



USAG INSTALLATION SERVICES



Sports and Recreation	
Ivy Pool	Mon-Fri 9 a.m.-7 p.m., Sat-Sun 10 a.m.-6 p.m., 12 person maximum. Main pool Mon-Fri 1-5 p.m., Sat-Sun 10 a.m.-6 p.m. Lap swim Mon-Fri 5-9 a.m. active duty, 9 a.m. -1 p.m. and 5-9 p.m. and Sat-Sun 6 a.m.-8 p.m.
Nelson Pool	Closed for maintenance.
Ellis Outdoor Pool	Closed for season.
Thunder Alley Bowling and Strike Zone Snack Bar	Tue-Thu 11 a.m.-9 p.m., Fri-Sat 11 a.m.-9:30 p.m., Sun 1-8 p.m.
Golf Course	Daily 7 a.m.-dusk. Mulligan's grill Mon-Fri 9 a.m.-4 p.m.; Sat-Sun 8 a.m.-4 p.m.
Leisure Travel Services	Open for customers Tue and Thu 10 a.m.-4 p.m.; telework Mon, Wed, Fri 9 a.m.-5 p.m.
Auto Skills Center	Wed-Fri 12-6 p.m., Sat 9 a.m.-3 p.m. for active duty only
Outdoor Recreation Complex	Mon-Fri noon-6 p.m.; Wed noon-2 p.m., Sat 8 a.m.-2 p.m., Sun 8 a.m.-noon
Fitness Centers	
Ivy	Open around the clock first-come, first-served 5 a.m. Mon to 8 p.m. Sat (closed 2-2:15 and 9-9:15 a.m., and 2-2:15, 6-6:15 p.m. Mon-Fri for cleaning); and 6 a.m.-8 p.m. Sun (closed 9-9:15 a.m. and 2-2:15 p.m. Sat-Sun for cleaning). Indoor group fitness classes start Oct. 19.
McKibben	Mon-Fri 6-9 a.m. active duty priority; 9:15 a.m.-8 p.m. first-come, first-serve DOD ID card holders (closed 9-9:15 a.m. and 2-2:15 p.m. for cleaning). Sat-Sun, 6 a.m.-2 p.m. first-come, first-serve DOD ID card holders (closed 9-9:15 a.m. for cleaning)
Waller	Mon-Fri 4-9 a.m. active duty priority; 9:15 a.m.-9 p.m. first-come, first-serve DOD ID card holders (closed 9-9:15 a.m. and 2-2:15 p.m. for cleaning). Sat-Sun noon-8 p.m. first-come, first-serve DOD ID card holders (closed 4-4:15 p.m. for cleaning)
Garcia	Mon-Friday, 6-9 a.m. active duty priority; 9:15 a.m. to 8 p.m. first-come, first-serve for all DOD ID card holders (closed 9-9:15 a.m. and 2-2:15 p.m. for cleaning). Saturday, 6 a.m. to 2 p.m. first-come, first-serve for all DOD ID card holders (closed 9-9:15 a.m. for cleaning). Sunday, closed.

Army Community Services	
Army Community Service	By appointment only. Mon, Tue, Thu, Fri 8 a.m.-4:30 p.m.; Wed 9 a.m.-4:30 p.m. Call 719-526-4590
Army Volunteer Corps	Now in building 1201. Appointment only; In person and virtual Mon-Fri 8 a.m.-4:30 p.m.; Telephonic support and virtual classes offered. 719-526-1082
AER / Financial Readiness	Now in building 1201. Appointment only.; in person and virtual Mon, Tue, Thu, Fri 8 a.m.-4 p.m.; Wed 9 a.m.-4 p.m. Virtual classes being offered. 719-526-4783
Donation Management	Telephonic support: Rhea Rollman Work: 719-526-8558 or cell: 719-244-1245; in-person by appointment only
Employment Readiness	Now in building 1201. Appointment only; In person and virtual. Virtual classes offered. 719-524-3816
EFMP	Appointment only[In person and virtual. Virtual classes offered. 719-526-0400
Family Advocacy Program	Offering FAP and Nurturing Center virtual prevention classes. 719-526-0445
Family Enrichment Program	Now in building 1201. Appointment only;. In person and virtual. Virtual classes offered. 719-526-0458
Information & Referral	Now in building 1201. Telephonic support 719-526-4590 option 5; In person and virtual appointments Mon, Tue, Thu, Fri 8 a.m.-4:30 p.m.; Wed 9 a.m.-4:30 p.m.
Military & Family Life Counseling	MFLCs will provide virtual services where face-to-face support is restricted and/or unavailable. Mon, Tue, Thu, Fri 8 a.m.-4:30 p.m.; Wed 9 a.m.-4:30 p.m. 719-526-4590
Mobilization & Deployment Readiness	Now in building 1201. All services available virtually, or in-person by appointment. All classes offered virtually. Custom classes for units by request. De-Mobilization clearing available telephonically: Office: 719-526-0458
New Parent Support Program	Offering virtual prevention classes. Home visits are being offered virtually. 719-524-1899
Outreach	Now in building 1201. Telephonic support: Fiona Mosley Work: 719-526-0423 Cell: 719-313-0893; https://carson.armymwr.com/programs/pass-it-on
Relocation Readiness Program	Now in building 1201. Appointment only; In person and virtual. Virtual classes offered. 719-526-1053
Soldier and Family Assistance Center	Now in building 1201. Mon, Tue, Thu, Fri 7:30 a.m.-4 p.m.; Wed 9 a.m.-4 p.m. Virtual briefings: Medical Separation and Medical Retirement. 719-526-1053
Survivor Outreach Services	Appointment only; In person appointments Mon-Fri 8 a.m.-4 p.m. 719-526-0442
Victim Advocacy Program	24/7 Fort Carson Victim Advocacy Crisis Line: 719-243-7907 or https://carson.armymwr.com/programs/victim-advocacy-program



U.S. ARMY

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DHR	
ID Cards (DEERS)	Mon-Fri 8-11:30 a.m., 12:30-4 p.m. , limiting the number of customers in facility. ID cards that expired after Jan. 1, 2020, remain valid through June, 2021.
Mountain Post Soldier Center	SRP is fully operational. Contact Randy Hart at randy.l.hart4.civ@mail.mil to schedule your requirements. Retirement packets are virtually submitted to a centralized e-mail: usarmy.carson.imcom.central-mbx.dhr-mpd-transitions@mail.mil. SBP/retirement pay start submitted virtually to the RSO at carolyn.d.hill9.civ@mail.mil.
PCS Orders	Soldiers can coordinate with MPD to pick up clearing papers 30 days prior to departure date. Soldiers will need a copy of PCS orders and an approved leave form. Soldiers can clear all areas except for final out.
ASAP	Drug testing - contact Bill Lana at william.w.lana.civ@mail.mil for support of unit 10 percent, Rehabilitation (RO), Probable Cause (PO) and Competence for Duty (CO) urinalysis test turn-ins. Operational Tuesday 8 a.m. to noon for in-processing of new DA civilians. Risk Reduction, Prevention, Employee Assistance and Suicide Prevention available 7 a.m. to 4 p.m.
Casualty Assistance	Mon-Fri 7:30 a.m.-4:30 p.m. at 719-526-5613/14. After duty hours and weekends available at 719-338-8187.
SFL-TAP	In-person SFL-TAP classes resumed. Class sizes limited to 40 percent capacity with 20 students per classroom. Computer Lab closed. VA, Mt. Carmel, USO Pathfinder, Troops to Teachers, PPWFC and DVOP in virtual status. Individualized initial counselings, pre-separation briefings, follow-on counselings and CAPSTONE appointments in-person and virtually. UA Veterans in Piping, HBI, SMART Heroes, Textron Systems Aerosonde Unmanned Aircraft and ABF Freight in-person training. MSSA, SecureSET, VLGMF and O2O in virtual status.
Finance	Mon-Fri 7:30 a.m.-4 p.m. for all in- and out-processing and SRP support.
DMV	By appointment only — www.epcdrives.com . Voter Service and Polling Center for Colorado residents open 8 a.m.-5 p.m. Mon-Fri, Oct. 19-30, and Sat, Oct. 31; 7 a.m. to 7 p.m. Nov. 2-3. Drop box outside open for ballot drop-off. No DMV services Nov. 2-3. Visit FVAP.org for more information.

Child and Youth Services	
Parent Central Registration	Appointment only 719-526-1101 or 719-526-8220
CDC / SAC	Accepting enrollments for new Families; apply through MilitaryChildCare.com.
Youth Center	Reservations required, 719-526-2680. Mon-Fri 3-7 p.m.
Shopping and Food Services	
Main Exchange	9 a.m.-7 p.m. daily
Exchange Dining	Dine-In services open with social distancing enforced
Commissary	Mon-Fri 9 a.m.-8 p.m., Sat 8 a.m.-8 p.m., Sun 8 a.m.-6 p.m.
Express	Gate 3 - Open 24/7; Gate 4 - Mon-Thu 5 a.m.-9 p.m., Fri 5 a.m.-11 p.m., Sat 8 a.m.-11 p.m., Sun 8 a.m.-9 p.m.; Wilderness - Mon-Fri 5 a.m.-7 p.m.; Gate 20 - Mon-Fri 5 a.m.-9 p.m., Sat-Sun 7 a.m.-9 p.m.
Class VI	Mon-Wed 9 a.m.-8 p.m., Thu-Sat 9 a.m.-9 p.m., Sun 10 a.m.-5 p.m.
Barber Shops	Main Exchange: Mon-Sat 8 a.m.-5 p.m., Sun 10 a.m.-5 p.m.; Mini Mall Mon-Fri 7 a.m.-5:30 p.m., Sat 8 a.m.-5 p.m., Sun 10 a.m.-4 p.m., Wilderness Mon-Fri 7:30 a.m.-1 p.m.
UPS Store	Mon, Wed, Thu, Fri 8 a.m.-5:30 p.m., Tue 7 a.m.-5:30 p.m., Sat 10 a.m.-3 p.m.
Alterations	Mon-Fri 9 a.m.-6 p.m., Sat 10 a.m.-4 p.m.
Dry Cleaners	Mon-Fri 9 a.m.-4 p.m., Sat 11 a.m.-3 p.m.
Furniture Store	Mon-Fri 10 a.m.-6 p.m., Sat 10 a.m.-5 p.m., Sun 10 a.m.-4 p.m.
Clothing and Sales	Mon-Fri 7:30 a.m.-6 p.m., Sat 10 a.m. to 5 p.m.
Religious Support	
Religious Support Office	Indoor services at 50% capacity, capped at 100 personnel with 6 feet of social distancing Livestreaming will continue.