborn. With no assistance or even access to clean water, she gave birth for the first time in a strange, dirty town and then had to flee for her life to a foreign country. After the death of her husband, the son who was responsible for her welfare, took off on a dangerous mission which ended in his fatal torture in front of her eyes. It makes you want to angel-proof your house.

With all the modern-day emphasis on getting a blessing from joining a church, Mary stands as an example of what it means to be filled with Christ. Anymore, people don't like this church or that one because "they don't get anything out of it." We can't spend a few moments to worship God because the return on our investment is not high enough. There was not a darned thing in it for Mary. She gave up a life of modest contentment for a highway of sacrifice. Had she not made room for the Savior, we would still be wretchedly waiting for the Messiah. One

humble young girl put aside all her needs and desires in total trust on the word of God, and got absolutely nothing in return.

God asks us to give up a little comfort and convenience so that he can work his plan of blessing to be poured out on a hurting world. It's a stretch for me to pick up a small corner that cross. Sometimes, he asks for great sacrifice in the battle against principalities of evil. One could turn to Mary to see the way for a few steps, or a few miles. She walked the whole way in partnership with the Holy Spirit for our benefit.

We don't close up shops or stop the buses for the Feast of the Assumption.

But now I remember what it means, and I am humbled by my feeble willingness, so opposite of that simple servant. My hat is off to you, Mary. You are awesome indeed.



Chapel

Catholic Family Religious Education

— Registration is currently under way for all Catholic Family Religious Education programs. Please complete the registration forms at Soldiers' Memorial Chapel during duty hours and on Sunday morning. Space is limited, please register today. **Protestant Adult Sunday School Classes** — are offered at 9:30 a.m. at Soldiers' Memorial Chapel, building 1500 (next to the post exchange).

Native American Services — The He Sk'a Akicita Inipi is located on Fort Carson. All native and non-native people, military personnel, family members and Defense Department personnel are welcome. Anyone interested in attending and praying in this manner can contact Michael Dunning at 382-5331, (c) 330-9537, or (e-mail) micheal.dunning@carson.army.mil, or Charles Erwin at (h) 382-8177, (e-mail) erwin106@juno.com, or Zoe Goodblanket at 442-0929 for information and directions.

Daily Bible readings: In order to assist in regular scripture reading, the following scriptures are recommended. These scriptures are part of the common daily lectionary which is designed to present the entire Bible over a three-year cycle.

Friday — Psalms 68 & Ezra 1-5

Saturday — Psalms 69 & Ezra 6-10

Sunday — Psalms 70 & Nehemiah 1-3

Monday — Psalms 71 & Nehemiah 4-6

Tuesday — Psalms 72 & Nehemiah 7-9

Wednesday — Psalms 73 & Nehemiah 10-13

Thursday — Psalms 74 & Esther 1-3

Day	Time	Service	Chapel	Location	Contact Person
M-W-F	noon	Mass	Healer	Evans Army Hospital	Fr. Battiato/649-5260
Tues., Wed., Thurs.	noon	Mass	Soldiers'	Nelson & Martinez	Chap. Amano/526-5769
Saturday	5 p.m.	Mass	Soldiers'	Nelson & Martinez	Chap. Amano/526-5769
Sunday	8 a.m.	Mass	Prussman	Barkeley & Prussman	Chap. Amano/526-5769
Sunday	9:30 a.m.	Mass	Soldiers'	Nelson & Martinez	Chap. Amano/526-5769
Sunday	10:45 a.m.	CRE	Soldiers'	Nelson & Martinez	Pat Treacy/524-2458
Sunday	11 a.m.	Mass	Healer	Evans Army Hospital	Fr. Battiato/649-5260
Sunday	12:15 p.m.	Mass	Provider	Barkeley & Ellis	Chap. Amano/526-5769
Tuesday	6:30 p.m.	RCIA	Soldiers'	Nelson & Martinez	Pat Treacy/524-2458
Saturday	4 p.m.	Reconciliation	Soldiers'	Nelson & Martinez	Chap. Amano/526-5769
Sunday	9 a.m.	Protestant	Healer	Evans Army Hospital	Chap. Kincaid/526-7387
Sunday	9 a.m.	Protestant	Provider	Barkeley & Ellis	Chap. Borden/526-3711
Sunday	11 a.m.	Protestant	Soldiers'	Nelson & Martinez	Chap. Kennedy/526-8011
Sunday	11 a.m.	Prot./Gospel	Prussman	Barkeley & Prussman	Chap. Bowman/526-5513
Sunday	9:30 a.m.	Sun. School	Prussman	Barkeley & Prussman	Chap. Bowman/526-5513
Sunday	9:30 a.m.	Sun. School	Soldiers'	Nelson & Martinez	Dr. Scheck/526-5626
Tuesday	9 a.m.	PWOC	Soldiers'	Nelson & Martinez	Chap. Kennedy/526-8011
Sunday	11 a.m.	Contemporary	Veterans'	Magrath & Titus	Chap. Ellison/526-8890
Sunday	6 p.m.	PYOC	Soldiers'	Nelson & Martinez	Chap. Kennedy/526-8011
Friday	noon	Prayer	Soldiers'	Nelson & Martinez	Ms. Scheck/524-1166
Sunday	10:45 a.m.	Lutheran	Provider	Barkeley & Ellis	Chap. Lloyd/526-3888

For information and a schedule of Jewish Sabbath services, call the U.S. Air Force Academy Cadet Chapel at 333-2636.

Day	Time	Service	Chapel	Location	Contact Person
Monday	6:30 p.m.	Family University	Building 1161		Melissa Dalugud/330-7873
Sunday	2 p.m.	LDS	Provider	Barkeley & Ellis	Chap. Jones/526-3718

NATIVE AMERICAN SWEATLODGE
Native American Sweatlodge ceremonies (He Sk'a Akicita Inipi) are offered to military dependents and Department of Defense personnel for traditional prayer and purification. Fasting before the ceremony is recommended and refreshments are offered following the ceremony. Please call the following for information and directions: Michael Dunning 382-5331 or 330-9537, or Zoe Goodblanket 442-0929.

The Army Cycle Of Prayer — Each week the Office of the Army Chief of Chaplains will highlight Army units, the Army at large, the nation and religious organizations to focus prayer.

You are invited to join the chaplain community and pray for these individuals and organizations.

Unit: For the Soldiers and leaders of the 3rd Brigade, 2nd Infantry Division deployed in support of Operation Iraqi Freedom.

Army: or the Army G-4 Lt. Gen. Claude Christianson, and the military personnel and civilian staff who work in the Office of the Deputy Chief of Staff for Logistics.

State: For all the Soldiers and families from the state of Alaska. Pray also for Gov. Frank Murkowski, the state legislators, and local officials of the "Last Frontier State."

Nation: For the Director of the Office of Management and Budget Joshua B. Bolten. For this agency

and its mission to oversee the preparation of the federal budget and to supervise its administration in Executive Branch agencies.

Religious: For the Soldiers and families from the Unitarian Universalist Association.

For more information on the Army Cycle of Prayer, visit the cycle's Web site at www.usarmy-chaplain.com.

Gulf War vets can find oil well fire info on Web site

Courtesy Evans Army Community Hospital

In addition to the risk of sustaining combat casualties, some of the U.S. troops deployed during the 1991 Gulf War were also exposed to the smoke from hundreds of oil well fires that burned out of control over a period of about nine months in 1991.

Depending on their proximity to the burning oil wells, veterans could have been exposed to varying levels of petroleum combustion pollutants. Now, Gulf War veterans can get an assessment of the health risks from their exposure to the smoke by logging on to a U.S. Army Center for Health Promotion and Preventive Medicine Gulf War Fires Web site <https://gulfwarfires.apgea.army.mil>.

To document the extent of environment pollution from the burning oil wells, USACHPPM gathered air and soil samples in Kuwait and Saudi Arabia from May 1991 until November 1991, when the last oil well was capped. By combining this sample data with troop location data, the personnel registry, satellite

images, and meteorological models, USACHPPM can estimate a Gulf War veteran's exposure to oil well fire smoke and any health risk from that exposure.

By entering their Social Security numbers on USACHPPM's Gulf War Fires secure web site, Gulf War veterans can get personalized information about their exposure to oil well fire smoke, including a map of their units' known locations in theater, their health risk associated with exposure to oil well fire smoke and USACHPPM's method of calculating exposure and health risk.

An online form makes it easy for veterans to request a signed copy of their exposure and risk report. Answers to frequently asked questions related to exposure and health risk calculation are also provided on the Web site.

For those who would like to learn more about the oil well fires set in Kuwait by retreating Iraqi forces during the 1991 Gulf War, read DoD's Oil Well Fires Environmental Exposure Report at http://www.gulflink.osd.mil/owf_ii/.

TRICARE working pharmacy, health insurance problems

Courtesy Evans Army Community Hospital

The TRICARE Management Activity has been alerted that a recent computer data exchange resulted in many beneficiaries being told they have to use their other health insurance first before using the TRICARE Pharmacy benefit, yet many of these beneficiaries do not have other health insurance.

Actions are being taken to correct this problem. However, if you were told you have other health insurance, but you don't or you dropped your other insurance, you need to submit a letter, an Explanation of Benefits, or a termination letter from the Insurance company to the Pharmacy Data Transaction Service Customer Service Support Center to ensure that your pharmacy profile is corrected. Your letter or document needs to state either you never had other health insurance or provide the date on which you dropped your other health insurance. Letters can be faxed or mailed to the following:

Fax to (210) 221-8131
Mail to: DOD PEC
ATTN: PDTS-CSSC
2461 Dickman Road
Building 1001 Room 310
Fort Sam Houston, TX 78234-5081

Also note the name of any network pharmacy that refused to fill your prescription

TRICARE regrets any inconvenience the data transfer error caused patients. They ask patients to cooperate with updating the proper personal information. TRICARE is working on how to resolve the matter.

New ramp improves thrift shop access

by Pfc. Clint Stein
Mountaineer staff

It's here — no longer will customers of the Fort Carson Thrift Shop have to climb up a dangerously steep ledge before entering the store.

After several incidences of people tripping on the entry step and complaints from people in wheelchairs, Company A, 52nd Engineer Battalion constructed a handicap ramp and made the steps to the shop more negotiable.

"People were falling off the steps out there all the time," said Gail Olson, thrift shop manager. If a person was in a wheelchair he would have to enter through the side door, said Olson. "If there was inclement weather, most people in wheelchairs wouldn't bother even coming in. It didn't make sense having handicap parking at the front door and having handicap people go all the way around to the side door."

With the new handicap ramp in place and better steps leading up to the front door, more people will visit the thrift shop, said Olson. "We get a lot of

women in here with baby strollers, too; this ramp will help them as well." People can also push the shopping carts out to their car, said one thrift shop customer.

The new access to the thrift shop was built by Company A, 52nd Eng. Bn., during the month of July after the store had closed down for the month. The thrift shop reopened Aug. 3, and Olson said she couldn't be happier about the new access. "My customers will be glad to see renovation, too."

Olson said she hopes to get the pot holes filled in the parking lot next. "We been in this building for the past five years; it could stand some more improvements."

The Thrift Shop is visited by many on post as a secondhand store and it uses most of its proceeds for programs such as continuing education grants, Army Family Team Building, bereavement,

Boy Scouts, food lockers and more.

The store is able to sell most of its items at such a low price because a lot of the shop's merchandise is donated by Fort Carson residents or on consignment. In addition, the store workers are mostly volunteers. There is a donation storage located at the south end of the parking lot where people can drop off donations at any time.

There is also a bargain room where items either didn't sell or were donated. All items in the bargain room are only 25 cents. The thrift shop will occasionally hold a 10 cent sale to help clear the bargain room or consignments that did not sell. The store will usually advertise these sales.

The thrift shop is open from 10 a.m. to 2:30 p.m. on Tuesday, Wednesday and Thursday and from 10 a.m. to 2 p.m. on the first Saturday after end-of-month payday.



Beautiful in Pink

Susan G. Komen Race for the Cure

by Pfc. Clint Stein
Mountaineer staff

This year's Colorado Springs Komen Race for the Cure was at Fort Carson's Ironhorse Park Sunday where more than 7,000 people came out to pay tribute to breast cancer survivors and victims. This was the first time the race was held at Fort Carson in its 10-year history at Colorado Springs. The Komen Race for the Cure is a series of races that first started 21 years ago in Dallas, with 800 participants and has grown to more than 100 different races and more than 1.5 million participants worldwide.

The race was created to raise awareness about breast cancer and as a way to raise money for breast cancer research and treatment. Roughly 75 percent of the money raised from the race goes to the local community that hosted the race with the remaining 25 percent going toward the Susan G. Komen Foundation for national breast cancer research and education programs. More than \$340,000 was raised at this year's race from donations, pledges and entry fees. Although this year's attendance record was slightly lower than last year's, this year's race raised \$80,000 more than last year's.

Even though the race helps raise money and awareness about breast cancer, it also helps build

back the willingness to live life to the fullest for some people. Bev Veals said she never left her backyard when she lived in North Carolina five years ago before being diagnosed with breast cancer. After hearing the news she had breast cancer, she thought it was time for her and her children to see the world and uses the Komen Race for the Cure as a way to do just that. "I have been in 58 or 59 Races for the Cure in the last five years," said Veals. "This is just something I thought I would enjoy and a good way for my children to experience different parts of the country. I've even raced in Germany and Rome."

Veals was the winner of the survivors race Sunday and came in second place overall in the women's race. She first participated in the Colorado Springs Race for the Cure five years ago and liked Colorado Springs so much she decided to move here two years ago. "This is such a great community, there is so much support here, it's amazing," said Veals.

After the races were finished and the last person crossed the line the support from the participants and patrons continued. "Of all the races I've been to, I've never seen this many people stick around after the race to show their support," Veals said. When an event of this size has been at the same place for years and then moves, it's hard to get it organized, said Veals. "I think Fort Carson and race organizers did a great job; it went well today."

Although Sunday's race was taken seriously by many as a chance to win a small token trophy, it was more about the breast cancer survivors and the family members who were running to represent their loved ones who may have died as a result of breast cancer. "People get a lot out of this race, it lets them know they're not alone in their battles," said Veal.



Runners make their way along Specker Avenue during the coed 5-kilometer race Sunday.



Breast cancer survivors wearing pink T-shirts file through Ironhorse park for the parade of pink ceremony after the Komen Race for the Cure.

Photos by Pfc. Clint Stein



More than 6,500 racers participated in this year's Komen Race for the Cure.



Diagnosed with breast cancer nine years ago, Paula Sanford, in pink, walks with her daughter, Sandi Sanford, as they receive cheers from spectators while crossing the finish line at the end of the race.



Sue Love, a jazzercise instructor at Colorado Springs, gets the race participants' blood flowing with aerobic exercises before they start the race.



Out & About

Aug 13 - 20, 2004

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Visit us at www.ftcarsonmwr.com

THE UNITED STATES ARMY COMMUNITY AND FAMILY SUPPORT CENTER PRESENTS
AN ARMY MWR PROGRAM

2004

United States Army SOLDIER SHOW

Date: Sept. 9 and 10
Time: 1400 and 1900
Place: McMahon Theater

"The Heart of a Soldier"
AN ARMY ENTERTAINMENT PRODUCTION

FREE CONCERT IN THE PARK

FEATURING

BLUE STEEL

This "Welcome to Ft. Carson" event is Wednesday, August 25th
from 6:30pm to 8:30pm
at Iron Horse Park

This event is open to everyone!!!

For more information, call 526-4494

FT. CARSON GOLF CLUB SIDEWALK SALE!!

AUG 13 - IS
7 AM TO 5:30 PM
10% - 70% OFF
FOR INFO, CALL 526-4102

XTREMES'

BUILDING 1532 SPECKER AVE. (719) 576-7540

POKER NIGHT

EVERY TUESDAY NIGHT IN SEPTEMBER

\$10 ENTRY FEE, CASH & PRIZE PAYOUTS, MUST QUALIFY FOR FINALS
SIGN-UPS AT 6PM, FIRST COME - FIRST PLAY!!!

FINALS HELD ON OCTOBER 5TH

FOR MORE INFORMATION 576-7540

SOUTHWESTERN PICTURE FRAME CLASS

Friday, August 20
3 pm - 6 pm
\$10.00 (pre-register fee)
Smith Wood Shop
Call 526-0070 for info.

McKibben's POWER LIFTING Competition

Event Date: Aug. 21 - 22, 2004
 Entry Deadline: no deadline
 Event Time: 9 am to 7 pm
 Events: Dead lift, squats, bench press
 POC: Lenwood Jordan
 Contact Info: 526-2137, 526-2597
 Location: Building 1160

Published by the Fort Carson DCA Marketing, Advertising & Sponsorship Team, 719-526-3161

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Turkey Creek Ranch

a Fort Carson treasure

Story and photos
by Nel Lampe
Mountaineer staff

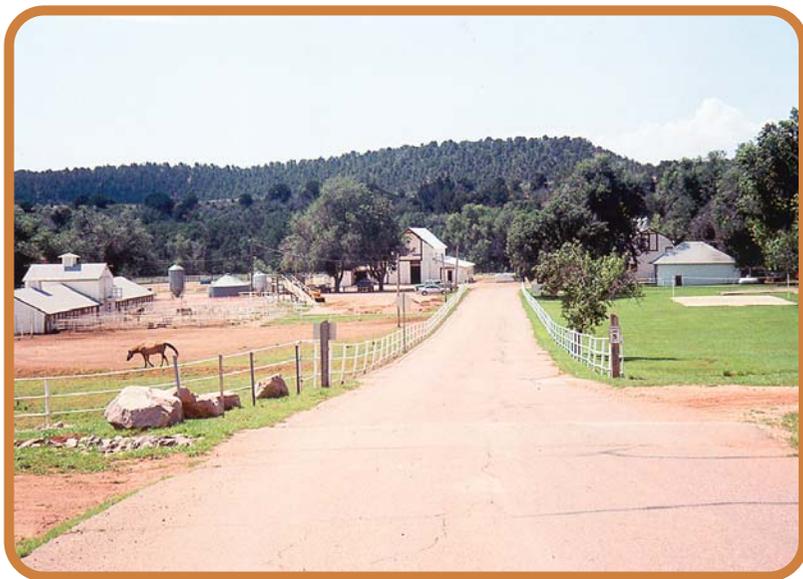
Perhaps Fort Carson's most scenic spot isn't on the main post at all, but about 10 miles south, off Highway 115 — Turkey Creek Ranch.

It's a ranch with all the trimmings. Trees, meadows, bushes, barns and white fences set the scene. Horses, wranglers, picnic areas, a child-size frontier ghost town, playgrounds and great views make Turkey Creek Ranch one of the post's treasures.

Fort Carson families are welcome to visit the ranch to picnic, hike, relax or play at Fort Turkey Creek ghost town and playground.

But to ride a horse, guests need to make a reservation when the ranch is staffed, Wednesday through Sunday. A trail ride is \$15 for Chief Warrant Officer W2 and below, and \$18 per hour for Chief Warrant Officer 3 and above for an hour's ride. Above prices also apply to family members of the rank mentioned.

Trail rides are offered throughout the year, some of them include a picnic lunch or a steak dinner. Trail rides are



Visitors arriving at Turkey Creek Ranch see a typical working ranch.

from \$35 to \$75, depending on the ride's length and the meal provided.

Arrangements can be made for groups or birthday party rides.

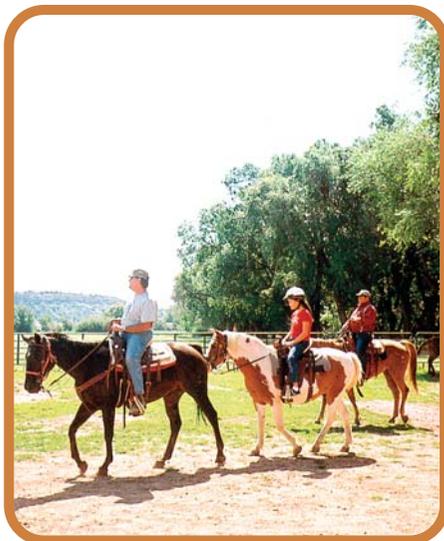
Two-hour riding lessons are offered Saturdays and Sundays by reservation. The complete series of riding lessons is self-paced, but lasts about six weeks.

Other special rides that can be arranged include a hayride or stagecoach ride, such as for weddings or private parties.

Private group picnics can be held in one of the large picnic areas, such as Dodge City, OK Corral, Tombstone and Carson City. These large areas can hold up to 1,000 people.

Head Wrangler Jayne Cook said Turkey Creek Ranch can accommodate campers in tents for a \$5 fee, or recreational vehicle sites, which rent for \$10.

Until July 31, the only refreshments available at Turkey Creek Ranch came from a soft-drink machine. Now, a general store has opened, and sells hot dogs, bratwursts, soft drinks, water, snow cones, old-fashioned candy and cotton candy. A small selection of camping supplies is available. The general store also sells

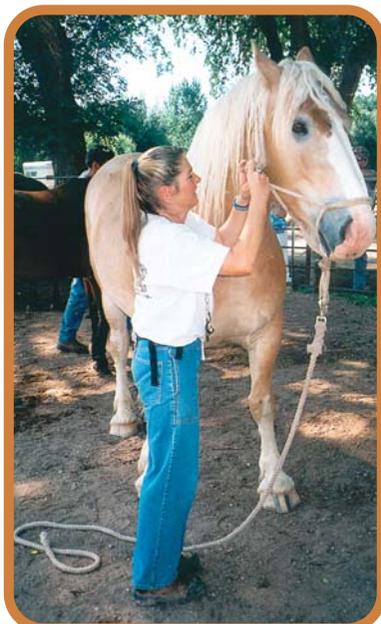


Riders leave the barn area at Turkey Creek Ranch for a Saturday morning trail ride.

hats, T-shirts, arrowheads and saddle blankets. The general store is open 8:30 a.m. to 4:30 p.m., Wednesdays through Sundays.

Turkey Creek Ranch is a real, working ranch, and has been for 122 years.

The ranch's history began in 1883. Historically, the area south of Colorado Springs was used for sheep and cattle ranching. Turkey Creek Ranch had several owners before being acquired in 1912 by Spencer Penrose, a leading Colorado Springs citizen. Penrose, from a prominent Philadelphia family, arrived in Colorado Springs about the time Cripple Creek's gold was discovered. Penrose partnered with a childhood



Charlene Zvek gets Kitty, a draft horse, ready to leave the pasture.

Happy endings



Places to see in the Pikes Peak area.

Aug. 13, 2004

Turkey Creek Ranch

From Page 25

friend from Philadelphia, Charles Tutt, who already was in Colorado Springs. The two men got involved in real estate and mine investments in Cripple Creek. Gold was found in the mine they partly owned and the two entrepreneurs invested in Utah copper mining and established gold ore processing plants in Colorado Springs.

The local architect firm of MacLaren and Thomas was hired to construct a large Spanish Revival Style main house on the ranch. Sheds, a guest house, barns, and other buildings were constructed. There was a swimming pool, tennis courts and an ice-skating rink on the property.

Penrose planted orchards, raised cattle, hogs and sheep on the ranch, using advanced technologies for the time. He also kept a number of exotic animals at the ranch.

The ranch was used as a weekend retreat and for entertaining.

Penrose eventually built the Broadmoor Hotel, the Cheyenne Mountain Zoo, the Will Rogers Shrine and the road to the summit of Pikes Peak. He started the Pikes Peak Hill Climb race as a way to publicize the road he'd built. As his projects began to take more of his time, Penrose became less interested in Turkey Creek Ranch. He sold off the livestock, sublet the ranch and eventually sold it.

The ranch had several owners before the U. S.

Army acquired the complex in the mid 1960s and developed it into a recreational facility. The ranch was used as a riding club, for picnics and by chaplains as a retreat along the way.

The ranch is run by a crew of wranglers and maintenance employees, along with many volunteers who feed, water and groom horses, clean stalls, repair fences and perform the many tasks necessary to run a ranch. More volunteers are always welcome, said Cook.

Call 526-3905 for lessons, trail rides or to volunteer.

The original main ranch house, known as the Penrose House, is available to members of the Mountain Post Team for special events, such as weddings, reunions or off-sites (meetings).

The house has a 930-square foot great room with a huge sandstone fireplace, original hardwood floors and high-beamed ceilings. Several French doors allow guests to access the wrap-around porch. Dozens of comfortable chairs and tables can accommodate wedding guests, workshops or meetings. Recent renovations by staff and volunteers have restored the beams in the great room to their original, stained wood state.

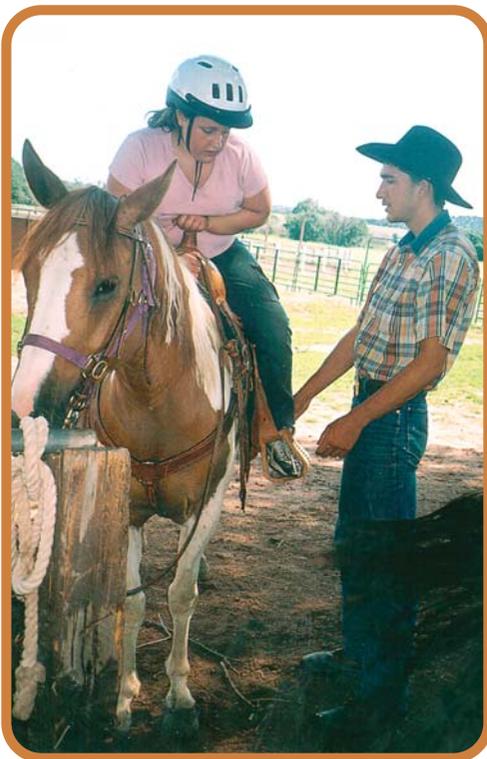
A bride's room and a groom's room are available for use by a wedding party or can be used for meeting rooms.

A large kitchen with industrial-size refrigerators allows guests to self-cater events.

Call Gloria Martinez at 524-0857 for information about renting the Penrose House.

The stage coach, pulled by a team of horses, may be rented by the hour. It's a dramatic way for the bride to arrive at a Penrose House wedding. The stage coach may also be rented to give rides to guests at a party or picnic on the ranch.

Turkey Creek Ranch is open all year, Wednesday through Sunday. From mid-April



Chris Talmadge, right, one of the cowboys on the trail ride, assists Katie Slack in getting on a horse.



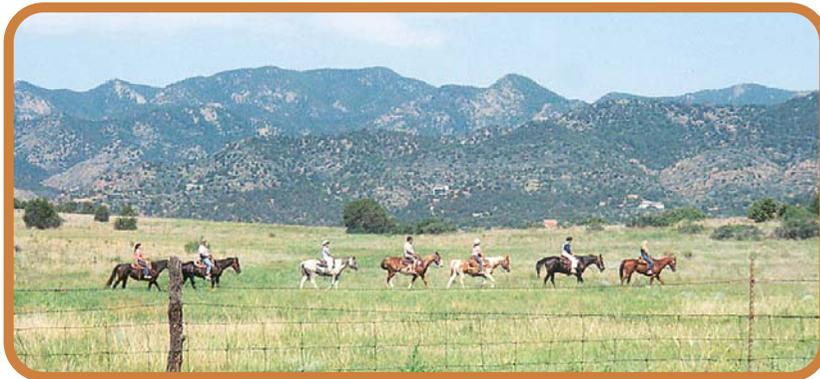
The bride arrives by stagecoach for a wedding at the Penrose House on Turkey Creek Ranch.



Wedding guests mingle on the lawn at the Penrose House at Turkey Creek Ranch.

through mid-October, the ranch is open from 9 a.m. until 4:30 p.m. The ranch closes at 3 p.m. during the winter.

To reach Turkey Creek Ranch, take Highway 115 south from the post main gate. Go about 10 miles, and take a left at the gate marked "Turkey Creek Recreation Area." Take the dirt road to the ranch headquarters.



Riders on horseback enjoy a trail ride on scenic Turkey Creek Ranch.

Just the Facts

- **Travel time** 10 minutes
 - **For ages** all
 - **Type** ranch recreation area
 - **Fun factor** ★★★★★ (Out of 5 stars)
 - **Wallet damage** free, plus activities
 - \$ = Less than \$20
 - \$\$ = \$21 to \$40
 - \$\$\$ = \$41 to \$60
 - \$\$\$\$ = \$61 to \$80
- (Based on a family of four)

Get Out!

Pikes Peak or Bust Rodeo

The 64th annual Pikes Peak or Bust Rodeo, at the Colorado Springs World Arena, continues through Sunday. Performances today and Saturday are at 7 p.m. Finals are Sunday at 1 p.m. Specialty acts include trick motorcycle rider Troy Lerwill, wild cow milking and wild horse racing. Tickets are on sale at Information, Tickets and Tours and the box office at the World Arena. Parking is \$5.

State Fair

The Colorado State Fair runs Aug. 21 to Sept. 5. Concert tickets are on sale at the State Fair Box Office and Ticketmaster, 520-9090, for Stacie Orrico, Chris Cagle, Chris LeDoux, ZZ Top, Dierks Bentley, Trick Pony, Brad Paisley, REO Speedwagon, Olivia Newton-John and Clay Aiken. Tickets are \$13 to \$33.

Pikes Peak Center

Buddy Guy and Robert Cray, Grammy winners, are in concert at the Pikes Peak Center, 190 S. Cascade Ave., Aug. 21 at 8 p.m. Call 520-SHOW for tickets, beginning at \$39.

Broadway in Colorado Springs

Season tickets are on sale for the new sea-

son in the Pikes Peak Center, which includes "Fiddler on the Roof," Oct. 20 and 21; "The Full Monty," March 15 and 16, "Defending the Caveman," April 8 and 9; "42nd Street," May 8 and 9. An optional show is Hal Holbrook in "Mark Twain Tonight!" Call 520-SHOW for information.

Fine Arts theater season

The Fine Arts Center repertory theater has scheduled its new season. "A Funny Thing Happened on the Way to the Forum" is Oct. 1 to 14; followed by "Nun-crackers: The Nonsense Christmas Musical," Nov. 19 to Dec. 12. "Cabaret" is set for Feb. 4 to 27, followed by "Singin' in the Rain" April 29 through May 22. Call 634-5583 for tickets.

Air Force Academy concerts

The Academy Concert season is now on sale. The schedule includes Emerson Drive, Sept. 17, Paul Rodriguez, Sept. 18 and Capitol Steps, Oct. 9. In 2005, "Crazy for You" is Jan. 22, "Steel Magnolias" is Feb. 25, "Broadway Rhythm" is March 5, "Da Noise, Da Funk" is March 12, "Contact" is March 30 and "Passing Zone" is April 23. Call 333-4497 for information.

Indian singers, drummers

Rock Ledge Ranch Historic Site hosts the Red Spirit Singers and Drummers from Utah in a performance Sunday at 11 a.m. in the American Indian Area at the ranch. Rock Ledge hours are 10 a.m. to 5 p.m., Wednesday through Sunday. Admission is \$5 for adults,

\$4 for teens and \$1 for children 6 to 12. Under age 6 are free.

One more Renaissance day

The Air Force Academy presents a Renaissance Festival, featuring combat jousting, sword play, food and craft vendors and more. It's Aug. 21, 10 a.m. to 7 p.m., at the Cadet Athletic Fields off North Gate Road. Call 333-4497 for tickets. It's open to Department of Defense and military identification card holders. Admission is \$8 for adults; \$5 for children under 12.

Buffalo Bill Museum

Mountain Melodies Music Festival, featuring seven hours of bluegrass music, is a free concert at the Buffalo Bill Museum in Golden, beginning at 10 a.m. There'll be hands-on activities for children. Bring a lawn chair and enjoy the concert. Refreshments are available at the gift shop and snack bar, and the Buffalo Bill Museum is open; \$3 for adults, \$1 for ages 6 to 15. The museum is off Interstate 70 west at exit 256.

Performing arts in Pueblo

Preservation Hall Jazz Band opens the performing arts season Sept. 19 at 7:30 p.m. at the Jackson Conference Center in Pueblo. Marcus Belgrave's Tribute to Louis Armstrong is Oct. 23, 7:30 p.m. at the Arts Center Theater. Aspen Santa Fe Ballet is Nov 7, at 4 p.m. in the Arts Center Theater; "Rhapsody in Taps" is March 19 at 7:30 p.m., and "The Passing Zone" is April 22. Call (719) 295-7222 for information.



Photo by Nel Lampe

North Pole discount ...

The military discount continues at Santa's Workshop at the North Pole, just a few miles west of Colorado Springs on Highway 24. Through Labor Day, military members and families with military identification pay only \$7.50 per person, reduced from the regular \$15.95 per person. The park is open from 9:30 a.m. to 6 p.m. seven days a week, through Labor Day, when the hours will be reduced. Admission includes all rides and entertainment in the Christmas-themed park, as well as a visit with Santa.

ch10

Program Schedule for Fort Carson cable Channel 10, today to Aug. 20.

Army Newswatch: stories from Operations Enduring Freedom and Iraqi Freedom (repeat). Airls at 7:30 a.m., 12:30 p.m., 7:30 p.m. and 12:30 a.m.

Navy/Marine Corps News: stories on the Joint Mobile Ashore Terminal, Exercise Summer Pulse 2004 and the USS Ronald Reagan. Airls at 8 a.m., 1 p.m., 8 p.m. and 1 a.m.

Air Force News: stories on treating war wounded, new flightline uniforms and new anti-missile systems (repeat). Airls at 8:30 a.m., 1:30 p.m., 8:30 p.m. and 1:30 a.m.

The Mountain Post Community Town Meeting, held monthly, airs at 9 a.m. and 5:30 p.m.

The Pentagon Channel plays on Channel 9. In addition to standard programs like Army Newswatch, the channel will feature other Army-related programs, including briefings and other Army news.

If you have comments on Channel 10 programming or wish to coordinate a broadcast on Channel 10, please contact Chief of Command Information at 526-1241 or via e-mail at CommandInfo@carson.army.mil.

Program times will be published in the *Mountaineer* provided coordination is made one week prior to publication.

For additions to the Community Calendar, please submit an e-mail to the above address, send a clean, typewritten copy of the information to the Public Affairs Office, room 2180, 6151 Specker Ave., Fort Carson, CO 80913, or fax information to 526-1021 no later than the Friday before desired airing time.

Sports & Leisure

Softball

Intramural, coed champs take crown

by **Walt Johnson**
Mountaineer staff

As Maj. Gen. Robert Wilson, 7th Infantry Division and Fort Carson commanding general, looked on, two teams captured championships in the post intramural leagues Aug. 3 at the Mountain Post Sports Complex.

Using a hard-hitting attack, Headquarters and Headquarters Company, 3rd Brigade Combat Team defeated the Regulators 24-6 to win the intramural championship.

About one hour later, the Dental Activity Command withstood a furious rally by the 59th Quartermasters to win the coed softball championship 14-13.

The post intramural championship game began with two teams that had experienced outstanding success during the regular and playoff seasons ready to pummel each other into submission.

The Regulators had a steady, consistent offensive attack that allowed the team to score a lot of runs during the year. Conversely, the 3rd Brigade team came to the park with hitters who looked like they borrowed their little brother's T-shirt, with muscles bulging from under their shirts. Both styles proved very successful for the team and it set up a classic David (Regulators) versus Goliath (3rd Brigade) matchup. Goliath may have thought he would swat David away eas-

ily, but the little guys were hanging around within striking distance.

After five innings, the 3rd Brigade team was ahead 12-4 as it came up for its swings in the top of the sixth inning.

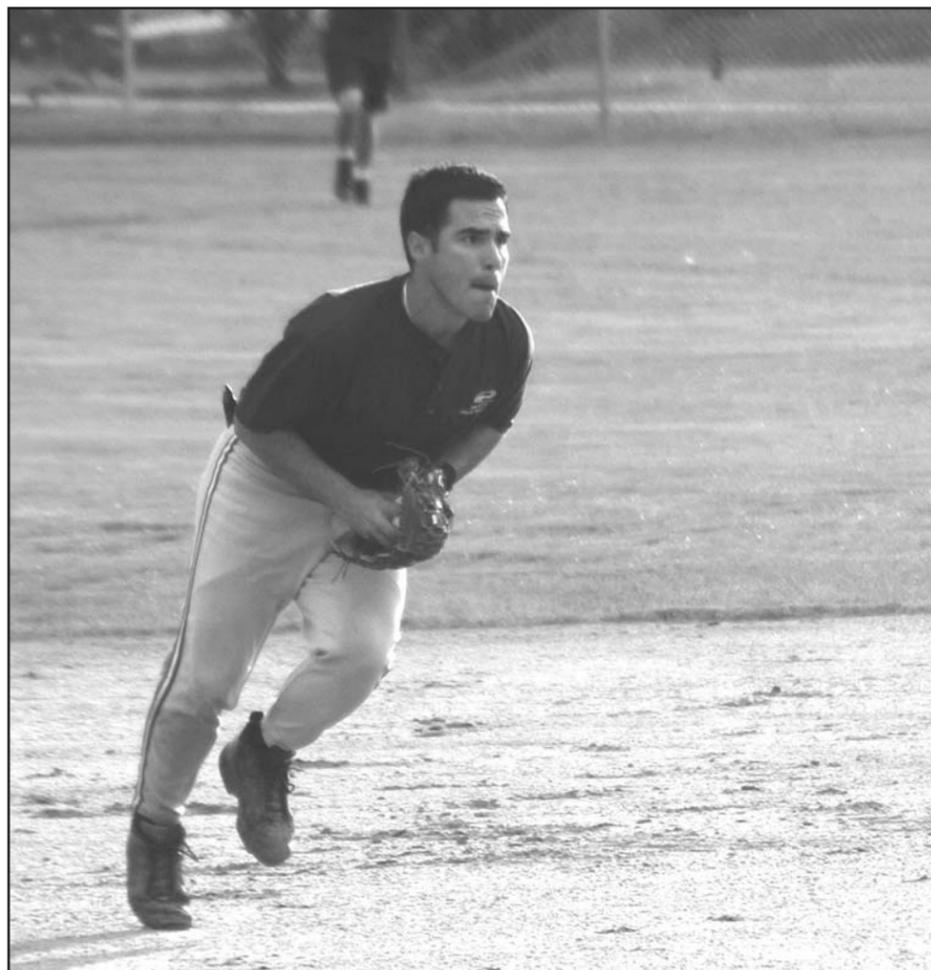
The thought of a major upset was very real as the Regulators weren't backing down an inch for five innings. In the sixth inning, as suddenly as a cobra striking its prey, the 3rd Brigade team put the game out of reach by scoring as many runs as it had scored over five innings, 12, to seal the victory.

In the coed championships, the 59th Quartermaster team knew it had to beat DENTAC twice to win the championship and it came very close to doing just that. The Quartermasters won the first of two games played for the title 15-7, setting up a winner take all final game.

Each team played the title game like it was life and death, watching one team take a lead and then seeing the other team get it back. DENTAC was able to get a two-run lead as the Quartermasters batted in the bottom of the seventh and decisive inning. The Quartermasters scored one run to close the gap to 14-13 and had the winning run on third base. However, DENTAC was able to get the final out and secure the coed championship.



Maj. Gen. Robert Wilson, left, 7th Infantry Division and Fort Carson commanding general, autographs a softball for championship game Most Valuable Player, Dave Sandoval.



Photos by Walt Johnson

Regulators shortstop Jean Baez fields a hot ground ball and prepares to throw to first base to during the post intramural championship game Aug 3.



Scott Schluckebier, Dental Activity Command, slides into third base ahead of the tag during the post intramural championship game Aug 3.

Mountaineer Event of the Week

Soldiers prepare for boxing smoker ...

Mountain Post amateur boxers Kenneth Moody, left, and Aaron Lucas get in some sparring at the World Class Athlete Program facility Monday. The boxers and other members of the post community are getting ready for the post's boxing smoker scheduled for Aug. 26 and 27 at the Special Events Center. See a related story on page 32.



Photo by Walt Johnson

Mountaineer Sports Spotlight



Photo by Walt Johnson

Repairing the divots ...

Steve Conner, left, his son, Michael, second from left, and family friend Dick Liccardi, right, watch Conner's son Kenneth, center, repair a ball mark hole during the father-child tournament held at the Cheyenne Shadows Golf Course on post Saturday afternoon. The event was a fun-filled afternoon for the parents and children who got to play nine holes of golf in windy but pleasant weather. The golf course is preparing to host the all-Army and interservice golf championships beginning in September. More information on that event will be coming in future editions of the *Mountaineer*.

On the Bench

Powerlifting tournament brings out finest in military weightlifters Friday

by Walt Johnson
Mountaineer staff

Military and civilian powerlifters will show what they are made of Friday and Aug. 21 at McKibben Physical Fitness Center on post.

Powerlifters representing the Army and Air Force community in Colorado Springs will be at the center flexing and lifting as Lenwood Jordan, McKibben facility manager, tries to bring back a time-honored tradition to the post.

"We think this will be as big an event as it was previously at the post. We have a number of outstanding powerlifters in our community and this is an excellent way for them to show everyone what they can do and what they are made of," Jordan said.

The competition is free and open to anyone who has a desire to test themselves against pounds and pounds of metal, Jordan said. People can sign up at any of the fitness centers on post up to the day of the tournament.

"One thing I can promise the spectators and the competitors, this will be a fun event and one they will be happy to have been a part of," Jordan said.

The Fountain-Fort Carson Trojans will

begin their quest for another successful season Monday at the high school football stadium.

High schoolers interested in playing for this year's Fountain-Fort Carson Trojans football team should make its first official practice session of the year as it prepares for the upcoming season. Trojans head coach Mitch Johnson said the team will have its first practice as 3 p.m. He added anyone who wishes to participate on the team and has not signed up should report to the high school's football stadium at 2 p.m.

The next boxing smoker is set to take place Aug 27 at the Special Events Center on post.

Amateur boxers have been practicing their skills at the World Class Athlete Program facility for the past month and they are ready to put on quite a show, according to Lavell Sims one of the trainers for the athletes.

"The boxing smoker program is a great way for Soldiers to practice their pugilistic skills and meet in competitive competition. This is one of the ways we are trying to reach out to the Soldiers and let them know that we care about their after duty hours life and we want it to be something that is positive and

See Bench, Page 33

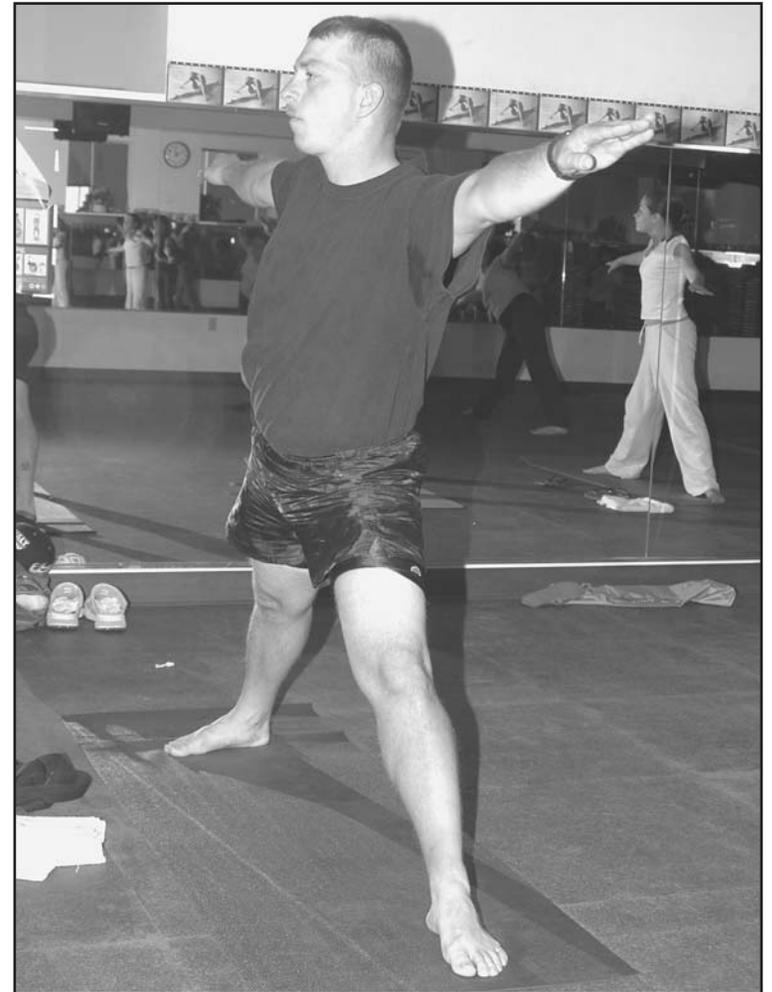


Photo by Walt Johnson

Yoga stretch ...

A member of the Mountain Post community stretches out as he takes part in the Forrest Fitness Center Yoga class held Saturdays at 9:30 a.m. at Forrest Fitness Center.

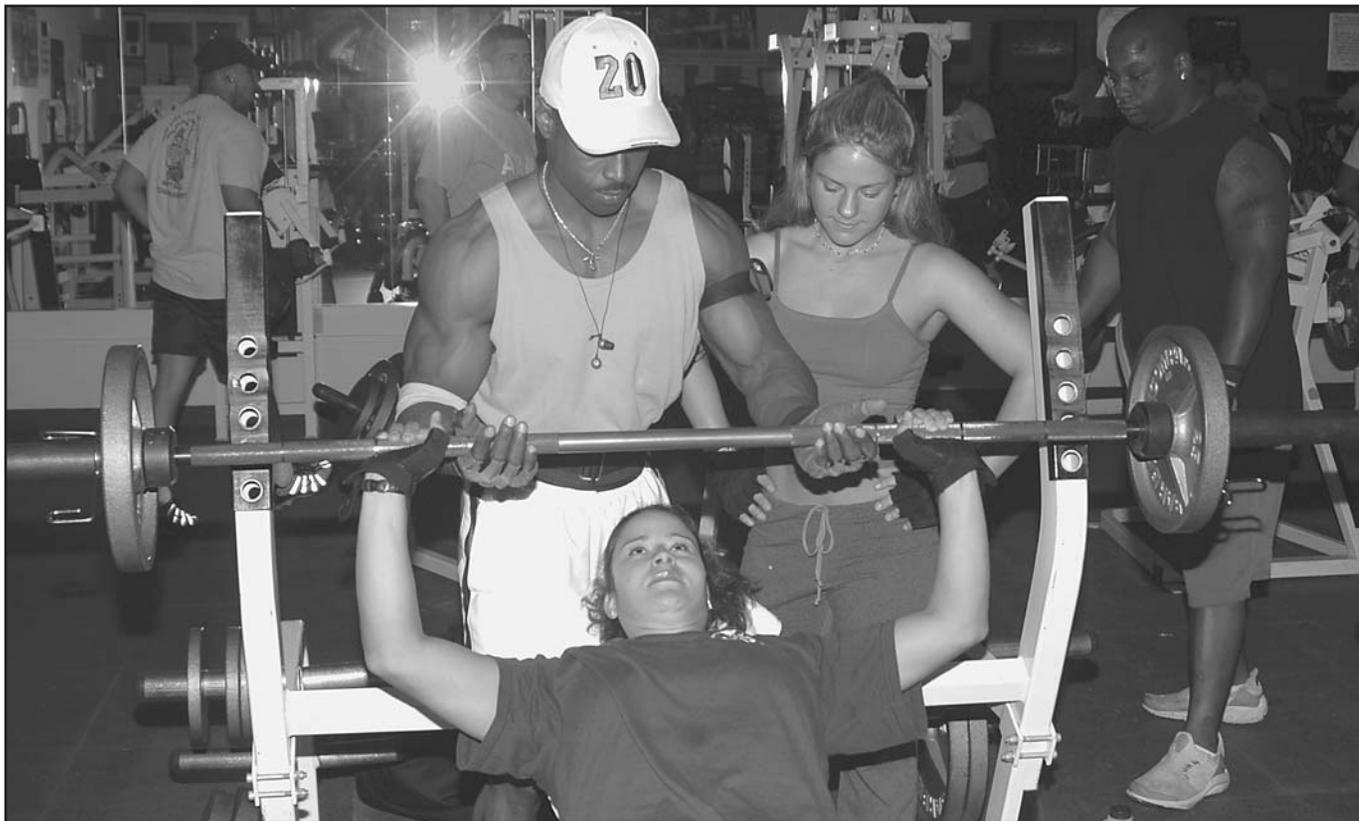


Photo by Walt Johnson

Fort Carson's reigning powerlifting champion, Tony Claiborne, center, helps upcoming powerlifting program competitor Amber Flores, on the weight bench, with her repetitions as Ann Horn, right, who will also compete, looks on.

Bench

From Page 32

promotes a solid citizen. We think its important that the Soldiers who fight and defend our country know we are fighting to give them a good quality of life," Reed said

Xtremes Entertainment and Sports Bar will present "Comics on Duty" Friday night at 8 p.m. The show features comedians Derek Richards, PJ Walsh, Scott Henry and Mike Burton. According to the Comic on Duty Web site, the Comics on Duty World Tour provides the highest "network-caliber" comedy program to the U.S. Armed Forces, while affording host installations, regions and commands with the cost-saving benefits of a joint force, multi-market, turn-key promotion.

Since the first performance in 1992, the Comics on Duty World Tour have performed more than 1,350 shows worldwide and entertained thousands of military personnel. To date, the Comics on Duty World Tour has performed more than 70 shows at more than 50 sites in support of Operation Iraqi Freedom, and more than 25 sites in support of Operation Enduring Freedom according to the group's Web site.