Commander s

Riggs

Yes, being a military kid is sometimes hard. But it's also very, very special.

Open letter to the children of our great soldiers on the Mountain Post Team.

Dear Fort Carson Kids:

If your mom or dad is in the Army, or any other branch of military service, they are special. They help keep our country safe. Without them, we wouldn t have the great life we all enjoy. They work very hard to defend our country.

They must love our country very much to work as hard as they do. They do it for you and for me and for all of us.

Your mom and dad are heroes and millions of Americans are proud of them! You should be very proud of them, too.

Did you know your mom and dad are proud of you, too? They serve their country and so do you! In fact, your whole family does because military families are special.

Being a kid whose mom or dad is in the Army can be hard. I know it makes you sad to see mom or dad go away a lot. It s hard when they aren t there for school plays or games or even when you have a great report card.

And it s hard to move. You leave friends and schools you love. You leave sports teams and scouts and maybe even a chance to be in the school play or go to a prom.

Yes, being a military kid is sometimes hard. But it s also very, very special.

You see and do things other kids don t. You visit other countries and states. And, you know you and your family are doing something important!

Because you re special, we ve made April your special month. It is the Month of the Military Child. That s why we all want to say thank you! We appreciate you!

I hope you enjoy living here at Fort Carson and Colorado Springs. We want your schools

Kinder

Fort Carson
the Military Chil
Kinderfest Satu
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So have fun! I
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you.

Thanks again,
ate you!

Proud to serve

Sound Off!

How is the Youth Center important to Fort Carson?

Ana Navarro
Y. C. Director
Kids need someone they can trust and learn something from.

Roscoe Waldon
program assistant
It s important to keep the kids off the street.

Mibsam Bosch
reception
This place helps kids learn and interact. It gives them a place to

Victims' Rights Week runs Sunday throug

Staff Judge Advocate

National Crime Victims Rights Week is observed Sunday through April 25. This year s

input into decisions affecting their lives in the aftermath of crime, increased offender accountability and rehabilitation services

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News

Orthotic Lab relocates to E

Evans Army Community Hospital

Evans Army Community Hospital has undergone another positive change. The Orthotic Lab has moved from its former location in building 6235 in the old hospital cantonment area to the main hospital. This change was recognized by the hospital commander, Col. Eric Schoomaker, at a formal ribbon cutting ceremony.

This move marks a dramatic improvement for all involved in the services of the Orthotic Lab: patients, orthotics technicians and hospital staff with whom the lab coordinates in serving our patients, said Schoomaker.

The move to the hospital is yet another change which will make receiving care easier for Evans TRICARE Prime patients. Orthotic Lab patients are being received for care on the first floor behind the clinic area. Limited off-the-shelf items available for issue will be distributed from the clinic as well. A brace manufacturing shop has been created in the basement level of the hospital.

According to the Orthotic Lab supervisor, Kurtis Klepsa, this move is a major improvement in his work space area as well.

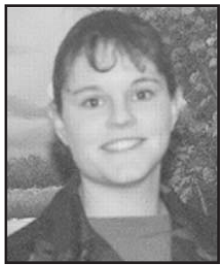
This new lab has been renovated to meet 1998 standards, which will make it a much safer and healthier place to work on a day to day basis, said Klepsa.

The area has been specially renovated to accommodate his manufacturing equipment and safety requirements to operate the equipment. Being co-located in the hospital with other support staff will enhance his operation as well.

Effective May 1, the Orthotic Lab will be booked by TriWest, yet another step in streamlining and modernizing the Orthotic Lab mission to provide quality care to eligible Prime beneficiaries. Patients

Kurtis Klepsa, Orthotic Lab, tests equ moved to the main hospital.

Mountain Post Team MVP



Cross

Cpl. Patricia Cross
Fort Carson
Welcome Center

This week s Mountain Post Team MVP is Cpl. Patricia Cross, Fort Carson W elcome Center.

Cross went to the aid of a retiree who fell to the floor and went into convulsions and seizures at the Fort Carson Bowling Center.

Cross removed the man s dentures and ensured he remained breathing while she checked for medical alert tags.

While Cross was treating the man, Sgt. Stanley Wineberg, front desk noncommissioned officer in charge at the Welcome Center, held the man steady, and Katie W ineberg, Army Community Service greeter at the Welcome Center, called 911.

Cross continued to administer first aid following instructions relayed by Katie from the 911 operator.

Corporal Cross was completely profes-

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Mountaineer
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Community

‘The ACS Lady’ wins big time

by Cpl. MK Garrott
Mountaineer staff

Mrs. Bennett was not only prompt and courteous, but she made me feel very good about my visit. She took care of all my needs and removed a great deal of stress from my shoulders. She is a wonderful person.

These are just a few of the many kind words offered from soldiers and their families about Doris Bennett, an Army Community Service volunteer for more than 23 years.

Bennett is the winner of the Emma Baird Award, a prestigious Department of the Army level volunteer recognition award.

According to her records, Bennett has donated more than 24,200 hours as a Fort Carson volunteer. She was the chairperson for the Consumer Affairs and Financial Assistance program for 20 years and has reviewed the records of more than 2,000 soldiers and family members per year for financial assistance and contributions from the ACS food locker.

Bennett

Bennett is often in the office after her scheduled hours to assist soldiers when no other staff members are available.

I don t think this award could have been given to anyone more deserving, said Pat Randle, Bennett s supervisor.

Can you imagine doing the same job for 23 years and never getting paid for it? Randle asked.

Nearly a lifetime volunteer, Bennett was a volunteer at 13 years old.

I have always loved helping others. I love it when they come back and I can see that I have helped them. They show off new babies
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Egg-cellent service

Worshippers leave the Easter Sunrise Service at Provider Chapel April 12. Chaplain (Maj. Gen.) Donald W. Shea, Army Chief of Chaplains, was the guest speaker. Seven different choirs performed music for the early morning function with many different types of music.

Tuskegee Airmen excel, in

by Nel Lampe
Mountaineer staff

They rose from adversity through competence, courage, commitment, and capacity to serve America on silver wings and to set a standard few will transcend. ... inscribed on the Tuskegee Memorial sculpture in the Cadet Court of Honor at the Air Force Academy.

They were part of an experiment the Tuskegee Experiment. During the early 1940s black pilots were accepted for Army Air Corps training only at the segregated Tuskegee program in Alabama. More than 900 black military pilots were trained at Tuskegee during World War II then assigned to segregated Army Air Corps units.

The black pilots flew escort missions for Army Air Corps bombers in Europe and North Africa in World War II. They quickly gained reputations for their flying expertise and perfect record of never losing a bomber during an escort mission.

They became known as the black redtail angels because of the red paint on the aircraft tails and because of their expert flying skills.

These black aviators flew more than 15,500 sorties, completed more than 1,500 missions, were awarded 150 Distinguished Flying Crosses and Legions of Merit in aerial battles over North Africa, Sicily and Europe, flying the P-40, P-39, P-47 and P-51. Some 66 black pilots were killed in aerial combat and 32 were forced or shot down and became prisoners of war.

The Tuskegee Airmen program had come about with pressure from black citizens and political leaders in 1940. President Franklin D. Roosevelt had appoint-

42-C, started with 13 black men 12 aviation cadets and one military officer and West Point graduate Benjamin O. Davis, Jr. Davis later was commander of the 99th Pursuit Squadron, and eventually became a three-star general before his retirement from the Air Force. The Air Force s first black four-star general also started his career in the Army Air Corps as a Tuskegee Airman: General Daniel Chappie James.

Buck Newsum

Fitzroy Buck Newsum was already in the Army, a commissioned infantry officer serving overseas. His application had been rejected three times for the cadet aviation program. But the next application worked; he was accepted for the aviation program. Newsum said he felt like a veil had been lifted. He was in Class 43K at Tuskegee, graduating in December 1943.

Newsum

Newsum had wanted to fly since he was about 10 years old, and living in the British West Indies. One day he heard a loud roar overhead. It was the first airplane he had ever seen. The plane landed, took off, flew around and landed again. The next day, it was up there again. I told my mother that was what I wanted to do, Newsum said, fly a plane.

But Newsum couldn t afford to learn to fly, so he kept making applications for the aviation cadet program for black aviators at Tuskegee.

And fly he did. Newsum had some 6,000 flying hours by the

Memorial red

by Nel Lamp
Mountaineer st

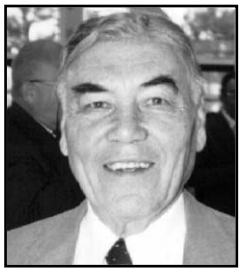
There were two wars they had to f
sorties ... 150 distinguished flying cros
medals, and shooting down thousands o
second war was legal racism, a nation fu
Gen. Steven R. Lorenz, commandant of
Force Academy. We ve come a long w
to the Tuskegee Airmen, he said. We
Force heritage, beginning with you, Lo

Lorenz spoke at the rededication ce
Airmen Memorial at the Air Force Acade
April 10. Tuskegee Airmen refers to the
went segregated pilot training at Tuske
War II. Troops of cadets participated in

was stationed at Lockbourne Air Base, Ohio, where all the black pilots were assigned after World War II ended.

President Truman ordered the armed services desegregated, and Newsum was reassigned to McGuire Air Base, N.J. He was one of two black B-17 pilots at McGuire. He remembers thinking, at last.

Newsum had another memorable experience a few years back. He was speaking at an event at Grand Forks Air Force Base in North Dakota. When he entered the base, he thought he saw his name in flashing lights on a sign, and when he left, he did see his name in lights - Farewell, Colonel Newsum on that flashing gate sign. I thought, if those 66 guys (Tuskegee airmen killed in combat) could have ever seen anything like this...



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Volunteers recognized at Elkhorn ce

Editor s Note: the following comments are from the Secretary of the Army and the Army Chief of Staff.

Volunteer! Get connected! is the theme chosen by the Points of Light Foundation for National Volunteer Week as we recognize our volunteers.

Two hundred years ago, our volunteers mended uniforms, cared for the sick and wounded, and comforted the families of fallen soldiers. Although we no longer ask for that type of service, the commitment of our present volunteers is just as significant. Today, we find our volunteers in schools, in thrift stores, on sports fields and in hospitals. Through their dedicated services, they transform military installations into communities. By working together toward a common goal, they form a connection that leads to a cohesive unified community of empowered individuals.

It is this sense of community, this feeling of connection, that was encouraged last April at the President s Summit. Retired General Colin Powell said, ...we can recover our sense of community our pride in being a nation of neighbors who care. We can revitalize the tradition of service to others that has been so much a part of our history and national character. ... It is this glorious cycle of giving, receiving, and giving back that we want to pass along to the next generation of Americans. It is in this spirit that Secretary of Defense William Cohen committed to mobilizing the youth of active duty personnel to volunteer 1.5 million hours of service annually. We commend our youth for this initiative and encourage the opening of volunteer opportunities to them on our installations.

We encourage National Volunteer Week programs that honor all our many dedicated volunteers. We express our gratitude to those individuals who have already made volunteerism a part of their lives, and we encourage others to experience the rewards of involvement in community service. We invite each member of our community work force, military and civilian, and each member of the community to take advantage of this opportunity to recognize and to celebrate volunteers and their achievements.

On behalf of the Army, we thank all our volunteers and recognize their commitment to making our communities better places to live.

Army Community Service volunteers were honored at a reception at the Elkhorn Conference Center April 9. Major Gen. John M. Riggs said there was no way to measure in quality of life and dollars what the volunteers save us. But, he said, the volunteers give us billions in dedication and care.

Awards were presented to the following ACS volunteers:

Administrative Office: Lynda Whitney

ACS Greeters Prgroam: Wendy Doxey

Army Emergency Relief: Paige Haynes, Zulma Rodriguez, Lynn Williams

Army Family Team Building: Anette Ahrens, Cindy Ciluffo, Sharron Crowder, Wendy Doxey, Kay Sanders, Georgia Solseth, Catherine Swenson, Shiloh Vick

Baby Bundles: American Legion, Julia Camarato, Michelle Cantin, Rickii Carr, Lisa Augustine-Chizmar, Barbara Cooch, Dewey Miller, Lourene Miller, Lettie Prescott, Protestant Women of the Chapel, United Methodist Women

Consumer Affairs/Financial Assistance Program: Doris Bennett, Kim Everett, Jackie Gann, Dianne Leeman, Jerren Randle

Exceptional Family Member Program: Ruby Aune, Nicole Jimenez

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TRICARE Prime re-enrollment a smart move for any mil

by Maj. Jim Gamerl
Evans Army Community Hospital

TRICARE Prime re-enrollment is in full swing in the Pikes Peak region and will be an ongoing process. TRICARE Prime enrollees are given the opportunity to reenroll on the anniversary of their original enrollment date. All active duty members are automatically re-enrolled, but active duty family members and eligible retirees and their family members (i.e., all non-active duty beneficiaries) have a decision to make: they may re-enroll in TRICARE Prime or they can disenroll from TRICARE Prime.

Colonel Eric Schoomaker, commander of Evans Army Community Hospital, believes TRICARE Prime patients who initially enrolled at Evans made a good choice then and will make a great choice now by re-enrolling in TRICARE Prime at Evans.

TRICARE has been a quiet success. The many positive aspects of this program haven t really been advertised. Instead, the isolated instances of dissatisfaction tend to receive the most publicity, said Schoomaker.

I think it s important that people have the facts when making this very important health care decision.

In an effort to convey these facts, Evans developed a report card that reflects how the hospital is doing at meeting access standards, the results of Evans most recent accreditation survey and other information which may prove useful to people in making their re-enrollment decision.

This gives TRICARE Prime patients a document they can use to gauge how well we re doing.

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DECAM included in Environmental Succ

Renew America

Renew America announced that Fort Carson s Directorate of Environmental Compliance and Management will be included in Renew America s Environmental Success Index, a one of a kind database filled with successful environmental programs. Each year, the national environmental nonprofit Renew America conducts a nationwide search for programs that provide innovative solutions to today s tough environmental challenges.

Anna Slafer, Renew America s Executive Director, notes, The Environmental Success Index provides business, local governments and civic and environmental groups with practical proven models they can replicate. By recognizing the excellent work of these innovative programs, we help motivate the individuals involved to continue their efforts to improve the environmental quality of their communities and share their success with others.

The Index, which is available both in print and on the World Wide Web, includes programs under 26 different categories such as Transportation Efficiency, Solid Waste Management, Pollution Prevention, and Open Space Protection.

To be included in the Index programs are evaluated on the basis of four criteria: program effectiveness, natural resource conservation, economic progress, and human development. Each qualifying program has passed through a rigorous, three stage review process: reference checks and evaluations from independent and local organizations, verifica-

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Child Abuse Prevention

DoD continues to address domestic violenc

by Linda D. Kozaryn
American Forces Press Service

The speaker projected a simple, black and white stick-figure drawing on the conference room screen.

The 8-year-old artist had drawn his father yelling You idiot at his mother. His baby brother lay on the ground saying, Eeek! while the artist portrayed himself standing in a doorway crying Help!

The boy s family had no record of domestic violence, the speaker said, only this family portrait. This is why we re all here, Dr. Robert Geffner told the audience. It s not only to stop this type of violence, but also to stop its long-term effects.

Geffner, a clinical psychologist specializing in family violence, was one of about 70 civilian experts from throughout the country who attended a DoD conference on domestic violence Feb. 6 and 7, meeting with about 20 top family advocacy officials from the services.

DoD has been on the frontline addressing these issues since the mid-70s, said Bonnie J. Campbell, director of the Justice Department s Violence Against Women Office. Your involvement was motivated by the Child Abuse Prevention and Treatment Act, which, almost by necessity, got you into this habit of dealing with family issues, whereas for nonmilitary entities, these issues weren t addressed until the Violence Against Women Act was passed in 1994.

Within the captive audience of the military community, Campbell said, rules, regulations and policies can be administered and enforced. She said military officials understand the importance of dealing with family issues, since the services recruit single members, but retain families.

Military officials use a team approach to deal with domestic violence, DoD officials said. Law enforcement, medical, religious, social and command officials join forces to do what is best for victims and families. Officials report cases to unit commanders trained to respond to such family crises. Family advocacy officials recommend treatment programs and track families from one assignment to the next.

Because it is a command environment, we

can move very quickly, said Carolyn Becraft, deputy assistant secretary of defense for personnel support, families and education. It s probably the only spouse abuse program in the nation where reports of abuse are made to the employer. We have leverage a lot of things we can do to assist families.

While DoD began funding family advocacy programs in a serious way about seven years ago, Becraft said, the effort is now at a crossroads. We ve stood up the programs, she said. We have a lot of data that s beginning to come in. We want to ensure our policy is appropriate as we move to the 21st century.

The services are embarked on strong programs with strong leadership support throughout DoD, Becraft said. The challenge for us is to ensure we take actions to prevent spouse abuse and, if it occurs, to stop it from reoccurring in ways that are consistent with DoD s zero tolerance policy.

In July, family advocacy specialists from throughout the military gathered here to discuss the unique problems of military families and share solutions. This conference gave the nation s civilian family advocates a chance to help DoD shape policy, Becraft said.

The military lifestyle presents unique challenges for families, Becraft said. Frequent family moves and deployments that send service

members into harm
family members.
mate what mobilit
family, she said.

Most of our s
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David Lloyd, direct
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Chapel

Sunday worship services normally held at Soldiers Memorial Chapel will be conducted at McMahon Theater. Catholic Mass is at 9:30 a.m. and Protestant worship is at 11 a.m. Child care is provided.

Sunday School and Catholic Religious Education classes are held at Soldiers Memorial Chapel. Protestant Sunday School is at 9:30 a.m. and CCD is at 10:45 a.m.

Protestant Women of the Chapel meets on Thursdays at 9:30 a.m. at Soldiers Memorial Chapel. Child care is provided.

PWOC conducts Monday Evening Bible Study from 7 to 8:30 p.m. at Soldiers Memorial Chapel. For more information call 540-9157.

A Day off for Women sponsored by the Fort Carson Catholic Parish will be April 25 beginning at 9 a.m. at Soldiers Memorial Chapel. Speaker will be Jane Eisenach and lunch will be provided as well as free child care. Make a reservation by Wednesday by calling 391-1792.

The Rocky Mountain Military Descipleship Conference will be May 15 to 17 at Horn Creek Ranch in Westcliff, Colo. Workshops are offered as well as presentations. The cost is $104 per person with reduced child rates. Some financial assistance may be available. For more information or to register call Chaplain Cooper at 526-8011 or Don

Chapel Schedule

ROMAN CATHOLIC

Chapel	Service	Day	Time	Location	Con
Healer	Mass	Sunday	11 a.m.	Evans Army Hospital	Fr.
Healer	Mass	M-W-F	Noon	Evans Army Hospital	Fr.
Provider	Mass	Sunday	12:15 p.m.	Barkeley & Ellis	Chap
Soldiers	CCD	Sunday	10:45 a.m.	Nelson & Martinez	Ms.
McMahon	Mass	Sunday	9:30 a.m.	Bldg. 1517	Chap
Veterans	Mass	Sunday	8 a.m.	Magrath & Titus	Chap

Changes in worship services due to the fire at Soldiers Memorial Chapel are deno

PROTESTANT

Healer	Protestant	Sunday	9 a.m.	Evans Army Hospital	Chap
Prussman	Protestant	Sunday	9 a.m.	Barkeley & Ellis	Rev
Provider	Sun. School	Sunday	9 a.m.	Barkeley & Ellis	Chap
Provider	Protestant	Sunday	10 a.m.	Barkeley & Ellis	Chap
Prussman	Sun. School	Sunday	9:30 a.m.	Barkeley & Prussman	Chap
Prussman	Prot./Gospel		Sunday	11 a.m.	Bark
Giles/526-4206					
Soldiers	Sun. School		Sunday	9:30 a.m.	Nels
Scheck/526-5626					
McMahon	Protestant	Sunday	11 a.m.	Bldg. 1517	Chap
Veterans	Protestant	Sunday	9:30 a.m.	Magrath & Titus	Chap
Veterans	Protestant	Sunday	11 .m.	Magrath & Titus	Chap

For additional information contact the Installation Chaplain s Office, Bldg. 6 tion and a schedule of Jewish Sabbath services, call the U.S. Air Force Academy 2636. Normally, free child care is available for infants and preschool age childre vices. Some worship services offer a children s church for ages 6 to 12.

Daily Bible Readings

In order to assist in regular scripture reading, the following scriptures are recommended. These are part of the common daily lectionary which is designed to present the entire Bible over a three-year cycle.

Saturday, Psalms 119:89-96 & Ephesians 1-3

Sunday, Psalms 1
Monday, Psalms 1
Tuesday, Psalms 4
Wednesday, Psal 1-2
Thursday, Psalms 3-4

Chaplain s Corner

by Chap. (Maj.) Eric Keller
Headquarters, Headquarters Company, United States Army Garrison

The soldier and his wife sat in the chaplain s office. Their pain and anxiety were masked by polite talk and secret glances. It was an old story. The soldier had an affair and the wife found out. After sleepless nights and marathon talks, they decided to talk with a chaplain in a frantic attempt to resurrect their marriage. It was too late. The old marriage was dead. The only thing left in the marriage that started with such hope was the remains of torn and tattered promises.

The teenager sat with her parents, her sullen silences punctuated with screaming outbursts. Her black clothes coupled with her chalky make-up spoke of the depressed storm within. She was hung over from her all night wildness and the last place she wanted to be was at the chaplain s office. As she sat, her parents looked at her with concern, anger and hopelessness. Their world hung heavy on them and the only spark of positive energy in the family was the five-year-old who played with the desperation of the family clown. The court ordered the family to counseling to preserve the family. It was too late. The old family was dead. It died with the first spark of adolescence. The only thing left was the memory of better times and the hope of times to come.

The soldier sat with his head down. He came to the chaplain on an impulse. He really didn t believe anyone could really help him. He was busted, caught up in the justice system, and now was drowning in a maelstrom of hopeless despair. Punishments and lawyers were his world now. His friends backed off, for they were angry at his crime and frightened of his punishment. He was utterly alone, surrounded only by a world that seemed carefree and indifferent to his plight. He sat in the chair looking at the chaplain, hoping against hope for his old life to return, for the clock to turn back, for the whole nightmare to stop with a mere awakening. It was too late. His old life was now reduced to summaries in someone s case file. The only thing left was a weary, stubborn unwillingness to give up and die.

The day Jesus died, he cried out to the Creator. He cried to the one he called, Daddy, the one who sustained him in the desert, the one who whispered in his ear words of life and love. He cried out to the Creator who promised never to abandon him, to never forget his people, to love humanity through all time. Jesus cried out

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Impact

The message is obvious with this sign and car displayed at the B Street gate. The Fort Carson Safety Office found this car in a junk yard and it will be rotated between this gate, the main gate and gate 20 for about six weeks. This is a constant reminder for those leaving post to buckle up and be responsible on the road. On average, the Army loses one soldier every three days in privately owned vehicle accidents.

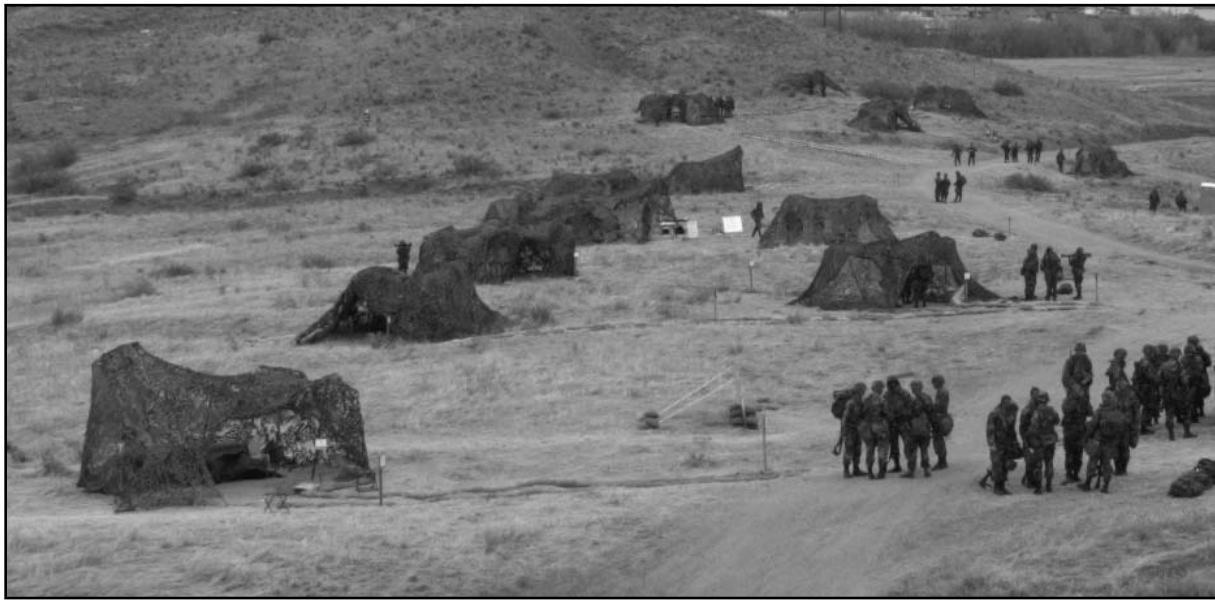
Fun PT day -- sports

Above: Members of Support Squadron, 3rd Armored Cavalry Regiment, enjoyed and got a workout from their soccer game Tuesday at Pershing Field. Right: Private First Class Cletus Mallory, Headquarters, Headquarters Company, 3rd Brigade Combat Team, returned a hit during a volleyball game. Below: Private First Class Daron Harvey, Headquarters, Headquarters Troop, Spt. Sqdn., 3rd ACR, avoided a tackle during a football game.

Sergeant William Whitten, Company D. 1st Battalion, 8th Infantry, aims a claymore.

Sergeant Christ
Battalion, 12th In
12th Inf., on how

adquarters Company, 1st
s Palacios, Company A, 1st,
ad member looks on.



More than 30 skills will be tested during Expert Infantrymen's Badge qualification.

Private 1st. Class John Lambert, Company C, 1st Battalion, 8th Infantry, performs
Resusci-Annie.

DECAM offers new training pr

Directorate of Environmental Compliance and Management

Pest management regulation Army Regulation 420-76 requires only certified applicators apply pesticides on military installations.

Directorate of Environmental Compliance has developed and received approval for a program which will allow military personnel to receive the necessary training, safety gloves, a sprayer and pre-mixed Round-Up herbicide in order to treat weeds in the rocked areas around their unit.

Each unit will be allowed a maximum of three people for training unless approved through the unit commander to DECAM.

Training sessions began April 7 and run from 9 to 11 a.m. at building 3711. The training sessions are held on the first and third Tuesday of every month and continue until all units have received training.

Training of the soldiers and the storage, mixing and disposal of the herbicides used in the program will be accomplished by DECAM. Units ma on their own.

Sprayers with and safety gloves trained personnel

Sprayers may to building 3711 and Fridays from

The program wi 1998. Continuatio future will be eva effectiveness and

Pfc. Socorro
14th Public Affa

More than 600 candidates fro ting their sites on an elusive targ Badge.

This is the last week of train their knowledge on more than 33 testing stations range from hand tion and functions, to basic mov

Every station out here has i ing so every candidate has the badge, according to Sgt.1st C site.

Of all of the candidates, only earn the EIB Mitchell, 1st candidates

"...trained to deploy,

AER campaign underway until

Army Emergency Relief Office

The Army Emergency Relief Campaign is under way through May 1.

The Army Emergency Relief mission is assisting soldiers, active or retired, and their families in times of severe financial distress. The AER loan officer works with the soldier s chain of command, any relevant Army services, and civilian businesses to help in two ways.

First, assisting via AER loan or grant to meet the soldier s emergency needs right away. Second, to help the soldier identify what caused their financial distress, and develop a plan of action to ensure the difficulty does not happen again. The following case shows Army Emergency Relief in action.

A young specialist assigned to a combat battalion here at Fort Carson lives off post with his wife and child.

While he received his usual mid-month pay, he received a no-pay-due at the end of the month. While the specialist s chain of command worked to find out why he received no pay, the battalion s command financial non-commissioned officer helped the soldier prepare an application packet for AER assistance.

With the company commander s recommendation, the specialist went to AER for emergency assistance.

The AER loan officer talked to the soldier about the situation, then made phone calls to the soldier s landlord, utility company, auto loan lein holder, etc. to determine his emergency needs.

The loan officer determined that the soldier would need rent and utilities paid, but all other bills could be deferred until after mid-month.

The loan officer also determined the need for at least two weeks of food money for the family.

The specialist received a loan of $830 to assist with rent, utilities and food, the loan officer established an allotment for repayment over 12 months.

The AER loan c specialist s chain finance office, to

cialist received a needs, and had his month.

This help woul without Army Emerg

Soldiers take aim at coveted Expert Infantrymen's Badge

individual NO GOs will also send a candidate home.

This badge is a symbol of excellence, said Garcia.

As such, the tasks are geared to be difficult, but not impossible, he said.

All of the candidates are urged to ask questions during the instructional periods, said Sgt. William Bruce, 1st Battalion, 12th Infantry, Basic Individual Movement Tactics tester. This is the only time for soldiers to find out what they are doing wrong and how to correct it before the testing week begins, according to Bruce.

We assist the candidates by correcting any mistakes they make at a station during the train-up, said Bruce.

His attitude is typical of the subject matter experts grading at

Candidates go to each station as part they may help one another if someone has station, said Garcia. There are more than through the course, he said.

That is exactly how members of Comp Inf. have tackled each station, according t first time candidate. The support from the s getting GO s as well as overcoming NO said Brown. When getting a NO GO the s port and to bring one another back up, he

You need to stay mentally focused eve tion, said Brown.

This is where most candidates lose the

Sports & Leisure

Boxers seek spot on Goodwill Games roster

by Walt Johnson
Mountaineer staff

Four members of the U.S. Army World Class Athlete Program will display their boxing skills when they face off against the best fighters the country has to offer June 10-13, at the U.S. Challenge, at the Olympic Training Center.

The fighters will be seeking a spot on the 1998 Goodwill Games roster. The Goodwill Games will be played in New York City in July.

Sgt. Olanda Anderson, Spc. James Webb, Spc. John Medina and Sgt. George Cofield each hope to follow up their medal winning performances at the Nationals in hopes of winning a spot on the Goodwill games team.

At the nationals, Anderson won a gold medal in the light heavyweight (178 pounds) division, Webb, a light welterweight (139 pounds) and Medina, a flyweight (112 pounds), won silver medals and Cofield won a bronze medal in the bantamweight (119 pound) division.

Anderson, Webb and Medina were naturally satisfied with their showing, for different reasons, but no one was happy with the way Cofield s fight turned out.

Everyone in the arena felt George won the fight, said John Moore, World Class Athlete Program boxing coach. In fact, the other coaches showed me how they had already put George in the winning bracket and they couldn t believe the decision. Moore added.

Cofield felt so good about his boxing skills going into the fight, he felt he could change his style as the tournament began. A self professed contact man, Cofield likes to mix it up when he fights, preferring to see who can withstand the most punches. In his first two fights, though, he adopted a stick and move strategy that he couldn t explain, but it was effective so he stayed with it.

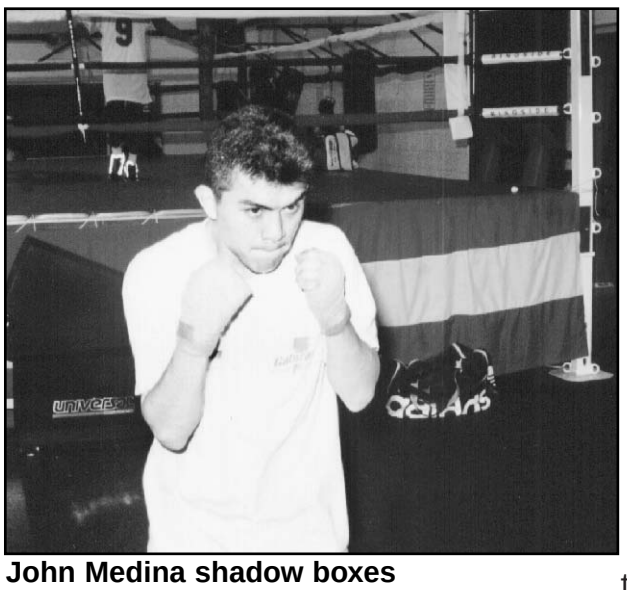
Coach (Moore) told me it was helping me in those fights to move so I did it, though I don t know why I decided to come out moving. In the fight I won the bronze medal, we all thought I had won the fight, and it hurt when the decision came in that I lost. I prayed about it and accepted that it wasn t meant for me to win a silver or gold medal in this meet, Cofield said.

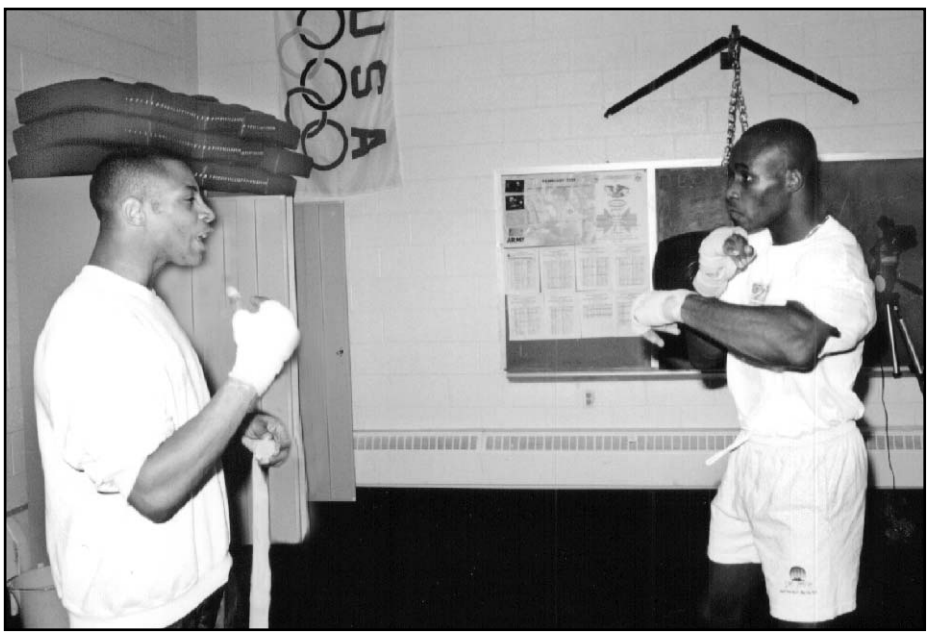
James Webb works on the punching bag

As with any person that rises to the top of their profession, each fighter has had to battle through adversity to be in the position they find themselves today. Moore believes adversity, and how a fighter reacts to it, is one of the best ways to find out what a fighter has to give.

Some of the more successful athletes in any sport must deal with adversity, and with it, the thought of wanting to quit doing what they are doing. But the athlete that deals with that adversity and doesn t quit, are the ones who become champions, Moore said.

The four fighters representing the Army have had more than their share of chances to quit and they are champions today because they didn t give up. As early as their first fights some had the chance to throw in the towel because things didn t turn out positively for them.


John Medina shadow boxes


photos by Walt Johnson
Olanda Anderson, right talks strategy during a recent training session

Webb lost his first fight in very unimpressive fashion. He fought that fight with a touch of flu on the advice of his coach who told him if he wanted to fight at higher levels he would have to learn to fight under adversity.

My first fight wasn t a very good fight. The fight was stopped in the first round and I lost pretty bad. I wasn t happy that I lost that fight but I was determined to get better and I ended up knocking down my opponent in the next fight and won a unanimous decision, Webb said.

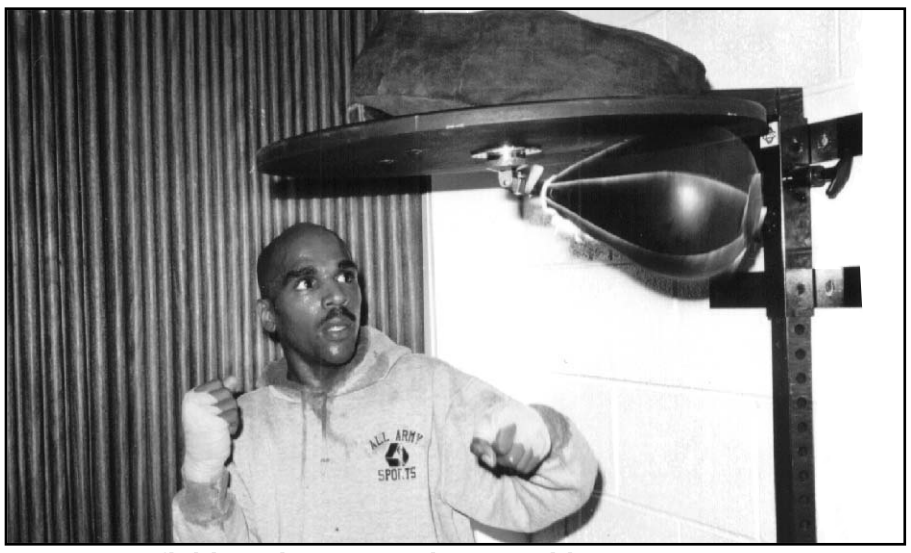
Cofield won his first fight as his opponent and he got into a slugfest in the first round. Apparently, the pace of the first round was too much for his opponent who stopped punching, allowing Cofield to win the bout. However, the victory did have its down side. After the fight, a wound up Cofield threw up in the ring.

After that fight I threw up all over the ring and I felt extremely bad. I remembered saying to myself I have to slow down for future fights, Cofield said.

Medina is a third generation fighter, having been taught the sweet science by his uncle and grandfather. His uncle was an amateur fighter for many years while his grandfather learned how to box while serving in the U.S. Navy. Medina began boxing when he was seven years old and enjoyed every aspect but one about the sport.

When I began boxing I remember enjoying everything about it except the running. My uncle had to drag me when we would do road work, Medina said.

Medina stuck with the training and found himself in the ring at the age of eight in an exhibition bout. While they didn t keep track of who won or lost the fight, Medina said he did walk away with a lasting memory.


George Cofield works out on the speed bag

The only thing I remember about the fight is I knocked the other guy s tooth out, Medina said.

Of the four fighters, Anderson found early success as a 119 pound fighter. He built up an impressive 11-0 record before he had to deal with adversity, and it was a big lesson.

I had my first fight when I was 15 years old and stopped my opponent in the third round. I

See BOXING, Page 25

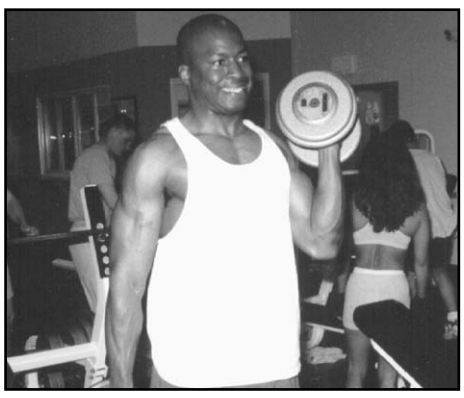
Ironhorse PFC schedules fitness training marathon

by Walt Johnson
Mountaineer staff

Some people find the art of sweating and running to be therapeutic and just absolutely refreshing. These are the people you normally find at aerobic classes, dancing to music and putting their bodies through a workout that only a physical fitness guru could enjoy.

Then, there are other people who believe aerobic exercise is like going to the dentist for a root canal, only the root canal doesn t hurt as much.

Somewhere there must be an area where both point of views can meet. That place may be at the Ironhorse Physical Fitness Center April 25 when an aerobic, weight and sports training marathon will be held from 10 a.m. to 3 p.m.



Weight training will be part of the fitnes activites April 25 at Ironhorse PFC.

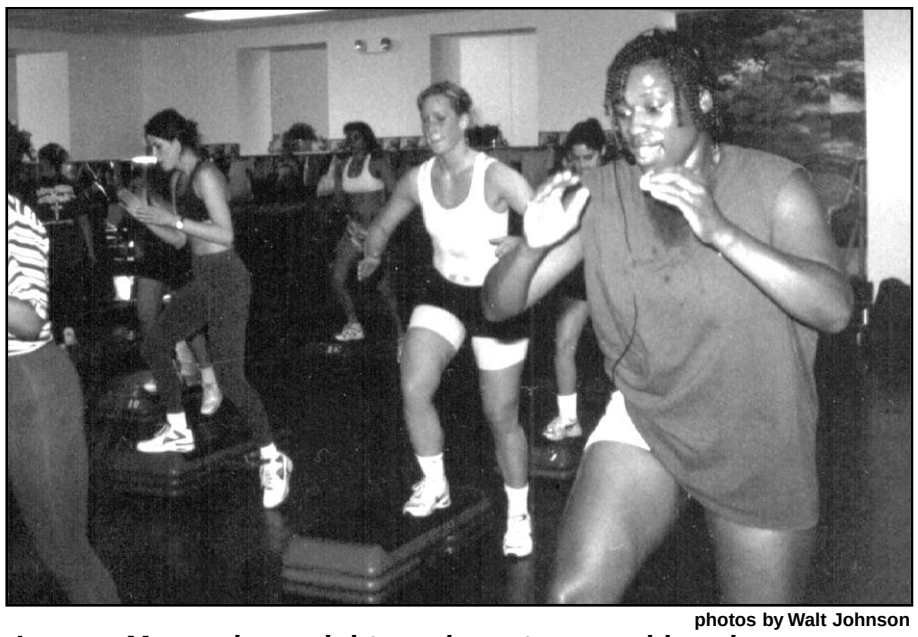
According to Staff Sgt. Lavoyn Massenburg, Ironhorse PFC fitness instructor, the day promises to be fun for anyone who participates and will involve many activities designed to help soldiers and family members learn how to properly get in shape or stay in shape.

We have a number of men and women instructors who will be here to show people how to use the weight machines properly, and get instruction on how to play sports such as basketball, volleyball, soccer and racquetball. I hope that everyone takes advantage of this opportunity to learn how to be more physically fit and how to let the equipment available at the fitness center work for them, Massenburg said.

The activities that will be available include: weight aerobics, a soccer demonstration, power walking, circuit training, boxing aerobics, body toning, basketball, volleyball, racquetball, body sculpting, pre-and post-natal exercising and yoga.

The idea of a marathon was a joint effort between Massenburg and the Directorate of Community activities office. Each thought it would be a great idea to set aside a day when people could come by to learn about equipment available here.

This is the chance for anyone who has wanted to learn how to properly use the equipment in the fitness centers or wanted to know how to properly use the aerobic machines and classes to learn in a non-threatening and fun environment, Massenburg said.



photos by Walt Johnson

Lavoyn Massenberg, right, works out an aerobics class.

The idea of having fun while learning appeals to Staff Sgt. Gloria Taylor, 4th Personnel Services Battalion, a professed fitness lover. Taylor said she and her friends plan to participate in the marathon, even though they are already into fitness, because of the intangibles the day has to offer.

I m already actively involved in aerobic activity but I always want to learn how to improve on what I do with aerobics. My friends and I enjoy aerobic training so much because it gives us an opportunity to exercise and have fun. But we also want to know how to do the activities right so we benefit from the hard work.

I think the opportunity to learn the proper way to use the weights and proper techniques to use when doing aerobic activities will be of great benefit to soldiers and family members who want to get in shape but don t know how, Taylor said.

Staff Sgt. Kerry Smith, also with the 4th PSB said she likes the idea that she can learn to diversify her workouts.

I liked the idea of the

Boxing

From Page 23

went 11-0 before I met Lamar Murphy, (who fought for the lightweight title two years ago) and lost. He was a big step up for me and really outclassed me. After the fight I remember thinking he had fast hands and I was out of my league, Anderson said.

But that loss didn t stop Anderson from becoming a national champion. Instead, it fueled his rise, and, using a tried and true formula, he became the best fighter in his weight class at the nationals.

Medina and his three mates remember what happened at the nationals vividly. Medina had to defeat not one but two of the best fighters in his division to win his silver medal. Medina defeated the reigning national champion and then beat the number one ranked contender.

Anderson had to fight five times over a six- day period and he took it one fight at a time. After winning one fight coach Moore and he would concentrate on the next fight.

W ebb just wouldn t be denied as he said his talent and heart just wouldn t let

Carson sports Column makes its debut this week

by Walt Johnson
Mountaineer staff

Today marks the beginning of a new weekly column for the Mountaineer which will be called On the Bench.

The column will be devoted to sports in the Fort Carson community as well as tidbits of information from the professional ranks. The purpose of the column will be to keep local sports fan up to date on all the happenings here.

For example, we will be able to forecast big softball games that will occur two or three weeks from the publication date, giving you time to plan to be there. We will be talking with players and coaches of the teams in each sport played here to get their views on how when and why their team won or loss. We will give you information on upcoming events such as the all-Army softball tryouts and other higher level Department of the Army sports activities.

Each column will also include an editorial comment or two from this reporter on a local or professional topic. We will also be soliciting comments from anyone concerning the local sports scene that complywith the principles and objectives of the post newspaper.

Simply put, the objective of Bench is to have some fun with the local sports community and we believe it will be just that. Now on with this week s column.

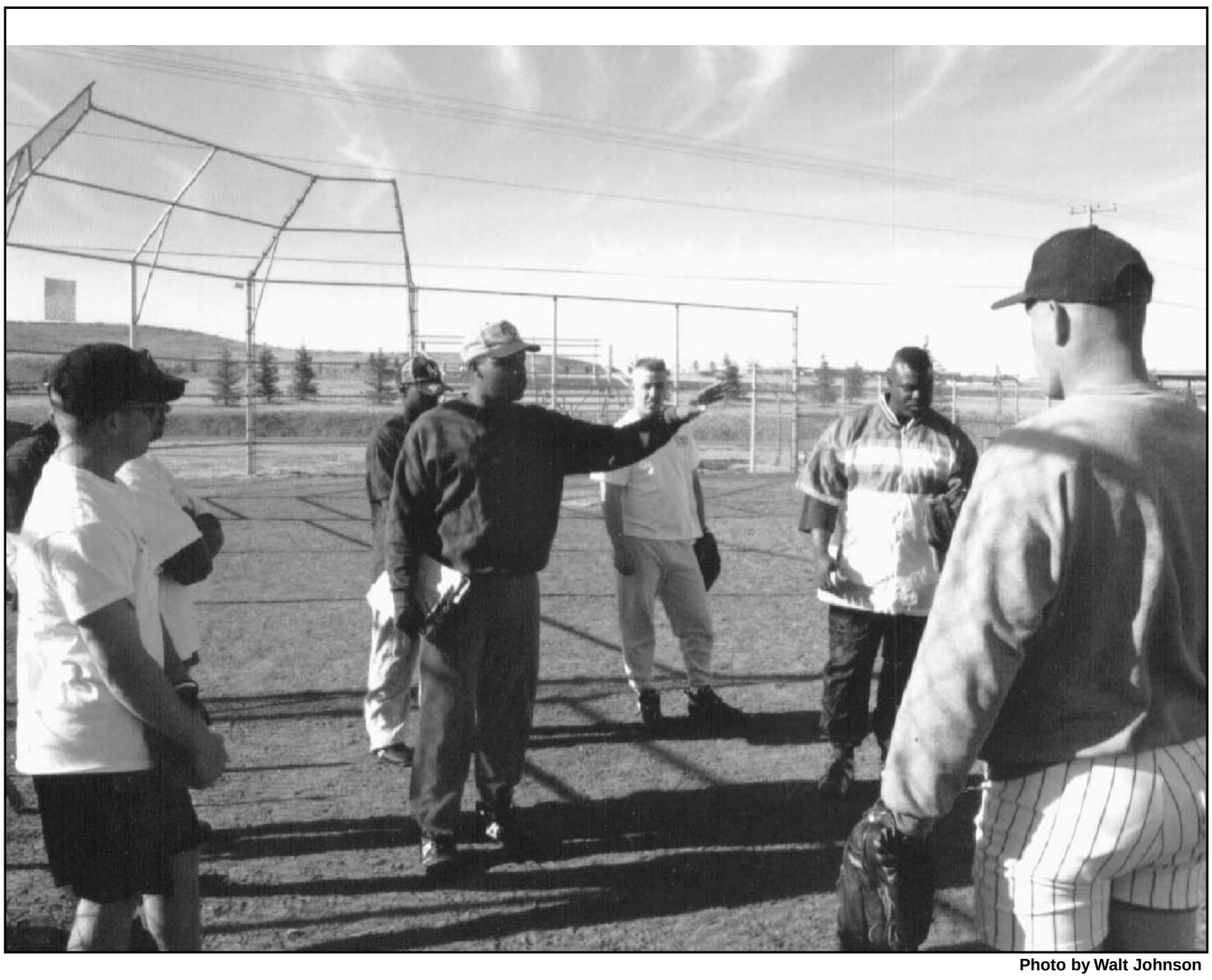
I don t know about you, but I ve enjoyed myself more at the sports complex during softball season than at any other ball field in town. Aside from the fields being the best in town, the snack bars and the ability to watch four different games at one time is just more than this sports junky can take. If you haven t taken the time to go out to the park during a game and get some sun and fun, give it a shot.

Speaking of softball, what are the odds that Medical Detachment s women s team (next week s feature article) and the Air Defense Artillery, 3rd Armored Calvary will repeat as champions? More information on this will come in future issues.

Don t forget the 4th Infantry Division Post Association will sponsor its 3rd annual golf tournament May 1. The entry deadline is April 30. Trophies will be awarded for first, second and third place teams. Mulligans will be available. There will be prizes awarded for the putting contest, closest to the pin and longest drive. For more information contact Command Sgt. Maj. Tommy Williams at 526-9500.

Bench trivia: The San Francisco 49ers and the New York Giants are the only two NFL

Softball season begins



Staff Sgt. Christopher Hardnick addresses soldiers trying out for the post varsity softball team during a practice session April 10. Hardnick will be holding tryouts for the post team until April 30 at McKibben field. For more information on post team activities contact Hardnick at 526-1662.

Photo by Walt Johnson

Photo by Jim Osterberg

The Rocky Mountains provide a snow-covered backdrop for Bear Lake.

Natural wonders

Park home to wildlife, glaciers

by Nel Lampe
Mountaineer staff

Rocky Mountain National Park is one of the most beautiful national parks in the nation. And it may contain the most beautiful sights in Colorado. Located near the town of Estes Park, the area is reached by taking I-25 north, past Denver, and taking Highway 34 west at Loveland. The drive through the steep-walled Thompson Canyon is spectacular.

In good weather, you might

some of the roads closed until Memorial Day. The highest highway in the United States is Trail Ridge Road, which passes through the alpine tundra of the park.

Spring brings out wildflowers such as columbine. Squirrels and bluebirds can be seen. In summer more than 350 miles of hiking trails invite exploration of the

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Estes

From Page B1

as rodeo week and Western Heritage Days in July, the Scottish Highland Festival in September and special Christmas celebrations.

Several museums are located in the Estes Park area as are several structures listed on the National Register of Historic Places.

Camping sites are available in Estes Park as well as many lodging opportunities. Call the Estes Park Visitors Center at 800 443-7837 for information.

The best known place of lodging in Estes Park is the Stanley Hotel. The historic hotel is well known as the inspiration for Stephen King s book The Shining. Last year s television mini-series was filmed at the Stanley, as were some scenes from Dumb and Dumber.

The Stanley Hotel currently has an off-season discounted rate, available until May 22. Rooms are $59, from Sunday through Thursday. Weekend rates are $129, subject to availability. Call 1-800 976-1377 for reservations.

The Stanley Hotel opened in 1909, built by Freelan Oscar Stanley of Stanley Steamer fame. Stanley and his twin brother Francis Edgar were inventors, and earned their fortune with a machine patented in 1886 which manufactured dry plate negatives. They sold the patent to Eastman Kodak in 1904 for a reported half million dollars. The money gave them

Photo by Nel Lampe

A herd of elk catch a few rays.

The historic Stanley Hotel equalled the best European res

the funds to devote to the Stanley Steamer automobile they had built in 1897.

Freelan Stanley moved to Colorado because of his tuberculosis, settling in Estes Park. He and his wife decided to build a luxury resort hotel. With a partner, he bought the land and built the hotel at a cost of half a million dollars.

Guests in the early days arrived by train at Lyons or Loveland, and were transported to the hotel by a Stanley Steamer mountain wagon especially designed for the task.

Special accouterments for the grand hotel included an ornate, mirrored brass elevator, an impressive staircase and lobby. Stanley built all that was necessary to support his hotel, power and water plants, sewers and roads, as well as a bank.

Much of the hotel was restored to its original look for the filming of the 1997 mini-series.

Vitage Stanley Steamer automobiles are displayed at the hotel. In the lobby is a 1906 Runabout, with a 10 horsepower engine with

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Community Events

ACS

Family Advocacy presents the first Family University at the Elkhorn Conference Center today and will feature a special event, Seven Habits of Highly Effective Parents.

Rebuilding When Relationships End will be presented by the Family Advocacy Program on Thursdays from 6:15 p.m. to 8 p.m. through May 7 at the Sand Creek Community Center. This event is for divorced, widowed or newly single people to learn to overcome fear of loneliness, grief and to build trust in new relationships. Child care provided, call 526-4590 to register.

ACS announces a new program, the Victim Advocacy Program. Designed to screen, evaluate, inform and otherwise help domestic violence victims, volunteers will be an integral part of this organization and will receive comprehensive training on the subject. The first training session will take place in May. For more information, call Jo Taylor at 526-4590.

The Family Member Employment Assistance Program will present a Resume Workshop from 1 to 3 p.m. on May 6. The workshop will feature a variety of styles in which to showcase experience and hold the attention of the employer. To register or for more information call 526-0452.

ACS is currently looking for new volunteers. They have several programs which offer valuable services to the Army community. As a volunteer, those interested become a part of a team and offer assistance to those in need, while acquiring valuable job skills and main-

The Salvation Army will be operating its Summer Camp for 10 weeks beginning June 8 and running through Aug. 14 at its community center on Yuma Street. The day camp is for grades 1 to 5 and will be open Monday through Friday from 9 a.m. to 5 p.m. for a cost of $45 per week plus a registration fee of $5. The program includes swimming, weekly field trips, crafts, movies and educational activities. Call 636-3891 or visit the office at 908 Yuma St. to register.

Family Member Employment Assistance Program and the Youth Services on Fort Carson will sponsor a Teen Job Fair April 25 from 10 a.m. to 2 p.m. Marketing for the job fair will include Fort Carson, the U.S. Air Force Academy, Peterson Air Force Base, and many local high schools. The target audience is ages 14 to 18 and will take place in Fort Carson s Child and Youth Center in Bldg.. 5950.

Colorado Springs families with young children are invited to attend the 7th annual Hands On Festival at the Hillside Community Center April 25 from 10 a.m. to 2 p.m. The event is free and open to the pub-

Miscellaneous

lic. The festival will feature fun and innovative activities for families to do together. Visit with roving characters and watch local youth groups perform. Mayor Mary Lou Makepeace proclaimed Sunday toApril 25 as the Week of the Young Child. The theme of the week Early Years are Learning Years -- Making Them Count, emphasizes the positive effect that quality care has on families, communites and the larger society.

The New Parent Support Program Theater presents 1-2-3 MAGIC! This video willtake the anger, screaming, yelling, hitting and frustration out of parenting. Bring your own soft drink and enjoy popcorn while you relax and learn easy methods to discipline your children. Free child care is provided. This event is

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Military Briefs

The Fort Carson Ammunition Supply Point s Residue Yard and A R A will close May 1 and 20 for a command sergeant major retirement ceremony and battalion change of command ceremony, respectively.

Third Squadron, 3rd Armored Cavalry Regiment will use smoke in Training Areas 40, 41, 43 and 44 from April 27 to May 7.

Company A, 4th Engineer Battalion, will be using smoke pots on Training Areas 17, 30 and 31 May 4 through 8.
For more information, call 526-6351.

Company B, 3rd Battalion, 10th Special Forces Group, will be using C-4, TNT, Dynamite, and shape charges on the demolition range May 19 and 20.
For more information, call 524-1543.

With deepest regrets to the family of Spc. Jonathan Coffin, anyone with claims against or indebtedness to the Coffin estate should contact 2nd Lt. Travis Thomas at 526-2686.

The 4th PSB ID Card/DEERS Section will be closed April 29 and 30 for relocation. The section is tentatively set to reopen May 1 at 7:30 a.m. The section will remain in Bldg.. 1526, but will move to Room 182.
For more information, call 526-8420.

The 60th Ordnance Company Change of Command Ceremony will be held at McKibben Physical Fitness Center today at 10 a.m.
For more information, call 526-8933.
The Fort Carson Video Teleconferencing Facility is available to all military and civilian personnel to conduct official government business.
The facility is located in Post Headquarters, building 1430, room 238 and is open 24 hours a day, seven days a week. All essential equipment to run teleconferncing is available in the room.
For more information, call 526-5111.

The Records Management class featuring instruction on the Privacy and Freedom of Information Acts, the Modern Army Recordkeeping System and Army Correspondence and Forms Management will be Wednesday from 9 a.m. to 4 p.m.
The class will be held at Directorate of Information Management in classroom C.
For more information, call 526-2107.

Directorate of Enviornmental Compliance and Management will begin training sessions to assist in getting rid of unwanted weeds in rock areas around units beginning Tuesday at Building 3711 from 9 to 11 a.m.
The program provides military personnel the opportunity to receive the necessary training, safety gloves, a sprayer and pre-mixed Round-up herbicide to treat weeds in the rocked areas around their unit.
For more information, call 526-5141.

The Fort Carson Mounted Color Guard is conducting tryouts for the team every Wednesday through Friday by appointment only, until its vacancies are filled.
The team is looking for highly motivated, self motivated soldiers who are good with horses.
For more information, call 526-4985.

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Sports & Leisure

Athletics

Practices are Monday through Friday except Thursday. The team is open to all active duty.
For more information, call Melissa Wyka, 526-4708, or Luvan Shelton, 526-2015.
The Fort Carson All-Stars Shooting Sports 4-H meets Tuesdays at 7 p.m. in building 5510.

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Bolshoi Classical Collection to perform

The Colorado Springs Dance Theatre

The Colorado Springs Dance Theatre celebrates 21 years of presenting world class dance in the Pikes Peak region with its Showcase Presentation of the Bolshoi Classical Collection Monday at 7:30 p.m. in the Pikes Peak Center. The performance will feature 20 key dancers from the Bolshoi Ballet of Moscow, Russia, in a program entitled From Russia With Love. The dancers will perform excerpts from the most beloved classical ballets to music provided by a chamber-size orchestra a rarity for dance performances today.

Among the dancers who will grace the Pikes Peak Center stage will be 18-year-old Svetlana Lunkina, who made her Bolshoi debut as Giselle and was quoted by Culture Magazine as a wonder to behold. She will perform an excerpt from Sleeping Beauty with Dmitri Goudanov, who was born in Moscow and was admitted to the ballet company of the Bolshoi Theatre upon graduating from the Moscow Academic School of Choreography. Also appearing are Guennady Ianin, the gifted dancer known best for dancing as Golden Idol in La Bayadere, and the brilliantly nimble Nickolai Tsiskaridze.

The first portion of From Russia With Love features bravura pieces lifted from some of the world s great ballets, including La Bayadere, Narcissus, Dying Swan, and an excerpt from Tchaikovsky s Symphony #6. The entire dance ensemble will perform Don Quixote - Ballet Suite during the second half of the program. The Dance Theater will then host a reception in honor of the Bolshoi dancers. Here theatre-goers will have the opportunity to meet the dancers and pay tribute to what promises to be a truly magnificent performance.

Tickets to the show are $25 to $75 each and are available at any TicketMaster outlet and the Pikes Peak Center Box Office or by calling 520-SHOW. Tickets to the reception are $25 and are available by calling the Dance Theatre office at 630-7434 Monday - Friday from 9 a.m. to

Svetlana Lunkina will perform an e

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Golf league in the making

Recreation Division

The Recreation Division is considering starting a Fort Carson Garrison Golf League.

The current thoughts are that it should be a twilight league, beginning at 3 p.m.. This might mean playing only nine holes. Customer feedback indicates that they would prefer a recreation league as opposed to a competitive league. Some have stated that they would not mind putting a little cash into the pot to pay for awards at the end of the league. At any rate, we would probably have the league play, with a tournament and barbecue, to wrap the program up at the end of the season.

Russ Lee, Recreation Division Chief, is seeking input from anyone interested in the league.

We d like to hear from members of the community so we can consider all viewpoints as we put this league together, said Davis.

Contact Davis at 526-8346 with your name, phone number or e-mail address and he will keep you updated on progress.

Things to consider as you provide your comments:

9 holes or 18 holes,

recreational league vs. competitive league,

preferred day of the week and preferred tee off times,

lunch time vs. end of work day,

handicaps,

pay just green fees vs. build a kitty for awards,

play as teams vs. individuals being paired up and

would you be interested in serving on a golf committee

We are currently planning on running the league May through

Outdoor Rec: somet

Penrose

The Penrose House located on is currently taking reservations for training functions as well as privat which is on the Colorado Registry Turkey Creek Recreation Area whi main post. This provides a great p the hustle and bustle of life on th tas and country atmosphere, the ideal location to get some importa 2083 or 524-1068 to make a reserv on services available. Come on do real west was like in the 1920s.

Alpine Towe

The Alpine Tower is a state-of- Our professional staff will develop group s needs when it comes to to effective communication, situation solving. Programs vary in length fr multiple day courses. Our staff is current trends in the area of tea Group sizes can range from as few participants per session. Call to