

Fort Carson Installation Services

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| As of Oct. 15 | | Normal Operations |
| | | Adjusted Operations |
| | | Not Operational |

*** Note: Changes are in red**

| Agency/Program | Status | Comments |
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| <u>ACS</u> | | By appointment only. Monday, Tuesday, Thursday, Friday 8 a.m.-4:30 p.m.; Wednesday 9 a.m.-4:30 p.m. Call 719-526-4590 |
| Employment Readiness Program | | Now located in building 1201. Virtual classes offered at http://www.carson.army.mil/acs : Job Search Orientation, Federal Resume and USAJOBS, How to Create a Better Resume and Federal Employment for Military Spouses. New jobs added to website weekly at https://carson.armymwr.com/programs/employment-readiness . |
| Exceptional Family Member Program | | Telephonic Support SNAP (Special Needs Accomodation Process) on site Susan Moyer Work: 719-526-0446. Core services provided virtually: Systems Navigation, Compassionate Actions, PCS Assistance (incoming and outgoing). 719-526-0400 |
| Family Advocacy Program | | Offering FAP and Nurturing Center virtual prevention classes. Paula Bonney Work: 719-526-0445/Angela McGrady Work: 719-524-1899 |
| Victim Advocacy Program | | 24/7 Fort Carson Victim Advocacy Crisis Line at 719-243-7907 or https://carson.armymwr.com/programs/victim-advocacy-program . |
| Army Emergency Relief | | Now in building 1201. Appointment only. In person and virtual appointments available Mon, Tue, Thu, Fri 8 a.m.-4 p.m.; Wed 9 a.m.-4 p.m. Virtual classes being offered. 719-526-4783. Online application and instructions available at carson.army.mil/acs . |
| Financial Readiness | | Now in building 1201. All services available virtually (budgeting, debt management, retirement planning, consumer counseling and much more). Offering appointments and virtual classes. Units can request custom classes that will be offered through a virtual platform. |
| Relocation Readiness Program | | Now in building 1201. Appointment only. In person and virtual appointments available. Virtual classes being offered. 719-526-1053. For clearing details and forms, visit www.carson.armymwr.com/programs/relocation-readiness-program . |
| Mobilization & Deployment Readiness | | Now in building 1201. All services available virtually, or in person by appointment. Custom classes for units available by request. Deployment support in-person available by appointment. De-Mobilization clearing available telephonically. 719-526-0458 |
| Soldier and Family Assistance Center | | Now in building 1201. Monday, Tuesday, Thursday, Friday 7:30 a.m. to 4 p.m.; Wednesday 9 a.m. to 4 p.m. Virtual briefings: Medical Seperation and Medical Retirement. 719-526-1053 |
| Information and Referral | | Now in building 1201. Telephonic support: 719-526-4590 option 5; In person and virtual appointments available. Monday, Tuesday, Thursday, Friday 8 a.m. to 4:30 p.m.; Wednesday 9 a.m. to 4:30 p.m. |
| Donation Management | | Telephonic Support Rhea Rollman, work 719-526-8558. Available in person by appointment. |
| Survivor Outreach Services | | Appointment only. In person appointments available Monday-Friday from 8 a.m. to 4 p.m. 719-526-0442 |
| Family Enrichment Program | | Now in building 1201. All services available virtually. All classes conducted by video teleconference. Units can request custom classes. SFRG support in-person available by appointment. 719-526-0458 |
| ACS Outreach | | Now in building 1201. Telephonic support: Fiona Mosley Work: 719-526-0423 Cell: 719-313-0893; "For Pass it On" and "Special Edition: COVID 19 Resources" visit https://carson.armymwr.com/programs/pass-it-on . |
| ACS Volunteer Corps | | Now in building 1201. Appointment only. In person and virtual appointments Monday-Friday 8 a.m.-4:30 p.m.; Telephonic support and virtual classes being offered. 719-526-1082 |
| New Parent Support Program | | Offering virtual prevention classes. Home visits are being offered virtually. 719-524-1899 |
| Military & Family Life Counseling | | MFLCs will provide virtual services where face-to-face support is restricted and/or unavailable Monday, Tuesday, Thursday, Friday 8 a.m. to 4:30 p.m.; Wednesday 9 a.m. to 4:30 p.m. 719-526-4590 To speak to a CYB MFLC, call Parent Central at 719-526-1101. Phone numbers to Embedded MFLCs are: 1SBCT - 719-424-8819; 2IBCT - 719-415-0661; 3ABCT - 719-313-6887; 4CAB - 719-400-8067; 4SFAB - 571-835-6370; 4SB - 719-250-3793; 627HC, 4 ENG, 759 MP, AFSBn - 719-355-9536; 1SPACE, MEDDAC, DENTAC, 71 EOD, HHBN - 719-355-9181; 10SFG(A) - 719-424-0106, 719-250-5509, 719-466-9609; and all other units -719-323-0944, 719-250-1529, 719-323-4139, 719-250-9975, 719-323-4122, 719-250-3854 or 719-323-5026. |

| DFMWR | | Stacey Garcia Work: 719-526-2917 |
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| Fitness Center changes effective Sept. 28 | | Post fitness centers will eliminate hourly accessibility restrictions and implement continuous patron access. Priority access will be given to active-duty military from opening until 9 a.m. and then first-come, first-serve for all DOD ID card holders from 9:15 a.m. until closing. Weekends will be first-come, first-serve for all DOD ID card holders. Continuous access applies until facility capacity number is met, then access will be granted on a one-in, one-out concept. In addition, Ivy, Garcia and McKibben fitness centers will make cardio equipment available. The equipment will be spaced 12 feet apart and set so patrons do not face each other. Face coverings are required at all times to include while using the cardio equipment. Limited pieces of equipment are available at each facility to ensure proper distancing. Patrons are expected to wipe down equipment after use with provided supplies. |
| Ivy Fitness Center | | Open around the clock first-come, first-served from 5 a.m. Monday to 8 p.m. Saturday (closed 2-2:15 and 9-9:15 a.m., and 2-2:15, 6-6:15 p.m. Monday-Friday for cleaning), and 6 a.m. to 8 p.m. Sunday (closed 9-9:15 a.m. and 2-2:15 p.m. Saturday-Sunday for cleaning). Effective Oct. 19, indoor group fitness classes will start at Ivy Fitness Center. Classes will be instructor led and conducted on the east basketball court. Maximum participants is 12; must maintain 12 feet distance from other participants and not face each other. Face coverings are required at all times, even while participating in the class. Exercise equipment will be provided by the facility and will be cleaned/disinfected after each class. Participants may not bring their own equipment and must use a credit card to pay class fee. |
| McKibben Fitness Center | | Monday-Friday 6-9 a.m. active duty priority; 9:15 a.m. to 8 p.m. first-come, first-serve for all DOD ID card holders (closed 9-9:15 a.m. and 2-2:15 p.m. for cleaning). Saturday-Sunday, 6 a.m. to 2 p.m. first-come, first-serve for all DOD ID card holders (closed 9-9:15 a.m. for cleaning). |
| Waller Fitness Center | | Monday-Friday 4-9 a.m. active duty priority; 9:15 a.m. to 9 p.m. first-come, first-serve for all DOD ID card holders (closed 9-9:15 a.m. and 2-2:15 p.m. for cleaning). Saturday-Sunday, noon to 8 p.m. first-come, first-serve for all DOD ID card holders (closed 4-4:15 p.m. for cleaning). |
| Garcia Fitness Center | | Monday-Friday, 6-9 a.m. active duty priority; 9:15 a.m. to 8 p.m. first-come, first-serve for all DOD ID card holders (closed 9-9:15 a.m. and 2-2:15 p.m. for cleaning). Saturday, 6 a.m. to 2 p.m. first-come, first-serve for all DOD ID card holders (closed 9-9:15 a.m. for cleaning). Sunday, closed. |
| Ivy Indoor Pool | | Effective Sept. 8, Ivy Family Pool is open Monday-Friday 9 a.m. to 7 p.m. and Saturday-Sunday 10 a.m. to 6 p.m., 12 person maximum. Main pool is open Monday-Friday 1-5 p.m. and Saturday-Sunday 10 a.m. to 6 p.m. for recreational swimming, 12 person maximum. Lap swim (eight person maximum) is Monday-Friday from 5-9 a.m. for active duty only; 9 a.m. to 1 p.m. and 5-9 p.m.; and Saturday-Sunday from 6 a.m. to 8 p.m. |
| Nelson Indoor Pool (lap swim only) | | Closed for maintenance. |
| Ellis Outdoor Pool | | Closed for season. |
| Mountain Post Sports Complex | | |
| Auto Skills Center | | Wednesday-Friday from noon to 6 p.m. and Saturday from 9 a.m. to 3 p.m. for active-duty only and limited tasks. Customers must bring their own mask and gloves. Call 719-526-2147 for more information. |
| William "Bill" Reed Special Events Center | | Limited operations effective June 5 |
| Elkhorn Catering and Conference Center | | Monday-Friday 9 a.m. to 4:30 p.m. Customers must wear face masks while in the facility and enter through south doors. Social grouping guidelines will be followed and group size will change as installation policies are updated. No self-service food station. Facility tours and event planning are by appointment only, same-day appointments will be available. 719-524-1163 |
| Grant Library | | Monday-Friday from 10 a.m. to 4 p.m. to provide curbside service for library materials and computer lab access. Parking spots will be marked off for curbside services. Patrons can call 719-526-284 to reserve video games, DVDs and audio books. Computer lab will be available for restricted use for active-duty Soldiers only with a maximum of 15 users. All patrons will be required to wear masks while in the facility. |
| Mountain Post Outfitters | | |
| Outdoor Recreation Complex | | Limited operations Monday and Friday noon to 6 p.m., Wednesday noon to 2 p.m., Saturday 8 a.m. to 2 p.m. and Sunday 8 a.m. to noon. 719-526-1993 |
| Cheyenne Shadows Golf Course | | The golf course is open daily from 7 a.m. to dusk for 18 holes of golf, driving range and golf club and pull cart rentals. Social distancing rules in effect. Mulligans Grill is open 9 a.m. to 4 p.m. Monday-Friday and 8 a.m. to 4 p.m. Saturday-Sunday. Call the golf course at 719-526-4122 or follow them on Facebook at https://www.facebook.com/CheyenneShadowsGolfClub/ for weather updates. |

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| Thunder Alley Bowling Center | | Closed Monday-Tuesday; Wednesday-Thursday 11 a.m. to 9 p.m.; Friday-Saturday 11 a.m. to 9:30 p.m.; Sunday 1-8 p.m. All customers must wear face masks while in the facility and enter through the northeast doors only. Social group guidelines will be followed and groups will be assigned to lanes prior to entering the facility. Patrons must remain at their assigned lanes. Strike Zone snack bar is open for dine-in and to go orders. Orders can be placed in person or by calling 719-524-1800. It is highly suggested that personal bowling balls and shoes be used. |
| Cheyenne Mountain Shooting Complex | | The range is open Wednesday-Friday from noon to 7 p.m. and weekends from 8 a.m. to 7 p.m. Visit https://carson.armymwr.com/programs/cheyenne-mountain-shooting-complex to review steps taken to provide a safe and clean environment. |
| Leisure Travel Services (ITR) | | Limited operations. Open for customers Tuesday and Thursday 10 a.m. to 4 p.m. Telework Monday, Wednesday and Friday from 9 a.m. to 5 p.m., phone 719-526-5366, email fortcarsonleisuretravelsvcs@gmail.com . |
| Mulligan's Grill | | Mulligans Grill is open for takeout only Wednesday-Sunday from 9 a.m. to 3 p.m. (social distancing in place). No refills. |
| Strike Zone Snack Bar and Grill | | Wednesday-Saturday from 11 a.m. to 9:30 p.m. and Sunday from 1-9:30 p.m. No cash. All customers must wear face masks while in the facility and enter through the northeast doors only. Orders for the Strike Zone snack bar can be placed in person or by calling 719-524-1800. Dine-in is limited to active bowlers at their assigned lanes. |
| The Hub | | |
| Iron Horse Park | | Playgrounds are open from dusk to dawn in accordance with state guidelines; no more than 10 at a time on the playground, face coverings recommended and social distancing enforced. Play at your own risk. |
| BOSS | | |
| CYS | | All Child Development Centers (CDCs) and School Age Centers (SACs) are open and accepting enrollment for new Families through MilitaryChildCare.com . CDC and SAC operating hours are 5:45 a.m. to 6 p.m. |
| Parent Central Registration | | The Parent Central Services office is operating on an appointment-only basis from 7 a.m. to 6 p.m. Appointments can be made by calling 719-526-1101 or 719-526-8220. Families who need care but are not enrolled should visit the MCC.com (MilitaryChildCare.com) website to get on the CYS waiting list. They are also encouraged to visit the CYS website (https://carson.armymwr.com/programs/cys-services) to access the paperwork needed in order to get registered for care. |
| Aspen CDC | | Alyshia Lana 719-526-7726 |
| East CDC | | Katrina Oliver 719-526-5790 or Diana Garcia-Carvajal 719-526-3383 |
| West CDC | | Katie French 719-524-0151 |
| Cheyenne Mountain CDC | | Lisa Threadgill 719-526-5845 |
| Monarch CDC | | Sheila Armstrong 719-503-5026 |
| Ivy CDC | | Jennifer Smith 719-503-8208 |
| Mesa SAC | | Tamara Williams 719-524-2987 Brian Wheaton 719-524-2961 |
| Patriot SAC | | Tara Paprzyksi 719-526-5424 |
| Youth Center | | Limited spaces due to health and safety precautions. Attendees required to make reservations by calling 719-526-2680. Hours are Monday-Friday once school year begins. |
| DHR | | Michael Webb Work: 719-526-2352 |
| Emergency Orders | | Open (reduced manning) Dr. Kim Henry Work: 719-526-9903 |
| ASAP | | Drug testing - contact Bill Lana at william.w.lana.civ@mail.mil for support of unit 10 percent, Rehabilitation (RO), Probable Cause (PO) and Competence for Duty (CO) urinalysis test turn-ins. Operational Tuesday 8 a.m. to noon for in-processing of new DA civilians. Risk Reduction, Prevention, Employee Assistance and Suicide Prevention available 7 a.m. to 4 p.m. |
| PCS Orders | | Soldiers can coordinate with MPD to pick up clearing papers 30 days prior to departure date. Soldiers will need a copy of PCS orders and an approved leave form. Soldiers can clear all areas except for final out. |
| Soldier for Life - Transition Assistance Program | | In-person SFL-TAP classes resumed. Class sizes limited to 40 percent of the normal capacity with 20 students per classroom. The Computer Lab remains closed. The VA, Mt. Carmel, USO Pathfinder, Troops to Teachers, PPWFC and DVOP remain in a virtual status. Individualized initial counselings, pre-separation briefings, follow-on counselings and CAPSTONE appointments are available in-person and virtually. UA Veterans in Piping, HBI, SMART Heroes, Textron Systems Aerosonde Unmanned Aircraft and ABF Freight resumed in-person training. MSSA, SecureSET, VLGMF and O2O continue in a virtual status. |
| Adult Continuing Education | | Monday-Friday 7:30 a.m. to 4:30 p.m. Services provided by appointment only; call 719-526-2124. BSEP/GT prep requires the TABE examination before enrolling in the course. To schedule TABE, SIFT, AFCT, DLPT or DLAB call 719-526-8072. The computer lab remains closed. College representatives are located on the second floor of building 1012. |

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| Administrative Services Division | | Official mailroom open Monday-Friday, 7:30 a.m. to 4 p.m. In-person mail handler classes resume July 14, with six Soldiers per class. FOIA/Privacy will be open Monday, Wednesday, Friday, and telework on Tuesday and Thursday. |
| Military Personnel Division | | Open with reduced manning |
| Mail Services | | Open |
| ID Card (DEERS) | | Monday-Friday 8-11:30 a.m. and 12:30-4 p.m., limiting the number of customers in facility. Dependent ID cards that expire after Jan. 1, 2020, will remain active through June 30, 2021. |
| Soldier Center | | SRP is fully operational. Contact Randy Hart at randy.l.hart4.civ@mail.mil to schedule your requirements. Retirement packets are virtually submitted to a centralized e-mail: usarmy.carson.imcom.central-mbx.dhr-mpd-transitions@mail.mil . SBP/retirement pay start submitted virtually to the RSO at carolyn.d.hill9.civ@mail.mil . |
| Transitions | | Open (reduced manning) |
| Casualty Assistance | | CNO/CAO classes have resumed; schedule with Derrick Williams at derek.williams4.civ@mail.mil . Hours are Monday-Friday 7:30 a.m. to 4:30 p.m. Call 719-526-5613/5614. After duty hours and weekends, call 719-338-8187. |
| Finance | | Monday-Friday 7:30 a.m. to 4 p.m. for all in- and out-processing and SRP support. |
| Passports | | Open Monday, Wednesday and Friday |
| DPW | | James Scott Work: 719-526-4446 |
| Service Orders | | Emergency work orders and limited routine work orders by priority 719-526-5345 -- available 24/7 |
| Engineering Division | | Mark Hunsicker Work: 719-526-8351 |
| Operations and Maintenance | | Service orders for maintenance and repair of facilities can be called in to the DPW operations and maintenance contractor 24/7 at 719-526-5345 |
| BOLD | | |
| Environmental | | Hazardous waste storage and turn in facility, building 9246; operational but minimal manning. Call in advance 719-526-0980 |
| Housing Services Office Building 1225 | | Available by phone only at 719-526-2322 or 719-526-2323 |
| Single Soldier Housing Office, building 1225 | | Available via email at usarmy.carson.imcom-central.list.dpw-housing@mail.mil |
| Furnishings Warehouse, building 307 | | Furnishings Warehouse, building 307: Minimal manning daily. Call in advance at 719-524-0051, 719-526-3513 or 719-524-4467 |
| DES | | |
| Installation Access | | Limited to DOD official business (AAFES, DeCA, DOD readiness-critical contractor work, Department of the Army (DA) civilian and military personnel). Fort Carson has removed requirement for O-5 memorandum for visitors to be granted access to the installation. Refined "Vetted Visitor" program requires a DOD ID card holder to accompany the visitor to the Visitor Control Center, where they will answer COVID screening questions, receive an NCIC check and then receive a pass for unescorted access. |
| Gate 1 | | Open 24/7 |
| Gate 1 VCC | | Open daily 5 a.m. to 9 p.m. 719-526-2332 |
| Gate 2 | | Open Monday-Friday from 5 a.m. to 6 p.m. Closed federal and training holidays. |
| Gate 3 | | Open 24/7 |
| Gate 3 Visitor Control Center | | Open 24/7 |
| Gate 4 | | Open 24/7 |
| Gate 5 | | Open daily 5 a.m. to 9 p.m. |
| Gate 6 | | Open 5 a.m. to 6 p.m. Monday-Friday. Closed federal and training holidays. |
| Gate 19 | | Open 5 a.m. to 6 p.m. Monday-Friday. Closed federal and training holidays. |
| Gate 20 | | Open 24/7. |
| Emergency Communications Center/911 | | |
| DPTMS | | |
| Range Control | | Readiness critical and telework |
| Training Support Center | | Readiness critical and telework |
| Individual Military Training Branch | | Readiness critical and telework |
| Battle Command Training Branch | | Readiness critical and telework |
| Intelligence and Security Division | | Telework Amy Jerby Cell: 719-238-8259 |
| Butts Army Airfield | | Readiness critical only (supporting 4CAB local area training flights) |
| Plans and Operations Branch | | Readiness critical and telework |
| Installation Support Offices | | |
| Equal Employment Opportunity | | The office is operational Monday through Friday, 8 a.m. to 4 p.m. for walk-ins. Other EEO Functions are provided remotely/teleworking; by calling 719-526-9673; 719-526-0872; 719-526-4413 or 719-526-5818. provided remotely/teleworking; by calling 719-526-9673; 719-526-0872; 719-526-4413 or 719-526-5818. The EEO office is scheduled to resume normal operations Aug. 10. |
| Inspector General | | Only accepting issues and concerns via telephone, 719-526-3900, and email, usarmy.carson.4-id.list.mse-ig-complaints@mail.mil , until further notice. |

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| Staff Judge Advocate | | Open on a limited basis. Power of attorney (POA) and notary services in person, by appointment only. Estate planning services, to include will executions, in person, by appointment only. All other attorney appointments take place telephonically. WALK-IN ASSISTANCE IS NOT AVAILABLE UNTIL FURTHER NOTICE. Appointments are made on the last duty day of the week for the following week; however, POA and notary appointments may be made at any time. To schedule an appointment, call 719-526-5572/5573. |
| Plans, Analysis and Integration Office | | Mr. Degaray Work: 719-526 5426 |
| Public Affairs Office | | Dee McNutt Work: 719-526-1269 |
| Resource Management Office | | |
| Religious Support Office | | Chapel services with indoor services at 50-percent capacity, 6-foot separation between Family units/single individuals in all directions, pews/chairs closed off to ensure separation. Screening conducted at the entrance of the chapels with thermometers. Livestreaming will continue. |
| Safety | | Telework William Whitman Work: 719-526-2109 |
| Partnered Organizations | | |
| AFSBn | | Open, maximizing telework |
| Substance Supply Management Office | | Gregory Joell Work: 719-524-1133 |
| Central Issue Facility | | Soldiers PCSing through June 30 have the option to either clear CIF or have their records electronically transferred to their new duty station. 719-526-3321/5512. |
| Ammunition Supply Point | | Michael Koushel Work: 719-526-8621 |
| Group Fuel Points | | Lee Nelson Work: 719-526-4640 |
| Installation Property Book Office | | Paul Hubbard Work: 719-526-5984 |
| Central Receiving Point | | Ricky Roger Work: 719-524-9094 |
| Installation Laundry Facility | | |
| Ivy Warrior Restaurants (Dining Facilities) | | All Ivy Warrior Restaurants (Robert C. Stack, James R. Wolf and Warfighter) offer grab-and-go and limited dine-in seating. Hours are: Stack — Monday-Friday 7-9 a.m., 11:30 a.m. to 1 p.m. and 5:30-7 p.m. (no dinner Friday); Wolf — Monday-Friday 7-9 a.m., 11:30 a.m. to 1 p.m. and 5:30-7 p.m. Saturday-Sunday serving brunch 9:30 a.m. to 1 p.m. and supper 5-6:30 p.m.); Warfighter — Monday-Friday 7-9 a.m., 11:30 a.m. and 5-6:30 p.m. LaRoche Dining Facility — Monday-Friday 7-9 a.m. and 11:30 a.m. to 1 p.m. (no dinner) The Outpost Kiosk, building 2061, is open from 8 a.m. to 7 p.m. weekdays and 9:30 a.m. to 6 p.m. weekends. |
| Transportation Motor Pool | | |
| Installation/Post Shuttle | | Spaced seating |
| Defense Military Pay Office (DMPO) Military Pay Separations Section | | DMPO will be clearing Soldiers via telecommunications. Submit copy of leave form (if taking leave), complete copy of orders (including amendments) and a completed information/action sheet with a phone number. Finance Separation Action sheet can be obtained via email or at Clearing Station ECHO at Mountain Post Soldier Center. Submit documents to yana.d.balezdrova.civ@mail.mil and vanmoney.n.chanthanam.ctr@mail.mil and CC kathleen.h.cerullosmith.civ@mail.mil. Call 719-526-1302 and leave a message. Due to the high volume of customer calls, telephone inquiries could take up to three business days for a callback. |
| Commissary | | Hours are Monday-Friday 9 a.m. to 8 p.m., Saturday 8 a.m. to 8 p.m. and Sunday 8 a.m. to 6 p.m. Customers are required to wear a cloth face covering. Cloth face coverings should not be placed on young children under age 2, anyone who has trouble breathing, or is unconscious, incapacitated or otherwise unable to remove the mask without assistance. Sidney Conner Work: 719-503-8302 |
| Exchange | | Daily hours are 9 a.m. to 7 p.m. AAFES facilities are enforcing maximum occupancy directives, limiting customers in the store based on each facility's square footage. |
| Exchange service restaurants | | Limited dining in for all Exchange restaurants with dining-in capabilities in accordance with state guidelines. |
| Furniture Store | | Monday-Friday 10 a.m. to 6 p.m., Saturday 10 a.m. to 5 p.m. and Sunday 10 a.m. to 4 p.m. |
| Exchange Mobile Center | | Monday-Friday 10 a.m. to 6 p.m., Saturday-Sunday, 10 a.m. to 5 p.m. |
| Gate 3 Express | | Open 24/7 |
| Gate 3 Burger King | | Monday-Friday 6 a.m. to 7 p.m., Saturday 8 a.m. to 7 p.m., Sunday 8 a.m. to 5 p.m. |
| Gate 4 Express | | Monday-Thursday 5 a.m. to 9 p.m., Friday 5 a.m. to 11 p.m., Saturday 8 a.m. to 11 p.m., Sunday 8 a.m. to 9 p.m. |
| Gate 4 Subway | | Monday-Friday 6:30 a.m. to 7 p.m., Saturday-Sunday 10 a.m. to 4 p.m. |
| Wilderness Express | | Monday-Friday 5 a.m. to 7 p.m. |
| Wilderness Subway | | Monday-Friday 6 a.m. to 7 p.m. |
| Wilderness U.S. Patriot | | Monday-Friday 7:30 a.m. to 3 p.m. |
| Wilderness Barber Shop | | Monday-Friday 7:30 a.m. to 1 p.m., closed weekends |
| Gate 20 Express | | Monday-Friday 5 a.m. to 9 p.m., Saturday-Sunday 7 a.m. to 9 p.m. |

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| Gate 20 Jimmy John's | | Daily 9 a.m. to 8 p.m. |
| Ivy Troop Express | | Monday-Friday 7 a.m. to 5 p.m., Saturday 10 a.m. to 5 p.m. and Sunday 11 a.m. to 5 p.m. |
| Ivy Troop Barber Shop | | Monday-Saturday 7:30 a.m. to 4 p.m., closed weekends |
| Ivy Troop Dainty's Kitchen | | Monday-Friday 10:30 a.m. to 2 p.m. |
| Ivy Troop Rod's Italian | | Closed |
| Exchange Food Court | | |
| Burger King | | Monday-Friday 11 a.m. to 7 p.m., Saturday-Sunday 11 a.m. to 6 p.m. |
| Charley's Steakery | | Monday-Saturday 9 a.m. to 7 p.m., Sunday 10:30 a.m. to 7 p.m. |
| Boston Market | | Monday-Friday 11 a.m. to 6 p.m., Saturday 11:30 a.m. to 6 p.m., Sunday 11:30 a.m. to 5 p.m. |
| Bun-D | | Monday-Friday 10 a.m. to 5 p.m., Saturday 11 a.m. to 4 p.m., Sunday closed. |
| Subway | | Monday-Saturday 10 a.m. to 6 p.m., Sunday 11 a.m. to 5 p.m. |
| Starbucks | | Monday-Friday 6 a.m. to 6 p.m., Saturday 8 a.m. to 6 p.m., Sunday 9 a.m. to 5 p.m. |
| Triple Foods | | |
| Burger King | | Monday-Friday 6 a.m. to 9 p.m., Saturday 6:30 a.m. to 9 p.m., Sunday 7 a.m. to 8 p.m. |
| Arby's | | Monday-Friday 6:30 a.m. to 9 p.m., Saturday 7 a.m. to 9 p.m., Sunday 10:30 a.m. to 8 p.m. |
| Qdoba | | Monday-Saturday, 10:30 a.m. to 9 p.m., Sunday 10:30 a.m. to 8 p.m. |
| Mall Concessions | | |
| GNC | | Daily 9 a.m. to 5 p.m. |
| Game Stop | | Daily 11 a.m. to 5 p.m. |
| U.S. Patriot | | Daily 11 a.m. to 5 p.m. |
| Out of the Norm | | Monday-Saturday 11 a.m. to 5 p.m. |
| Quality Auto | | Monday-Saturday 11 a.m. to 5 p.m. |
| Beauty Shop | | Thursday-Saturday 11 a.m. to 5 p.m. |
| Optometry | | Monday-Friday 9 a.m. to 5:30 p.m.; Saturday, 9 a.m. to 3 p.m. |
| Optical Shop | | Monday-Saturday 9 a.m. to 4 p.m. for pick-ups and reorders |
| Flower Shop | | Monday-Saturday 11 a.m. to 5 p.m. |
| Frame Shop | | Monday, Wednesday and Friday 11 a.m. to 5 p.m. |
| Barber Shop | | Main Exchange Monday-Saturday 8 a.m. to 5 p.m., Sunday 10 a.m. to 5 p.m.; Mini Mall Monday-Friday 7 a.m. to 5:30 p.m., Saturday 8 a.m. to 5 p.m., Sunday 10 a.m. to 4 p.m. |
| Mini Mall | | |
| Military Clothing and Sales | | Monday-Friday from 7:30 a.m. to 6 p.m., Saturday, 10 a.m. to 5 p.m. |
| Alterations | | Monday-Friday 9 a.m. to 6 p.m., Saturday, 10 a.m. to 4 p.m. |
| Dry Cleaners | | Monday-Friday 9 a.m. to 4 p.m. |
| Class Six AAFES Main Store | | Monday-Wednesday 9 a.m. to 8 p.m., Thursday-Saturday 9 a.m. to 9 p.m., Sunday 10 a.m. to 5 p.m. |
| Beauty Shop | | Wednesday 9 a.m. to 3 p.m., Thursday-Sunday, 9 a.m. to 5 p.m. |
| Subway | | Monday-Friday 10 a.m. to 5 p.m. |
| Domino's Pizza | | Sunday-Thursday 10 a.m. to 11 p.m., Friday-Saturday 10 a.m. to midnight (delivery or take-out only) |
| Brisket Brothers | | Monday-Friday 11 a.m. to 3 p.m. |
| UPS Store | | Monday, Wednesday, Thursday, Friday 8 a.m. to 5:30 p.m.; Tuesday 7 a.m. to 5:30 p.m., Saturday 10 a.m. to 3 p.m. |
| Tops & Blue | | Monday-Friday 10 a.m. to 4 p.m., Saturday-Sunday 11 a.m. to 2 p.m. |
| All Clear | | Monday-Friday 10 a.m. to 4 p.m., Saturday 11 a.m. to 4 p.m. |
| DME Medical Equipment | | Monday-Friday 9 a.m. to 5 p.m. |
| Sweet Pea Soaps | | Monday-Friday 11 a.m. to 4 p.m. |
| Tumbleweeds | | Monday-Friday 10 a.m. to 2 p.m. |
| Dunkin Donut, Bldg 5940 | | Monday-Friday 6 a.m. to 6 p.m., Saturday-Sunday 8 a.m. to 6 p.m. (drive-thru or take-out only) |
| Baskin Robbins, Bldg 5940 | | Monday-Sunday 10 a.m. to 6 p.m. |
| Dunkin Donut, Bldg 900 | | Monday-Friday 6 a.m. to noon (drive-thru only) |
| Firestone | | Monday-Friday 7 a.m. to 7 p.m., Saturday 7 a.m. to 6 p.m., Sunday 8 a.m. to 5 p.m. |
| Green Beans Coffee | | Monday-Friday 6 a.m. to 2 p.m. (drive-thru or take-out only) |
| KFC | | Monday-Friday 10:30 a.m. to 9 p.m., Saturday-Sunday 11 a.m. to 7 p.m. (drive-thru only) |
| Jimmy John's (Firestone) | | Daily 10:30 a.m. to 9 p.m. (delivery, drive-Thru or take-out only) |
| Pizza Hut | | Sunday-Thursday 10 a.m. to midnight, Friday-Saturday 10 a.m. to 1 a.m. (delivery, drive-thru or take-out only) |
| USO | | Telework Sonja Dahmer Work: 719-488-1048 Cell: 571-215-7623. USO Colorado Springs Center and Pathfinder offices are closed; all staff is teleworking. Virtual programming and events are posted to USOCOLORADOSPRINGS Facebook, twitter and Instagram. Pathfinder staff is accepting new clients, assisting service members with transitioning into civilian life. Support requests: Katie Barley 571-217-9573 |
| Americal Red Cross | | Manned at EACH; Telework at building 1217 Mrs Forcum Work: 719-526-7144 |

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| Balfour Beatty Self-help supply delivery | | Housing residents can login to the Resident Portal at FortCarsonFamilyHomes.com, register for an account and request self help supply delivery |
| Balfour Beatty Playgrounds | | Playgrounds are open as of June 11 in accordance with state guidelines; no more than 10 at a time on the playground, face coverings recommended and social distancing enforced. |
| Maintenance Operations | | Balfour Beatty resumed routine work orders May 18 with additional safety protocols in place to address the backlog of work and resume preventive maintenance. |
| Fountain Fort Carson District 8 | | https://www.ffc8.org |
| CPAC | | Telework NAF: 719-526-4445, usarmy.carson.hqda-cpac.mbx.naf-hro@mail.mil APF: 719-526-8341, usarmy.carson.chra-sw.mbx.cpac@mail.mil |
| Fort Carson Tax Center | | Closed for the season. |
| DMV | | Customers can make an appointment for in-person service using the online appointment scheduler system at www.epcdrives.com . The Fort Carson DMV will open as a Voter Service and Polling Center (VSPC) for registered Colorado voters Monday, Oct. 19. The drop box outside the Mountain Post Soldier Center (building 1525) is open for ballot drop-off. The VSPC will be open 8 a.m. to 5 p.m. Monday-Friday, Oct. 19-30, and Saturday, Oct. 31. The office will be open 7 a.m. to 7 p.m. Monday, Nov. 2, and Tuesday, Nov. 3. The DMV will not provide any services Nov. 2-3, and will resume normal services Nov. 4. Soldiers and Family members can obtain voting assistance at https://www.fvap.gov/ or by contacting the Fort Carson voting officer, Maj. Jason Koontz at jason.p.koontz.mil@mail.mil or 719-524-4375. |
| Envisions | | |
| Joint Personnel Property Shipping Office | | E-mail Movement Support Team at jppso-nc.movementsupport@us.af.mil . Call 719-554-9291/4196 or visit move.mil |
| EVANS ARMY COMMUNITY HOSPITAL (EACH) | | |
| Central Screening & Testing Center (CSTC) | | Monday-Friday, 7 a.m. to 3 p.m. After hours and weekends, visit the Emergency Department. |
| COVID-19 Hotline | | 719-524-2684. Monday-Friday, 7 a.m. to 5 p.m. National Nurse Advice Line available 24/7 at 800-874-2273, option 1. |
| <u>Primary Care</u> | | Enrollment open to retirees 64 and younger. |
| Internal Medicine Clinic | | Majority of appointments are virtual appointments. Now seeing acute face to face MSK, Derm concerns (PAS bookable). |
| Ivy Clinic | | Now seeing well child checks 0-18 years (PAS bookable), all sports physicals requiring face to face appointment. Well-child visits for children up to 12 months, 18 months, 2 years and 4-5 years of age. Open to all sports physicals. Contraceptive placement, scheduled immunizations, cervical cancer screenings, surveillance pap smears and case-by-case disease management will be conducted face-to-face. Otherwise, considered case by case. Will see routine postpartum visits booked via GYN clinic (not-PAS bookable) to assigned PCM or PCM team. Now seeing acute face-to-face MSK, Derm concerns (PAS bookable). Call 719-524-4068 |
| Pediatrics | | Now seeing well child checks 0-18 years (PAS bookable), all sports physicals requiring face to face appointment. Open to all sports physicals. Required face-to-face follow-up appointments, otherwise considered case by case. 40 percent of appointments are now virtual. Acute care for febrile and respiratory illness provided in CSTC. Now seeing acute face to face MSK, Derm concerns (PAS bookable). Call 719-526-1896 |
| Robinson/BAAF/DiRaimondo/Warrior Clinics | | Readiness exams, sick call for musculoskeletal injury, contraceptive placement, scheduled immunizations, cervical cancer screenings, surveillance pap smears and case-by-case disease management will be conducted face-to-face. Otherwise considered case by case. Soldiers with flu-like symptoms, please visit the CSTC. All others visit assigned clinic. Medical and immunization appointments will be made telephonically. No immunization walk-ins are permitted until further notice. |
| Pharmacy | | Curbside Pharmacy Service: 719-526-7411, select option 1 to schedule pickup. Monday-Friday 8 a.m. to 5 p.m. for called-in refills only. Curbside Pharmacy Service is near the SFCC (East entrance). Main Outpatient Pharmacy: prescription drop-off (hard copy prescriptions) and filling of acute prescriptions for beneficiaries seen for same-day appointments at EACH. SFCC Outpatient Pharmacy: Monday-Friday 8 a.m. to 5 p.m. for prescription pickup only. Lobby is limited to 19 personnel. Once capacity is reached, beneficiaries must wait for text to enter pharmacy lobby. SRC Pharmacy: Temporarily closed. BAAF Pharmacy: Closed until further notice. |

| OB/GYN | | |
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| OB/GYN Hotline | | 719-526-8279, Monday-Friday 8 a.m. to 4:30 p.m. After hours, call Labor and Delivery at 719-526-7092 |
| OB/GYN Clinic | | Cervical cancer screenings and surveillance pap smears will be face-to-face. All new OB intakes, 16 and 24 week routine OB consults are virtual. GYN appointments are a combination of face-to-face and virtual. GYN surgeries restarting on a limited basis. |
| Labor & Delivery | | Adult family members and children of patients should stay home. Visitors may not visit patients who have been admitted to the inpatient ward, unless needed for a disability. Visitors will be required to wear hospital-issued PPE, as directed. Mountain Post Birthing Center will allow one designated visitor for duration of patient's stay. |
| Behavioral Health | | |
| Child & Family | | 30 percent telework. Appointments are 50 percent face-to-face, 50 percent virtual. |
| Family Advocacy | | 10 percent telework. IDCs held weekly via VTC. |
| Intensive Outpatient Program | | Combination of face-to-face and virtual appointments. |
| Embedded Behavioral Health | | 25 percent telework. Combination of face-to-face and virtual appointments. |
| Inpatient Behavioral Health | | Capped at 8 beds (provider shortage expected through December) |
| Multi-Disciplinary Clinic | | 25% telework. Combination of Face-to-Face and virtual appointments. |
| Substance Use Disorder Clinic | | 25% telework. Combination of Face-to-Face and virtual appointments. |
| Department of Surgery | | |
| Operative Services | | Performing readiness-related, urgent/emergency cases and same-day elective surgeries, as well as elective/non-readiness inpatient surgeries. |
| General Surgery | | Back to full capabilities to include face-to-face plastic surgery and bariatric referrals. Open to ROFR. |
| Plastic Surgery | | Conducting face-to-face referrals. |
| Ophthalmology | | Back to pre-COVID operations. Reduced daily schedules (15-20 percent) to promote social distancing in the clinic. Open to ROFR. |
| Optometry | | a. Routine eye exams (active-duty only). b. Acute ocular injury or illness. c. All physicals (e.g., separation, school and annual/initial flight; by appointment only). d. Post-surgical follow-ups. e. Refractive surgery evaluations. |
| Otolaryngology | | Back to pre-COVID capabilities. Open to ROFR |
| Audiology | | Acute hearing loss, pre-deployment and readiness. |
| Urology | | Virtual appointments maximized for routine referrals. Back to full capabilities. Open to ROFR. |
| Orthopedics | | Back to full capabilities to include total joint referrals. Open to ROFR. |
| Podiatry | | Orthopedics taking on podiatry referrals. Back to pre-COVID capabilities. |
| Pain Clinic | | Combination of face-to-face and virtual appointments. |
| Radiology | | CTs, MRIs, ultrasound, NM, mammography and X-ray at 75% capacity, availability based on risk and social distancing. |
| Department of Medicine | | |
| Dermatology Clinic | | Back to full capabilities. |
| Allergy Clinic | | Have restarted services for specialty consults either face-to-face or virtually. Will continue allergy immunotherapy, venom immunotherapy and biologics. Walk-in immunizations on hold. Have restarted cluster and rush immunotherapy. Have restarted drug challenges. Working on restarting food challenges. Now open to PRIME. |
| Sleep Lab | | Both diagnostic in home and overnight in lab studies are being completed at 60% capacity due to staffing. Virtual appointments are maximized for routine referrals. Case-by-case F2F appointments. Case-by-case titration studies are being conducted, with pre-procedure COVID testing required. New Sleep physician is onboarding as of 22092020. |
| Cardio Clinic | | Accepting new referrals. cardiology and pulmonology patients will be tested for COVID three days prior for TEE/DCCV, bronchoscopy and methacholine challenge. Procedures will be performed using N95 masks or Powered Air Pressure Respirators (PAPRs) within negative pressure rooms or operators rooms (exception methacholine) that provide high recirculating laminar flow. |
| Gastroenterology Clinic | | Still at limited capability due to loss of nursing staff to COVID clinic without replacements. Only able to run 1 out of 3 endoscopy rooms. At a reduced schedule to promote social distancing in the clinic. Seeing only AD consults and Tricare Prime patients referred from the ER at this time. All new consults seen face to face. Most procedures require COVID testing 24 hours prior. Staff required to wear N95/PAPR's with procedures. Virtual Health will continued to be utilized on case by case basis. |

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| Neurology Clinic | | Neurology is still Amber on staffing. We have one vice LPN hire since July. Candidate selected a few weeks ago, but then sent to Ivy. New candidate possibly being selected. Neurology contract for Neurophysiologist approved by market. Applicants received. Awaiting to Interview. Neuro/Pain NP selected and arrives late Jan to Feb. Open to ADSM and EST only. |
| Exceptional Family Member | | |
| EFMP | | Scheduling screenings for overseas assignments; email usarmy.carson.medcom-each.list.efmp@mail.mil to schedule screening or request more information. Documentation for the OCONUS Family member must be submitted for an appointment. Required forms - DA Form 5888, blocks 1-8 completed; DA Form 7246 signed by spouse and knowledge of a recent physical at a military treatment facility or documentation provided by an off-post provider. Download forms at https://evans.amedd.army.mil/Services/30/Exceptional-Family-Member-Program-EFMP . Patients can schedule a virtual overseas physical with their provider by calling appointment line at 719-526-2273. Patients are eligible if they have received care in the Military Health System within the last 12 months. |
| Veterinary Services | | |
| Fort Carson Veterinary Center | | Monday-Friday 8 a.m.- 4 p.m. 719-526-3803. Staff is available over the phone to register new clients for future appointments and answer questions or concerns. Public health visits for rabies vaccination, deworming and monthly preventatives, PCS travel visits, veterinarian advice and telemedicine, prescription medication refills, puppy and kitten vaccinations, and case-by-case sick calls, are conducted face-to-face. Otherwise, the lobby is closed to all other appointments. |
| Department of Veterans Affairs | | |
| Pre-discharge claims appointments | | Call 719-524-2346, leave full name, phone number and separation date |
| General VBA questions | | Call 719-526-1818, leave full name, phone number and brief message https://www.va.gov/claim-or-appeal-status/ , log in with your DS Logon/CAC card, My HealtheVet, or ID.me account. If you don't have any of those accounts, you can create one. |
| Submit completed claim or supporting documents | | Submit at https://www.va.gov/claim-or-appeal-status/ , log in with your DS Logon/CAC card, My HealtheVet, or ID.me account. If you don't have any of those accounts, you can create one. |
| Dental Services | | |
| Smith Clinic 719-526-5400 | | Monday-Thursday 7 a.m. to 3:30 p.m., Friday 7 a.m. to 3 p.m. a. Dental Emergencies/Sick Call 0700 M-F b. DRC3 treatment for deploying Service members by appointment c. DRC4 exams for deploying units by appointment |
| Dental Clinic #1 719-526 2200/2201 | | DRC4 exams by appointment only |
| Dental Clinic #2 719-526-7100, | | DRC3 oral surgery by appointment |
| Larson Dental Clinic 719-526-3330/3331 | | Dental emergencies/sick call 7 a.m. Monday-Friday; DRC3 treatment by appointment; DRC4 exams by appointment |