



## Theme: Holiday Helping Resources

ORG	WEBSITE	EVENT OR FOCUS
ACS DFMWR	Volunteer of the Quarter Mountain Post Living	Recognition Awards
PAIO Resources	Podcast – Military OneSource: Handling Holiday Stress <a href="https://www.militaryonesource.mil/-/mindfulness-during-the-holida-1?redirect=https%3A%2F%2F">https://www.militaryonesource.mil/-/mindfulness-during-the-holida-1?redirect=https%3A%2F%2F</a>	Holiday Stress Management
	MilitaryOneSource Webinar: Stress During the Holidays: Maintaining Balance and Stress Resilience is here: <a href="https://www.militaryonesource.mil/-/stress-during-the-holidays-maintaining-balance-and-stress-resilien-1?redirect">https://www.militaryonesource.mil/-/stress-during-the-holidays-maintaining-balance-and-stress-resilien-1?redirect</a>	Maintaining Balance
Warriors Warehouse	<a href="#">Food Pantry</a> : Thanksgiving Applications 1-31 Oct; Meal pickup 15-16 Nov; Winter Coat Drive; Christmas Applications	Food Pantry Coats Giveaway
Citizen Soldier Connection	<a href="http://citizensoldierconnection.org/programs/">http://citizensoldierconnection.org/programs/</a> Home Away From Home – Thanksgiving & Christmas	Meals with Families
Operation Homefront	<a href="#">Holiday Meals</a> <a href="https://www.operationhomefront.org/event/list">https://www.operationhomefront.org/event/list</a>	Holiday Resources
Chaplain’s Office	<a href="#">Holiday Food Voucher Program</a> Operation Thanksgiving Baskets – Prussman Chapel Thanksgiving Dinner – Prussman Chapel	On Post Resources
Mountain Post Santa’s Workshop	PDF: <a href="#">Toys, books, games</a> that parents “shop” and pick out gifts ages 6 months to 12 years	Private Organization on Post
Tumbleweeds	<a href="https://www.facebook.com/TumbleweedsattheMountainPost/">https://www.facebook.com/TumbleweedsattheMountainPost/</a> PDF: <a href="#">Classes on Fort Carson</a>	Arts & Crafts
ACS AER Officer	Ways to engage your CFNCO during the Holidays – AER Officer - <a href="https://carson.armymwr.com/programs/financial-readiness">https://carson.armymwr.com/programs/financial-readiness</a>	Financial Advice
Army Wellness Center	<a href="https://www.evans.amedd.army.mil/Services/51/Army-Wellness-Center">https://www.evans.amedd.army.mil/Services/51/Army-Wellness-Center</a> PDF: <a href="#">Classes</a>	Local Workshops
MPL	MPL Challenges: <a href="https://www.mountainpostliving.com/mpl-challenges/">https://www.mountainpostliving.com/mpl-challenges/</a>	Mind/Body/Community
DFMWR Recreation	Changes/Services in Recreation	Recreation
MEDDAC	<a href="https://evans.amedd.army.mil/">https://evans.amedd.army.mil/</a> Flu Shots Dates/Times	Stay Healthy!
PAIO	<a href="#">NAF Job Fair 22 Oct – Hotel Elegante/PPWF Job Fair 24 Oct</a> <a href="#">AAFES Seasonal Hiring</a>	Local Job Fairs

Employment Readiness	<a href="https://www.uschamberfoundation.org/event/amplify-military-spouse-career-intensive-colorado-springs">https://www.uschamberfoundation.org/event/amplify-military-spouse-career-intensive-colorado-springs</a> <a href="#">Military Spouse Hiring Reception</a>	Seminars for Spouses
Division G3	<a href="#">Inclement Weather Notification Procedures</a>	Winter Procedures
DPW	<a href="#">Installation Snow Removal Plan</a>	Snow Removal
Announcements	<a href="http://www.carson.army.mil">www.carson.army.mil</a> ACS – Pass It On! <a href="http://www.carson.army.mil">www.carson.army.mil</a> - QUICK REFERENCE PHONE NUMBERS	

**NEXT CIE: Wednesday, Nov. 14 – Winter Preparedness and Fun!**