No Quarantine

1. Travel on military-procured transport with pre-screening (e.g., military aircraft, military-contracted flight or contracted bus)
   **Examples:** Travel to/from NTC/JRTC; military air movement directly from other CONUS installations

2. Movement by POV – not coming from a high-risk area
   **Example:** Driving POV directly from Fort Leavenworth, Kansas

3. Travel through high-risk cities/counties or restricted installations
   Refer to third page for specific restricted locations

Requires Quarantine

1. Contact with a COVID-19 positive or presumed positive person
   **Example:** Your spouse tests positive for COVID-19

2. Travel from or stopping overnight in high-risk cities/counties or restricted installations
   Refer to third page for specific restricted locations

3. Travel from OCONUS (including Alaska and Hawaii)

4. Movement from communal living area (such as AIT/IET barracks) if no pre-movement restriction/quarantine coming from a restricted installation
   **Example:** Arrival at Fort Carson from a Center of Excellence on a restricted installation without being under a restriction of movement prior to departure from the losing installation

Individually arriving personnel must coordinate for medical screening through their gaining units prior to reporting for duty

<table>
<thead>
<tr>
<th>Month 1</th>
<th>Month 2</th>
<th>Month 3</th>
<th>Month 4</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>AIT/IET/communal living with pre-quarantine</td>
<td>Previous assignment</td>
<td>Restriction of movement</td>
<td>PCS travel</td>
</tr>
<tr>
<td>AIT/IET/communal living without pre-quarantine</td>
<td>Previous assignment</td>
<td>PCS travel</td>
<td>14-day quarantine</td>
</tr>
<tr>
<td>PCS by POV to FCCO - not coming from and not stopping overnight in high-risk area</td>
<td>Previous assignment</td>
<td>PCS travel</td>
<td>FCCO assignment</td>
</tr>
</tbody>
</table>

Restriction of movement or quarantine

Readiness critical activity

Screening

Mission

Quarantine: 14-day time period that begins upon leaving a high-risk or restricted area or before deployment (when required). Quarantine procedures are for asymptomatic personnel who traveled to a designated high-risk area or restricted within specified timeframes, or who had contact with someone who tested positive for COVID-19 as verified by Fort Carson Public Health. Individuals must remain in their residence or designated location, and are only able to leave if absolutely necessary (such as for a medical emergency with prior notification to Evans Army Community Hospital).
**Army Travel Authorizations Categories:**

1. **Exempt:** Exempt travel does not require waiver – Retirements, Separations, Patients/Escorts, GFM, TDY/PCS for PME, IMT, **Personal Leave**, etc …

2. **Unrestricted Travel:** Travel from, through, to and staying overnight in any state and/or installation that is designated unrestricted pursuant to SECARMY Memo on travel dated June 9, 2020. See note (5) and (6) below

3. **Restricted Travel:** Official Travel to, from, and staying overnight in any installation designated restricted pursuant to SECARMY Memo on travel dated June 9, 2020.

4. **Waivered:** A waiver (approved by first General Officer) to a travel restriction may be requested if the travel is necessary because the Soldier has: a) extreme hardship; b) humanitarian reasons; c) mission essential

**O-7 Waiver Request:**
Must determine travel to, from, or through restricted location is for:
1. Extreme hardship (custody case, adoption, divorce, etc.)
2. Humanitarian reasons (death in the family, terminal illness of NOK), or
3. Mission essential

**Requirements While On Leave Status:**

1. Before returning to Fort Carson, Soldiers should check their leave locations status to determine if they need to go into quarantine and inform their chain of command.
2. If a Soldier is tested or becomes COVID positive while on leave status, they need to report their status to chain of command.

**Additional Leave Guidance**

1. CO CDR must review travel itinerary. No international travel (includes Hawaii, Alaska, Mexico, Canada and U.S. territories).

2. No attendance of outside public events beyond limits set by public health authorities at leave destination. Limit indoor gatherings to account for the size of the room while occupants maintain 6 feet of separation and wear masks.

3. Units will verify risk status of designated leave locations no earlier than 10 days before travel and will continue to monitor the Soldier's leave location throughout the leave period.

4. Block 17 on DA31 must include the following: (a). I will check and adhere to all local and state health directives at my leave destination. (b). If quarantine is required, I acknowledge it begins upon arrival at FCCO. (c). I will avoid all high-risk locations, restricted states and cities not included in Block 6.

5. If a Soldier is on leave and that location becomes high risk/restricted, the Soldier must quarantine upon return.

6. **ALL personnel returning from leave must be screened (temp check, questions) prior to returning to duty followed by continued screening twice daily and self-monitoring.**

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**Leave Authorization Table**

<table>
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<th>Type</th>
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<th>BN</th>
<th>BDE</th>
<th>DCG-M</th>
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<tr>
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<tr>
<td>Non-Local Low-Risk Locations(2)(4)</td>
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<tr>
<td>Non-Local High-Risk City or Locations (2)(3)(4)(5)</td>
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<tr>
<td>DOD Restricted Installations (with or without adjoining leave) (Requires Waiver) (2)(3)</td>
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<td></td>
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</tbody>
</table>

2. Non-Local Leave – Outside of the state of Colorado. Travel by POV may not stop overnight in high-risk cities or counties. See business rules for restrictions and risk assessment link.
3. Travel high-risk locations requires 14-day quarantine.
4. During leave period if leave location is added to the high-risk areas, SM will be quarantined upon return to FCCO.
5. High-risk cities and counties are considered unrestricted travel, but may require quarantine following completion of travel.

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As of: 10/05/2020
High Risk Cities / Counties for ALL Travel
(Requires O-6 Approval)

Based on current, active infections relative to local populations over the past 14 days
Source: NY Times interactive data, compiled from state and local health department data

Anniston-Oxford, Decatur – AL
Pueblo, Denver, Grand Junction, Greeley, Boulder – CO
Cedar Rapids, Dubuque, Sioux City, Waterloo-Cedar Falls, Des Moines – IA
Idaho Falls, Rexburg, Twin Falls, Boise, Coeur d’Alene – ID
Charleston, Mattoon, Decatur, Quincy, Sterling, Chicago, Peoria, Kankakee – IL
South Bend, Lafayette, Ft. Wayne, Indianapolis – IN
Hutchinson, Kansas City – KS
Marquette, Grand Rapids, Ionia, Holland – MN
Minneapolis-St. Paul, St. Cloud, Duluth, Brainerd MN
Joplin, St. Joseph, Jefferson City, St. Louis – MO
Billings, Kalispell, Great Falls, Missoula, Helena, Bozeman – MT
Bismarck, Fargo, Minot, Grand Forks – ND
Kearney, Lincoln – NE
Las Cruces, Santa Fe, Albuquerque – NM
Reno – NV
Sioux Falls, Rapid City – SD
Amarillo, Lubbock, El Paso, Odessa – TX
Salt Lake City, Provo-Orem, Logan, St. George, Ogden-Clearfield – UT
Appleton, Beaver Dam, Platteville, Green Bay, Oshkosh-Neenah, Fond du Lac, Marinette, Manitowoc, Sheboygan, Wausau-Weaston, Stevens Point, Madison, Eau Claire, Racine, La Crosse – WI
Casper, Cheyenne - WY

AS OF NOV. 13, 2020


Quarantine ETP Requests for
Return Travel of FCCO-Assigned Personnel

O-6 and higher commanders may request ETPs for early quarantine release of mission-critical individuals from the FCPH Occupational Health Clinic at 719-526-9929 or usarmy.carson.medcom-each.list.occ-health-requests@mail.mil. ETPs must include the background circumstances necessitating quarantine, ETP justification and contact information for both the requesting commander and quarantined individual(s). Commanders submitting multiple requests must indicate the relative priority of each request to guide processing.

* Stopping in a high-risk area overnight requires 14-day quarantine. Passing through a high-risk area without stopping does not require quarantine.